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**On the Cover:** This month’s cover image is entitled, Emotions. It was created by Douna Montazerlgaem, MD. Dr. Montazerlgaem, is a forensic psychiatry fellow at the University of Cincinnati. During residency, she was a resident union delegate and a resident wellness representative. She is interested especially in policies regarding physician wellness, physician health programs, and the consequence of disclosing emotional struggles or illnesses among doctors.

To raise awareness, Dr. Montazerlgaem has created a series of oil paintings that demonstrate a physician’s emotional experience in a culture that promotes hierarchical power differentials, demands sacrifice, and stigmatizes physicians’ emotional struggles. Emotions is a piece in this series that demonstrates the unique yet overwhelming impact of traumatic experiences on physicians. These rich, heavy feelings are veiled, though, as the painting’s character holds her head up high proudly to showcase her expected resiliency. Despite her efforts, however, her tears pour silently down her cheeks. Her tears contain a spectrum of colors, each originating from a unique and rich memory that has elicited an emotional experience.

The black background portrays her loneliness, and the contrast between her inner experiences from what she believes is expected of her. Little does she know that her emotions are what beautify this painting and give meaning to the piece.

The image is part of Expressions of Clinician Well-Being, a nationwide art project conducted by the National Academy of Medicine (NAM), a nonprofit research organization in Washington, DC. The Academy called on artists of all skills and abilities to express what clinician burnout and clinician resilience/well-being looks, sounds, and feels like to them. The purpose was to promote greater awareness and understanding of barriers to clinician well-being and solutions that promise a brighter future. To learn more about the project, visit <https://nam.edu/expressclinicianwellbeing>.