



# Diagnostic performance of $^{68}\text{Ga}$ -PSMA PET/CT for identification of aggressive cribriform morphology in prostate cancer with whole-mount sections

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## Abstract

**Purpose** To explore the diagnostic performance of  $^{68}\text{Ga}$ -PSMA PET/CT for identification of pathological cribriform morphology in prostate cancer (PCa).

**Methods** The study retrospectively enrolled 49 PCa patients who had undergone preoperative multiparametric MRI (mpMRI) and  $^{68}\text{Ga}$ -PSMA PET/CT, and who had Gleason pattern (GP) 4 and absence of GP 5 on radical prostatectomy specimens. Lesions with GP 4 were outlined and stratified according to their cribriform status. Volumes of interest were drawn on matched mpMRI and PET images, and parameters including average apparent diffusion coefficient ( $\text{ADC}_{\text{mean}}$ ), tenth percentile ADC ( $\text{ADC}_{10\%}$ ) and maximum standardized uptake value ( $\text{SUV}_{\text{max}}$ ) were derived. The Mann-Whitney *U* test was used for continuous variables and the chi-squared test for categorical variables. Receiver operating characteristic analysis was used to compare imaging parameters in identifying cribriform morphology. The associations between cribriform-positive PCa and imaging variables were evaluated in a univariate analysis using a logistic regression model.

**Results** A total of 62 lesions were identified in 49 patients with GP 4. Of these lesions, 37 (59.7%) in 34 patients (69.4%) showed cribriform morphology.  $\text{ADC}_{\text{mean}}$  and  $\text{ADC}_{10\%}$  were similar between cribriform-positive and non-cribriform groups ( $P > 0.05$ ), while  $\text{SUV}_{\text{max}}$  was significantly different (median  $\text{SUV}_{\text{max}}$  18.3 vs. 9.4 per patient,  $P = 0.003$ , 18.2 vs. 7.2 per lesion,  $P < 0.001$ ), yielding sensitivities and specificities of 76% and 86% in a per-patient analysis, and 77% and 88% in a per-lesion analysis, respectively. Further, PSMA was significantly overexpressed in cribriform-positive PCa ( $P = 0.003$ ).  $\text{SUV}_{\text{max}}$  was a significant predictor of cribriform morphology in PCa (odds ratio 8.61, 95% confidence interval 4.96–25.27, per patient; odds ratio 11.93, 95% confidence interval 6.49–33.74, per lesion; both  $P < 0.001$ ).

**Conclusion**  $^{68}\text{Ga}$ -PSMA PET/CT effectively identifies the aggressive cribriform morphology in PCa.

**Keywords** Prostate cancer · Multiparametric MRI ·  $^{68}\text{Ga}$ -PSMA PET/CT · Cribriform morphology

Jie Gao, Chengwei Zhang and Qing Zhang contributed equally to this work.

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## Introduction

Prostate cancer (PCa), the most common cancer type and a major cause of cancer mortality in men in Europe and the United States, is a histologically heterogeneous and frequently multifocal disease [1, 2]. The Gleason scoring system, which scores the PCa pattern from 1 to 5 on the basis of the microscopic architecture, has guided the grading and risk stratification of PCa for over 50 years [3]. Cribriform morphology, a subtype of Gleason pattern (GP) 4, is recognized as a more aggressive and often more lethal architecture than non-cribriform morphologies of GP 4 (mainly fused and poorly formed architecture) [4, 5]. Over the past few years, many studies have demonstrated that cribriform-positive PCa is associated with an increased risk of lymph node invasion [6], distant metastasis [7], biochemical recurrence [8] and cancer-specific survival [9]. Hence, correct identification of the cribriform status of PCa is crucial for clinical decision-making.

Multiparametric magnetic resonance imaging (mpMRI) is currently regarded as the best imaging method to noninvasively identify and characterize PCa [10]. On the basis of level 1 evidence, mpMRI has recently been shown to improve the diagnosis of clinically significant PCa, and to help avoid unnecessary biopsies and the diagnosis of nonsignificant PCa [11, 12]. However, cribriform-predominant tumors are less visible [13], and in one study only 17% lesions of pure cribriform morphology were visible on MRI [14]. In a study comparing different biopsy techniques for the detection of cribriform morphology including MRI/ultrasonography fusion targeted biopsy, systematic biopsy and systematic plus targeted biopsy using radical prostatectomy (RP) as the reference standard, the combined approach demonstrated low sensitivity and specificity [14]. Promisingly, some parameters derived from apparent diffusion coefficient (ADC) maps such as average ADC ( $ADC_{mean}$ ) and tenth percentile ADC ( $ADC_{10\%}$ ), have been found to be significantly correlated with Gleason score (GS) [15, 16]. However, there was no significant difference in  $ADC_{mean}$  between cribriform-positive PCa and non-cribriform PCa [13, 17]. Due to the poor performance of mpMRI for identifying cribriform morphology, advanced imaging techniques are needed.

Positron emission tomography with prostate-specific membrane antigen ligands (e.g.  $^{68}\text{Ga}$ -PSMA-11) is a relatively new nuclear imaging modality with highly promising performance for the detection of recurrent PCa [18–22], the diagnosis of primary PCa [23] and the evaluation of PCa aggressiveness [24, 25]. Indeed, increased pathological PSMA expression is correlated with tumor grade, pathological stage and biochemical recurrence [26], while tracer uptake on PSMA PET imaging is concordant with histologically determined PSMA expression [27]. Because of the usefulness of PSMA PET/CT for evaluating the aggressiveness of PCa, we hypothesized that

PSMA PET/CT could be valuable for diagnosing aggressive cribriform morphology, an application that has not previously been studied.

In this study, we evaluated the ability of  $^{68}\text{Ga}$ -PSMA PET/CT to distinguish cribriform-positive PCa from non-cribriform PCa in a consecutive cohort of men who had undergone surgical treatment.

