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Original Article

Can dynamic contrast-enhanced MRI evaluate VEGF expression in brain glioma? An MRI-guided stereotactic biopsy study



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ABSTRACT

Purpose. – To investigate whether pharmacokinetic parameters derived from dynamic contrast-enhanced magnetic resonance imaging (DCE-MRI) can be used to evaluate vascular endothelial growth factor (VEGF) expression in brain glioma based on a point-to-point basis.

Materials and methods. – Forty-seven patients with treatment-naïve glioma received preoperative DCE-MRI before stereotactic biopsy. We histologically quantified VEGF from section of stereotactic biopsies, and co-registered biopsy locations with localized measurements of DCE-MRI parameters including volume transfer coefficient (K^{trans}), reverse reflux rate constant (Kep), extracellular extravascular volume fraction (Ve) and blood plasma volume (Vp). The correlations between DCE-MRI parameters (K^{trans} , Kep, Ve and Vp) and VEGF were determined using Spearman correlation coefficient. $P \leq .05$ was considered statistically significant.

Results. – Seventy-nine biopsy samples were obtained and graded into 45 high-grade gliomas (HGGs) and 34 low-grade gliomas (LGGs). K^{trans} showed a significant positive correlation with VEGF expression in HGGs group ($\rho = 0.505$, $P < 0.001$) and in combined group (LGGs + HGGs) ($\rho = 0.549$, $P < 0.001$), but not in LGGs group ($P > 0.05$). Kep, Ve or Vp was not correlated with VEGF even though a positive trend showed ($P > 0.05$).

Conclusions. – DCE-MRI is a useful, non-invasive imaging technique for quantitative evaluation of VEGF, and its parameter K^{trans} other than Kep, Ve or Vp may be used as a surrogate for VEGF expression in brain gliomas.

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Introduction

Angiogenesis, a hallmark of glioma, is stimulated by a number of angiogenic factors [1]. Given the complexity of a process in angiogenesis, it is remarkable that a single growth factor, vascular endothelial growth factor (VEGF), regulates this process so predom-

inantly by inducing proliferation of vascular endothelial cells and enhancing microvascular leakage [2,3]. VEGF has been shown to correlate with biological aggressiveness, degree of malignancy and patient prognosis in gliomas, and has been as the target of current therapeutic regimens clinically [4–6].

Clinically, the method for assessment of VEGF status in glioma relies on histologic analysis using postoperative histologic analyses of biopsy samples or resected specimens. However, this process inevitably causes brain-tissue injury and prone to sampling errors and, also, the opportunity to “tailor” neoadjuvant VEGF-targeting therapy is lost. Therefore, effective clinical imaging technique settled to non-invasively predict VEGF expression in glioma is in a high priority.

Currently, dynamic contrast-enhanced MRI (DCE-MRI) is receiving much attention as a noninvasive approach for the characterization of tumors angiogenesis, given its potential in quantifying

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the functional features of a target tissue perfusion and blood-brain barrier disruption in glioma by rapidly and repeatedly providing information on contrast agent exchange between the intravascular and the interstitial space [7]. The majority of clinically available DCE-MRI post-processing tools apply the extended Tofts model, which renders the following kinetic parameters: contrast volume transfer constants K^{trans} (efflux of contrast agent from vessel) and K_{ep} (reflux to vessel), their ratio V_e , as an estimate of the extravascular-extracellular space, and the plasma volume fraction V_p [8]. This perfusion technique has proved to be reliable in optimizing glioma biopsy target [9], assessing glioma grade and differential diagnosis [10–14], predicting patient prognosis [15], and monitoring antiangiogenic therapy [16,17].

Although great efforts have been made to investigate the potential of DCE-MRI in assessing VEGF expression in glioma [18,19], precautions were not taken in these studies to ensure that the DCE-MRI measurements and glioma pathology assessments were made in matched areas, which leaves their conclusions open to question. Thus, whether DCE-MRI can serve as a reliable measure of VEGF in glioma remains poorly understood. Thereby, the aim of this study was to investigate whether DCE perfusion parameters (K^{trans} , K_{ep} , V_e and V_p) can be used to precisely evaluate the VEGF expression in glioma by matching the perfusion parameters measurement locations with glioma biopsy targets, which was based on “point-to-point” stereotactic biopsy.

