



# Analysis of response-related endpoints in trials of first-line medical treatment of metastatic colorectal cancer

Giuseppe A. Colloca<sup>1</sup> · Antonella Venturino<sup>1</sup> · Domenico Guarneri<sup>1</sup>

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## Abstract

**Background** Tumor radiologic response after systemic chemotherapy has been used as endpoint of trials of patients with metastatic colorectal cancer (mCRC), which can report the best overall response rate (ORR) and the disease control rate (DCR) by RECIST criteria as well as the early tumor shrinkage (ETS). The present study perform a trial-level analysis to verify whether such response-related endpoints are predictive of overall survival (OS).

**Methods** After a systematic search, randomized clinical trials (RCTs) were selected each time they evaluated the three response endpoints and progression-free survival (PFS). Two arms per trial were selected, and the correlation between the difference in each endpoint and the difference in OS was calculated. The analysis then evaluated the effects of treatment on  $\Delta$ ORR, or  $\Delta$ DCR,  $\Delta$ ETS,  $\Delta$ PFS, and on  $\Delta$ OS, using separate linear regressions for each of them, and the proportion of variability explained ( $R^2_{\text{trial}}$ ) on OS for each of the four endpoints was calculated.

**Results** The systematic review of the literature led to the selection of 12 RCTs, 7 phase-3 and 5 phase-2. ETS reported a different performance in the entire sample compared to phase-3 trials ( $R^2_{\text{trial}} = 0.172$  vs. 0.842), differently from DCR ( $R^2_{\text{trial}} = 0.541$  vs. 0.816) and ORR ( $R^2_{\text{trial}} = 0.349$  vs. 0.740). Surprisingly, PFS predicted OS with a weak correlation, which was not significant in the subgroup of phase-3 studies ( $R^2_{\text{trial}} = 0.455$  vs. 0.466).

**Conclusion** The results of the present trial-level analysis report a good performance of two response-related endpoints, DCR and ETS, and suggest that they could be differently used depending on the setting of disease and the type of medical treatment.

**Keywords** Overall response rate · Disease control rate · Early tumor shrinkage · Prognosis · Overall survival

## Introduction

In European Union, colorectal cancer (CRC) is the second and the third most common cause of cancer-specific mortality in men and women, respectively, and a major cause of cancer-specific mortality [1], with a 5-year overall survival (OS) of 10% for patients with a metastatic colorectal cancer (mCRC) [2].

Median OS of patients with mCRC has greatly improved from 6 to over 30 months, thanks to the introduction of new drugs. As a rule, tumor response continues to be evaluated by imaging, and the change of tumor size after chemotherapy has been the most used criterion for evaluating the activity of chemotherapy in solid tumors, leading to the definition

of standardized criteria such as the response evaluation criteria in solid tumors (RECIST) [3, 4]. Targeted therapies, alone or in combination with cytotoxic chemotherapy, have prolonged the OS, but also the survival after the first progression (post-progression survival), negatively modifying the strong relationship between progression-free survival and OS. As a result, response-related endpoints, such as best overall response rate (ORR) and disease control rate (DCR), are increasing their reliability in clinical trials of mCRC [5]. Biologic drugs and technological improvements have also allowed the development of new methods to redefine the tumor regression after the medical therapy, with the definition of morphological, functional, or metabolic criteria, which have proved to be effective in some groups of patients or after some treatments [6, 7]. Among these, the early tumor shrinkage (ETS) was particularly successful, although it was only studied retrospectively: it appears as a refinement of the concept of ORR and is characterized by

✉ Giuseppe A. Colloca  
g.colloca@katamail.com

<sup>1</sup> Department of Oncology, Ospedale Civile di Sanremo, Via G. Borea n. 56, 18038 Sanremo, Imperia, Italy

a uni-dimensional reduction of at least 20% of the baseline tumor size after 8 weeks of medical treatment [8].

The aim of the current paper is to perform a trial-level analysis to verify whether ORR, DCR, ETS, and PFS, after a first-line medical treatment, are effective predictors of OS in patients with mCRC.