## Materials and methods

### Patients

A total of 316 consecutive patients who had undergone RP between November 2017 and December 2018 were retrospectively identified. The inclusion criteria were as follows: (a) pathological diagnosis of prostate adenocarcinoma and availability of complete whole-mount step-section pathological slices; (b) preoperative 3.0 T mpMRI and  $^{68}\text{Ga}$ -PSMA PET/CT within 3 months of surgery; (c) no neoadjuvant therapy before surgery; and (d) prostate cancer with GP 4 and absence of any GP 5 on final pathology. A flow chart of patient selection is shown in Fig. 1. Finally, a total of 49 patients were enrolled. Institutional review board approval was obtained and the study protocol was approved by the Ethics Committee of Nanjing Drum Tower Hospital (no. 2017-147-01), and all patients provided signed informed consent.

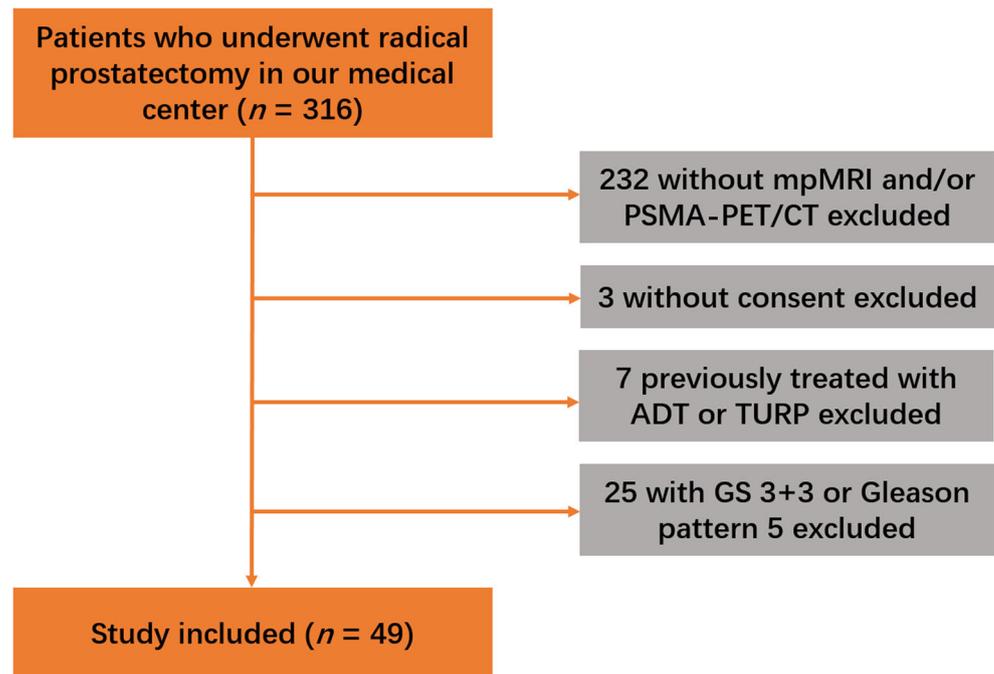
### MRI examination

MpMRI examinations of the prostate were performed with a 3.0 T MR scanner (Achieva 3.0 T; Philips Medical Systems, The Netherlands) using a 32-channel phased-array coil. No endorectal coil was used. T2-weighted turbo spin-echo images (T2WI), diffusion-weighted spin-echo echo-planar images (DWI) with multiple  $b$  values (0/50/800/1,500  $\text{s}/\text{mm}^2$ ) and T1-weighted high-resolution isotropic volume with fat suppression after injection of 0.1 mmol/kg gadodiamide (GE Healthcare, Cork, Republic of Ireland) was used for dynamic contrast-enhanced imaging. Specific scanning parameters are shown in Supplementary Table 1. ADC maps were then generated from the DWI data on a Philips workstation using United Imaging software.

### $^{68}\text{Ga}$ -PSMA PET/CT examination

All patients were injected intravenously with  $^{68}\text{Ga}$ -PSMA-11 (ABX Corporation, Radeberg, Germany) at a median dose 131.72 MBq (range 130.6–177.6 MBq). PET/CT was performed with a uMI 780 PET/CT scanner (United Imaging Healthcare, Shanghai, China). First, a CT scan (130 keV, 80 mAs, slice thickness 3.0 mm) was obtained 45 min after tracer

**Fig. 1** Flow chart of patient selection (*ADT* androgen-deprivation therapy, *TURP* transurethral resection of the prostate, *GS* Gleason score)



injection without using contrast medium. Second, corrected for dead time, scatter and decay, static emission scans were acquired from the vertex to the proximal legs in three dimensions (matrix  $200 \times 200$ ). This required eight bed positions with 3 min per bed position. The images were iteratively reconstructed and included CT-based attenuation correction using the OSEM algorithm with four iterations and eight subsets and gaussian filtering to an in-plane spatial resolution of 5 mm at full-width at half-maximum.

### Whole-mount histopathology

After prostatectomy, prostate specimens were sliced from the apex to the base at 3-mm intervals. The slices were embedded in paraffin and stained with hematoxylin-eosin, and were then digitized at  $\times 200$  magnification using a whole-slide scanner (NanoZoomer S60; Hamamatsu, Japan). All digital slices were reviewed in consensus by two urological pathologists according to the 2014 International Society of Urological Pathology (ISUP) modified criteria for PCa [4]. Lesions with GP 4 were outlined and assigned a GS (3 + 4, 4 + 3 or 4 + 4). Major morphologies of GP 4 including fused, poorly formed and cribriform architecture were identified. Outlined regions were masked for further blinded radiopathological comparison.

### MRI and PET/CT image evaluation

All MRI scans were reviewed in consensus by two radiologists. According to the Prostate Imaging Reporting and Data System v2 (PI-RADS v2), each lesion suspicious for PCa (PI-

RADS score  $\geq 3$ ) was reported [10]. Then each case was reviewed to match each lesion outlined on the pathological slices with the corresponding mpMRI images by comparing the specific location, slide number and identifiable anatomic landmarks (such as urethra, ejaculatory ducts and benign prostatic hyperplasia). Histologically confirmed tumor corresponding to a previously identified lesion on mpMRI was considered visible. Subsequently, using MISTar software (Apollo Medical Imaging Technology, Australia), freehand regions of interest (ROI) were drawn on continuous axial ADC images following the outlines by pathologists.  $ADC_{\text{mean}}$  and  $ADC_{10\%}$  were calculated from the histograms of pixel-wise ADC values within the whole-lesion volumes of interest (VOI) as previously described [15].

