

JPSM | JOURNAL OF PAIN AND SYMPTOM MANAGEMENT

Advancing Palliative Care, Hospice, and Symptom Research

December 2019
Volume 58, Number 6

Contents

Letters

- ② Palliative Management of Stridor in a Head and Neck Cancer Patient With Noninvasive Ventilation: Is It Safe?
Jennifer Obi, Antonio M. Esquinas, and Stephen M. Pastores.....e1
- ② Authors' Response to Palliative Management of Stridor in a Head and Neck Cancer Patient With Noninvasive Ventilation: Is It Safe?
Jasvin Lee.....e2
- ② A Nationwide Survey of Japanese Palliative Care Physicians' Practice of Corticosteroid Treatment for Dyspnea in Patients With Cancer
Kozue Suzuki, Ryo Matsunuma, Yoshinobu Matsuda, Masanori Mori, Hiroaki Watanabe, and Takashi Yamaguchi.....e3
- ② Multicomponent Compression Bandaging for Refractory Bilateral Lower Extremity Edema of Multifactorial Origin in Cancer Patients: A Retrospective Case Series
Jegy M. Tennison, Santhosshi Narayanan, Robin Cummings, and Eduardo Bruera.....e5

Original Articles

- Physical Activity for Symptom Management in Women With Metastatic Breast Cancer: A Randomized Feasibility Trial on Physical Activity and Breast Metastases
Jasmine Yee, Glen M. Davis, Daniel Hackett, Jane M. Beith, Nicholas Wilcken, David Currow, Jon Emery, Jane Phillips, Andrew Martin, Rina Hui, Michelle Harrison, Eva Segelov, and Sharon L. Kilbreath.....929
- Efficacy of a Decision Aid Consisting of a Video and Booklet on Advance Care Planning for Advanced Cancer Patients: Randomized Controlled Trial
Young Ho Yun, EunKyo Kang, Sohee Park, Su-jin Koh, Ho-Suk Oh, Bhumsuk Keam, Young Rok Do, Won Jin Chang, Hyun Sik Jeong, Eun Mi Nam, Kyung Hae Jung, Hak Ro Kim, Jiyeon Choo, Jihye Lee, and Jin-Ah Sim.....940
- Dysphagia Prevalence and Predictors in Cancers Outside the Head, Neck, and Upper Gastrointestinal Tract
Ciarán Kenny, Julie Regan, Lucy Balding, Stephen Higgins, Norma O'Leary, Fergal Kelleher, Ray McDermott, John Armstrong, Alina Mihai, Eoin Tiernan, Jennifer Westrup, Pierre Thirion, and Declan Walsh.....949
- End-of-Life Concerns and Experiences of Living With Advanced Breast Cancer Among Medically Underserved Women
Shelley R. Adler, Yvette Z. Coulter, Kendra Stone, Johanna Glaser, Maia Duerr, and Sachi Enochy.....959

Journal of Pain and Symptom Management (ISSN 0885-3924) is published monthly by Elsevier Inc., 230 Park Avenue, Suite 800, New York, NY 10169-0901. Periodicals postage paid at New York, NY and additional mailing offices. Prices include postage and are subject to change without notice. 2018 rates: Personal rate: US, \$536.00; International, \$622.00. Student rate: US, \$297.00; International, \$341.00. POSTMASTER: Send address changes to *Journal of Pain and Symptom Management*, Elsevier, Journal Returns, 1799 Highway 50 East, Linn, MO 65051, USA.

