

JPSM | JOURNAL OF PAIN AND SYMPTOM MANAGEMENT

Advancing Palliative Care, Hospice, and Symptom Research

July 2019
Volume 58, Number 1

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Journal of Pain and Symptom Management (ISSN 0885-3924) is published monthly by Elsevier Inc., 230 Park Avenue, Suite 800, New York, NY 10169-0901. Periodicals postage paid at New York, NY and additional mailing offices. Prices include postage and are subject to change without notice. 2018 rates: Personal rate: US, \$536.00; International, \$622.00. Student rate: US, \$297.00; International, \$341.00. POSTMASTER: Send address changes to *Journal of Pain and Symptom Management*, Elsevier, Journal Returns, 1799 Highway 50 East, Linn, MO 65051, USA.

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On the Cover: This month's cover image is entitled, *Reflection*. It was created by Sung Min Ma, a medical student at Tufts University. His description of the painting follows:

“The practice of self-awareness and mindfulness is instrumental to the prevention of clinician burnout. In my painting, the woman symbolizes a clinician. She blends out of the framed artwork into a third space and observes the framed work. The work inside the frame symbolizes the life of clinicians, trapped within their daily challenges of clinical practice. In this way, the framed work—which the clinician was once a part of—becomes an artwork that she can now contemplate on with new perspectives.

In my painting, the woman takes a big step back and observes her life in medicine through which she expands her self-awareness. Through mindfulness, she rediscovers her motivations and the breathtaking beauty and rewards of her work. Recharged and rejuvenated, she will be ready once again to embrace the excitement and joy that the patient care brings and delve into her clinical work. In our medical environment, in which the burnout epidemic is rampant among clinicians, allowing for a space for reflection will go far in promoting well-being of clinicians.”

The image is part of *Expressions of Clinician Well-Being*, a nationwide art project conducted by the National Academy of Medicine (NAM), a nonprofit research organization in Washington, DC. The Academy called on artists of all skills and abilities to express what clinician burnout and clinician resilience/well-being looks, sounds, and feels like to them. The purpose was to promote greater awareness and understanding of barriers to clinician well-being—and solutions that promise a brighter future. To learn more about the project, visit <https://nam.edu/expressclinicianwellbeing>.