PET/CT images were evaluated in consensus by two nuclear medicine physicians including a double-trained board-certified physician. Similar to the procedure for MRI scans, suspicious lesions were reported and images were matched with the corresponding pathological slices. For each lesion, ROIs were drawn on continuous PET/CT fusion images using a RadiAnt DICOM viewer, 4.2.1 (Medixant, Poznan, Poland). The maximum standardized uptake values ( $SUV_{\text{max}}$ ) were derived from the whole-lesion VOIs.

### Immunohistochemistry

To compare the actual pathological PSMA expression between cribriform-positive PCa and non-cribriform PCa, two sets of ten patients were randomly selected from both groups. With available 3- $\mu\text{m}$  formalin-fixed, paraffin-embedded whole-mount sections, Immunohistochemistry (IHC) was

done using monoclonal anti-PSMA (clone 1D6, 1:100, ZM-0476 from ZSGB-BIO) following the regular protocol provided by the manufacturer. As previously described [27, 28], the IHC results are reported as both percentage of positively stained cells and staining intensity, together with the immunoreactive score (IRS) and a modified four-point IRS classification (Supplementary Table 2). IHC analysis was performed by two independent investigators.

### Statistical analysis

The Mann-Whitney *U* test was used for continuous variables and the chi-squared test for categorical variables. Receiver operating characteristic (ROC) analysis was used to compare the ability of imaging parameters to differentiate cribriform-positive PCa from non-cribriform PCa. The corresponding areas under the curve (AUC), cut-off values, and sensitivities and specificities for differentiation were calculated. The associations between cribriform-positive PCa and different preoperative variables were evaluated in a univariate analysis using a logistic regression model. Statistical analysis was performed using SPSS Statistics, version 21.0 (IBM Corp., Armonk, NY, USA). All tests were two-sided, with statistical significance set at  $P < 0.05$ .

## Results

### Patient characteristics and pathological classification

The demographic and clinical characteristics of the 49 patients are summarized in Table 1. The overall GS distribution of the index lesions was as follows: GS 3 + 4 in 19 of 49 (38.8%), GS 4 + 3 in 26 (53.1%), and GS 4 + 4 in 4 (8.1%). All separate foci of GP 4 were outlined on whole-mount sections, with an additional 12 foci of GS 3 + 4 and one focus of GS 4 + 3. In total, 62 lesions were identified. The distribution of specific morphological architectures is shown in Supplementary Table 3. Cribriform morphology was present in 34 of 49 patients (69.4%) and 37 of 62 lesions (59.7%).

### Clinical and imaging characteristics stratified by cribriform status

Stratified by cribriform status, clinical and imaging characteristics were compared in both a per-patient and a per-lesion analysis. No significant differences were found in terms of patient age, preoperative PSA level, prostate volume, tumor diameter, pT stage and pN stage between cribriform-positive and non-cribriform PCa (Table 2). Regarding GS, cribriform morphology was more frequently present in GS 4 + 3 and 4 + 4 lesions than in 3 + 4 lesions in both the per-patient and per-lesion analysis ( $P = 0.001$  and  $P < 0.001$ , respectively).

**Table 1** Characteristics of 49 patients

| Characteristic  | Value              |
|---|--------------------|
| Age (years), median (range)                             | 69 (55–82)         |
| Preoperative PSA (ng/ml), median (range)                | 15.94 (4.04–72.05) |
| Interval from MRI to RP (days), median (range)          | 22 (11–55)         |
| Interval from PET/CT to RP (days), median (range)       | 11 (5–20)          |
| Prostate volume (ml), median (range)                    | 39 (17–107)        |
| Index tumor diameter (cm), median (range)               | 1.9 (1.1–3.8)      |
| Gleason score, <i>n</i> (%)                             |                    |
| 3 + 4 = 7   | 19 (38.8)          |
| 4 + 3 = 7   | 26 (53.1)          |
| 4 + 4 = 8   | 4 (8.1)            |
| pT stage, <i>n</i> (%)                                  |                    |
| T2  | 12 (24.5)          |
| T3a   | 28 (57.1)          |
| T3b   | 9 (18.4)           |
| T4  | 0 (0)              |
| pN stage, <i>n</i> (%)                                  |                    |
| N0  | 45 (91.8)          |
| N1  | 4 (8.2)            |
| Focality of lesion with Gleason pattern 4, <i>n</i> (%) |                    |
| One focus   | 38 (77.5)          |
| Two foci  | 9 (18.4)           |
| Three foci  | 2 (4.1)            |
| Total number of lesions with Gleason pattern 4          | 62                 |

PSA prostate-specific antigen, RP radical prostatectomy

To further compare the imaging features, all lesions were matched on mpMRI, PET/CT and pathology. Representative radiopathological matching of non-cribriform and cribriform-positive lesions are shown in Fig. 2. One cribriform-positive index lesion, one non-cribriform index lesion and two non-cribriform non-index lesions were invisible on MRI ( $P = 0.294$ ), while one cribriform-positive non-index lesion, one non-cribriform index lesion and four non-cribriform non-index lesions were invisible on PET ( $P = 0.035$ ; Table 2). We also investigated the performance of PSMA PET imaging for primary staging (including extracapsular extension and seminal vesicle invasion) in the whole study population. The results are summarized in Supplementary Table 4. Generally, PSMA PET imaging demonstrated moderate sensitivity and considerable specificity in the diagnosis of both extracapsular extension and seminal vesicle invasion.