Early Do-Not-Resuscitate Directives Decrease Invasive Procedures and Health Care Expenses During the Final Hospitalization of Life of COPD Patients <i>Pin-Kuei Fu, Ming-Chin Yang, Chen-Yu Wang, Shin-Pin Lin, Chen-Tsung Kuo, Chiann-Yi Hsu, and Yu-Chi Tung</i>	968
Patients' and Caregivers' Contested Perspectives on Spiritual Care for Those Affected by Advanced Illnesses: A Qualitative Descriptive Study <i>Clare O'Callaghan, Joanne Brooker, William de Silva, David Glenister, Adelaide Melia, Xavier Symons, David Kissane, and Natasha Michael</i>	977
Stability of Symptom Clusters in Patients With Gastrointestinal Cancers Receiving Chemotherapy <i>Claire J. Han, Kerryn Reding, Bruce A. Cooper, Steven M. Paul, Yvette P. Conley, Marilyn Hammer, Kord M. Kober, Jon D. Levine, and Christine Miaskowski</i>	989
Prioritizing Chinese Medicine Clinical Research Questions in Cancer Palliative Care: International Delphi Survey <i>Charlene H.L. Wong, Irene X.Y. Wu, Lynda G. Balneaves, Raymond S.K. Lo, Claudia M. Witt, Justin C.Y. Wu, Ting Hung Leung, and Vincent C.H. Chung</i>	1002
Palliative Care—Related Knowledge, Attitudes, and Self-Assessment Among Physicians in Vietnam <i>Lulu Tsao, Sarah E. Slater, Kathleen P. Doyle, Do Duy Cuong, Quach Thanh Khanh, Rie Maurer, Dang Ngoc Minh Thy, Dang Huy Quoc Thinh, Tran Diep Tuan, Do Van Dung, Luong Ngoc Khue, and Eric L. Krakauer</i>	1015
Optimizing Clinical Screening for Chemotherapy-Induced Peripheral Neuropathy <i>J. Matt McCrary, David Goldstein, Terry Trinh, Hannah C. Timmins, Tiffany Li, Michael Friedlander, Annmarie Bosco, Michelle Harrison, Natalie Maier, Siobhan O'Neill, and Susanna B. Park</i>	1023
 <i>Brief Reports</i>	
Narrative Approach to Goals of Care Discussions: A Novel Curriculum <i>David Shih Wu, David E. Kern, Sydney Morss Dy, and Scott M. Wright</i>	1033
Support Network Factors Associated With Naming a Health Care Decision-Maker and Talking About Advance Care Planning Among People Living With HIV <i>Dulce M. Cruz-Oliver, Tuo-Yen Tseng, Mary M. Mitchell, Zachary Catanzarite, Chakra Budhathoki, Thomas J. Smith, Cynda H. Rushton, and Amy R. Knowlton</i>	1040
A Video Decision Aid Improves Informed Decision Making in Patients With Advanced Cancer Considering Palliative Radiation Therapy <i>Kavita V. Dharmarajan, Chasity B. Walters, Tomer T. Levin, Carol Ann Milazzo, Christopher Monether, Robin Rawlins-Duell, Roma Tickoo, Daniel E. Spratt, Shona Lovie, Gina Giannantoni-Ibelli, and Beryl McCormick</i>	1048
Patterns of Palliative Care Beliefs Among Adults in the U.S.: Analysis of a National Cancer Database <i>Brian T. Cheng, Tenzin Wangmo, and Joshua M. Hauser</i>	1056
 <i>Brief Methodological Report</i>	
Brief English and Spanish Survey Detects Change in Response to Advance Care Planning Interventions <i>Ying Shi, Deborah E. Barnes, John Boscardin, John J. You, Daren K. Heyland, Aiesha M. Volow, Michelle Howard, and Rebecca L. Sudore</i>	1068
 <i>Brief Quality Improvement Report</i>	
A National VA Palliative Care Quality Improvement Project for Improving Intensive Care Unit Family Meetings (ICU-FMs) <i>Kathleen M. Akgün, David A. Gruenewald, Dawn Smith, Debra Wertheimer, and Carol Luhrs</i>	1075

Review Article

Cancer Pain in People With Intellectual Disabilities: Systematic Review and Survey of Health Care Professionals
Samantha K. Millard and Nanda C. de Knegt.....1081

Special Series: Science in Action: Evidence and Opportunities for Palliative Care Across Diverse Populations and Care Settings

Opportunities to Improve Utilization of Palliative Care Among Adults With Cystic Fibrosis: A Systematic Review
Meghan Marmor, Andrea Jonas, Alicia Mirza, Erika Rad, Hongnei Wong, Rebecca A. Aslakson, and the AAHPM Research Committee Writing Group.....1100

Palliative Care Rounds

Palliative Care in Patients With Multiple Myeloma
Renato V. Samala, Jason Valent, Natalee Noche, and Ruth Lagman.....1113

PC-FACS.....1119

Author Index.....1128

 Available at www.jpmsjournal.com

Guidelines for Authors are available at www.jpmsjournal.com

On the Cover: This month’s cover image is entitled, *Togetherness*. It was created by Jennifer D. Armstrong, MD, who was born and raised in Los Angeles, California. She studied art while attending the University of Southern California where she completed her bachelor’s degree in Biology in 1994. She later achieved her medical degree from the University of Southern California, Keck School of Medicine in 1999, and completed her Internal Medicine residency at Kaiser Permanente Los Angeles in 2002. She is currently a partner physician at Kaiser Permanente South Bay Medical Center in Harbor City, California.

The inspiration for *Togetherness* was the desire to express the importance of community in the world and how vital the support that we give one another is for the wellbeing of society as a whole.

Dr. Armstrong is currently pursuing a concurrent career in art and you can view more of her works at jdaartstudios.wordpress.com.

The image is part of *Expressions of Clinician Well-Being*, a nationwide art project conducted by the National Academy of Medicine (NAM), a nonprofit research organization in Washington, DC. The Academy called on artists of all skills and abilities to express what clinician burnout and clinician resilience/well-being looks, sounds, and feels like to them. The purpose was to promote greater awareness and understanding of barriers to clinician well-being—and solutions that promise a brighter future. To learn more about the project, visit <https://nam.edu/expressclinicianwellbeing/#/>