Materials and methods

Patients: from 10 May 2015 to 30 December 2016, consecutive navigated MRI-guided stereotactic biopsies of gliomas were undertaken in our hospital. Patients of either sex aged ≥ 18 years with a preoperative diagnosis of brain gliomas were eligible for study inclusion. Patients with metal implants that could interfere with MRI of the head were excluded from the study.

This study was approved by the local institutional review board.

MRI protocol

MRI was done using a 3.0-T MR scanner (Discovery MR750; GE Medical Systems, Milwaukee, WI, USA) equipped with an 8-channel phased-array head coil. DCE-MRI dynamic scan was acquired using 3D T1-weighted Fast Spoiled Gradient Echo sequence and setting the following sequence parameters: TR 4.6 ms; TE 1.7 ms; slice thickness 4 mm; FOV 24 cm; matrix 192×192 ; two flip angles (5° , 15°) for obtaining voxel-wise tissue longitudinal relaxation time. These sequences were aimed at converting MR intensity to the contrast agent concentration of DCE-MRI data. Then the DCE-T1 sequence was examined every 4.9 s as a phase for 60 repetitions with a total scan time of 294 s, employing the same parameters above and a 12° flip angle. The contrast agent Gd-DTPA (Omniscan, GE Healthcare, Ireland) was injected at the fifth phase of the DCE-T1 sequence with a dose of 0.1 mmol/kg of body weight and rate of 3 ml/s using a power injector via an intravenous catheter placed in the left or right antecubital vein and followed by a 20-mL saline (0.9%) flush. Matching post-contrast 3-dimensional T1-weighted (3D T1C+) (TR 7.5 ms; TE 3.5 ms; FA 12° ; FOV $256 \times 256 \times 240$ mm; voxel size 1 mm; slices 170; scan time 4 min 40 s), T2-weighted FLAIR (TR 4.8 s; TE 279 s; FOV $256 \times 256 \times 240$ mm; voxel size 4 mm; scan time 2 min 36 s), and MRS with PRESS (TR 2000 ms, TE1 32 ms, TE2 65 ms, voxel size $2 \times 2 \times 2$ cm, 128 repetitions, FOV $256 \times 256 \times 240$ mm, scan time 4 min 25 s).

“Point-to-point” stereotactic biopsy

Biopsy targets preset

Anatomic images obtained from 3D T1C+ were transferred to a Mei De medical workstation (SINORAO; Shenzhen, China). Biopsy targeting regions of interest (ROIs) were decided by consensus between radiologists and neurosurgeons with attention to enhancement regions or high Cho/NAA on HGGs or LGGs, and were framed (dimension (in mm) = $10 \times 10 \times 10$) on the anatomic images (arrows) (Figs. 1a and 2a). The corresponding coordinate of each ROI was recorded.

Navigated MRI-guided biopsy

The anatomic images labeled with frame-based ROIs were sent to the workstation of a neuro-navigation system (StealthStation TREON; Medtronic, Minneapolis, MN, USA). All biopsy specimens were collected with frame-based stereotactic biopsies using an integrated navigation system (StealthStation i7; Medtronic). A ferromagnetic, passively navigated, 2.2×9 mm side-cut biopsy needle (Medtronic) was used to obtain samples within targeted ROIs (Figs. 1b and 2b). Each biopsy sample had an estimated volume of > 30 mm³.

Imaging analyses

DCE data were processed using commercial package for DCE-MRI analysis GenIQ version installed on GE ADW4.6 workstation (GE Healthcare, Milwaukee, WI). Extended Tofts linear model (two compartments model) was used and perfusion parameters (K^{trans} , K_{ep} , V_e and V_p) were obtained. Based on preplanned coordinates of biopsy target, ROIs were located first on post-contrast 3D T1C+ manually, and co-registered on DCE perfusion parameters map (arrows) (Figs. 1c and 2c). ROIs were framed with square areas of size 90–121 mm², and each was drawn thrice at 2-week intervals on the DCE kinetic parameters maps. To minimize error, intraclass correlation coefficient (ICC) was evaluated by correlating the mean values of the final two ROIs with the first measurement. Measurements were applied if the ICC was > 0.75 . The mean of three values was used to determine the K^{trans} , K_{ep} , V_e and V_p .