Parameters including PI-RADS score,  $ADC_{\text{mean}}$  and  $ADC_{10\%}$  were similar in the two groups (all  $P > 0.05$ ; Fig. 3, Table 2). Surprisingly,  $SUV_{\text{max}}$  was significantly higher in cribriform-positive PCa than in non-cribriform PCa in both the per-patient analysis (median 18.3 vs. 9.4,  $P = 0.003$ ) and the per-lesion analysis (median 18.2 vs. 7.2,  $P < 0.001$ ; Fig. 3, Table 2). There were also significant differences in  $SUV_{\text{max}}$  in

**Table 2** Clinical and imaging characteristics stratified by cribriform status

| Characteristic                           | Per-patient analysis <sup>d</sup> |                 | <i>P</i> value <sup>e</sup> | Per-lesion analysis |               | <i>P</i> value <sup>e</sup> |
|--|-----------------------------------|-----------------|-----------------------------|---------------------|---------------|-----------------------------|
|  | Cribriform status                 |                 |                             | Cribriform status   |               |                             |
|  | Yes                               | No              |                             | Yes                 | No            |                             |
| No. of patients/lesions                  | 34                                | 15              |                             | 37                  | 25            |                             |
| Age (years)                              | 68 (65–74)                        | 70 (62–75)      | 0.836                       | NA                  |               |                             |
| PSA (ng/ml)                              | 14.6 (7.4–30.1)                   | 14.1 (8.1–21.3) | 0.678                       | NA                  |               |                             |
| Prostate volume (ml)                     | 36 (27–41)                        | 39 (35–74)      | 0.321                       | NA                  |               |                             |
| Tumor diameter (cm)                      | 1.8 (1.4–2.5)                     | 1.6 (1.3–2.5)   | 0.348                       | 1.8 (1.3–2.5)       | 1.4 (0.8–2.0) | 0.089                       |
| Gleason score, <i>n</i> (%) <sup>a</sup> |                                   |                 |                             |                     |               |                             |
| 3 + 4 = 7                                | 8 (23.5)                          | 11 (73.3)       | <b>0.001</b>                | 11 (29.7)           | 20 (80.0)     | <b>&lt;0.001</b>            |
| 4 + 3 = 7                                | 23 (67.6)                         | 3 (20.0)        |                             | 23 (62.2)           | 4 (16.0)      |                             |
| 4 + 4 = 8                                | 3 (8.9)                           | 1 (6.7)         |                             | 3 (8.1)             | 1 (4.0)       |                             |
| pT stage, <i>n</i> (%) <sup>b</sup>      |                                   |                 |                             |                     |               |                             |
| T2                                       | 7 (20.6)                          | 5 (33.3)        | 0.473 <sup>f</sup>          | NA                  |               |                             |
| T3a                                      | 20 (58.8)                         | 8 (53.3)        |                             |                     |               |                             |
| T3b                                      | 7 (20.6)                          | 2 (13.4)        |                             |                     |               |                             |
| pN stage, <i>n</i> (%)                   |                                   |                 |                             |                     |               |                             |
| N0                                       | 31 (91.2)                         | 15 (100)        | 0.543 <sup>f</sup>          | NA                  |               |                             |
| N1                                       | 3 (8.8)                           | 0 (0)           |                             |                     |               |                             |
| Visible on MRI, <i>n</i> (%)             | 33 (97.0)                         | 14 (93.3)       | 0.523 <sup>f</sup>          | 36 (97.3)           | 22 (88.0)     | 0.294 <sup>f</sup>          |
| Visible on PET, <i>n</i> (%)             | 34 (100)                          | 14 (93.3)       | 0.306 <sup>f</sup>          | 36 (97.3)           | 20 (80.0)     | <b>0.035<sup>f</sup></b>    |
| PI-RADS score, <i>n</i> (%) <sup>c</sup> |                                   |                 |                             |                     |               |                             |
| 3  | 0 (0)                             | 0 (0)           | 0.321 <sup>c</sup>          | 2 (5.7)             | 6 (27.3)      | 0.063                       |
| 4  | 20 (60.6)                         | 11 (78.6)       |                             | 21 (60.0)           | 13 (54.6)     |                             |
| 5  | 13 (30.4)                         | 3 (21.4)        |                             | 13 (37.1)           | 3 (13.6)      |                             |
| ADC <sub>mean</sub> (μm <sup>2</sup> /s) | 649 (577–688)                     | 598 (556–644)   | 0.115                       | 645 (589–680)       | 630 (567–730) | 0.687                       |
| ADC <sub>10%</sub> (μm <sup>2</sup> /s)  | 435 (349–514)                     | 439 (365–513)   | 0.896                       | 451 (354–507)       | 474 (368–571) | 0.276                       |
| SUV <sub>max</sub>                       | 18.3 (10.6–25.9)                  | 9.4 (7.7–10.3)  | <b>0.003</b>                | 18.2 (11.1–25.5)    | 7.2 (5.1–9.8) | <b>&lt;0.001</b>            |

Continuous variables are presented as medians (interquartile range)

PSA prostate specific antigen, PI-RADS Prostate Imaging Reporting and Data System, ADC<sub>mean</sub> average ADC value, ADC<sub>10%</sub> 10th percentile ADC value, SUV<sub>max</sub> maximum standardized uptake value, NA not applicable

<sup>a</sup> Gleason score 3 + 4 vs. Gleason score 4 + 3/4 + 4

<sup>b</sup> pT2 vs. pT3

<sup>c</sup> PI-RADS 3/4 vs. PI-RADS 5, lesions visible on MRI were evaluated

<sup>d</sup> Parameters were derived from the index lesion on per-patient analysis

<sup>e</sup> *P* values <0.05 are indicated in bold

<sup>f</sup> Fisher's exact test

different GS and tumor diameter subgroups in relation to cribriform status (Supplementary Table 5).

