



## Delineating the topography of amyloid-associated cortical atrophy in Down syndrome



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### ABSTRACT

Older adults with Down syndrome (DS) often have Alzheimer's disease (AD) neuropathologies. Although positron emission tomography imaging studies of amyloid deposition (beta amyloid, A $\beta$ ) have been associated with worse clinical prognosis and cognitive impairment, their relationships with cortical thickness remain unclear in people with DS. In a sample of 44 DS adults who underwent cognitive assessments, [<sup>11</sup>C]-PiB positron emission tomography, and T1-weighted magnetization-prepared rapid gradient echo, we used mixed effect models to evaluate the spatial relationships between A $\beta$  binding with patterns of cortical thickness. Partial Spearman correlations were used to delineate the topography of local A $\beta$ -associated cortical thinning. [<sup>11</sup>C]-PiB nondisplaceable binding potential was negatively associated with decreased cortical thickness. Locally, regional [<sup>11</sup>C]-PiB retention was negatively correlated with cortical thickness in widespread cortices, predominantly in temporoparietal regions. Contrary to the prevailing evidence in established AD, we propose that our findings implicate A $\beta$  in spatial patterns of atrophy that recapitulated the “cortical signature” of neurodegeneration in AD, conferring support to recent recommendations for earlier disease-interventions.

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### 1. Introduction

Down syndrome (DS) is the most common neurodevelopmental disorder caused by the presence of trisomy 21 (1:800 live births). The extra copy of chromosome 21 is associated with a 4- to 5-fold overexpression of the amyloid precursor protein gene and increased accumulation of cerebral beta amyloid (A $\beta$ ) deposition (Wiseman et al., 2015). The “amyloid cascade hypothesis”—the most widely accepted biomarker model of disease progression in Alzheimer's disease (AD)—postulates that amyloidosis is the initiating event in the pathogenesis of dementia, triggering a self-perpetuating cascade involving tau hyperphosphorylation, synaptic injury, downstream macroscopic brain atrophy, and ultimately clinical decline (Hardy, 2002).

Convergent lines of evidence support a similar A $\beta$ -induced pathogenic cascade in people with DS (Neale et al., 2018).

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Histopathologic studies have observed a high prevalence of neuritic plaques and neurofibrillary tau tangles, occurring as early as in the 20s and in nearly all DS adults after the age of 40 years. The clinical and imaging phenotypes of DS also appear to show a similar spatiotemporal evolution to that seen in sporadic AD; people with DS develop cognitive decline in adulthood (Hithersay et al., 2017) and show patterns of brain atrophy especially in the hippocampal regions and temporoparietal cortices (Annus et al., 2017; Dickerson et al., 2009; Mullins et al., 2013; Teipel et al., 2004). This temporoparietal atrophy in DS adults emerges in the presence of cerebral amyloidosis as measured by increased [<sup>11</sup>C]-PiB binding (Annus et al., 2017). Such a pattern of atrophy is also similar to previous studies in AD, wherein cortical thinning has been proposed as a sensitive surrogate of disease progression and neurodegenerative changes in AD (Dickerson et al., 2009).

Precisely how A $\beta$  accumulation might lead to neurodegeneration, however, remains uncertain. Studies in the AD and cognitive impaired cohorts suggest that A $\beta$  accumulation reaches an early plateau whereas atrophy is progressive (Jack et al., 2013), in turn meaning that the 2 phenomena are not correlated (Josephs

et al., 2008). An advantage of studying DS, in contrast, is that the inevitability of A $\beta$  accumulation means that one can study the influence of A $\beta$  deposition to atrophy before cognitive decline has begun and with a range of severities of both phenomena. To this end, cortical thickness has been proposed and recognized as a sensitive surrogate of neurodegeneration AD (Dickerson et al., 2009).

To explore the pathologic associations of A $\beta$  and cortical thickness in DS, we performed a multimodal imaging study involving [<sup>11</sup>C]-PiB imaging and structural magnetic resonance imaging (MRI), and examined the extent to which regional A $\beta$  maps onto cortical thickness in a DS cohort at various stages of amyloidosis (i.e., the presence or absence of substantial A $\beta$  burden) and cognitive functioning (i.e., no evidence of acquired cognitive impairment vs. age-related acquired cognitively impaired or demented). Our primary hypotheses were as follows: (1) increased A $\beta$  is associated with decreased cortical thickness, and (2) this relationship would be stronger before the onset of objective cognitive decline.

