



## Review article

## A systematic review on the role of eicosanoid pathways in rheumatoid arthritis

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## ABSTRACT

**Background:** Rheumatoid arthritis is characterized by the production of eicosanoids, cytokines, adhesion molecules, infiltration of T and B lymphocytes in the synovium and oxygen reduction accompanied by the cartilage degradation. Eicosanoids are responsible for the progressive destruction of cartilage and bone, however neither steroids, nor the non steroidal anti-inflammatory drugs (NSAIDs), cannot slow down cartilage and bone destruction providing only symptomatic improvement. The current rheumatoid arthritis treatment options include mainly the use of disease-modifying anti-rheumatic drugs, the corticosteroids, the NSAIDs and biological agents.

**Methods:** PubMed, Cochrane, and Embase electronic database were used as the main sources for extracting several articles, reviews, original papers in English for further review and analysis on the implication of arachidonic acid metabolites with rheumatoid arthritis and different strategies of targeting arachidonic acid metabolites, different enzymes or receptors for improving the treatment of rheumatoid arthritis patients.

**Results:** We first focused on the role of individual prostaglandins and leukotrienes, in the inflammatory process of arthritis, concluding with an outline of the current clinical situation of rheumatoid arthritis and novel treatment strategies targeting the arachidonic acid pathway.

**Conclusions:** Extended research is necessary for the development of these novel compounds targeting the eicosanoid pathway, by increasing the levels of anti-inflammatory eicosanoids (PGD<sub>2</sub>, 15dPGJ<sub>2</sub>), by inhibiting the production of pro-inflammatory eicosanoids (PGE<sub>2</sub>, LTB<sub>4</sub>, PGI<sub>2</sub>) involved in rheumatoid arthritis or also by developing dual compounds displaying both the COX-2 inhibitor/TP antagonist activity within a single compound.

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**Abbreviations:** RA, rheumatoid arthritis; RF, rheumatoid factor; ACPA, anti-citrullinated protein antibodies; AA, arachidonic acid; PG, prostaglandins; LT, leukotrienes; TX, thromboxanes; LX, lipoxins; NSAID, non steroidal anti-inflammatory drugs; COXIB, COX-2 selective inhibitors; TNF alpha, tumor necrosis factor alpha; IL-1, interleukin-1; IL-6, interleukin-6; IFN- $\gamma$ , interferon gamma; HETE, hydroxyeicosatetraenoic acids; PLA<sub>2</sub>, phospholipase A<sub>2</sub>; TLRs, toll-like receptors; GPCR, G-protein coupled receptors; MIF, macrophage migration inhibitory factor; MMP, matrix metalloproteinases; FLS, fibroblast-like synoviocytes; NFkB, nuclear factor kappa-light-chain-enhancer of activated B cells; EULAR, European League Against Rheumatism; Th17, T helper 17; AP-1, activator protein 1; mPGES, membrane-associated prostaglandin E synthase; PGH<sub>2</sub>, prostaglandin H<sub>2</sub>; PGE<sub>2</sub>, prostaglandin E<sub>2</sub>; RASFs, rheumatoid arthritis synovial fibroblasts; PGES, prostaglandin E synthase; cPGES, cytosolic PGES; CIA, collagen induced arthritis; VEGF, vascular endothelial growth factor; PGD<sub>2</sub>, prostaglandin D<sub>2</sub>; PGDS, prostaglandin-D synthase; 15d-PGJ<sub>2</sub>, 15-deoxy-D12,14-prostaglandin J<sub>2</sub>; L-PGDS, lipocalin PGDS; H-PGDS, hematopoietic PGDS; PPAR- $\gamma$ , peroxisome proliferative –activated receptor  $\gamma$ ; PGI<sub>2</sub>, prostacyclin; PGF<sub>2 $\alpha$</sub> , prostaglandin F<sub>2 $\alpha$</sub> ; 8-iso-PGF<sub>2 $\alpha$</sub> , 8-iso-prostaglandin F<sub>2 $\alpha$</sub> ; 15-LO, 15-Lipoxygenase; 5-LO, 5-lipoxygenase; 12-LOX, 12-lipoxygenase; CysLT, cysteinyl leukotrienes; LTB<sub>4</sub>, leukotriene B<sub>4</sub>; 15-(S)-HETE, 15-S-hydroxyeicosatetraenoic acid; PLGF, placenta growth factor; EETs, epoxyeicosatrienoic acids; DMARDs, disease-modifying antirheumatic drugs; CV, cardiovascular; LO inhibitors, lipoxygenase inhibitors.

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## 1. Introduction

Rheumatoid arthritis (RA) is a systemic autoimmune chronic inflammatory joints disorder that is characterized by an excessive synovial inflammation, proliferation, the formation of rheumatoid pannus and production of autoantibodies, such as rheumatoid factor (RF) and anti-citrullinated protein antibodies (ACPA), by synovial joint inflammation and consequently by destruction of bone and cartilage [1,2].