Histopathologic analysis

Each biopsy sample was fixed in 10% formalin and was blocked in paraffin and sectioned into specimens (thickness, 4 μ m) for histopathologic analyses. All biopsy specimens were examined using a light microscope by a very experienced (15 years) neuropathologist blinded to the imaging results. The sections were de-waxed in xylene, dehydrated through graded alcohol concentration, and washed in tris buffer (pH 7.2). For antigen retrieval, the sections were immersed in citrate buffer (pH 6.2) at 90 °C for 1 h using a water bath and then incubated with 3% hydrogen peroxide in methanol for 15 min to block endogenous peroxidase activity. After washing twice in tris buffer, sections were incubated for 2–3 h at room temperature. Tissue blocks from each biopsy specimen were stained for polyclonal antibody against human VEGF (Santa Cruz Biotechnology, Santa Cruz, CA, USA) at a dilution range of 1:100. As described in a previous study [19], the percentage of immunoreactive positive cells was scored to quantitate VEGF expression (Figs. 1d and 2d). Mean percentage of VEGF-positive cells was determined by sections in three representative fields of concentrated tumor cells at a magnification of $\times 200$.

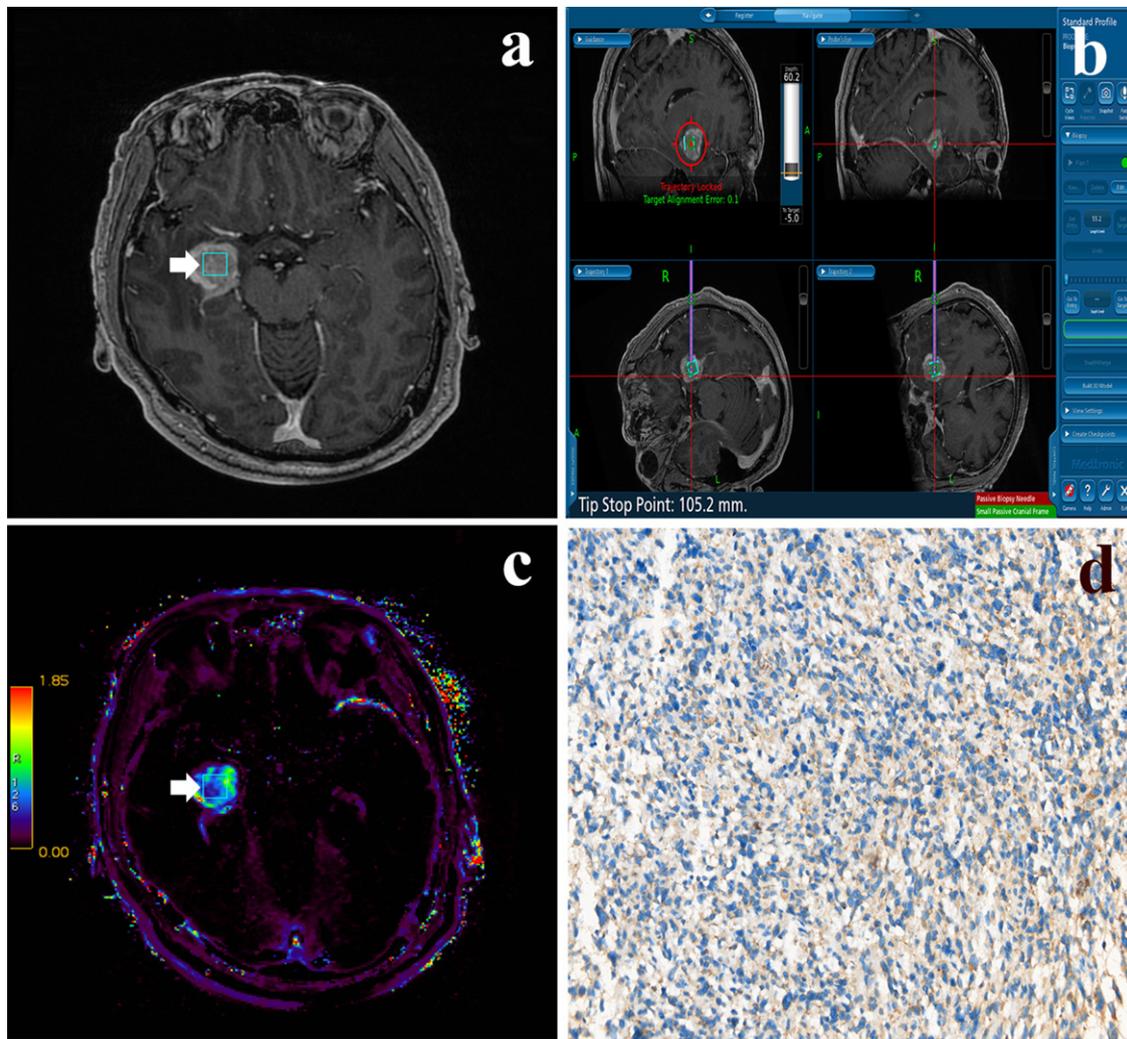


Fig. 1. A 61-year-old male patient with anaplastic astrocytoma located in right temporal lobe. One ROI was pre-established on hyper-enhancement and defined as biopsy target from 3D T1C+ (arrow) (a). Biopsy specimen within ROI was obtained with biopsy needle guided by neuro-navigation system (b). The co-registered ROI on K^{trans} parametric map was featured with high K^{trans} (arrow) (c), and the corresponding biopsy specimen shows high VEGF expression (d).

Statistical analyses

Statistical analyses were carried out using SPSS v20.0 (IBM, Armonk, NY, USA). The Spearman test was used to calculate correlation coefficients between the DCE perfusion parameters (K^{trans} , K_{ep} , V_e and V_p) and corresponding VEGF expression. $P \leq 0.05$ was considered significant.

Results

