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## T cell large granular lymphocyte leukemia and chronic NK lymphocytosis



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## ABSTRACT

Large Granular Lymphocyte Leukemia (LGLL) is a rare chronic lymphoproliferative disorder characterized by the clonal expansion of Large Granular Lymphocytes (LGLs). Among LGLL, the 2016 WHO classification recognizes two different entities, i.e. T-LGLL and the provisional entity Chronic Lymphoproliferative disorder of NK cells (CLPD-NK). In both subtypes neutropenia represents the hallmark of the disease and is frequently regarded as the leading reason to start treatment. Leukemic LGLs are characterized by the up-regulation of several pro-survival signaling pathways, the most relevant being the JAK-STAT axis, whose constitutive activation is partly explained by somatic mutations in *STAT3* and *STAT5b*. In addition, in the last few years, a relationship between *STAT3* mutations/activation and the development of neutropenia was found. Given that backbone treatment relying on immunosuppressive agents is generally unsatisfactory, novel agents targeting the JAK/STAT pathway can represent a turning point in LGLL treatment.

### Introduction

Large Granular Lymphocyte Leukemia (LGLL) is a rare chronic lymphoproliferative disorder characterized by the clonal expansion of Large Granular Lymphocytes (LGLs) [1]. Since its original description, LGLL has represented a matter of controversy, because LGL proliferations include a large spectrum of disorders ranging from polyclonal, usually self-limiting lymphocytosis, to indolent clonal expansions, until symptomatic aggressive treatment requiring disease [2–6].

Among LGLL, the 2016 World Health Organization (WHO) classification recognizes two different and well separated entities, namely T-LGLL and the provisional entity Chronic Lymphoproliferative disorder of NK cells (CLPD-NK) [7]. Besides the more common indolent subtypes of LGLL, rare aggressive variants of T/NK disorders have been reported, namely Aggressive NK cell Leukemia and NK lymphoblastic leukemia, but these entities are out of the scope of this review. Although derived from distinct cell lineages, both T-LGLL and CLPD-NK are morphologically similar and are characterized by the accumulation of large granular lymphocytes related to a mature cytotoxic effector type. Besides, in both disorders, cytopenias and other comorbidities are often associated and the management is actually superimposable, entailing a careful observation of chronic lymphocytosis or immunosuppressive regimen [8]. The etiopathogenesis of the disease is still unknown but most authors hypothesize that a viral or auto-antigen is responsible for an initial lymphocyte proliferation then sustained by the aberrant activation of anti-apoptotic signaling

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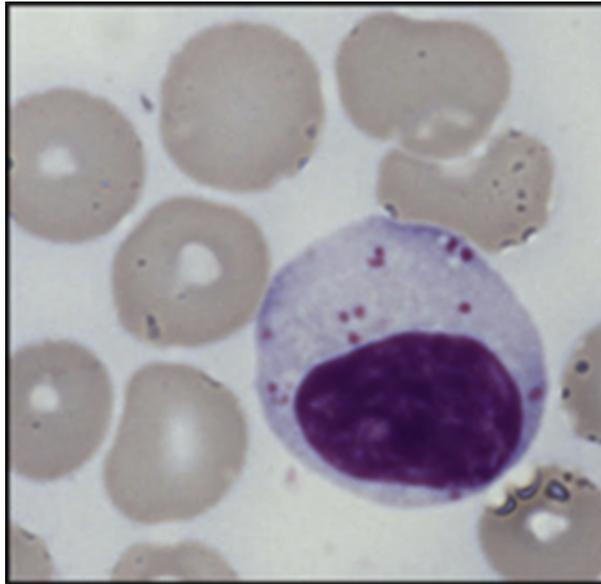


Fig. 1. Peripheral blood smear representing classical Large Granular Lymphocyte morphology detected in T-LGLL and CLPD-NK.

pathways.

Given the similarities in terms of pathogenesis, clinical features and treatment, traditionally LGL disorders were considered two sides of the same disease. However, recent evidence supports the idea that the pathogenesis of the disease is even more complex than expected.

According to the 2016 WHO classification mentioned above, T-LGLL, sustained by the proliferation of  $CD3^+$  T-LGLs, is the most frequent variant of the disease and represents approximately 85% of LGLs proliferations. CLPD-NK and ANKL are regarded as two distinct clinical pathological entities within the  $CD3^-$  NK-cells lymphoproliferative diseases. CLPD-NK (~10% of cases) affects mainly the western population, while ANKL (< 5% of LGLs disorders) has a distinct geographic distribution, with the most prevalence among East Asian populations.