In the 1970s the synovial fluid of RA patients was analysed and higher prostaglandin (PG) levels were detected. Arachidonic acid (AA) pathway is complex and gives rise to the production of different AA metabolites such as prostaglandins (responsible of pain and swelling) [3], leukotrienes (LT), thromboxane (TX), lipoxins (LX), hydroxyeicosatetraenoic acids (HETE) which are involved in different inflammatory situations as rheumatoid arthritis and are responsible for the progressive destruction of cartilage and bone. Arachidonic acid metabolites are produced in inflamed synovium, inhibiting cell proliferation, and pannus formation in arthritis [4]. There are two isoforms of cyclooxygenases: COX-1 and COX-2 respectively. Specifically COX-2 is induced in inflammatory situations and is highly expressed in synovial tissues of patients with RA.

In addition, arachidonic acid metabolites can stimulate the activity of different cytokines (tumor-necrosis factor (TNF alpha)), interleukin-1/6 (IL-1, IL-6), chemokines (macrophage chemotactic peptide, interleukin 8 (IL-8)) or integrines [5]. TNF alpha is over expressed in rheumatoid arthritis pathogenesis, and together with interleukin-1 (IL-1), contribute to joint destruction in RA [6]. Macrophage migration inhibitory factor (MIF) is a cytokine that plays a key role in macrophage activation in RA [7]. IL-2, IL-12, IL-18, interferon gamma (IFN- $\gamma$ ), TNF- $\alpha$ , are secreted by the activated T cells and are produced in the synovial fluid and expressed in the synovial membrane, whereas IL-17 is produced by T helper 17 (Th17) and mast cells and found in synovial fluid of RA patients [8,9]. There is a further activation of Matrix metalloproteinases (MMP), responsible for the degradation of the cartilage, bringing to bone resorption [10]. The activation of fibroblast-like synoviocytes (FLS) in the inflamed synovium contribute to the production of different eicosanoids. Despite the proinflammatory cytokines in RA, there is also a production of anti-inflammatory cytokines such as IL-10 and transforming growth factor- $\beta$  [11,12]. In summary, a number of cytokines, produced during inflammatory situations, are able to regulate eicosanoid metabolism such as: IL-1 $\beta$  enhances the PGE<sub>2</sub> production in synovial fibroblast [13]; IL-1 $\beta$  and TNF $\alpha$  enhance both the production of membrane-associated prostaglandin E synthase (mPGES-1) that is over expressed in synovium and cartilage contributing to the chronic inflammation present in RA

[14], as well as of platelet type 12-lipoxygenase (12-LOX), which is expressed in human RA type B synoviocytes [15]. But from the other hand, cytokine activity is mediated and regulated by eicosanoids, for example: 15-deoxy-D12,14-prostaglandin J<sub>2</sub> (15d-PGJ<sub>2</sub>) exerts a protective role in rheumatoid arthritis reducing the production of TNF alpha, and IL-6 [16–19], inhibiting the growth of synovial fibroblasts by apoptosis [20].

Currently there is an unmet clinical need for a novel rheumatoid arthritis treatment, ameliorating the existing strategies, which include mainly the use of disease-modifying antirheumatic drugs (DMARDs) such as: Gold salts, Methotrexate, Leflunomide, Azathioprine, Sulfasalazine, cyclosporine, cyclophosphamide etc; the non steroidal anti-inflammatory drugs (NSAID); the corticosteroids and biological agents (anti-TNF $\alpha$  agents (infliximab); anti-IL-6R, Rituximab etc). In addition, clinical trials have demonstrated benefits of fish oil rich in omega-3 fatty acids, in animal models of RA [21], reducing RA severity, improving the joint pathology [22–24], reducing the number of swollen joint, pain, morning stiffness, and total use of non steroidal anti-inflammatory drugs [25–27]. Despite the use of DMARD, and some beneficial effect of these drugs, such as of methotrexate, which has an anti-inflammatory action decreasing the inflammatory cytokines IL-1 $\beta$ , TNF alpha, macrophages, T cells, and probably prostaglandin E (PGE) release [28], the COX pathway still remains active. In the synovial fluid there is an overexpression of mPGES-1 and COX-2 [29]. From the other hand, corticosteroids are commonly used as powerful anti-inflammatory agents to suppress prostaglandin production in arthritis. Their use is associated with an increase of the cardiovascular (CV) risk, and with an impact on the metabolism, increasing body fat storage and fluid retention, therefore hypertensive patients and patients with diabetes should use corticosteroids cautiously. Dexamethasone is a glucocorticoid that reduces COX-2 and suppresses mPGES-1, probably by the interaction with nuclear factor kappa-light-chain-enhancer of activated B cells (NFkB) and activator protein 1 (AP-1), two inducers of mPGES-1 [29–31]. The administration of intraarticular corticosteroids is followed by an abundant reduction in 5-LO expression leaving unaltered the 15-LO-1 enzyme, suggesting that corticosteroids reduce the formation of inflammatory metabolites in RA, and that 5-LO inhibitors can be used as an adjuvant therapy [32]. However, the benefit-risk profile of glucocorticoids is still a matter of debate and the latest European League Against Rheumatism (EULAR) recommendation suggest that glucocorticoids should be given as bridging therapy together with conventional synthetic DMARDs, either as part of the initial strategy or subsequently if this has failed, whereas when biological or targeted synthetic DMARDs are used, glucocorticoids are generally not needed. Moreover, glucocorticoids should be gradually reduced and ultimately stopped, ideally within 3–6 months [33,34].