## 2. Methods

### 2.1. Study design and participants

Forty-four participants with DS aged 25–65 years volunteered to take part and successfully completed the neuropsychological assessments and imaging protocol of this study. Participants were identified via services for people with intellectual disabilities in England and Scotland, through the Down's Syndrome Association or following responses to our website. All participants had previously received a clinical diagnosis of DS based on having the characteristic phenotype. The study was approved by the National Research Ethics Committee of East of England and the Administration of Radioactive Substances Advisory Committee. Written consent was obtained from all adults with DS with the capacity to consent. For participants lacking the capacity to consent, the procedures set out in the England and Wales Mental Capacity Act (2005) or the Adults with Incapacity (Scotland Act), depending on place of residence, were followed.

### 2.2. Clinical assessments

All participants were assessed for dementia using the Cambridge Examination for Mental Disorders of Older people with Down Syndrome and Others with Intellectual Disabilities informant interview, designed for diagnosing dementia in this population (Roth et al., 1986). An experienced clinician (S.H.Z. or A.J.H.), who was blinded to the age of the participant and the PiB status, allocated each participant into the categories of (1) those without acquired cognitive impairment, (2) cognitive decline, or (3) dementia. Dementia was diagnosed in accordance with the International Classification of Diseases-10 criteria for dementia. The diagnosis of “cognitive decline” was given to participants with informant reported evidence of functional decline in one or more cognitive domains without fulfilling the full International Classification of Diseases-10 criteria for dementia.

### 2.3. Imaging protocol

#### 2.3.1. Structural MRI

The T1-weighted magnetization-prepared rapid gradient echo data were processed using Freesurfer (v5.3, available from <https://surfer.nmr.mgh.harvard.edu>) to estimate cortical thickness in 34 regions-of-interest (ROIs) per hemisphere, based on the Desikan-Killiany parcellation scheme (Desikan et al., 2006). The technical

procedures for surface reconstruction and quantification of cortical thickness have been described previously (Fischl and Dale, 2000). Briefly, the process involved automated nonuniformity bias correction, skull stripping, segmentation of the white matter, and the boundary between the white and gray matter. Segmented and skull-stripped data of all participants were visually inspected for parcellation errors, and topological defects in the gray/white matter boundary were manually corrected. The gray and white boundary served as a starting point for a deformable surface algorithm to compute the gray/white and pial surfaces, from which cortical thickness is calculated as the closest distance from the gray and white matter boundary to the pial surface at each vertex on the tessellated surface. In addition, PetSurfer was used to segment additional regions, such as the cerebral CSF, pons, skull, and air cavities to facilitate partial volume correction of positron emission tomography (PET) data (Greve et al., 2014).

#### 2.3.2. [<sup>11</sup>C]-PiB PET imaging

[<sup>11</sup>C]-PiB data were acquired in three-dimensional mode on a GE Advance scanner. Before [<sup>11</sup>C]-PiB injection, a 15-minute transmission scan using rotating <sup>68</sup>Ge rod sources was acquired to correct photon attenuation. [<sup>11</sup>C]-PiB was produced with high radiochemical purity (>95%) and specific activity (>150 GBq/ $\mu$ mol). [<sup>11</sup>C]-PiB was injected as a bolus (median = 545 MBq, interquartile range = 465–576 MBq) through an antecubital venous catheter, and data were acquired for 90 minutes after injection in 58 frames (18  $\times$  5 seconds, 6  $\times$  15 seconds, 10  $\times$  30 seconds, 7  $\times$  1 minute, 4  $\times$  2.5 minutes, and 13  $\times$  5 minutes). For each frame, sonographic data were reconstructed using the PROjection MISSING data three-dimensional filtered back projection algorithm into a 128  $\times$  128  $\times$  35 image array with a voxel size of 2.34  $\times$  2.34  $\times$  4.25 mm<sup>3</sup>. Corrections were applied for random coincidences, dead time, normalization, scatter, attenuation, and sensitivity. The dynamic PET images were realigned with statistical parametric mapping and averaged. The resultant mean images were coregistered to their corresponding bias-corrected magnetization-prepared rapid gradient echo MRI volume. Consistent with previous studies (Hanseeuw et al., 2017; LaPoint et al., 2017), the geometric transfer matrix technique was used to derive partial volume corrected ROIs. Subsequently, kinetic modeling was performed using the 2-stage Multilinear Reference Tissue Model implemented in PetSurfer (Ichise et al., 2003) to estimate nondisplaceable binding potential (BP<sub>ND</sub>), using the cerebellum as the reference region. Classifications of A $\beta$  “positivity” and “negativity” were assigned based on increased binding in the striatum, which has been shown to clearly separate the positive and negative groups in our previous work (Annus et al., 2016) as well as others (Handen et al., 2012; Lao et al., 2017).