T-LGLL and CLPD-NK share an indolent and chronic disease, with similar clinical and biological features. Despite arising from different cell lineages, the discovery of the same genetic lesions, both in leukemic T-LGLs and NK cells, suggests a common pathogenetic mechanism unifying these two lymphoproliferative disorders. In contrast, ANKL is characterized by a highly aggressive clinical course and poor prognosis.

LGLs proliferations account for 2%–5% of chronic lymphoproliferative disorders in North America and Europe and for 5%–6% in Asia [4]. Recently, the incidence of LGLL has been published from the Dutch and the American registry, which reported 0.72 cases and 0.2 cases per 1 million individuals per year, respectively [9,10]. T-LGLL and CLPD-NK are commonly diagnosed in elderly patients, with a median age of 60–70 years.

### Diagnosis

The diagnosis of LGLL requires the demonstration of a clonal lymphocytosis of LGLs with the typical morphological features lasting for at least 6 months (Fig. 1). Immunophenotypical analysis is mandatory to define proliferation of LGLs, either  $CD3^+$  (T-LGLL) or  $CD3^-$  (CLPD-NK), as they express characteristic cytotoxic markers like CD16, CD56 and CD57 [1]. T-LGLL is generally sustained by a TCR  $\alpha/\beta$   $CD4^-/CD8^+$  although a  $CD4^+/CD8^{dim/neg}$  variant is described in about 30% of cases [11]. The immunophenotype is also characterized by the expression of CD2, CD45RA, CD122 with LGLs usually displaying a cytotoxic phenotype with the features of terminal effector memory T-lymphocyte ( $CD45RA^+$ ,  $CD27^-$ ,  $CD28^-$ ,  $CD62L^-$ ,  $CCR7^-$ ) [12]. In a minority of cases, the T cell expansion is derived from TCR  $\gamma\delta$  cells displaying a  $V\delta 1/2$  and  $V\gamma 9$  profile.

At variance, CLPD-NK is characterized by a  $CD3^-$  LGLs proliferation  $CD16^+$ ,  $CD56^+$ , with variable CD57 expression. NK LGLs typically display an aberrant NK receptor (NKR) pattern. As a matter of fact, a restricted pattern of Killer Immunoglobulin Like receptor (KIR) is usually present, which is characterized either by a dominant expression of a relevant KIR, or by a lack of KIR expression [13,14]. NK receptors of the CD94-NKG2 family are found at high level on patients' NK cells, usually associated with the inhibitory subunit NKG2A, although in some cases the association with the activating form NKG2C has been reported [15].

The formal proof for diagnosis of LGL leukemia is given by the demonstration of clonality. In T-LGLL this is provided by TCR $\gamma$  gene rearrangement analysis, allowing to distinguish reactive LGL proliferations from truly leukemic disease [16]. Moreover, deep sequencing of TCR has demonstrated a restricted diversity of TCR repertoire [17]. Flow cytometry analysis with monoclonal antibodies (MoAb) against the various  $V\beta$  repertoire of the TCR can be used as a surrogate for clonality by showing the preferential use of one or two TCR- $V\beta$  segments [18]. The current  $V\beta$  panel covers almost 75% of  $V\beta$  repertoire and is strongly associated with

monoclonal CD3 region, although fluctuations in clonal dominance referred to as clonal drift is described up to one third of cases [19].

Given the lack of TCR $\gamma$  rearrangement in NK cells, clonality assessment of CLPD-NK is more complex and can only be provided by the analyses of chromosomal abnormalities or restricted fragment polymorphism of X-linked genes. However, a restricted pattern of KIR expression detected by low cytometry is generally accepted as a surrogate marker of clonality [13,14,20,21].

The diagnosis of LGLL is established by peripheral blood analysis, so bone marrow aspirate and/or biopsy is not recommended and routinely performed as a part of the initial diagnostic work-up. However, in some cases in which the diagnosis is not specified or the etiology of cytopenias is not clear, a bone marrow evaluation is suggested to exclude other bone marrow failure syndromes frequently associated to LGLL such as Myelodysplastic Syndrome (MDS), Aplastic Anemia and Paroxysmal Nocturnal Hemoglobinuria. A classical feature of bone marrow infiltration by LGLL is the presence of lymphoid clusters of CD8+/TIA1+ or granzyme B+ lymphocytes that sometimes can support the diagnosis in ambiguous settings [22].

### Clinical features

As stated before, LGLL usually affects elderly people with a median age of 60 years at diagnosis [4,23,24]. The disease is initially asymptomatic in about 30% of patients, with LGL lymphocytosis being the unique abnormality [2,4], usually within  $1.0\text{--}6.0 \times 10^9/\text{L}$ . Isolated neutropenia (Absolute Neutrophil Count  $< 1.500/\text{mm}^3$ ) represents the clinical hallmark of the disease, affecting 39–62% of patients, with severe neutropenia (ANC  $< 500/\text{mm}^3$ ) characterizing 19–26% of the population [25–27]. Neutropenia favors the onset of oral ulcerations and infections, usually bacterial, involving skin, oropharynx, lung and perirectal areas, blood stream infections may also occur [28]. Acute viral and fungal infections are less common.