Forty-seven patients with treatment-naïve glioma were enrolled in our study. Among them, 3 patients were excluded because of significant susceptibility artifacts induced by movement. A further 4 patients were excluded because of poor co-registration and poor localization of the biopsy site during surgery. Finally, 79 biopsy samples from 40 subjects were recruited and graded according to the World Health Organization Classification of Tumors of the Central Nervous System (2016) [20]. Finally, 45 biopsy samples with high-grade glioma (HGG) (30 anaplastic astrocytomas grade III, 15 glioblastomas grade IV) and 34 biopsy samples with low-grade glioma (LGG) (diffuse astrocytoma grade II) were included in the analysis.

Mean registration error for these 40 subjects was 1.52 ± 0.21 mm. The target area (range, 90–121 mm²) was

dependent upon manual operation and the co-registration error was maintained at < 0.6 mm. Mean error among the three measurements for the target area was 3.05 ± 1.62 mm². The ICC was > 0.75 for DCE-derived K^{trans} measurements.

DCE-derived K^{trans} showed a significant positive correlation with VEGF expression in HGGs ($\rho = 0.505$, $P < 0.001$) and combined group (HGGs + LGGs) ($\rho = 0.549$, $P < 0.001$). However, when compared K_{ep} , V_e , or V_p with VEGF, there was no significant correlation ($P > 0.05$). (Table 1, Figs. 3 and 4).

Discussion

Perfusion MRIs, including dynamic susceptibility-contrast (DSC)-MRI with T2* weighted echo planar sequence and dynamic contrast-enhanced (DCE)-MRI with T1-weighted two/three-dimensional fast gradient echo sequence can be applied to measure tissues perfusion noninvasively and repeatedly in vivo [21,22]. Compared to DSC-MRI, DCE-MRI offers the advances of less sensitivity to susceptibility artifacts, better quantification of microvascular permeability, and more quantitative results [23]. Although this technique is becoming widely applied clinically, the conclusion that whether DCE-derived parameters can be as markers for VEGF expression in tumor remains poorly understood. Some studies confirmed the potential of DCE perfusion parameters