## 2. Aim of the review

The aim of this review is to identify and synthesize all available information on the role of eicosanoid pathways in RA, and on the current and future therapeutic strategies for RA, targeting the enzymes or mediators generated within the eicosanoid pathways.

## 3. Methods

This review is conducted in line with the Prisma (Preferred Reporting Items for Systematic Reviews and meta-analyses) statement [35].

### 3.1. Literature search, data extraction

PubMed, Cochrane, and Embase electronic database were used as the main sources for extracting several articles, reviews, original papers, published in English for further review and analysis of the literature using as keywords the following: “Rheumatoid arthritis and arachidonic acid metabolites; or ‘Rheumatoid arthritis and Prostaglandin D<sub>2</sub> (PGD<sub>2</sub>)’; or ‘Rheumatoid arthritis and Prostaglandin E<sub>2</sub> (PGE<sub>2</sub>)’; or ‘Rheumatoid arthritis and Prostaglandin J<sub>2</sub> (PGJ<sub>2</sub>)’; or ‘Rheumatoid arthritis and Prostacyclin (PGI<sub>2</sub>)’; or ‘Rheumatoid arthritis and Prostaglandin F<sub>2</sub> (PGF<sub>2α</sub>)’; or ‘Rheumatoid arthritis and 8-*iso*-PGF<sub>2α</sub>’; or ‘Rheumatoid arthritis and 5-lipoxygenase (5-LOX)’; or ‘Rheumatoid arthritis and 12-lipoxygenase (12-LOX)’; or ‘Rheumatoid arthritis and 15-lipoxygenase (15-LOX)’; or ‘Rheumatoid arthritis and cytochrome P450 epoxygenase pathway’; or ‘Rheumatoid arthritis and pro-resolving lipid mediators. The author of this review independently screened all these articles to identify those satisfying the inclusion criteria. The search process is reported in Fig. 1.

### 3.2. Eligibility criteria

Studies were considered eligible if they reported the role of different of AA mediators in RA conducted in both humans, and animals. The search was limited to the papers published in English, either reviews, cohort studies, case-control studies, randomized controlled trials. The articles were screened by titles or abstracts and the duplicated articles were excluded (Fig. 1).

## 4. Results

### 4.1. Overview of the literature search results

The initial search in Pubmed, Cochrane and Embase databases revealed 826 articles, which were all screened based on their titles and abstracts. Among all these studies 626 studies were excluded according to the eligibility criteria mentioned above. 200 studies were considered eligible and analysed for their quality and data content. 73 studies reported the implication of PGE<sub>2</sub> in RA (36.5%), 21 articles reported the role of leukotrienes and lipoxygenase pathway in RA (10.5%), 9 studies reported the role of PGJ<sub>2</sub> in RA (4.5%). All identified studies reporting the implication of PGF<sub>2α</sub> or TXB<sub>2</sub> in the pathogenesis of RA (N=5 in both cases) were performed in human synovial fluid. PGI<sub>2</sub> role in RA was reported in 7 articles of which 3 (42.85%) were performed in animal models of RA. Most studies showed that either, AA anti inflammatory mediators (PGD<sub>2</sub>,15dPGJ<sub>2</sub>) or AA pro- inflammatory mediators (PGE<sub>2</sub>, LTB<sub>4</sub>, PGI<sub>2</sub>) are produced in RA. LTB<sub>4</sub> contributes to the amplification of the inflammatory response; in contrast to 15d-PGJ<sub>2</sub>, which is responsible of the reduction of pro-inflammatory mediators such as interleukin-6 (IL-6) or tumor necrosis factor-alpha (TNFα).

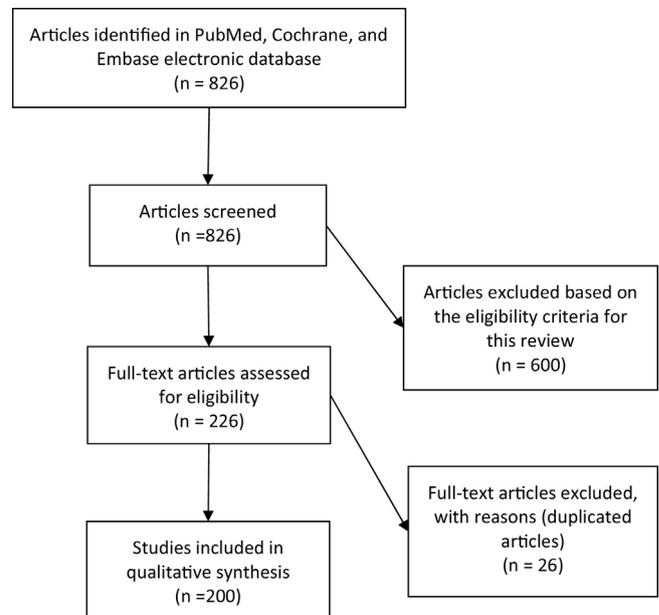


Fig. 1. Prisma flow diagram: schematic diagram of literature search and selection for articles included in this systematic review.