Anemia, even transfusion dependent, can be detected in even more variable amounts of patients, ranging from 25 to 49% of cases, with autoimmune hemolytic anemia and Pure Red Blood Cell Aplasia (PRCA) involving a not negligible percentage of patients.

Finally thrombocytopenia is less frequent, observed approximately in 20% of cases [25–27]. Fatigue and B symptoms (fever, night sweats, weight loss) are observed in nearly 25% of patients. Splenomegaly is reported in 20–50% of cases while lymphadenopathy is rare [29].

A peculiar feature of the disease is the association with autoimmune disorders, both hematological (autoimmune hemolytic anemia, immune thrombocytopenia) and non-hematological (like rheumatoid arthritis, detected up to 30% of patients). The disease frequently coexists with secondary neoplasm, mostly hematological as plasma cell dyscrasias, non-Hodgkin lymphomas and Myelodysplastic Syndromes (Table 1).

### Etiology

The effector-memory phenotype of leukemic LGLs suggests that the initial step triggering the expansion of these cells could be represented by a chronic antigenic stimulation, likely mediated by an auto-antigen or a viral peptide [11,30]. According with this hypothesis, a peculiar association with autoimmune disorders [31,32] or the concurrence of chronic viral infections such as HCV, CMV and EBV, have been documented in LGLL patients [33,34].

In addition, serological studies demonstrated a cross-reactivity to HTLV epitopes, more specifically toward the envelope protein BA21, in approximately 30–50% of patients [35–37]. Although HTLV infection has been described only occasionally [38], the high incidence of BA21 sera reactivity observed in these patients suggests that the exposure to a protein containing a homology domain to BA21 may have a role in the pathogenesis of this lymphoproliferative disorder. Moreover, these data support the hypothesis of a potential link between viral infection and LGLL development.

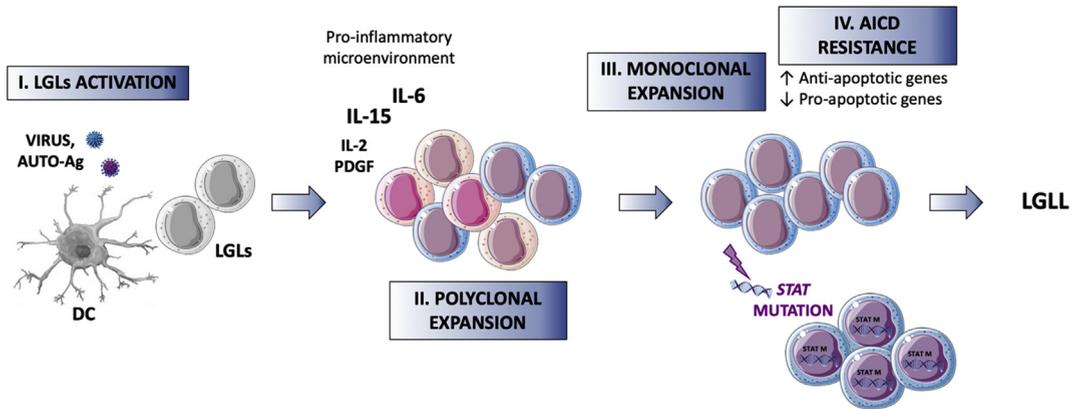
In an effort to elucidate the putative inciting agents involved in LGLs activation, the TCR- $\beta$  complementarity determining region 3 (CDR3) repertoire has been analyzed [39]. Although the data suggest a restricted use of the TCR repertoire in T-LGLL, no common antigens have been recognized, suggesting that a unique antigen driving LGL leukemia may be unlikely. Therefore, the etiology of the disease still remains elusive.

### Pathogenesis

Despite the pathogenesis of LGLL is still not completely understood, it is supposed to result from a sequential multi-step process

**Table 1**  
LGLL associated hematological and non-hematological diseases.

Hematological diseases	%	Non Hematological diseases	%
B cell Non Hodgkin Lymphomas	5	Solid neoplasms	5
Plasma Cell Dyscrasias	10–20	Rheumatoid Arthritis	10–30
Myelodysplastic Syndromes	3–4	Sjögren Syndrome	2
AIHA = autoimmune hemolytic anemia	5–10	Endocrinopathies	4
ITP = immune thrombocytopenia	5	Vasculitis	3–4
PRCA	3	Polymyositis	< 1
Acute Myeloid Leukemia	< 1	Pulmonary Hypertension	< 1