### 2.4. Statistical analyses

All statistical analyses were performed in MATLAB 2017A and the R statistical package. The specific analyses are described subsequently. To determine the *topographical covariance* of A $\beta$  and cortical thickness across the cortex, we first examined correlations between the inter-regional [<sup>11</sup>C]-PiB BP<sub>ND</sub> and cortical thickness. To account for the interdependency resulting from repeated measurements per participant (i.e., 68 ROIs), mixed effect models were used to examine the relationship between all brain regions combined across [<sup>11</sup>C]-PiB BP<sub>ND</sub> and cortical thickness data sets, treating participants and lobes as random factors. Next, to elucidate the *local associations* of A $\beta$  pathology with cortical thinning, we pursued an unbiased approach and investigated Spearman partial correlations between A $\beta$  binding and cortical thickness within the same ROI while adjusting for age. A Benjamini-Hochberg false discovery rate

(FDR) adjusted significance level of  $p < 0.05$  was used to correct for multiple comparisons.

### 3. Results

#### 3.1. Demographics and clinical features

Brief demographics of the cohort are shown in [Table 1](#).

#### 3.2. Mixed effects modeling of relationship between A $\beta$ and cortical thickness

Across the total sample of DS adults, our mixed effect models indicated a highly significant negative relationship between A $\beta$  binding and cortical thickness [Estimate =  $-1.2 \pm 0.03$ ,  $t = -39.5$ ,  $\chi^2(1)$ ,  $p < 0.001$ ] ([Fig. 1A](#)). The statistical significance of this association was retained after we repeated the mixed effect models separately for A $\beta^+$  [Estimate =  $-0.8 \pm 0.04$ ,  $t = -20.7$ ,  $\chi^2(1)$ ,  $p < 0.001$ ] and A $\beta^-$  groups [Estimate =  $-1.3 \pm 0.04$ ,  $t = -32.9$ ,  $\chi^2(1)$ ,  $p < 0.001$ ] ([Fig. 1B](#) and [C](#)). To further evaluate the consistency of associations across disease stages, we evaluated 2 separate mixed effect models for DS adults with no evidence of acquired cognitive impairment, and DS adults judged to have objective cognitive impairment or dementia. Although increased A $\beta$  binding was significantly associated with a thinner cortex within each cognitive subgroup, the associations were notably stronger among those without acquired cognitive impairment [Estimate =  $-1.2 \pm 0.03$ ,  $t = -34.0$ ,  $p < 0.001$ ] compared with the group with cognitive impairment or dementia [Estimate =  $-0.8 \pm 0.04$ ,  $t = -17.0$ ,  $p < 0.001$ ].

#### 3.3. Topography of local-to-local associations of A $\beta$ and cortical thickness

Our next objective was to delineate the topography of local A $\beta$ -associated thinner cortices in DS. We investigated Spearman partial correlations between [ $^{11}\text{C}$ ]-PiB BP<sub>ND</sub> and cortical thickness in the same ROI while adjusting for age and correction for multiple comparisons (FDR), and found widespread extent of highly significant inverse relationships between increased A $\beta$  binding and cortical thickness. The peak correlations were predominantly localized within temporoparietal ( $r \sim -0.4$  to  $-0.7$ , FDR<sub>adjusted</sub>  $p < 0.05$ ). The spatial pattern of A $\beta$ -associated cortical thickness decrease is represented as a heat map on the Desikan-Kiliany template, where the color gradient depicts the strength of the negative correlations ([Fig. 2](#)). To explore the potential impact of age on these associations, we repeated the analyses without controlling for age and obtained highly similar distributions of local associations. The 5 ROIs that did not retain significance were the left entorhinal, left lateral occipital, left lateral orbitofrontal, left paracentral, and left pars opercularis cortices.