### 4.2. Synthesis of results

The results of the quality analysis for the identified studies are summarized below for each of the component of the arachidonic acid pathway correlated with RA.

#### 4.2.1. Arachidonic acid pathway and RA

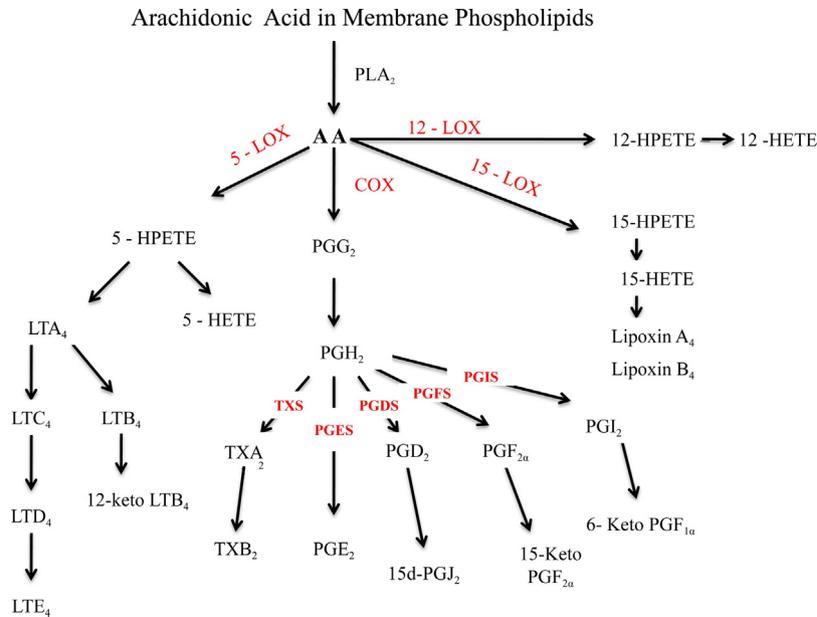
**4.2.1.1. Phospholipase A<sub>2</sub>.** Phospholipase A<sub>2</sub> (PLA<sub>2</sub>) catalyses the release of AA and the production of its metabolites, such as prostaglandins and leukotrienes involved in inflammation. High levels of PLA<sub>2</sub> are found in synovial tissue, provoking proliferative changes in synovial structures [36]. Type IIA phospholipase A<sub>2</sub> is secreted in the synovial fluid of patients with rheumatoid arthritis [37].

Toll-like receptors (TLRs) are a group of receptors involved in synovitis and joint destruction in RA and in particular TLR2 is found in excess in patients with RA, suggesting a potential role of TLR2 in joint destruction in RA [38]. Different studies demonstrate that TLR2 activate PLA<sub>2</sub> in synovial fibroblast-like cells.

**4.2.1.2. Prostaglandin E<sub>2</sub>.** Prostaglandins play an essential role in vasodilatation and fluid extravasation in synovial tissues [39]. They bind to their G-protein coupled receptors (GPCR) with seven transmembrane domains.

mPGES is the enzyme responsible for the conversion of PGH<sub>2</sub> to PGE<sub>2</sub> in rheumatoid arthritis synovial fibroblasts (RASFs). Prostaglandin E synthase (PGES) is the enzyme responsible for the conversion of PGE<sub>2</sub>, expressed in three different forms, respectively cytosolic PGES (cPGES), microsomal PGES-1 (mPGES-1) and mPGES-2, which are all detected in the synovial tissue of RA patients (Fig. 2). mPGES-1 has a inducible nature and is over expressed in synovium and cartilage contributing to the chronic inflammation, present in RA [14]. Genetic deletion of mPGES-1 reduces the incidence of collagen induced arthritis (CIA) [40].

PGE<sub>2</sub> is generated by chondrocytes and synovial fibroblasts, involved in synovial inflammation in RA [41]; however, data indicate that PGE<sub>2</sub> can have both pro and anti-inflammatory activities. PGE<sub>2</sub> exerts its action through EP1, EP2, EP3, and EP4 receptors, a group of GPCR, particularly coupled to Gi (for EP3