**Fig. 2.** Synthetic representation of LGLL pathogenesis. The first step of large granular lymphocytes (LGLs) proliferation is related to a chronic viral or auto-antigen stimulation, leading to LGLs activation and, firstly, to an oligoclonal expansion. LGLs proliferation is sustained by the chronic stimulation of pro-inflammatory cytokines (IL-2, IL-15, IL-6, IL-18) and platelet-derived growth factor (PDGF). A third event leads to a monoclonal expansion that obtains a resistance to the physiological mechanism of activation induced cell death (AICD). The escape to AICD could be related to a dysregulation of pro- and anti-apoptotic genes expression and to the insurgence of genetic lesions, i.e. STATs mutations, which promote the survival and the maintenance of the neoplastic clone, leading to the establishment of a chronic LGLs proliferation, referred as LGLL.

(Fig. 2). The triggering event of LGLs proliferation is likely related to a chronic antigenic stimulation, leading to an initial polyclonal LGLs expansion [40]. Immunohistochemical analysis, performed on bone marrow (BM) biopsies of LGLL patients, showed the presence of a direct contact between leukemic LGLs and dendritic cells (DC), in contrast to healthy controls in which these cells present a random distribution. Moreover, the proliferative response of discrete LGL populations to DC stimulation suggested the presence of a specific antigen within BM DC. These data support the role of DC in the pathogenesis of this disease and lead to hypothesize that the BM environment represents the site where the pathological proliferation is triggered [41].

Activated LGLs proliferate, giving rise to an initial polyclonal expansion. LGLs proliferation is subsequently sustained by a pro-inflammatory microenvironment, which plays a central role in LGLs survival by promoting the activation of several pro-survival signaling pathways. This chronic stimulation is mediated by pro-inflammatory cytokines, including interleukin (IL)-2, IL-6, IL-15, IL-18 and platelet-derived growth factor (PDGF) [42–47].

A computational network model suggested that constitutive activation of IL-15 and PDGF is sufficient to reproduce all known molecular alterations in LGLL [46]. In detail, IL-15 is crucial for LGL survival and proliferation, since it triggers the transcription of anti-apoptotic protein, like Bcl-2, and the down-modulation of the pro-apoptotic protein Bid through proteasomal degradation [48]. The relevance of this cytokine in the pathogenesis of LGLL has been demonstrated also *in-vivo*, since transgenic mice lacking post-transcriptional control of IL-15 gene expression develop a CD3+TCR $\alpha/\beta$ + T-cell leukemic expansion [49]. Moreover, it has been shown that an *in-vivo* prolonged IL-15 stimulation lead to the development of LGLL in mice [43].

A third event might be responsible for the selection of LGLs monoclonal expansion. In physiological conditions, upon antigen clearance, activated cytotoxic cells are selectively eliminated through a process referred as activation induced cell death (AICD), which represents a crucial mechanism to maintain the immune homeostasis. In LGLL patients, instead, the AICD process is dysfunctional and activated LGLs cannot undergo apoptosis efficiently [30,50]. One of the mechanisms implicated in AICD resistance deals with the Fas-mediated apoptosis escape. Indeed, activation of LGLs induces the up-regulation of Fas and Fas Ligand (FasL) proteins, which are involved in the induction of AICD. However, despite the abundant and constitutive expression of Fas and FasL on their surface, leukemic LGLs are resistant to Fas-mediated apoptosis. Interestingly, this resistance cannot be attributed to loss of function mutations in *FAS/FASL* genes [50,51] but is rather related to elevated levels of a soluble form of Fas (s-Fas) detected in patients' sera, which may act as a decoy receptor for FasL, resulting in the Fas-resistant phenotype of leukemic LGLs [52]. An impaired death-inducing signaling complex (DISC) formation was also reported in leukemic LGLs. Usually, DISC formation represents the immediate downstream event of Fas–FasL cross-linking and is a prerequisite for Fas-mediated apoptosis. However, in pathological LGLs, the over-expression of the DISC inhibitory protein FLIP is thought to impair DISC formation, thus preventing Fas-mediated apoptosis [30].

In addition to the Fas/FasL axis, other signaling pathways, including JAK/STAT, NF- $\kappa$ B, Ras/MEK/ERK, PI3K/AKT pathways and the sphingolipid rheostat, are reported to be dysregulated in leukemic LGLs. Consistently, gene-profiling analyses have shown that the acquired resistance to AICD results from the up-regulation of pro-apoptotic genes and to the down-regulation of anti-apoptotic genes, compared to non-leukemic activated LGLs [53,54].