**Table 1**  
Brief demographics and cognitive characteristic of the study sample

	Adults with Down syndrome ( $n = 44$ )
Age ( $\pm$ SD) (y)	41.95 $\pm$ 8.7
Female	54.55%
CAMCOG score ( $\pm$ SD)	75.22 $\pm$ 19.62
Increased striatal [ $^{11}\text{C}$ ]-PiB binding (absent/present)	18:26
Acquired cognitive impairment or dementia (%)	30%

Key: CAMCOG, Cambridge Cognitive Examination; SD, standard deviation.

#### 3.4. Associations of A $\beta$ and cortical thinning across levels of amyloidosis and cognitive impairment

##### 3.4.1. Local associations stratified by striatal-A $\beta$ status

Next, we inquired whether striatal-A $\beta$  status may modulate the local relationship between A $\beta$  and cortical thickness. A one-way analysis of covariance, treating the A $\beta^+$  and A $\beta^-$  groups as a factor and cortical thickness as a covariate, indicated stronger associations among the striatal-A $\beta^-$  group in predominantly frontal regions (FDR<sub>adjusted</sub>  $p < 0.05$ ). These interaction analyses were further corroborated by our within-subgroup correlational analyses, which revealed markedly distinct maps of A $\beta$ -associated cortical thinning in both subgroups ([Fig. 3](#)). Although the striatal-A $\beta^-$  group showed significant A $\beta$ -associated cortical thinning in widespread regions involving the frontal and parietal cortices, the peak correlations were mostly restricted to the temporal cortices among the striatal-A $\beta^+$  DS adults (FDR<sub>adjusted</sub>  $p < 0.05$ ). To capture subtle A $\beta$  associations with cortical thinning among the striatal-A $\beta^+$  DS adults, we also reported the findings at uncorrected  $p < 0.05$  in [Supplementary Fig. 1](#), where there was a relatively marked absence of A $\beta$  associations in the frontal lobe.

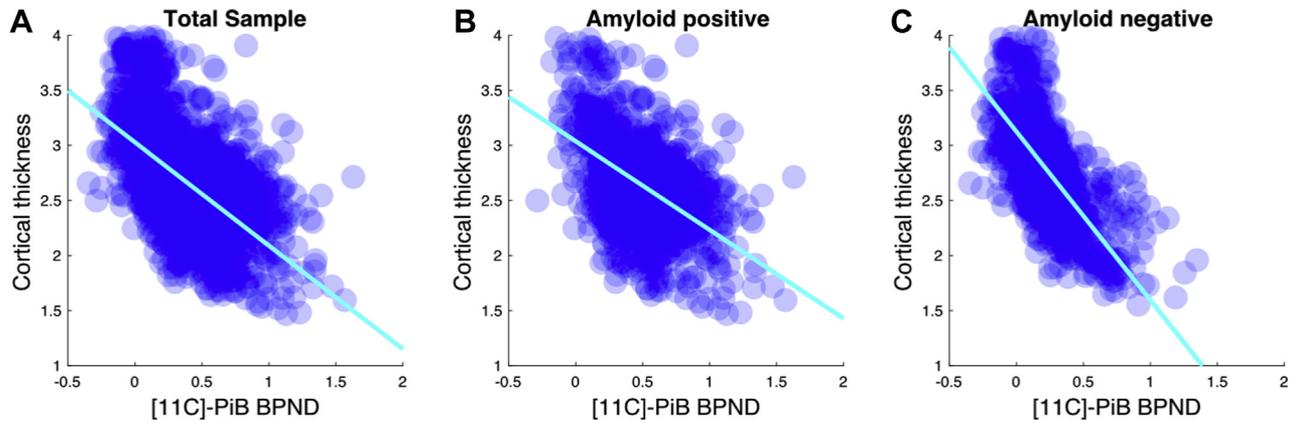
##### 3.4.2. Local associations stratified by cognitive status

To determine whether A $\beta$  was associated with cortical thickness across varying degrees of acquired cognitive impairment in DS, we repeated these local correlations separately among DS adults without acquired cognitive impairment ( $n = 31$ ) and DS adults with cognitive decline or dementia ( $n = 13$ ). Within the DS group with no acquired cognitive impairment, we observed a widespread pattern of significant correlations in a pattern that is largely consistent with that of the total sample (FDR<sub>adjusted</sub>  $p < 0.05$ ). In contrast, correlations between A $\beta$  and cortical thickness did not survive FDR correction, although this was expected considering the smaller sample size ( $n = 13$ ).