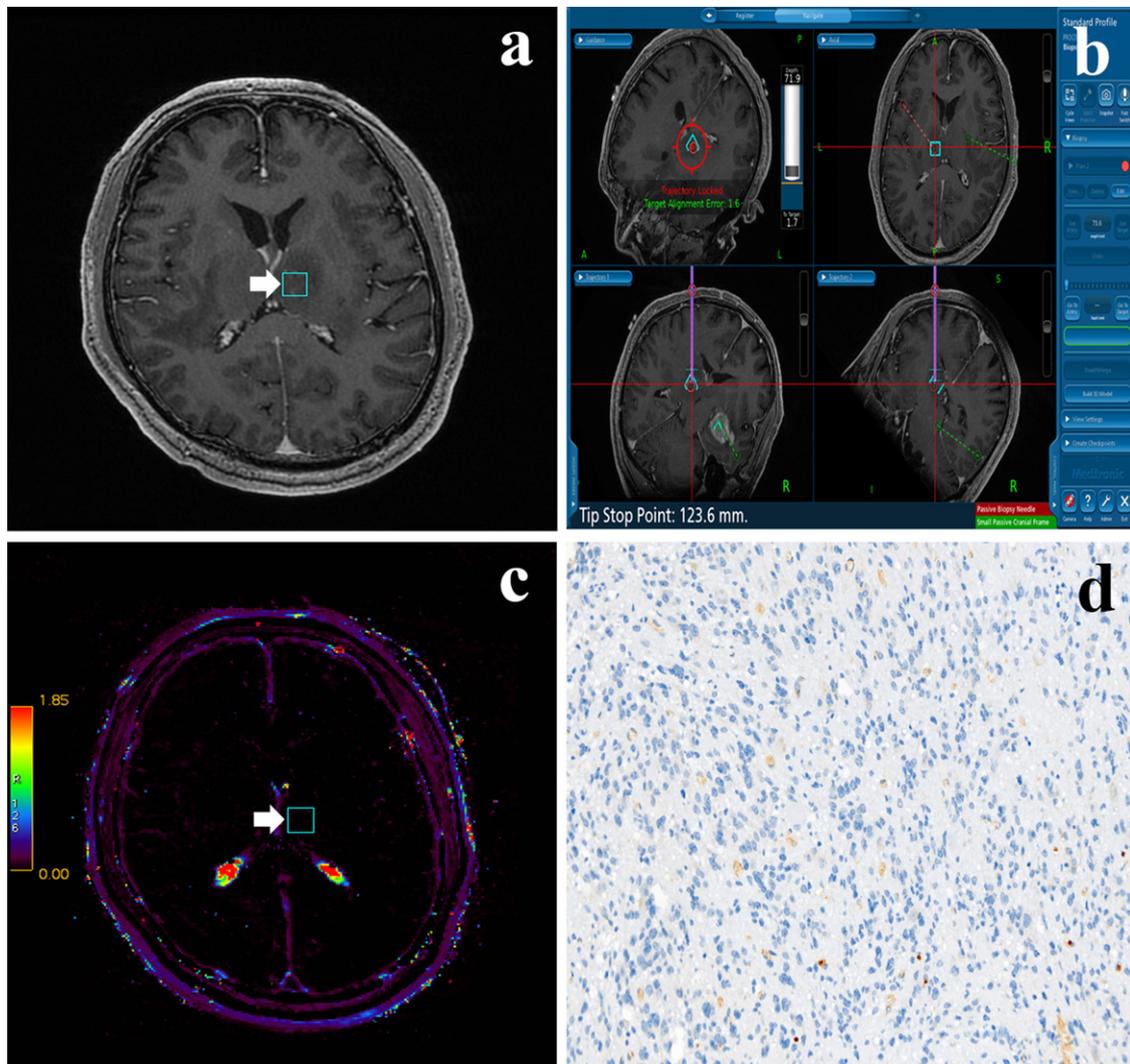


Fig. 2. Another biopsy target with diffuse astrocytoma from the same patient was located in left thalamus. The ROI was pre-established on axial 3D T1C+ image and defined as biopsy target (arrow) (a). Biopsy specimen within ROI was obtained with biopsy needle guided by neuro-navigation system (b). The co-registered ROI on K^{trans} parametric map was featured with low K^{trans} (arrow) (c), and the corresponding biopsy specimen shows low VEGF expression (d).