Among the several deregulated pathways described in leukemic LGLs, one of the most investigated is the JAK/STAT axis, a pro-survival signaling pathway involved in the different processes, like apoptosis, cell cycle and proliferation, cellular transformation, and inflammation [55]. Indeed, STAT3 constitutive activation represents a hallmark of leukemic LGLs being demonstrated that the inhibition of its transcriptional activity leads to a decrease in MCL-1 expression and restores apoptosis of leukemic cells [56]. The discovery, in 2012, of activating *STAT3* somatic mutations that confer increased transcriptional activity contributed to uncover the pathogenesis of this disease. Precisely, in patients harboring these mutations all downstream target genes of the STAT3 pathway were

up-regulated [57]. In 2017, the 2016 WHO classification has been updated with the inclusion of information related to the mutations of the JAK-STAT pathway, more specifically in *STAT3* and *STAT5b* genes. Moreover, it is highlighted that *STAT5B* genetic lesions are associated to a more aggressive disease [58].

Although these genetic lesions were reported to induce a constitutive *STAT3* activation, different studies have shown that almost all LGLL patients are characterized by the activation of the JAK/STAT pathway, even without the presence of somatic mutations in the *STAT3* gene. Exome sequencing study performed on three *STAT3* wild-type patients, showed an activated *STAT3* pathway even without the presence of mutations, indicating that LGLL patients are characterized by the activation of *STAT3* responsive genes [59]. Among the non-mutational mechanisms accounting for *STAT3* activation, persistent stimulation by IL-6, which is the most important *STAT3* activating factor, has been reported to play a crucial role. Indeed, high levels of this cytokine were detected in LGLL patients' plasma, as compared with healthy controls [44]. Leukemic LGLs are also characterized by an epigenetic down-regulation of *SOCS3*, leading to the lack of the physiological inhibitory feedback mechanism controlling *STAT3* activation. This finding suggests that both intrinsic and extrinsic mechanisms cooperate to keep up *STAT3* activation even in *STAT3* wild-type patients, thus playing a role in LGLL pathogenesis [44].

### Genetic landscape

Karyotype abnormalities in T-LGLL and CLPD-NK are not currently detected, also as consequence of the difficulty to grow these cell *in vitro*. Less than 10% of patients display distinct chromosomal aberrations, including 12p and 14q inversion, 5q deletion, and trisomy of 3, 8, and 14 chromosomes [24].

Notably, the presence of *STAT3* mutations has been documented in 11–73% of patients with T-LGLL and in approximately 8–30% of CLPD-NK patients [25,44,57,60,61], the most frequent mutations being Y640F and D661Y, located in the SH2 domain. Activating mutations were also discovered outside the SH2 domain, more precisely in the coiled-coil and DBD domains of *STAT3* [62]. Moreover, some patients harbor *STAT5b* mutations, initially discovered in a small subset (2%) of T-LGLL patients with aggressive behavior but subsequently detected also in 55% of CD4<sup>+</sup>/CD8<sup>dim/neg</sup> T-LGLL patients [63,64].

Although *STAT* mutations represent the most distinctive genetic lesions described in LGLL patients, they are not sufficient to induce LGLL in mice models, suggesting that they do not play a causal role in development of the disease [65]. Consistently, the demonstration has been recently provided that *STAT* mutations represent a secondary event arising either within an already pre-expanded clonotype, or simultaneously with the clonal expansion of the immunodominant TCR V $\beta$  clonotype [66].

In terms of clinical impact of *STAT* mutations, a significant correlation between the presence of *STAT3* mutations and neutropenia/symptomatic disease has been highlighted in several studies [25,60,61,67].

At variance *STAT5b* mutations are reported to have different clinical impacts. According to the immunophenotype of the mutated clone, they represent a signature of aggressive clinical course with a poor prognosis in aggressive CD8<sup>+</sup> T-LGLL and ANKL patients, while they are actually devoid of negative prognostic significance in CD4<sup>+</sup> T-LGLL patients [63,64].

### Pathogenesis of neutropenia

Isolated neutropenia represents the hallmark of the disease, observed in 39–62% of patients, with approximately half of them developing severe neutropenia. Its pathogenesis is still unclear and it is regarded as a multifactorial event, both humoral and cytotoxic mechanisms being involved in this condition.