**Fig. 2.** Arachidonic acid pathway.

Arachidonic acid is a substrate for different pathways and enzymes giving rise to several metabolites. Prostaglandins and thromboxane are produced via the COX-pathway, unlike leukotrienes that are produced via 5-LO pathway. Abbreviations: phospholipase A<sub>2</sub> (PLA<sub>2</sub>), arachidonic acid (AA), 5-lipoxygenase (5-LO), 15-Lipoxygenase (15-LO), 12-lipoxygenase (12-LOX), cyclooxygenase (COX), Prostaglandin G<sub>2</sub> (PGG<sub>2</sub>), Prostaglandin H<sub>2</sub> (PGH<sub>2</sub>), thromboxane synthase (TXS), thromboxane A<sub>2</sub> (TXA<sub>2</sub>), thromboxane B<sub>2</sub> (TXB<sub>2</sub>), Prostaglandin E synthase (PGES), Prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), Prostaglandin D synthase (PGDS), Prostaglandin D<sub>2</sub> (PGD<sub>2</sub>), 15-deoxy-D12,14-prostaglandin J<sub>2</sub> (15d-PGJ<sub>2</sub>), Prostaglandin F synthase (PGFS), Prostaglandin F<sub>2α</sub> (PGF<sub>2α</sub>), 15-keto Prostaglandin F<sub>2α</sub> (15-keto PGF<sub>2α</sub>), Prostaglandin I synthase (PGIS), Prostacyclin (PGI<sub>2</sub>), 6-keto Prostaglandin F<sub>1α</sub> (6-keto PGF<sub>1α</sub>), 15-hydroperoxyeicosatetraenoic (15-HPETE), 15-hydroxyeicosatetraenoic acid (15-HETE), 12-hydroperoxyeicosatetraenoic (12-HPETE), 12-hydroxyeicosatetraenoic acid (12-HETE), 5-hydroperoxyeicosatetraenoic (5-HPETE), 5-hydroxyeicosatetraenoic acid (5-HETE), leukotriene A<sub>4</sub> (LTA<sub>4</sub>), leukotriene B<sub>4</sub> (LTB<sub>4</sub>), leukotriene C<sub>4</sub> (LTC<sub>4</sub>), leukotriene D<sub>4</sub> (LTD<sub>4</sub>), leukotriene E<sub>4</sub> (LTE<sub>4</sub>), 12-keto leukotriene B<sub>4</sub> (12-keto LTB<sub>4</sub>).

receptor), Gq (for EP1 receptor), Gs (EP2 and EP4). Moreover, PGE<sub>2</sub>/EP4 play a proinflammatory role in the pathogenesis of rheumatoid arthritis [42], and through the activation of EP2 and EP4 receptor, PGE<sub>2</sub> regulates the cytokine production, vascular endothelial growth factor (VEGF), IL-6, etc. EP2 receptors are abundantly expressed in human articular cartilage [43] and PGE<sub>2</sub> exerts an anti-inflammatory action through the EP2. Instead, PGE<sub>2</sub> through EP4 receptor enhances type II collagen degradation, and therefore hypothesizing a potential role of EP4 antagonist in the treatment of RA [44,45]. Data demonstrate that PGE<sub>2</sub> is involved in complex interactions, bringing to articular cartilage erosions and juxta-articular bone [39]. Conventional NSAIDs and selective COX-2 inhibitors (COXIB) reduce the production of PGE<sub>2</sub>, but still they are not the optimal approach for RA. In addition, microparticles, which are small vesicles that are released from activated or dying cells and that are found in the synovial fluid of RA patients, up-regulate the production of PGE<sub>2</sub> in synovial fibroblasts by inducing COX-2 and mPGES-1 [31].

**4.2.1.3. Prostaglandin D<sub>2</sub>.** PGD<sub>2</sub> is produced by Prostaglandin D synthase and exerts its action by binding to two receptors, DP1 and CRTH2, respectively. PGD<sub>2</sub> is released by synovial fibroblast, osteoclasts, chondrocytes and mast cells in the synovial fluid [46–48]. PGD<sub>2</sub> exerts different functions: it enhances the chondrogenic differentiation, the type II collagen expression [49] and contributes to the cartilage maintenance and integrity [50,51]. However there is a rapid transformation of PGD<sub>2</sub> in PGs of the J series such as PGJ<sub>2</sub>, δ12-PGJ<sub>2</sub>, and 15d-PGJ<sub>2</sub>. This latter is responsible of the anti-inflammatory effects attributed to the PGD<sub>2</sub>, inhibiting different inflammatory mediators produced by macrophages/monocytes [52]. However, Maicas N. et.al [53] reported that PGD<sub>2</sub> produced during arthritis acts through the PGD<sub>2</sub> receptor, and plays an anti-inflammatory role [29].

**4.2.1.4. 15-deoxy-D12,14-prostaglandin J<sub>2</sub> (15d-PGJ<sub>2</sub>).** 15d-PGJ<sub>2</sub> is an anti-inflammatory product of the AA pathway, a PGD<sub>2</sub> metabolite, which exerts a protective role in rheumatoid arthritis reducing the production of inflammatory mediators such as iNOS, TNFα, and IL-6 [16–19], inhibiting the growth of synovial fibroblasts by apoptosis [20]. From the two forms of PGDS (Prostaglandin-D synthase), respectively lipocalin PGDS (L-PGDS) and hematopoietic PGDS (H-PGDS), this latter is responsible for the production of 15d-PGJ<sub>2</sub>. 15d-PGJ<sub>2</sub> activates the peroxisome proliferative –activated receptor γ (PPAR-γ), and is expressed in synovial fibroblasts in RA, inhibiting the expression of IL-1β and TNFα in synovial fibroblast. Furthermore, 15d-PGJ<sub>2</sub> inhibits mPGES-1 induction in IL-1β-synovial fibroblasts through the PPAR-γ pathway [54]. However, the role of 15d-PGJ<sub>2</sub> in rheumatoid arthritis still remains unclear due to different controversial studies showing the very limited biosynthesis of 15d-PGJ<sub>2</sub> in synovial fluid of patients with RA [41].