Table 1
Correlations between parametric values and VEGF expression in HGGs, LGGs and combined group (LGGs + HGGs).

	HGGs		LGGs		LGGs + HGGs	
	ρ	<i>P</i>	ρ	<i>P</i>	ρ	<i>P</i>
K^{trans}	0.505 ^a	<0.001	-0.171	0.34	0.549 ^a	<0.001
K_{ep}	0.298	0.072	0.330	0.075	0.216	0.068
V_e	0.286	0.157	0.209	0.313	0.22	0.091
V_p	0.309	0.062	0.34	0.259	0.398	0.081

^a Correlation was significant at 0.05 (two-tailed).

in predicting VEGF expression status in tumors [24,25]; however, others reported conflict results [18,19]. These conflict results may be due to the failure to match DCE-MRI measurements map with the pathology samples obtained by radical resection, partial resection, or stereotactic biopsy. Some studies have shown that such failure to have matching regions on both imaging and histopathology can influence the correlation between them [26,27]. Goh et al. [26] found positive correlation between the perfusion parameters and angiogenesis markers when they did not match locations, but this correlation disappeared after matching was done [27].

Thereby, the mismatch on DCE-MRI measurement and pathology assessment always limits the effectiveness of DCE perfusion

parameters in evaluating VEGF expression in glioma owing to spatial heterogeneity in tumors [28]. To overcome the disadvantage, “point-to-point” stereotactic biopsy was introduced in our study, to the best of our knowledge, which is the best method presently available method to match regions on both imaging and histopathology for brain tumors [29,30]. To achieve this, first, ROIs of 10×10 mm were preset on the 3D T1+ as the biopsy sites, and the corresponding coordinates were obtained. Then, anatomic images with ROIs were transferred to the workstation of the neuronavigation system; and biopsy specimens from the preplanned ROIs were obtained by neurosurgeon using a ferromagnetic, passively navigated, 2.2×9 -mm side-cut biopsy needle. Finally, ROIs from anatomic images were

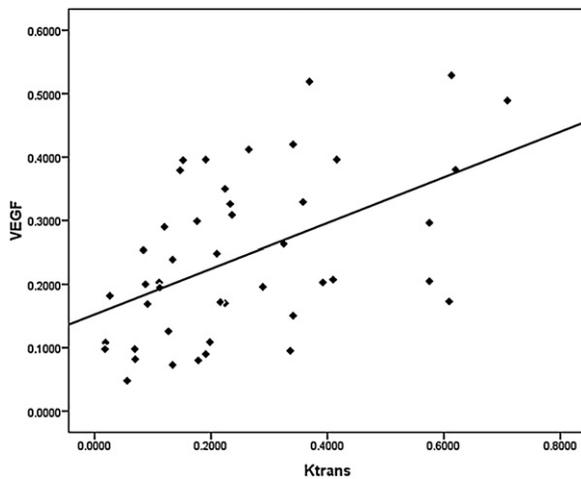


Fig. 3. Scatterplot showed significant correlation between K^{trans} and VEGF expression in HGGs group ($\rho = 0.505$, $P < 0.001$).

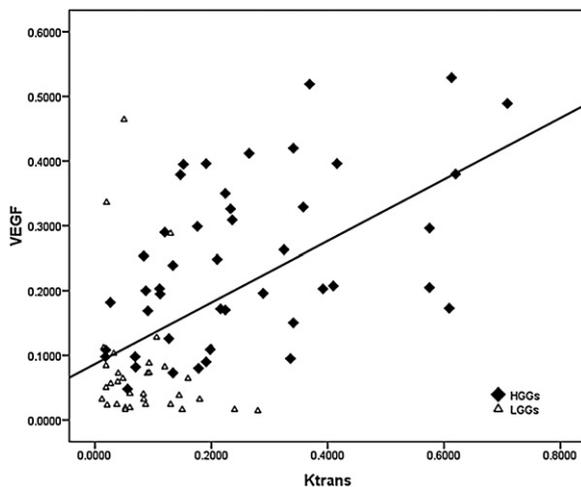


Fig. 4. Scatterplot showed significant correlation between K^{trans} and VEGF expression in combined group (HGGs + LGGs) ($\rho = 0.549$, $P < 0.001$).

reregistered to the DCE-MRI measurements, and the correlation between the perfusion parameters (K^{trans} , K_{ep} , V_p , and V_e) and the VEGF expression of the biopsy samples was analyzed.