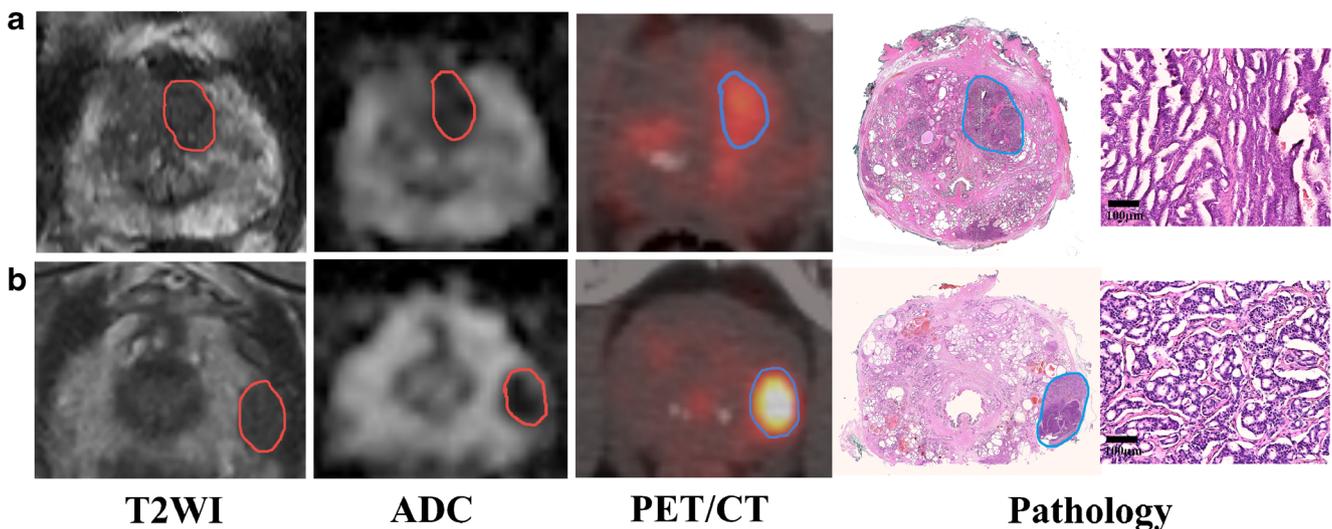
### Pathological PSMA expression stratified by cribriform status

We compared the actual pathological PSMA expression of non-cribriform PCa and cribriform-positive PCa. Representative cases are shown in Fig. 4a, b. In concordance with the imaging findings, 70% (7/10) of the non-cribriform

PCa lesions showed an IRS of <4 (IRS classification 0 or 1), while 100% (10/10) of the cribriform-positive PCa lesions showed an IRS of ≥4 (IRS classification 2 or 3, *P* = 0.003; Fig. 4c, d).

### Effectiveness of imaging parameters in differentiating cribriform status

Of the imaging parameters included in the PI-RADS score, ADC<sub>mean</sub>, ADC<sub>10%</sub> and SUV<sub>max</sub>, SUV<sub>max</sub> showed the highest



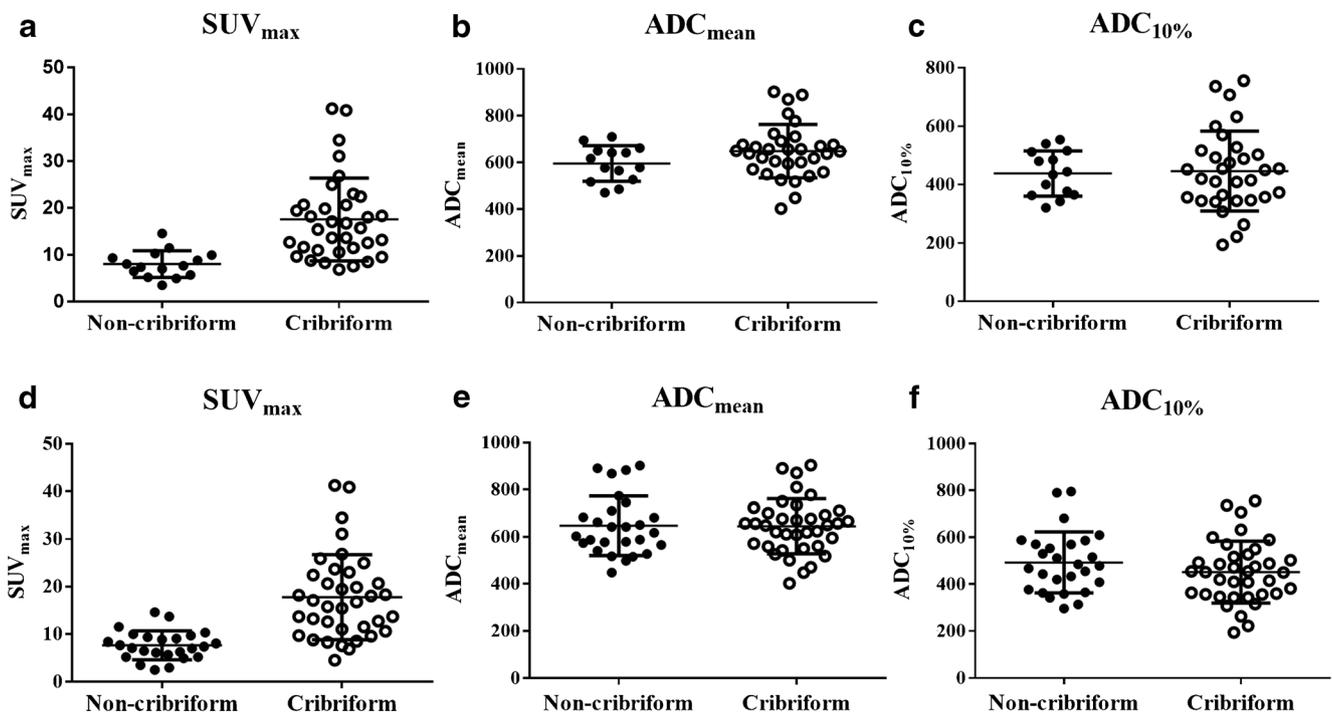
**Fig. 2** Representative non-cribriform PCa lesions (**a**) and cribriform-positive PCa lesions (**b**). **a** A 69-year-old man with the index tumor in the transition zone (PSA level 8.05 ng/ml, GS 4 + 3, predominant fusion architecture of pattern 4, maximal diameter 1.5 cm), demonstrating a hypointense area on the T2-weighted and ADC images and moderate uptake on the PET/CT image. Lesions are outlined with solid lines on the MRI images, the PET/CT images and the pathological slices

transition zone (PSA level 17.76 ng/ml, GS 4 + 3, predominant cribriform architecture of pattern 4, maximal diameter 1.2 cm), demonstrating a hypointense area on the T2-weighted and ADC images and strong uptake on the PET/CT image. Lesions are outlined with solid lines on the MRI images, the PET/CT images and the pathological slices