**4.2.1.5. PGI<sub>2</sub>.** PGI<sub>2</sub> is produced by vascular endothelial cells and exerts its action through the IP receptor, mainly coupled to the Gs subunit. PGI<sub>2</sub> is a vasodilator, and is abundantly found in synovial fluid in rheumatoid arthritis, acting as a proinflammatory lipid mediator [56,57]. 2,3-dinor-6 keto-PGF<sub>1α</sub>, the main metabolite of PGI<sub>2</sub>, was detected in the urinary levels of patients with RA. Moreover, in mice, treatment with PGI<sub>2</sub> receptor (IP) antagonist ameliorates the symptoms of CIA [58].

**4.2.1.6. PGF<sub>2α</sub>.** PGF<sub>2α</sub> exerts its action through the G protein coupled receptor, the FP receptor, which is mainly coupled to the Gq subunit. Studies have reported the presence of PGF<sub>2α</sub> in the urine of patients with RA [59], affirming that both inflammation and oxidative injury are part of the chronic inflammatory disease, such as RA.

**4.2.1.7. 8-iso-prostaglandin  $F_{2\alpha}$ .** 8-iso-prostaglandin  $F_{2\alpha}$  (8-iso-PGF $_{2\alpha}$ ) is an isoprostane derived mainly by the free radical peroxidation of AA, and it is considered as a biomarker of the oxidative stress. Increased levels of 8-iso-PGF $_{2\alpha}$  have been found in RA and in different pathologies [60].

#### 4.3. 5-LOX; 12-LOX; 15-LOX pathway in RA

AA can be a substrate for different enzymatic pathways, such as: 5-LOX, 12-LOX and 15-LOX. AA is metabolized by 5 LOX in LTA $_4$ , LTB $_4$ , LTC $_4$ , and LTE $_4$  (Fig. 2). Both 15-Lipoxygenase (15-LO) and 5-lipoxygenase (5-LO) are expressed in RA synovium [32]. Liagre demonstrated that platelet type 12-lipoxygenase (12-LOX) is expressed in human RA type B synoviocytes [15], and its activity is enhanced by IL-1 $\beta$  and TNF- $\alpha$ .

Leukotrienes are important lipid mediators with a key role in the pathogenesis of inflammation. They are divided in two groups: leukotriene B $_4$  (LTB $_4$ ) and cysteinyl leukotrienes (CysLT: LTC $_4$ , LTD $_4$ , LTE $_4$ ), respectively. Specifically LTB $_4$  is a potent chemotactic arachidonic acid mediator, responsible of leukocyte recruitment and amplification of the inflammatory response. It is mainly produced by neutrophils, macrophages and mast cells [15,61] and is highly present in synovial fluid and serum of patients with active RA. LTB $_4$  enhances the neutrophil-dependent increased microvascular permeability [62] and exerts its activity by coupling to the LTB $_4$  G-protein coupled receptors, respectively BLT1 and BLT2. BLT1 was found in different cells as dendritic cells, osteoclasts and T cells. Furthermore BLT-1 deficient mice showed greatly reduced phenotypes in rheumatoid arthritis [63]. Data from Xu S et.al have demonstrated that LTB $_4$  contributes to RA through regulation of TNF $\alpha$  and IL1 beta, probably mediated by BLT2 receptor [64]. Moreover, it was demonstrated that in an autoantibody-induced inflammatory arthritis model, the BLT2 $^{-/-}$  mice showed reduced incidence and severity of RA, introducing a novel therapeutic target in treating inflammation in arthritis [65]. Despite the role of LTB $_4$  in RA, several studies have demonstrated no significant effect of LTB $_4$  receptor antagonist on RA, suggesting that LTB $_4$  does not play a major role in the inflammatory processes in RA [66].

Koshihara et.al. group demonstrated that other leukotrienes such as LTD $_4$ , and LTE $_4$  were detected in synovial fluid in patients with RA [67], suggesting that the 5-LO pathway contributes to inflammatory processes in RA.

Lipoxins, instead have been shown to display anti-inflammatory properties. LXA $_4$  and 15-*epi*-LXA $_4$  exert their effects by binding to a G-protein coupled receptor, specifically ALXR, which is expressed in synovial fibroblast, and its activation brings to the resolution of inflammation [68], inhibiting the NF- $\kappa$ B in human leukocytes, and IL-6 expression in human synovial fibroblasts. LXA $_4$  has an essential role in the control and recruitments of neutrophils during inflammation [14]. Serhan et. al [69] demonstrated that LXA $_4$  protect rabbits from tissue damage, whereas other studies suggest that patients with anti-inflammatory drug therapy have higher levels of lipoxins, due to the long term benefits of the therapy [70]. Two isoforms of 15-LO were discovered, respectively 15 LO-1 isoform, was detected in synovial tissue, fibroblast and endothelial cells [32], whereas the 15-LO-2 has been found in infiltrating macrophages in human carotid plaques [71].