### 4. Discussion

In this present study, we mapped the topographic distribution of A $\beta$  binding onto patterns of cortical thickness in DS adults and present the first evidence that both phenomena are tightly coupled in a spatial pattern consistent with the known “cortical signature” of neurodegeneration in AD. In accordance with our hypothesis, our findings further suggest that the coupling between A $\beta$  and a thinner cortex is more pronounced in the earlier stages of disease, particularly in DS adults with minimal A $\beta$  burden before the onset of acquired cognitive impairment in DS. Collectively, our findings reinforce the notion that early intervention, particularly with the aim of targeting A $\beta$ , may have the most therapeutic potential during the asymptomatic stages of DS and AD.

Although it is well established that A $\beta$  represents the initiating pathogenic factor in AD, its precise relationships with downstream neurodegeneration and clinical severity have been controversial ([Jagust, 2016](#)). Converging data from postmortem and PET imaging studies have indicated that the regional distribution and severity of A $\beta$  plaques do not correspond with brain atrophy or clinical severity ([Chetelat et al., 2010](#); [Erten-Lyons et al., 2013](#); [Josephs et al., 2008](#)). The relevance of the “amyloid cascade” model has also been challenged by the recent spate of failures in phase III anti-A $\beta$  clinical trials. However, researchers have attempted to reconcile these inconsistencies by citing the disparity between the slow progression of A $\beta$  accumulation and the accelerating trajectories of neurodegeneration ([Jack et al., 2013](#)). In this vein, a clearer picture of A $\beta$ -associated atrophy emerges in cohorts that comprise cognitively normal elderly and individuals in the early stages of AD ([Chetelat et al., 2010](#); [Doré et al., 2013](#); [Jack et al., 2009](#)). For instance,



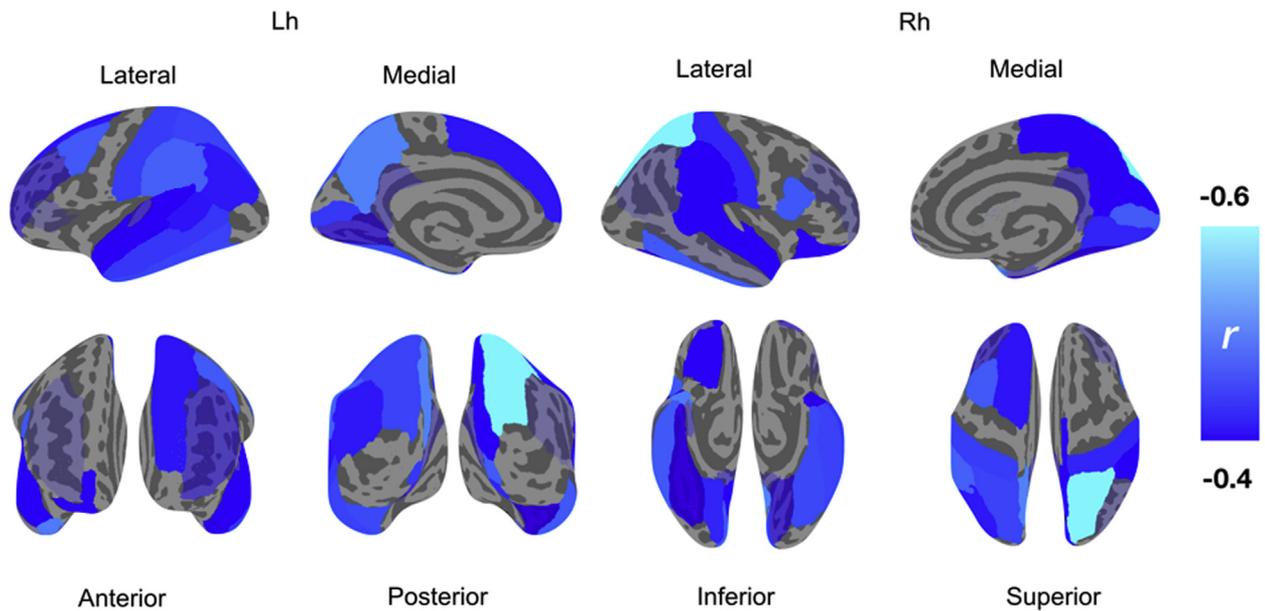
**Fig. 1.** Topographical covariance of A $\beta$  and decreased cortical thickness. The scatterplots depict the associations between A $\beta$  and cortical thickness measures across (A) total sample, (B) DS striatal-A $\beta$ + adults, and (C) DS striatal-A $\beta$ - adults. Each data point represents a single cortical region of interest from a single subject, parcellated with the Desikan-Killiany template. Abbreviations: A $\beta$ , beta amyloid; BP<sub>ND</sub>, nondisplaceable binding potential; DS, Down syndrome.