One of the most supported mechanisms accounting for the development of neutropenia is neutrophils' destruction via Fas-mediated apoptosis. As a matter of fact, leukemic T-LGLs, constitutively express FasL on their surface [51] that plays a central role in the regulation of neutrophil lifespan [68]. Intriguingly, FasL expression itself can be driven by *STAT3* activation [25]. Consistently, a soluble form of FasL (s-FasL) has been found elevated in the sera of LGLL patients and sera from LGLL patients were shown to induce apoptosis *in-vitro* in neutrophils. In addition, the resolution of neutropenia in treated patients was associated to a reduction in s-FasL levels. Taken together, these data suggest a role of FasL in the pathogenesis of neutropenia in LGLL patients [52]. Furthermore, it was recently demonstrated that neutropenic CD8<sup>+</sup> T-LGLL patients were characterized by the CD16<sup>+</sup>/CD56-immunophenotypic signature and by distinctive molecular features, i.e. high levels of *STAT3* activation and FasL expression. More recently it has been shown that microRNA(miR)-146b down-regulation, a molecular signature of neutropenic patients, led to the translation of Human antigen R (HuR), an essential FasL mRNA stabilizer. It has been suggested that HuR protein mediated FasL mRNA stabilization, triggering increased FasL production, in turn leads to neutropenia development. These novel data suggest a direct role of miR-146b in the development of neutropenia reported in a subset of T-LGLL patients, thus representing potential targets for an individualized therapeutic approach [69].

As demonstrated in T-LGLL, a distinctive immunophenotype was identified also in neutropenic CLPD-NK patients. More specifically, dominant cytotoxic NK cells expansions with CD56<sup>dim/neg</sup>/CD16<sup>high</sup>/CD57- phenotype characterize a subset of patients with symptomatic disease and high frequency of severe neutropenia [61]. However, the heterogeneous level of *STATs* activation and the very low incidence of *STAT* mutations observed in these patients lead to hypothesize that different molecular mechanisms might play a role in neutropenia development in CLPD-NK (Fig. 3), including the impairment of granulopoiesis due to BM infiltration by leukemic LGLs, a direct cytotoxicity mediated by NK receptors and TNF- $\alpha$  and IFN- $\gamma$  release [6].

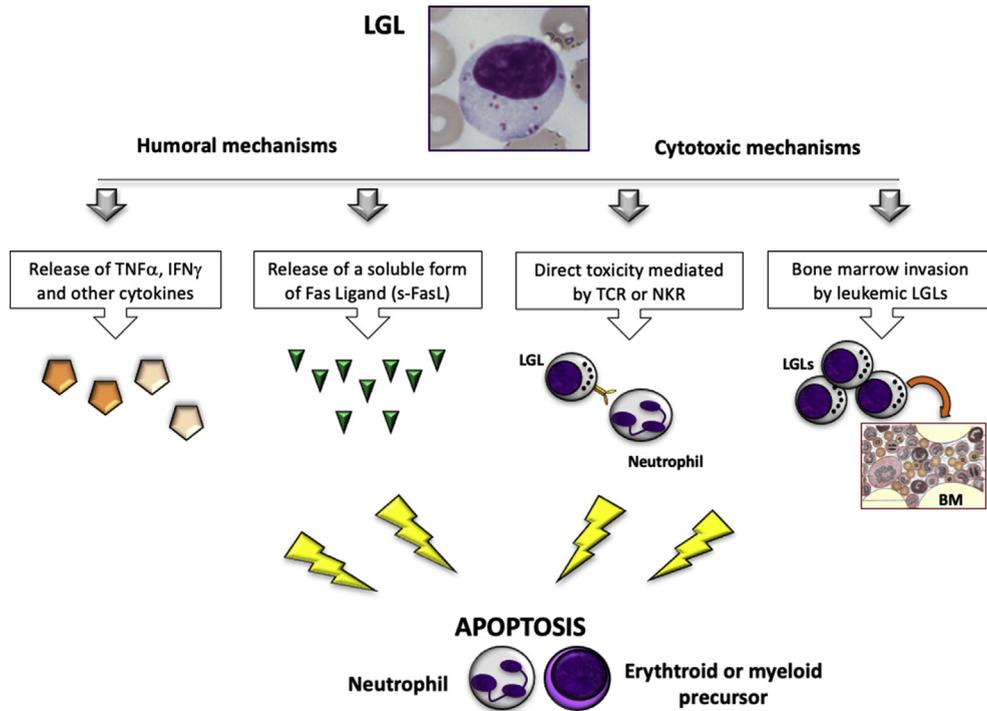


Fig. 3. Schematic representation of the putative mechanisms responsible of the development of cytopenias in LGLL. LGL: Large Granular Lymphocyte. TNF: Tumor Necrosis Factor. IFNγ: Interferon gamma. TCR: T cell receptor.

**Treatment**

Treatment of LGLL is required in presence of symptomatic neutropenia, severe neutropenia, symptomatic or transfusion dependent anemia or presence of concomitant symptomatic autoimmune diseases [8]. Standard treatment of T-LGLL and CLPD-NK is similar and based on immunosuppressive therapy, although the supporting evidence for this approach is limited due to the lack of prospective clinical trials. A minimum of 4–6 months of therapy is mandatory to assess the response. A schematic treatment algorithm is reported in Fig. 4.