## Methods

A literature search of randomized trials of first-line medical treatment in patients with mCRC was undertaken in February 2018, as it has been reported elsewhere [9]. The definition of the four endpoints is reported in Table 1.

After a systematic search of studies reporting ORR, DCR, ETS, and PFS, randomized trials (RCTs) were selected each time they evaluated these endpoints in relation to overall survival (OS). Two arms per trial were selected, and the differences in the results of these two arms ( $\Delta$ , delta) were calculated for every endpoint. The nonparametric Spearman  $\rho$  ( $r$ ) was used as a measure of the correlation between the difference in each endpoint and the difference in OS. The analysis then evaluated the effects of treatment on  $\Delta$ ORR, or  $\Delta$ DCR,  $\Delta$ ETS, and  $\Delta$ PFS on  $\Delta$ OS, using separate linear regressions for each of them, and the proportions of variability explained ( $R^2_{\text{trial}}$ ) on OS for the four endpoints have been calculated. An exploratory analysis of treatment arms by type of regimen (chemotherapy plus EGFR-inhibitor vs. chemotherapy plus antiangiogenetics) has been done to test any difference in the effects of the four variables on OS by drug regimen.

## Results

The search results and the review process have been reported in a previous article [9]. The final analysis included 18 selected articles and 4 abstracts, for a total of 22 reports about the results of 12 RCTs [10–31].

The systematic review of the literature led to the selection of 12 RCTs, 7 phase-3 and 5 phase-2. Characteristics and results of the selected trials are listed in Table 2. For only 3117/4327 patients (72%), the ETS was available.

Table 3 summarizes the results of both the planned analyses.

In all 12 studies, the correlation coefficient of the 4 endpoints, each with OS, was significant for all of them except for ETS, which however was only evaluated in 10/12 trials. Instead, in the subgroup of the seven phase-3 studies only DCR maintained a positive correlation with OS (Spearman  $\rho = 0.821$ ;  $p$  value = 0.023).

Linear regressions have documented that ETS reported a very different performance in the entire sample compared to the phase-3 trials ( $R^2_{\text{trial}} = 0.172$  vs. 0.842), in contrast to ORR ( $R^2_{\text{trial}} = -0.349$  vs. 0.740). Even after this statistical test, DCR was most closely associated with OS ( $R^2_{\text{trial}} = 0.541$  vs. 0.816) of the response-related endpoints, whereas PFS predicted OS significantly but with a lower effect and failing in the subgroup of phase-3 trials ( $R^2_{\text{trial}} = 0.455$  vs. 0.466).

## Discussion

The current trial-level analysis has confirmed that ETS and DCR could be good early predictor of survival, performing better than PFS and ORR. Among RECIST variables, DCR appears as the most reliable intermediate endpoint of OS after first-line medical therapy. The results are

**Table 1** Definition of the response-related variables and of progression-free survival

Variables
Overall response rate (ORR)
Proportion of patients with at least a 30% decrease in the sum of diameters of target lesions at any time point after the beginning of the treatment, taking as reference the baseline sum diameters
Disease control rate (DCR)
Proportion of patients with neither sufficient shrinkage to qualify for response nor at least a 20% increase in the sum of diameters of target lesions, taking as reference the smallest sum on study, or the appearance of new lesions
Early tumor shrinkage rate (ETS)
Proportion of patients with at least a 20% decrease in the sum of diameters of target lesions after a time point of 8 weeks from the beginning of the treatment, taking as reference the baseline sum diameters
Progression-free survival (PFS)
Time (months) from the beginning of the treatment to progression or death

DCR disease control rate, ETS early tumor shrinkage, ORR overall response rate, PFS progression-free survival