Evidences have demonstrated that 15-hydroxyeicosatetraenoic acid (15-HETE), generated by the 15-LOX, displays anti-inflammatory properties, reducing LTB $_4$  concentration in the synovial fluid [72], promoting osteoclastogenesis. However, different studies suggest a pro-inflammatory role of 15-LOX, by inhibiting the 5-LOX and 12-LOX enzyme activity [73]. Moreover, 15-S-hydroxyeicosatetraenoic acid (15-(S)-HETE), increased the expression of placenta growth factor expression (PLGF) in human rheumatoid arthritis.

#### 4.4. Cytochrome P450 epoxygenase pathway and RA

The epoxyeicosatrienoic acids (EETs), are arachidonic acid metabolites catalyzed by cytochrome (CYP) P450 epoxygenases. Four epoxyeicosatrienoic acid (EET) regioisomers, 5,6-, 8,9-, 11,12-, and 14,15-EET, are formed and they function as lipid mediators, playing an important role in inflammation (Fig. 3). CYP2C and CYP2J enzymes are the principal isoforms that catalyze EETs formation [74]. From the other hand, CYP4 metabolize AA to 20-HETE. The EETs possess potent anti-inflammatory properties due to the suppression of NF- $\kappa$ B activation [75] and they are negatively correlated with different pro-inflammatory cytokines (IL-1, IL-6, IL-8, TNF- $\alpha$ ), which instead promote bone resorption and osteoclastogenesis [76,77]. EETs inhibit osteoclastogenesis through different pathways and can be considered as a novel therapeutic strategy for osteoclast-related disorders, such as rheumatoid arthritis [77].

#### 4.5. Pro-resolving lipid mediators

Resolving D5 and maresin 1 are two pro-resolving lipid mediators that derive from the omega-3 polyunsaturated fatty acids and display anti-inflammatory activity, reducing the joint damage and contributing to the resolution of inflammation. Lima-Garcia et.al. have demonstrated that 17 (R) HDoHE, a derivative of resolving D5 displays anti-hyperalgesic properties in CIA rats [78].

### 5. RA therapy and arachidonic acid metabolites: past, present and future

NSAIDs are used in rheumatoid arthritis to suppress inflammation and alleviate pain. They act by inhibiting COX, which is the enzyme responsible of the transformation of AA into different metabolites such as prostaglandins and thromboxane. Traditional NSAIDs, such as the gold standard aspirin were used to alleviate pain and suppress inflammation in many forms of arthritis. NSAIDs decrease the PGE $_2$  synthesis, however, currently not all NSAID are used for the treatment of RA. Traditional NSAIDs can cause gastrointestinal side effects such as gastric ulceration and bleeding, and all traditional NSAIDs other than aspirin are associated with increased cardiovascular risk [79].

COXIBs were developed to minimize the gastrointestinal risk associated with the use of traditional NSAIDs. COX-2 is highly induced in synovial tissues, mainly by IL-1 therefore after the development of COX-2 inhibitors (rofecoxib, celecoxib, etericoxib) there were great expectation on these compounds. A body of evidence demonstrated an increase of cardiovascular risk in

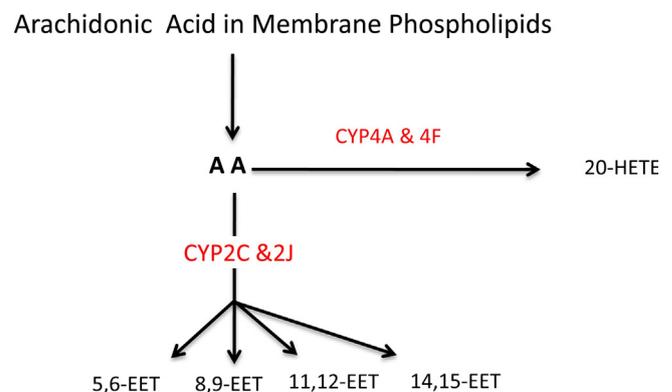


Fig. 3. The biosynthetic pathways for 20-HETE and EETs.

patients that were taking a COXIB in respect to those taking a conventional NSAID, leading to the market withdrawal of several COXIBs, limiting the use of COXIBs in RA patients, considering that the majority of these patients have also other risk factor, to develop myocardial infarction and ischemic stroke. Moreover, several studies have demonstrated that some non selective NSAIDs such as diclofenac and indomethacin, and celecoxib, a COX-2 selective inhibitor induce apoptosis in synovial fibroblast of RA patients, suggesting that they may also act as DMARD drugs other than displaying their traditional anti-inflammatory effect [80,81,14].