In addition, attention was paid to three other points with regard to the location of ROIs and measurement of DCE MRI kinetic parameters. First, the error in matching the centric coordinates of the biopsy target with the centric coordinates of the manually drawn ROIs for DCE-MRI parameters measurements was restricted to no more than 0.6 mm. Second, the mean fiducial error caused by the discrepancy between the location in the neuronavigational image and that in the anatomic image was controlled to be no more than 2 mm, which was deemed a good registration clinically. Last, each ROI of DCE-MRI parameters measurement was drawn thrice, with the same area as the anatomic images, to ensure that the mean area error among them was $3.05 \pm 1.62 \text{ mm}^2$ and the ICC was $> 75\%$; this guaranteed that the DCE-MRI parameters measurements had good repeatability and accuracy.

By comparing histologic changes on image-guided biopsies with image-based measures of perfusion, we confirmed the obvious positive correlation between the K^{trans} and VEGF in the group of high-grade glioma, as in the previous study [31], and also confirmed this correlation in the combined group (including high-grade glioma and low-grade glioma). This result suggested DCE-derived K^{trans} can be a reliable surrogate for evaluating VEGF expression in

gliomas. K^{trans} is defined as the volume transfer constant between plasma and interstitial space, and depends on both the leakiness of the vessels and the total surface of leaky capillaries in brain tumors, thereby; high K^{trans} measurement in a voxel may be due to very leaky vessels, many leaky capillaries within the voxel, or a combination of both [8,32]. VEGF, as a predominant factor in angiogenesis, not only enhances microvascular leakage but also stimulates mitosis of endothelial cells to develop a new vascular infrastructure that increases leaky microvascular [2,3]. Therefore, it is reasonable DCE-derived K^{trans} can assess tumor hemodynamic changes induced by VEGF expression in our study, which is corresponding to the finding that K^{trans} was decreased when VEGF signaling was blocked [16,17], and is supported by the previous investigations by Zhang et al., and Ma et al. [24,25]. However, such positive correlation between K^{trans} and VEGF expression in gliomas was not demonstrated from the studies conducted by Awasthi et al. and Haris et al. [18,19]. These conflict results may be attributed to the lack of stereotactic image-matched histologic specimens, and the correlation between the histology and the DCE-MRI measurements at a local level cannot be reached. Remarkably, the advantage of this study was that the diligence in matching of biopsy sites and imaged sites with attention to glioma heterogeneity and spatial correlation.

V_p is another important DCE-MRI kinetic parameter and is defined as the blood V_p per unit volume of tissue. This parameter has been as a noninvasive imaging biomarker for preoperative grading of astrocytoma and differentiating brain tumors [10,11]. Given its advantages of lower sensitivity to susceptibility artifacts and its ability to provide additional information regarding tissue permeability compared with DSC-derived rCBV, this parameter has been recommended as an alternative imaging biomarker for the assessment of blood volume [33]. VEGF is supposed to determine the tumor blood volume, and may be related with V_p values. Thereby, our result compared V_p with VEGF in the groups with low-grade glioma, high-grade glioma and the combined glioma respectively. Despite these efforts we could not find a significant correlation between V_p and VEGF ($P > 0.05$), although a positive trend was confirmed. This result was in accordance in a previous study based on “point-to-point biopsy”, where the authors found the CT perfusion derived CBV was not correlated with VEGF in glioma [34]. The failure of the significant correlation between V_p and VEGF may be explained by the fact that high vascular permeability induced by VEGF can result in a high interstitial pressure in tumor, which may make microvasculature distort, collapse, and even divert [35]. This will reduce the effective blood flow and limit the volume of contrast agent distribution. Thus, the using DCE-derived V_p in evaluating VEGF expression in glioma may not be appropriate from our study.