**Table 2** Results of trials and patients' characteristics

Trial [ref]	Trial arms	No. pts	ORR (%)	ETS (%)	DCR (%)	PFS (m)	OS (m)
Phase III							
CRYSTAL [10, 11]	FOLFIRI + C	316	57.3	61.5	88.9	9.9	23.5
	FOLFIRI	350	39.7	50.6	86.0	8.4	20.0
PRIME [12, 13]	FOLFOX + P	325	57	71.9	86	10.0	23.9
	FOLFOX	331	48	57.0	84	8.6	19.7
FIRE 1 [14, 15]	mIROX	241	41	53.2	68	8.2	19
	FUFIRI	238	41		81	7.2	22
Chinese [16, 17]	CHT + C	70	57.1	66.2	78.0	10.2	30.9
	CHT	68	29.4	73.4	63.2	5.8	21.0
FIRE 3 [18, 19]	FOLFIRI + C	297	62.0	68.2	80.0	10.0	28.7
	FOLFIRI + B	295	58.0	49.1	87.0	10.3	25.0
TRIBE [20, 21]	FOLFOXIRI + B	256	65.1	57.8	89.7	12.1	31.0
	FOLFIRI + B	252	53.1		85.1	9.7	25.8
WJOG4407G [22, 23]	FOLFIRI + B	197	64	63.1	92	12.1	31.4
	FOLFOX + B	198	62	57.1	92	10.7	30.1
Phase II							
OPUS [10, 24]	FOLFIRI + C	61	61	53.8	92	7.7	22.8
	FOLFIRI	73	37	45.5	78	7.2	18.5
AIO KRK 0104 [25, 26]	CAPIRI + C	89	46.1	59.2	74.2	6.2	21.1
	CAPOX + C	88	47.7		77.2	7.1	23.5
ACCORD 13 [27, 28]	XELIRI + B	72	62	60.8	83	9	23
	FOLFIRI + B	73	63		86	9	23
PEAK [29, 30]	FOLFOX + P	142	57.8	75.0	89.8	10.9	34.2
	FOLFOX + B	143	53.5	62.2	85.5	10.1	24.3
PLANET TTD [31]	FOLFOX + P	38	74	76.9	NR	13	37
	FOLFIRI + P	39	67	77.2	NR	14	41

B bevacizumab, C cetuximab, CHT cytotoxic chemotherapy, DCR disease control rate, ETS early tumor shrinkage rate, FUFIRI 5-fluorouracil, leucovorin and irinotecan, mIROX modified irinotecan plus oxaliplatin, NR not reported, ORR overall response rate, OS overall survival, P panitumumab, PFS progression-free survival

**Table 3** Correlation coefficients and logistic regressions between endpoints and OS in all trials (A) and in phase III trials (B)

	No. trials	Spearman rho	<i>p</i> value	$R^2_{\text{trial}}$	<i>p</i> value
A. All trials (12)					
Response-related end point					
ORR	12	0.585	0.046	0.349	0.043
ETS	10	0.456	0.185	0.170	0.237
DCR	11	0.840	0.001	0.541	0.010
Time-to-event end point					
PFS	12	0.586	0.045	0.455	0.016
B. Phase III trials (7)					
Response-related end point					
ORR	7	0.643	0.119	0.740	0.013
ETS	7	0.750	0.052	0.842	0.004
DCR	7	0.821	0.023	0.816	0.005
Time-to-event end point					
PFS	7	0.667	0.102	0.466	0.091

DCR disease control rate, ETS early tumor shrinkage, *m* months, ORR overall response rate, PFS progression-free survival

limited to few studies, but confirm the weak effect of PFS on OS, and support some change in the current definition of the RECIST criteria of response, by including at least the dimension of the timing. The lower number of studies and patients evaluated could explain the low correlation coefficient of ETS with OS and, given the retrospective evaluation of ETS, a selection bias cannot be excluded. However, when we assess phase-3 trials only, ETS is the best predictor of OS ( $R^2_{\text{trial}} = 0.842$ ; *p* value = 0.004), while PFS is not ( $R^2_{\text{trial}} = 0.466$ ; *p* value = 0.091). The optimal cutoff for ETS varies with the disease, but it was recently confirmed for mCRC at the value of at least 20% reduction after 8 weeks [8], definitely shorter than the median of 14 weeks needed to assign ORR.