accelerated rates of brain atrophy have been reported in cognitively normal elderly with increased A $\beta$  burden (Chetelat et al., 2012), consistent with evidence of strong associations between increased A $\beta$  burden and decreased cortical thickness (Doré et al., 2013). Several aspects of our data therefore are consistent with the notion that the association of A $\beta$  with neurodegeneration is particularly salient during the prodromal stages of AD, in that the coupling of A $\beta$  accumulation with a thinner cortex was stronger (1) in DS adults without acquired cognitive impairment and (2) in DS adults who had not reached the threshold to be classified as A $\beta$ +

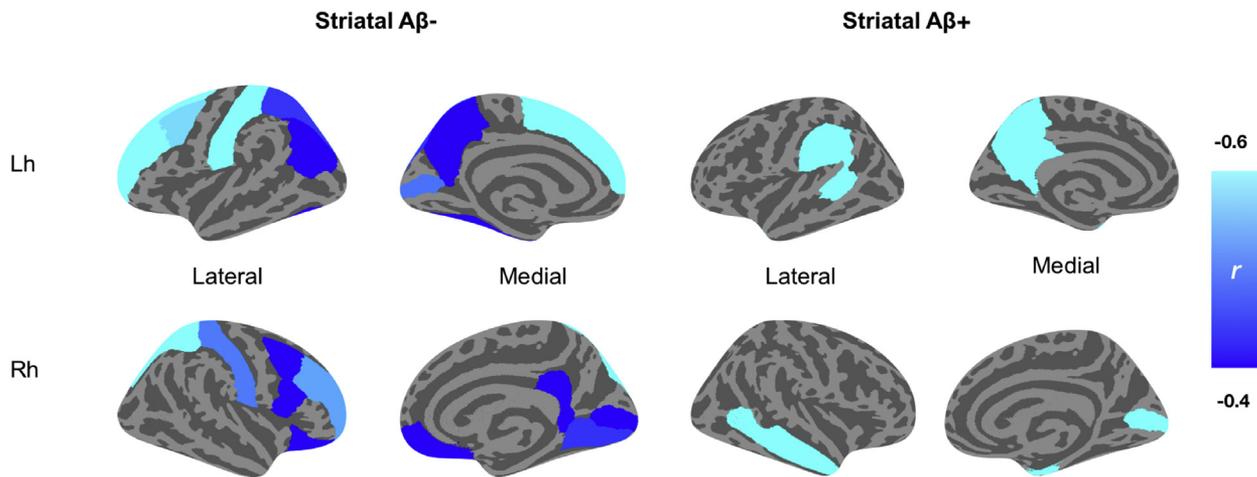
After establishing that A $\beta$  accumulation is associated with a thinner cortex in DS, our local correlations sought to delineate the topographical distribution of A $\beta$ -associated atrophy. In the total sample of DS, we found a widespread pattern of negative correlations that peaked within the temporoparietal cortices, mirroring the cortical signature of atrophy in AD (Dickerson et al., 2009). On the basis of the remarkable spatial overlap between our A $\beta$ -atrophy

map and that of the AD cortical signature, it is conceivable that the topographic distribution of A $\beta$ -associated atrophy may reflect the regional susceptibility to the neurotoxicity of A $\beta$ . Intriguingly, the spatial distribution of our peak correlations is also very similar to that of another study reporting strong associations of A $\beta$  and cortical thinning in healthy control subjects especially within the bilateral precuneus and medial temporal regions (Doré et al., 2013), both of which have been shown to undergo atrophy in DS adults (Mullins et al., 2013) with increased burden of A $\beta$  (Annus et al., 2017; Lao et al., 2017).