Interestingly, based on point-to-point biopsy guided by stereotactic MRI, Jensen RL, et al. demonstrated a positive correlation between VEGF with V_p but not with K^{trans} [36], which was contradictory to the result showed in our study. Two possible explanations can be applied as following. Firstly, the sample size was small ($n = 18$) in the above-mentioned study. Jain KK, et al. demonstrated a positive correlation between the MRI perfusion parameters and pathology in the group with large sample size, but this positive correlation disappeared when the sample divided into two groups with smaller sample size [37]. In the current study, 79 samples were included, of which 34 with low-grade glioma and 45 with high-grade glioma at histopathology. Thereby, the correlation between DCE-MRI parameters and VEGF may be less biased by sample size. Secondly, this might be related to the meningioma enrolled in the study conducted by Jensen RL et al. In therapy, VEGF play an important role in tumor vascularity, which will affect the permeability or the perfusion of tumor. However, Lamszus et al. could not find a relationship between VEGF and vas-

cularity in meningioma [38], thereby, it was not surprised that the DCE-MRI kinetic parameters were independent from VEGF expression in meningioma [39]. Moreover, contrary to the primary brain glioma, meningioma is mesenchymal origin and lacks permeability barrier structure such as endothelial tight junction, which is regulated by VEGF [40]. Thereby, the potential of DCE-MRI in evaluating VEGF expression may be varied from meningioma, glioma, or combined the two brain tumors, and our study only focusing on the glioma may help better understand the potential of DCE-MRI kinetic parameters in evaluating VEGF expression in glioma.

Gliomas have complex and heterogeneous tumor vasculature; thus, different regions within a tumor may show different grades, aggressiveness, and treatment response based on heterogeneity of tumor angiogenesis. Biopsy is a vital way to evaluate the malignance of glioma; however, diagnostic errors may result from heterogeneity of gliomas. Thereby, identifying the regions with more aggressive angiogenic tumor tissue is essential for adequate evaluation of the glioma malignancy. Owing to the positive correlation between K^{trans} and VEGF of the stereotactic biopsy, it is reasonable to hypothesize that K^{trans} -based biopsy target provides significant information on glioma malignancy. Thus, qualitative evaluation of the DCE-derived K^{trans} map may add value to multi-parametric MR imaging (such as MR spectroscopy, apparent diffusion coefficient, and DSC) and PET for optimizing glioma biopsy. Clinically, antiangiogenic treatment with bevacizumab (anti-VEGF monoclonal antibody) has been a major research focus in patients with newly diagnosed malignant gliomas. Thereby, our result may also provide more information on the optimizing glioma anti-VEGF therapy.

However, the present study had three main limitations. First, in studies involving image-guided biopsy specimens, the major problem is correct matching of imaged areas and surgical biopsy sites. We used a surgical navigation system and MRI for biopsy guidance and then matched the biopsy site with DCE-derived K^{trans} maps as diligently as possible. To minimize error, we excluded 7 patients, mainly due to poor co-registration or poor localization of the biopsy site during surgery. Placement of a ROI that matched the biopsy site by manual operation was the second limitation, although three radiologists determined the drawing of ROIs independently. Finally, studies consist of larger samples will be needed in future studies to test our results.

In summary, based on the point-to-point basis by using coregistered MRI and stereotactic biopsies, this study confirmed the potential of DCE-derived K^{trans} as a surrogate for evaluation for VEGF in brain glioma. This might help improve DCE-MRI in optimizing the biopsy targeting and anti-angiogenesis treatment for glioma.

Author contributions

N.D. and B.W. conceived and designed research. N.D., W.C. and X.J. conducted experiments. X.L., J.Z., H.C., Z.C. and Q.X. contributed new reagents and/or analytical tools. N.D. and W.C. analyzed data. ND wrote the manuscript. B.W., W.C. and X.J. revised the manuscript. All authors read and approved the manuscript. Besides, this work was supported by National Natural Science Foundation of China (Grant No.81171303) and the Scientific Research Foundation of Binzhou Medical University (Grant No.BY2017KYQD13).

Disclosure of interest

The authors declare that they have no competing interest.

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