From the analysis of phase-3 trials, DCR showed to be a very interesting intermediate endpoint too ( $R^2_{\text{trial}} = 0.816$ ; *p* value = 0.005). Although it also has the advantage of an earlier determination compared to ORR, on the other hand, however, the effectiveness of first-line treatments suggests that DCR will approach soon 100%, becoming useful only after late chemotherapy lines. Even though the discussion can be still limited to the mCRC sub-population with a

deficit of mismatch repair system, DCR could be an ideal endpoint after immunotherapy, probably resetting the timing after 14–15 weeks, as suggested by the immuno-related response criteria [32].

ORR is not considered a reliable intermediate endpoint [33] and appears to be the least effective of the response-related variables. This limited predictive power on OS has been attributed to the possible too high cutoff [34], but probably ORR does not capture many elements of the phenomenon. In particular, among patients with an RAS wild-type mCRC, while in those with unresectable disease ORR correlates with conversion rate and R0 resection [35], in those ones with a resectable disease a higher response rate from the addition of cetuximab to chemotherapy did not correlate with the prognosis [36], and the same advantage in OS detected for chemotherapy plus anti-EGFR vs chemotherapy plus bevacizumab did not show a corresponding increase of ORR [10].

What differentiates ETS from ORR is certainly the timing of evaluation (6–8 vs. 14 weeks). And it seems by now established that is relevant for prognosis, regardless of the type of drug, as it works in other tumors [37–39], where ORR does not correlate with OS [40].

The kinetics of the response detected by ETS is by itself a prognostic factor, given that ETS after the first-line chemotherapy correlates effectively with the outcome after the second-line [41]. However, ETS probably does not include all the information that characterizes the kinetics of the tumor response, as it is suggested by the prognostic role of the deep of response [42, 43], the role of two-dimensionality [44], the pattern of concentric shrinkage [45], and the same morphological response [46].

Although ETS among patients with an RAS wild-type mCRC was studied with anti-EGFR-based regimens and it is a prognostic factor after chemotherapy plus anti-EGFR [47], ETS predicts the prognosis even after chemotherapy plus antiangiogenics [48], so much to suggest that the prognostic effect is more related to the efficacy of the combination than to the mechanism of action of the single biological drug [9], similar to what was suggested for the complete responses [49]. Moreover, from the current available data for mCRC, it is not known if ETS has a different meaning for some subgroups, such as patients with a BRAF-mutated mCRC, or with a liver limited disease, or with a right-sided tumor, and few data have been published about patients with RAS-mutated mCRC.

The results of the relationships between the four variables and OS in the subgroups of trial arms receiving chemotherapy plus anti-EGFR antibody or chemotherapy plus bevacizumab should be considered cautiously due to the low number of the arms and to the lack of any effect of PFS on OS within the subgroup of the five trial arms receiving chemotherapy only ( $R^2_{\text{trial}} = 0.034$ ). This result could be the

effect of a sequential administration of biologic drugs, with a consequent prolongation of the post-progression survival.

The most important limitation of the present analysis, beyond the trial-level type, is in the retrospective and partial data regarding ETS, which was available in 72% only of the patients enrolled in the selected studies. This exposes to possible inhomogeneities of the study arms, but should not interfere with the analysis of the individual arms per treatment group that was performed.

Up to date, we believe that the absence of prospective data does not allow conclusions on the possible surrogacy of ETS after a first-line medical treatment for patients with a RAS wild-type mCRC, while DCR should be compared with PFS and implemented in studies of subsequent lines. On the other hand an ideal condition of surrogate endpoint is rare in medicine and, therefore both, ETS and DCR, could be much better than the available alternatives for the evaluation of the first-line treatments, as well as being applicable to most patients and treatments.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

**Ethical statement** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments.

**Informed consent** For this type of study, formal consent is not required.

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