First line therapy relies on oral immunosuppressive drugs i.e. methotrexate (MTX) 10 mg/m<sup>2</sup> per week or cyclophosphamide (CTX) 50–100 mg/die. Most of the overall response (OR) and complete response (CR) rates are variable and based on small retrospective studies [8,70].

MTX oral therapy was initially found effective for the treatment of LGLL, with OR and CR rates of 60% and 50% respectively [70]. These data were partially confirmed by the French and Cleveland group experience, with OR rates of 40–50% [26,27].

Oral CTX as first line therapy showed efficacy in a retrospective French-Italian-American experience of 45 patients, with 71% ORR and 47% CR, with 3 patients obtaining a molecular response [71]. Deep sequencing data indicate that CTX retains potential ability to eradicate the clone, reflecting in durable responses [72]. Treatment should be continued no more than 9–12 months to avoid potential Myelodysplastic Syndrome/Acute Myeloid Leukemia complications.

Recently, the results of the first prospective trial of immunosuppressive therapy in LGLL were reported [73]. Fifty-five patients underwent MTX as first line therapy, with 38% ORR. Not responding patients switched to CTX therapy with 64% ORR. Of notice, STAT3 Y640F mutation seemed to predict MTX response, with an ORR of 73%. A randomized trial (NCT01976182) investigating first line therapy with MTX vs CTX is ongoing in France with the aim of determining the best first line choice of therapy in this setting.

Cyclosporine A (CyA) at the 3–5 mg/kg dose is preferentially used for the second line treatment or for patients with severe anemia, with variable ORR (21–100%). Duration of treatment is undefined, as disease usually relapses. In one study, HLA-DR4 haplotype was predictive of CyA response [74].

With the exclusion of immunosuppressive drugs, responses with other agents are erratic and limited to small case series.

Anti CD52 monoclonal antibody Alemtuzumab (Campath®) monotherapy has been recently investigated in relapsed/refractory disease with an ORR of 74% and 47% CR rates [75] but the concerns about toxicities and the difficulties to get the drug limit the use of this therapy in selected cases.

Anti CD20 monoclonal antibody Rituximab has been used in few patients with concomitant RA and T-LGLL, with unexpected responses. Authors suggest that the elimination of B cell expansion and auto-antigens is responsible of LGL clone suppression [76].

Purine analogs like fludarabine, cladribine, pentostatine or bendamustine has been used in less than 50 patients with promising ORR of about 70–80% [26,77,78].