Another question with important implications for the optimization of clinical trials is whether the coupling between A $\beta$  and cortical thickness is consistent across varying degrees of disease severity over the course of AD. In keeping with our hypothesis, we observed extensive A $\beta$ -related atrophy after the correlational analyses were repeated within the subgroup of DS adults who were cognitively stable, suggesting an early process of A $\beta$ -related



**Fig. 2.** The topographical distribution of local A $\beta$ -associated atrophy in the total sample of DS. These regions showed significantly negative correlations between [11C]-PiB BP<sub>ND</sub> and cortical thickness (FDR<sub>adjusted</sub>  $p < 0.05$ , adjusted for age). The colors represent the strength of the negative correlations, increasing in magnitude from dark blue to cyan. Abbreviations: A $\beta$ , beta amyloid; BP<sub>ND</sub>, nondisplaceable binding potential; DS, Down syndrome; FDR, false discovery rate; Lh, left hemisphere; Rh, right hemisphere. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)



**Fig. 3.** Topographic distributions of A $\beta$ -associated atrophy stratified by A $\beta$  status. Among the A $\beta$ - DS adults, local A $\beta$  deposition was significantly associated with decreased cortical thickness in widespread regions predominantly frontoparietal cortices whereas the spatial extent of associations was more restricted to the temporal cortices and precuneus in the A $\beta$ + DS adults. Abbreviations: A $\beta$ , beta amyloid; DS, Down syndrome; Lh, left hemisphere; Rh, right hemisphere.

neurodegeneration preceding the onset of cognitive impairment. This finding was also supported by our interaction analyses, which indicated stronger associations among the striatal-A $\beta$ - DS, particularly in the frontal cortices. Although this could have been attributed to the smaller sample size of the striatal-A $\beta$ + group, subjecting the correlational tests to a more liberal threshold of uncorrected  $p < 0.05$  only yielded a single association in the right pars opercularis (i.e., all other associations in the frontal lobe remained insignificant among the striatal-A $\beta$ + group (Supplementary Fig. 1). Relative to the striatal-A $\beta$ - group, the weaker associations within the frontal lobe among the striatal-A $\beta$ + group could be interpreted in light of the known propagation of A $\beta$  (Thal et al., 2014). In other words, DS adults with increased A $\beta$  burden are most likely further down the pathway to AD, and consequently A $\beta$  accumulation in the frontal lobe may have begun to plateau (Thal et al., 2014). In future longitudinal studies, it would be of clinical interest to examine whether the spatiotemporal trajectories of cortical thinning are distinct in A $\beta$  subgroups.

Despite the prominent correlations observed herein and in other studies (Chetelat et al., 2010; Doré et al., 2013; Jack et al., 2009), the precise mechanisms by which A $\beta$  leads to downstream brain atrophy remains elusive. It has been shown that A $\beta$  oligomers could directly result in synaptic injury and cell loss (Walsh and Selkoe, 2007). Such a mechanism would entail a spatial correspondence between the presence of early A $\beta$  deposition and neurodegeneration, as evidenced by our findings of prominent local associations in regions typically associated with abundant deposits of A $\beta$  (i.e., frontal and parietal cortices (Arnold et al., 1991; Rowe et al., 2007)).

The coupling of A $\beta$  with cortical thinning in several regions of the medial temporal lobe—despite being a later site of A $\beta$  deposition—also merits further discussion (i.e., fusiform, entorhinal, and inferior temporal cortices among others). Given that these regions are among the earliest sites of abnormal tau aggregation in the disease course of AD (Braak and Braak, 1991), it is plausible that A $\beta$ -associated atrophy—particularly in the medial temporal cortex where A $\beta$  is not commonly observed in the earlier stages of AD—may be mediated by tau hyperphosphorylation, a phenomenon which may have already begun in our striatal-A $\beta$ + individuals (Supplementary Fig. 1). Moving forward, PET investigations of [ $^{18}$ F]-AV1451 for tau and [ $^{11}$ C]-PiB imaging in DS cohorts will no doubt clarify this question in future and clarify the relative contributions of tau and A $\beta$  to the disease progression of DS (i.e., The Alzheimer's

Biomarkers Consortium—Down Syndrome that encompasses the Neurodegeneration in Aging Down Syndrome study; <https://niad-project.org/>) and the Alzheimer's Disease in Down Syndrome (<https://www.nia.nih.gov/research/abc-ds>).