Considering that rheumatoid arthritis leads to oxidative stress and that traditional non steroidal anti-inflammatory drugs cannot stop the interaction of isoprostanes with the TXA<sub>2</sub> receptor (TP $\alpha$  receptor), produced in RA, a new innovative class of dual compounds with a double activity (COX-2 inhibitors/TP antagonist) can be considered as an alternative approach for patients with chronic inflammatory disease such as rheumatoid arthritis [82,83].

mPGES-1 is an important pharmacological target for the treatment of rheumatoid arthritis. Kojima group demonstrated that COX-2 inhibitors decrease PGE<sub>2</sub> production also by reducing mPGES expression in activated RASFs, however, as mentioned above, these compounds can give rise to cardiovascular events. Inhibitors of mPGES-1 may be an innovative treatment for rheumatoid arthritis, an alternative to non steroidal anti-inflammatory drugs, reducing PGE<sub>2</sub> production without affecting thromboxane and other prostaglandins levels. Considering that neither anti-TNF therapy, nor the B-cell depletion therapy such as rituximab could not suppress mPGES-1 or COX expression [84] the COX-mPGES pathway still remains active, hence targeting the PGE<sub>2</sub>, by reducing its levels, or modulating the EP receptor signalling could be a potential RA treatment [14].

Different animal studies have demonstrated that retrovirally transfected PGDS cDNA, suppress the inflammatory responses, implying a potential role in the inflammatory disease such as rheumatoid arthritis [85].

Despite Kawahito et.al findings [20] that 15d-PGJ<sub>2</sub> suppresses inflammation in CIA, Bell-Parikh et.al [55] showed that in a group of six rheumatoid arthritis patients, 15d-PGJ<sub>2</sub> was not detected in the synovial fluid. However PGD<sub>2</sub> pathway can be a future therapeutic target for RA because of its anti-inflammatory effects.

Lipoxygenase inhibitors (LO inhibitors), could be a potential target for treating RA. LT antagonist can be used as anti-inflammatory therapy for rheumatoid arthritis. MK-886 is a LTB<sub>4</sub> synthesis inhibitor, and studies have shown a reduction of the pro-inflammatory cytokines, articular inflammation and joint destruction in a murine model of collagen induced arthritis [14,86]. As previously mentioned the findings of Mathis et.al have shown a reduction of the incidence and severity of RA in BLT2<sup>-/-</sup> mice, which can bring to a new class of drugs to treat inflammation in RA by targeting BLT2 receptor. Despite that, there is a scarce experience with 5-LO and LTB<sub>4</sub> inhibitors in RA. Zileuton, a 5-LO inhibitor did not show any significant role in the improvement of the swollen joints in RA. Diaz- Gonzalez et.al demonstrated that treatment of RA patients with an oral long-acting LTB<sub>4</sub> receptor antagonist, BIIL 284 was modest, supporting the conclusion that LTB<sub>4</sub> is not a major inflammatory mediator in RA in humans [66].

Developing a hybrid drug, targeting both COX and 5-LOX activity was retained to be a satisfactory approach for treating RA. Tenidap was developed by Pfizer as COX/5-LOX inhibitor, but in 1996 FDA did not approve the use of Tenidap in RA, because of kidney and liver toxicity associated with the use of the drug.

Taken together, the findings of these studies suggest that targeting the eicosanoid pathway is important for the development of a novel class of drugs, however, the role of AA metabolites in RA needs further elucidation.

## 6. Conclusion

Despite the complexity of AA cascade, future therapeutic targets for RA should be directed towards the eicosanoid pathway.

Increasing the levels of anti-inflammatory AA mediators such as PGD<sub>2</sub>, 15dPGJ<sub>2</sub>, lipoxins, and inhibiting the production of pro-inflammatory eicosanoids, by using inhibitors of mPGES-1, PGE synthase, probably preventing cardiovascular diseases, can be an innovative approach for the treatment of rheumatoid arthritis.

From the other hand, developing a hybrid compound which can target at least two arachidonic acid pathway mediators, enzymes, or receptors could be a potential pharmacological approach for RA, such as a hybrid COXIB/TP antagonist compound. The NSAID story is a rise and fall story, and a third generation of NSAID could be of particular interest for RA patients. Nanocarriers, which are nanomaterials used for transporting another substance, can be useful in controlling the drug delivery to the inflamed synovium, reducing the bio distribution of anti-rheumatic drugs [87]. Further studies are needed to explore the implication of both proinflammatory and anti-inflammatory pathway in RA.

Despite the success of DMARDs and anticytokine therapy in rheumatoid arthritis there are still limiting factors such as: the safety concerns, high cost, treatment failure etc. The discovery of anti-cytokine therapy has provided greater possibility of controlling RA, although there are still problem on behalf. Rituximab, a biological agent did not reduce neither the expression of IL-6 and IL-1 $\beta$  nor the levels of COX-1, COX-2 and m-PGES-1 [88], suggesting that the role of eicosanoids in RA is important for optimizing pharmacotherapy in patients with RA, maybe by using a potent antagonist of the PGE<sub>2</sub> production, or probably a hybrid COXIB/TP compound. Moreover, the administration of stabilized endogenous levels of EETs could represent a new pathway for RA, taking also in consideration that EETs also prevent the reactive oxygen species (ROS) production.

In summary, at this time we lack the ideal drug form RA patients and maybe by targeting the eicosanoid pathway we can reach the ultimate goal: to achieve the right drug, at the right dose, minimizing the side effects.

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## Conflict of interests

The author declare no conflict of interests.

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