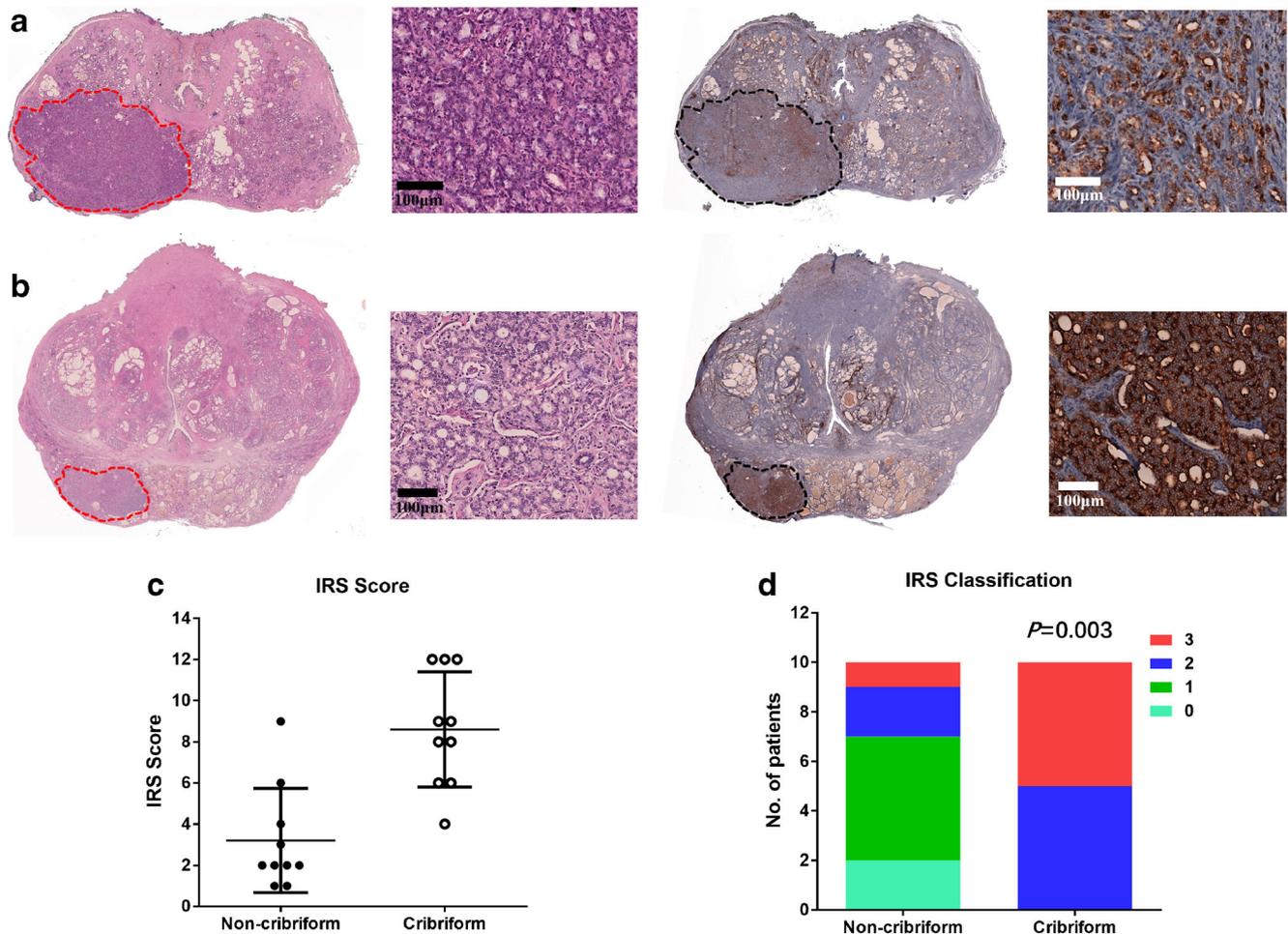
AUC value of 0.80 (95% CI 0.68–0.91) in the per-patient analysis and 0.88 (95% CI 0.81–0.96) in the per-lesion analysis (Table 3). With a cut-off value of 10.9 for  $SUV_{max}$ , the sensitivities and specificities for cribriform status were 76% and 86% in the per-patient analysis, and 77% and 88% in the per-lesion analysis, respectively.

#### Univariate association between preoperative variables and cribriform-positive PCA

Using a logistic regression model, the univariate association between preoperative variables and cribriform-positive PCA were evaluated. Continuous variables including  $ADC_{mean}$ ,



**Fig. 3** Distribution of  $SUV_{max}$ ,  $ADC_{mean}$  and  $ADC_{10\%}$  in lesions in relation to cribriform status in the per-patient analysis (**a–c**) and the per-lesion analysis (**d–f**). *Solid lines* indicate means and standard deviations



**Fig. 4** Pathological PSMA expression in non-cribriform PCa ( $n = 10$ ) and cribriform-positive PCa ( $n = 10$ ) by immunohistochemistry. **a** A 55-year-old man with non-cribriform PCa (PSA level 17.31 ng/ml, GS 4 + 3, maximum diameter 2.2 cm), demonstrating primarily moderate staining for PSMA and IRS classification 2. **b** A 67-year-old man with cribriform-positive PCa (PSA level 5.46 ng/ml, GS 4 + 3, maximum diameter

1.1 cm), demonstrating strong staining for PSMA and IRS classification 3. **c, d** IRS score and IRS classification distribution according to cribriform status. **a, b** The dashed lines outline the lesions on both the pathological HE-stained slices and the IHC slices. **c** The solid lines indicate the means and standard deviations. **d** The  $P$  value was calculated using Fisher’s exact test for IRS classification  $<2$  vs.  $\geq 2$

$ADC_{10\%}$  and  $SUV_{max}$  were stratified by the cut-off values derived from the ROC analysis (Table 3). As shown in Table 4, a higher  $SUV_{max}$  was the only significant predictor of cribriform-positive PCa ( $P < 0.001$ ), with odds ratios (OR) of 8.61 (95% CI 4.96–25.27) and 11.93 (95% CI 6.49–33.74) in the per-patient analysis and per-lesion analysis, respectively.