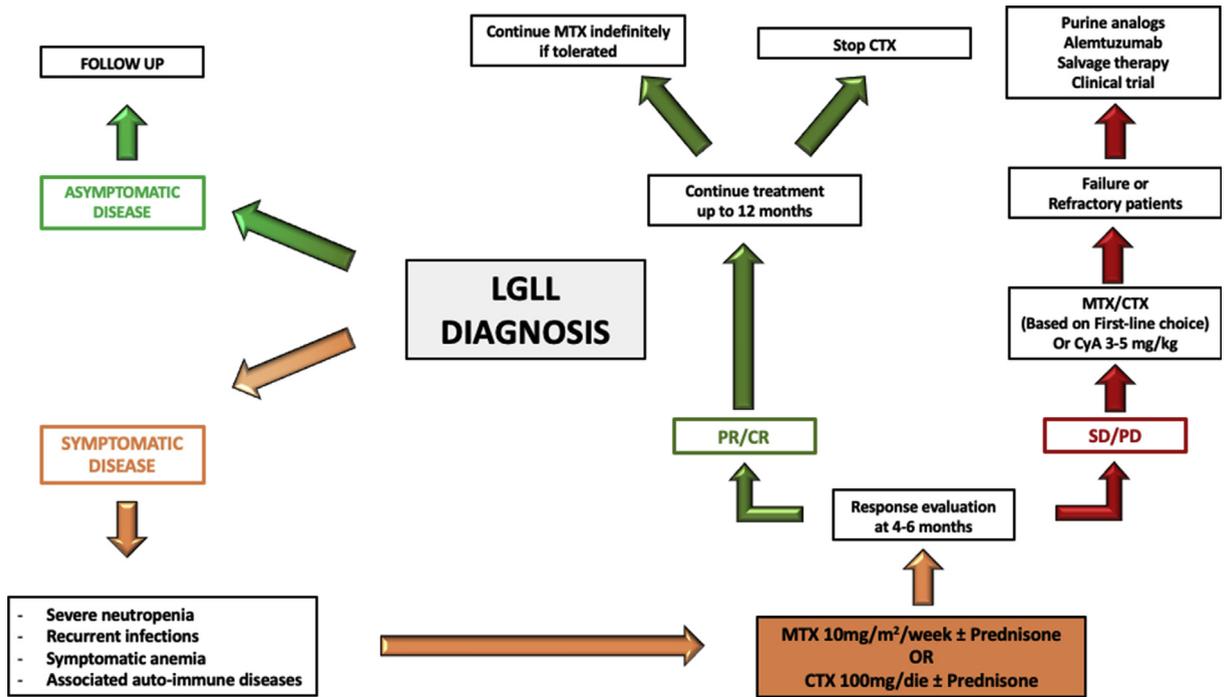


Fig. 4. Treatment algorithm generally accepted in LGLL. MTX: Methotrexate. CTX: Cyclophosphamide. CyA: Cyclosporin A. CR: complete response. PR: partial response. SD: stable disease. PD: progressive disease.

Considering the low quality responses with standard therapies and the several pathways constitutively activated in LGLL, a lot of efforts have been made to find more effective targeted therapies.

Given the crucial role of IL-15 stimulation in LGLL pathogenesis, a phase 1 trial tested the effect of monoclonal antibody blocking IL-15 trans presentation to T cells that express IL-2/IL-15Rb (CD122). Monoclonal antibody Hu-Mikβ1 infusion was safe, but no relevant clinical benefits were achieved [79].

RAS-MAPK constitutive activation was targeted with farnesyltransferase inhibitor (tipifarnib). In a small phase 2 study, 8 patients were treated with tipifarnib without significant clinical benefit, despite bone marrow and hematopoiesis improvement [80].

The discovery of *STAT3* mutation point out the possibility of targeting JAK-STAT pathway in LGLL. Tofacitinib, a JAK3 inhibitor approved for the treatment of refractory RA, was tested in 9 patients (four carrying *STAT3* mutations) affected by concomitant refractory LGLL and RA, with hematological response in 6 patients and neutropenia improvement in 5 out 7 patients [81].

Among the novel therapies, the multicytokine inhibitor BNZ-1 seems to be promising. The drug is a pegylated peptide that specifically binds to the gamma chain receptor, thus inhibiting IL-2, IL-15 and to a lesser extent IL-9 signaling, and demonstrated remarkable activity in cell lines and *ex vivo* patients' LGLs [82].

Finally, the proteasome inhibitor bortezomib, could represent another promising agent for LGLL, given its efficacy in *ex vivo* patients' cells and in LGL model IL-15 transgenic mouse [43,48,83].

**Summary**

LGLL represents a spectrum of clinically and biologically heterogeneous disorders arising from both T Cytotoxic Lymphocytes and NK cells. Among the broad range of disease manifestations, neutropenia is considered the hallmark of the disease and, in most cases, the leading reason to start the treatment. However, responses obtained with standard immunosuppressive agents are unsatisfactory and incomplete, with the disease always invariably relapsing. Moreover, up to now predictive markers of response to immunosuppressive regimens are lacking, therefore the choice of a specific therapy in most cases is more likely to fall randomly.

In the last years, the new insights on the pathogenesis of the disease and, more specifically on the JAK-STAT pathway with the discovery of *STAT3* mutation, seem to be able to overturn the current situation. More specifically, the identification of a connection between *STAT3* activation and neutropenia development, allows for the first time to address toward a targeted therapy in LGLL, supported by the preliminary encouraging results of JAK inhibitor treatment. Additional studies are needed to confirm these data and the integration of biological and clinical knowledge is required to achieve a personalized and effective treatment of LGLL.

**Practice points**

- Large Granular Lymphocyte Leukemia encompasses a spectrum of clinically and biologically heterogeneous disorders.

- Neutropenia represents the hallmark of the disease and frequently the leading reason to start treatment.
- In the last years, a relationship between STAT3 mutations/activation and the development of neutropenia was found.
- Treatment relies on immunosuppressive therapy but responses are generally unsatisfactory and the disease usually relapses.

### Research agenda

- Further efforts are required to identify new effective targeted therapy. Drugs targeting the JAK/STAT pathway can potentially assume a leading role in the treatment of this disease.
- Aside *STAT3* mutations, *STAT5b* mutations were recently discovered and apparently associated with both rare aggressive T-LGLL variant and indolent CD4<sup>+</sup> T-LGLL. Additional studies should clarify the pathogenetic role of these mutations in LGLL.
- The frequency of *STATs* mutations in CLPD-NK is lower towards its CD3<sup>+</sup> counterpart, thus hypothesising a secondary role of JAK-STAT pathway in this variant. A deepen molecular dissection of CLPD-NK represents an attractive subject of study.

### Conflicts of interest

The authors declare no competing financial interests.

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