The widespread prevalence and premature comorbidity of AD pathology in DS presents valuable opportunities to study the early implications of AD pathogenesis within a naturally enriched population. Contrary to the consensus that A $\beta$  is not associated with downstream neurodegeneration in established AD, our present findings in DS showed that the coupling between A $\beta$  deposition and cortical thinning may be more pronounced in the earliest stages of dementia. Furthermore, we showed that A $\beta$ -associated atrophy in DS manifests even in the absence of acquired cognitive impairment or substantial A $\beta$  burden. Moving forward, elucidating the deleterious implications of A $\beta$  burden and longitudinal rates of brain atrophy would be of high importance to (1) improve our understanding of the underlying neuropathologic substrates that drive spatial patterns of downstream neurodegeneration, (2) aid development of new disease modification against AD pathologies, and (3) support the utility of amyloid PET imaging to track disease progression and monitor treatment outcomes.

A potential caveat associated with imaging studies of developmental conditions is the uncertainty over Freesurfer's ability to accurately measure cortical thickness because of inherent differences in brain morphology compared with the general population. For instance, reduced signal contrast between the gray and white matter—a phenomenon recently reported in DS (Bletsch et al., 2018)—may hinder reliability of in vivo estimates of cortical thickness. Although previous studies have used manual tracing on a priori selected brain regions, they were limited by the labor intensive and operator-dependent procedures, both of which are challenges that may hinder their adoption as imaging biomarkers in large-scale clinical trials for DS. In addition, only predefined regions may be investigated using a manual tracing approach. Cortical thickness measurements from Freesurfer have also been validated against histologic data and other manual measurements (Cardinale et al., 2014; Fischl and Dale, 2000), and has been widely applied to interrogate cortical changes in the DS neuroimaging literature (see Neale et al., 2018 for a systematic review). In future, it will be essential to validate these conclusions using histologic data as existing postmortem studies in DS are scarce.

Finally, aging presents another caveat in the interpretation of the relationships between A $\beta$  accumulation and cortical thinning.

An early process of accelerated age-related cortical thinning has been previously described in DS (Cole et al., 2017), supported by other studies reporting prominent localization of age-related atrophy in frontal association cortices (Romano et al., 2016; Teipel et al., 2004). In a similar vein, our previous work has shown that the spatial extent of A $\beta$  accumulation increases with age (Annus et al., 2016). To guard against the possibility that both A $\beta$  accumulation and cortical thinning are merely progressing along a common age-related pathway, we compared the spatial maps of A $\beta$ -associated atrophy, with and without accounting for age, and found 2 largely similar spatial distributions (i.e., only 5 of 45 ROIs did not retain statistical significance after correcting for age), supporting the idea that A $\beta$  may exert its deleterious effects on cortical thickness over and above an accelerated aging process.

Finally, our findings are consistent with a recent case report of a patient with a rare form of DS with partial trisomy of chromosome 21 (PT21) who lacked triplication of amyloid precursor protein gene (Doran et al., 2017). Intriguingly, the patient showed (1) relatively stable cognitive performances over time and had no signs of dementia on neurologic examinations; (2) lower [<sup>11</sup>C]-PiB binding than healthy control subjects; and (3) histologic examinations revealed only a single neuritic plaque. Interpreted in light of our strong associations between A $\beta$  and cortical thinning, these findings further argue for an obligatory role of A $\beta$  in driving the AD disease cascade in people with DS. Nevertheless, we cannot be certain as to what extent the proposed role of A $\beta$  in the causation of neurodegeneration and AD in people with DS can be generalized to the typically developing population. However, if such a relationship had not been found in DS, where A $\beta$  levels are markedly increased, it would have been a significant challenge to the amyloid cascade hypothesis. The fact this inverse relationship between A $\beta$  and cortical thickness has been found provides further support for this hypothesis.

## Disclosure

The authors report no conflicts of interest.

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Author contributions: E.M. formulated the research objectives, did analyses, and wrote the manuscript. C.P. assisted with the

interpretation of the results, checking of the analyses and scripts, and provided critical feedback on manuscript. T.A. and L.R.W. performed the data collection, clinical/neuropsychological assessments, and provided critical feedback on the manuscript. Y.T.H. and T.D.F. designed the PET data acquisition and image reconstruction protocols, determined SUVrs and binding parametric maps from the PET data, and provided critical feedback on the manuscript. J.P., F.I.A., D.K.M., P.J.N., and S.H.Z. provided critical feedback on the analyses and manuscript. A.J.H. was the principal investigator of the study. He also assisted with the conceptualization of the study, obtaining funding, supervising data collection, interpretation of the analyses and findings, and provided critical feedback on the analyses and manuscript.

## Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <https://doi.org/10.1016/j.neurobiolaging.2019.02.018>.

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