**Discussion**

To the best of our knowledge, this is the first study indicating the value of  $^{68}Ga$ -PSMA PET/CT for identifying aggressive cribriform morphology in PCa. A higher  $SUV_{max}$  was a significant predictor of cribriform-positive PCa. Using the optimal cut-off value, the sensitivities and specificities for

identifying cribriform status were 76% and 86% in the per-patient analysis, and 77% and 88% in the per-lesion analysis.

Cribriform morphology, which was described by Gleason as an architecture with “moderately differentiated glands, range from small to large, growing in spaced-out infiltrative patterns” [3], has received much attention recently. Dong et al. found that the presence of cribriform architecture was an independent predictor of biochemical recurrence as well as metastasis after RP [7]. In 2014, the ISUP conference reached a consensus that cribriform glands should be assigned a GP of 4, regardless of morphology [4]. Since the 2014 ISUP meeting, a rapidly growing body of evidence indicates the aggressive behavior of cribriform morphology as described above [5–9]. In our cohort, cribriform architecture was more frequently present in carcinoma with GS 4 + 3 or 4 + 4 and demonstrated larger tumor diameters than non-cribriform lesions, although the difference did not reach significance (Table 2).

**Table 3** Effectiveness of imaging parameters in differentiating cribriform-positive PCa from non-cribriform PCa by ROC analysis

| Variable                                 | Per-patient analysis |               |                         | Per-lesion analysis |               |                         |
|--|----------------------|---------------|-------------------------|---------------------|---------------|-------------------------|
|  | AUC (95% CI)         | Cut-off value | Sensitivity/specificity | AUC (95% CI)        | Cut-off value | Sensitivity/specificity |
| PI-RADS score (3/4/5)                    | 0.59 (0.42–0.76)     | 4             | 0.39/0.79               | 0.61 (0.47–0.76)    | 4             | 0.36/0.86               |
| ADC <sub>mean</sub> (μm <sup>2</sup> /s) | 0.65 (0.51–0.79)     | 618           | 0.65/0.53               | 0.62 (0.48–0.76)    | 618           | 0.71/0.57               |
| ADC <sub>10%</sub> (μm <sup>2</sup> /s)  | 0.52 (0.37–0.67)     | 427           | 0.60/0.48               | 0.52 (0.38–0.65)    | 427           | 0.60/0.41               |
| SUV <sub>max</sub>                       | 0.80 (0.68–0.91)     | 10.9          | 0.76/0.86               | 0.88 (0.81–0.96)    | 10.9          | 0.77/0.88               |

PI-RADS Prostate Imaging Reporting and Data System, ADC<sub>mean</sub> average ADC value, ADC<sub>10%</sub> 10th percentile ADC value, SUV<sub>max</sub> maximum standardized uptake value, AUC area under the curve, CI confidence interval

Regarding TNM stage, there were no significant associations between cribriform status and pT or pN stage. However, all three patients with positive lymph node extension had cribriform architecture (Table 2), which is a finding that warrants further attention.

MpMRI is currently regarded as the best imaging method to noninvasively identify and characterize PCa [10]. With PI-RADS v2, mpMRI demonstrated good performance for detecting PCa, with a pooled sensitivity of 89% and a specificity of 73% [29]. However, not all GP 4 morphologies were equivalently visible on MRI. The visibility of aggressive cribriform tumors was significantly lower than that of other GP 4 architectures across all ranges of tumor size [13], and only 17% lesions with pure cribriform morphology were visible on MRI [14]. Decreased visibility might theoretically be attributed to the relatively larger luminal perforations and fewer epithelial cells of cribriform morphology [13]. In this respect, aggressive cribriform morphology would be overlooked on MRI-guided targeted prostate biopsy. Indeed, several biopsy procedures including MRI-guided targeted biopsy have demonstrated poor sensitivity and specificity in the identification of cribriform morphology [14]. In our cohort, the percentages of lesions visible on MRI were similar between cribriform-positive and non-cribriform PCa (Table 2). Different

stratification standards (predominant cribriform [13] or pure cribriform [14]) might explain the discrepant results. Moreover, parameters derived from ADC maps including ADC<sub>mean</sub> and ADC<sub>10%</sub> are applicable for PCa risk stratification [15, 16]. However, there were no significant differences in ADC<sub>mean</sub> or ADC<sub>10%</sub> between cribriform-positive and non-cribriform PCa in our cohort, in accordance with similar findings in previous studies [13, 17]. Considering the increasing use of mpMRI to identify candidates for active surveillance or focal therapy, mpMRI with advanced sequences or other alternative imaging techniques would be required to properly characterize aggressive cribriform morphology in PCa.

PSMA is a transmembrane protein with significantly increased expression in malignant PCa cells compared with that in normal prostate tissue, which is positively correlated with tumor grade, pathological stage and biochemical recurrence [26]. As a promising technique, <sup>68</sup>Ga-PSMA PET/CT imaging offers excellent performance in assessing primary tumor extent in PCa [23] and in detecting recurrent PCa [19–22]. Generally, PSMA PET imaging demonstrated moderate sensitivity and considerable specificity in diagnosing both extracapsular extension and seminal vesicle invasion in our cohort (Supplementary Table 4). Meanwhile, PSMA ligand uptake has already demonstrated good concordance with

**Table 4** Univariate association between preoperative variables and cribriform-positive PCa

| Variable   | Per-patient analysis |                      | Per-lesion analysis |                      |
|--|----------------------|----------------------|---------------------|----------------------|
|  | OR (95% CI)          | P value <sup>a</sup> | OR (95% CI)         | P value <sup>a</sup> |
| Patient age  | 1.00 (0.92–1.10)     | 0.945                | NA                  |                      |
| PSA level  | 1.03 (0.98–1.09)     | 0.197                | NA                  |                      |
| Prostate volume  | 0.98 (0.96–1.01)     | 0.133                | NA                  |                      |
| PI-RADS score (5 vs. 3/4)                                | 2.38 (0.56–7.21)     | 0.242                | 3.74 (0.93–11.14)   | 0.064                |
| ADC <sub>mean</sub> (μm <sup>2</sup> /s) (≥618 vs. <618) | 2.86 (0.67–8.34)     | 0.158                | 2.09 (0.71–6.13)    | 0.179                |
| ADC <sub>10%</sub> (μm <sup>2</sup> /s) (≥427 vs. <427)  | 0.67 (0.16–2.82)     | 0.582                | 0.56 (0.19–1.66)    | 0.298                |
| SUV <sub>max</sub> (≥10.9 vs. <10.9)                     | 8.61 (4.96–25.27)    | <b>&lt;0.001</b>     | 11.93 (6.49–33.74)  | <b>&lt;0.001</b>     |

<sup>a</sup> P values <0.05 are indicated in bold

PSA prostate specific antigen, PI-RADS Prostate Imaging Reporting and Data System, ADC<sub>mean</sub> average ADC value, ADC<sub>10%</sub> 10th percentile ADC value, SUV<sub>max</sub> maximum standardized uptake value, OR odds ratio, CI confidence interval, NA not applicable

histopathological PSMA expression [27]. Taken together, PSMA PET imaging was able to noninvasively characterize the aggressiveness of PCa, which has been confirmed in several studies [24, 25]. In this study, we demonstrated the potential of PSMA PET imaging for the identification of cribriform morphology. Generally, 97.3% of cribriform-positive lesions were visible on PET, while 20% non-cribriform lesions were missed (Table 2). Surprisingly,  $SUV_{max}$ , a popular parameter derived from PET imaging, demonstrated excellent effectiveness in differentiating cribriform-positive PCa from non-cribriform PCa (Table 2, Fig. 3), yielding sensitivities and specificities of 76% and 86% in the per-patient analysis, and 77% and 88% in the per-lesion analysis, respectively (Table 3). Similar results were found in different GS and tumor diameter subgroups (Supplementary Table 5). We also found significant overexpression of PSMA in cribriform-positive PCa by IHC. The univariate analysis indicated that  $SUV_{max}$  was a significant predictor of cribriform-positive PCa (Table 4).

These results demonstrate that  $^{68}\text{Ga}$ -PSMA PET/CT is applicable to the identification of cribriform morphology. In the clinical setting, in patients who have undergone preoperative PSMA PET imaging and who demonstrated a high  $SUV_{max}$  (more than 10.9), there would be high suspicion of the presence of cribriform morphology. In this situation, more biopsy cores to the suspicious target(s) could be taken for better detection of cribriform morphology. Furthermore, cribriform risk obtained from PET imaging helps with the decision on ruling out candidates for active surveillance or focal therapy. Additionally, patients with the suspicion of cribriform-positive PCa should receive more radical surgical treatment than those with non-cribriform PCa.

Recently, integrated PET/MRI, which combines the strengths of both modalities, has been shown to have great potential for influencing clinical practice by providing a more certain map of localized PCa to aid targeted biopsies and therapy, and to improve the detection of biochemical recurrence and the staging of metastatic disease [30–32]. Because of the potential of PET to image cribriform morphology, it is expected that PET/MRI could also be used to detect cribriform morphology.

Of course, our study had some limitations. First, the data were retrospectively collected, and we used final RP pathology as the reference standard. Hence, a selection bias might have occurred. Nonetheless, the final RP specimen, especially in the form of whole-mount sections, is the most accurate determinant of the presence or absence of cribriform morphology. Second, according to the study aim, we enrolled only patients/lesions with a GP of 4, which might restrict clinical application to the general population. However, given that the  $SUV_{max}$  of GS 8–10 PCa was significantly higher than that of GS 6–7 PCa found in several studies [20, 21], we believed that with the cut-off value, aggressive phenotypes including

cribriform-positive PCa and GS 8–10 PCa could effectively be selected. Third, our sample size was relatively small although, to compensate, we included every lesion on all images. Fourth, considering the relatively high OR of  $SUV_{max}$  and the relatively small study group, we did not perform a multivariate analysis. Further research with a larger sample size is necessary for confirmation.

## Conclusion

Our study indicates that  $^{68}\text{Ga}$ -PSMA PET/CT could effectively identify aggressive cribriform morphology in PCa. These results may help with the decision on ruling out candidates for active surveillance or focal therapy. Additionally, patients with suspicion of cribriform-positive PCa should receive more radical treatment than those with non-cribriform PCa.

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## Compliance with ethical standards

**Conflicts of interest** None.

**Ethical approval** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the principles of the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards.

**Informed consent** Informed consent was obtained from all individual participants included in the study.

**Abbreviations** *ADC*, Apparent diffusion coefficient; *ADC<sub>mean</sub>*, Average apparent diffusion coefficient; *ADC<sub>10%</sub>*, Tenth percentile apparent diffusion coefficient; *AUC*, Area under the curve; *DWI*, Diffusion-weighted imaging; *GP*, Gleason pattern; *GS*, Gleason score; *IHC*, Immunohistochemistry; *IRS*, Immunoreactive score; *mpMRI*, Multiparametric magnetic resonance imaging; *PCa*, Prostate cancer; *PET/CT*, Positron emission tomography/computed tomography; *PI-RADS*, Prostate Imaging Reporting and Data System; *PSA*, Prostate-specific antigen; *PSMA*, Prostate-specific membrane antigen; *RP*, Radical prostatectomy; *ROC*, Receiver operating characteristic; *SUV<sub>max</sub>*, Maximum standardized uptake value

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