



Research paper

Repetitive transcranial magnetic stimulation promotes functional recovery and differentiation of human neural stem cells in rats after ischemic stroke

Jiao-Jiao Peng, Rong Sha, Ming-Xing Li, Lu-Ting Chen, Xiao-Hua Han, Feng Guo, Hong Chen*, Xiao-Lin Huang*

Department of Rehabilitation Medicine, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan 430030, Hubei Province, China

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ABSTRACT

Stem cells hold great promise as a regenerative therapy for ischemic stroke by improving functional outcomes in animal models. However, there are some limitations regarding the cell transplantation, including low rate of survival and differentiation. Repetitive transcranial magnetic stimulation (rTMS) has been widely used in clinical trials as post-stroke rehabilitation in ischemic stroke and has shown to alleviate functional deficits following stroke. The present study was designed to evaluate the therapeutic effects and mechanisms of combined human neural stem cells (hNSCs) with rTMS in a middle cerebral artery occlusion (MCAO) rat model. The results showed that human embryonic stem cells (hESCs) were successfully differentiated into forebrain hNSCs for transplantation and hNSCs transplantation combined with rTMS could accelerate the functional recovery after ischemic stroke in rats. Furthermore, this combination not only significantly enhanced neurogenesis and the protein levels of brain-derived neurotrophic factor (BDNF), but also rTMS promoted the neural differentiation of hNSCs. Our findings are presented for the first time to evaluate therapeutic benefits of combined hNSCs and rTMS for functional recovery after ischemic stroke, and indicated that the combination of hNSCs with rTMS might be a potential novel therapeutic target for the treatment of stroke.

1. Introduction

Stroke, one of the most common cerebrovascular disease, induces long-term neurological disability (Feigin et al., 2014). Early systemic thrombolysis is the current treatment of ischemic stroke (Grossman and Broderick, 2013). Following the acute phase, no effective and available treatments exist for survivors except physiotherapy. Nevertheless, the functional recovery is incomplete after receiving systematic physiotherapy (Knecht et al., 2011). Therefore, there is an urgent need to develop alternative therapies for ischemic stroke.

Stem cell transplantation is promising and attractive for neural repair following stroke. Several types of cells such as bone marrow cells (Yoo et al., 2015), pluripotent stem cells (Emborg et al., 2013), umbilical cord blood cells (Cui et al., 2012), and neural stem/precursor cells (Doepfner et al., 2015) have been used for transplantation as cellular-based therapy. We mainly focused on the efficacy of human neural stem cells (hNSCs). Following transplantation into the rodent stroke models, hNSCs have been demonstrated to recover neurological function (Abeyasinghe et al., 2015; Haus et al., 2016; Yuan et al., 2013). Numerous studies have shown that transplanted hNSCs not only substitute

lost cells and integrate into neural circuits (Weick et al., 2011), but also promote tissue repair by alleviating inflammation, secreting neurotrophic factors, promoting neurogenesis, and so on (Oki et al., 2012; Ryu et al., 2016; Watanabe et al., 2016). To apply stem cell therapy to clinic, the neural derivatives of human embryonic stem cells (hESCs) showed a great potential for treating ischemic injury. Moreover, hESCs are pluripotent cells and can be differentiated into a great number of neural cells (Zhang et al., 2001). Here, neural precursors differentiated from hESCs were used for transplantation.

Repetitive transcranial magnetic stimulation (rTMS) induces an electrical current in the nerve tissue and stimulates the human brain by producing an electromagnetic field. Both clinical and pre-clinical studies indicated that rTMS has therapeutic effects on a variety of nervous system disorders, such as trauma, stroke, depression, and Parkinson's disease (Rossi et al., 2009; Tang et al., 2017). Its therapeutic effects may be mediated by synaptic plasticity, increasing neurotrophic factors as well as enhancing neurogenesis (Chervyakov et al., 2015). Although the underlying mechanism has not been yet fully elucidated, rTMS has advanced to clinical trials as a noninvasive neuroprotectant in ischemic stroke (Du et al., 2016).

* Corresponding authors.

E-mail addresses: chenhong1129@hotmail.com (H. Chen), xiaolin2006@126.com (X.-L. Huang).

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NSCs also locate in subventricular zone (SVZ) and subgranular zone (SGZ) in adult mammals apart from the embryonic brain (Gage, 2000). Promotion of endogenous neurogenesis is one goal of stroke rehabilitation to support tissue repair and functional restoration after brain damage (Bellenchi et al., 2013). Our previous studies showed that treatment of stroke with rTMS promoted neurogenesis (Guo et al., 2014). Luo et al. reported that the underlying mechanism is likely through activating brain-derived neurotrophic factor (BDNF)/tropomyosin-related kinase B (TrkB) signaling pathway (Luo et al., 2017), both of which improved brain functional recovery. Interestingly, a previous study showed that human-derived neuron-like cells could respond to rTMS in vitro (Hellmann et al., 2012). However, there is no study to evaluate therapeutic effects of combined treatment of rTMS and hNSCs for stroke rehabilitation. We hypothesized that combination of hNSCs with rTMS would result in greater improvements in motor function in rats after ischemic stroke, and that combined effect was mediated by enhanced neurogenesis and activation of the BDNF-TrkB signaling pathway. Whether rTMS could affect hNSCs has still remained unclear in vivo, hence, we investigate the effects of rTMS on hNSCs in this study.

2. Materials and methods

2.1. hESCs culture and neural differentiation

The hESCs (H9, passages 25–55; WiCell Research Institute) were grown on a feeder layer of irradiated mouse embryonic fibroblasts (MEFs) and cultured in defined medium: DMEM/F12 (Gibco, 11330-032) with 20% knockout serum replacement (Gibco, 10828028), 1% Non-essential amino acids (NEAA; Gibco, 11140050), 1% GlutaMAX (Gibco, 35050061), 0.1 mM β -Mercaptoethanol (Sigma-Aldrich, M3148), and 20 ng/ml basic fibroblast growth factor (PeproTech, 100-18B). Cells were digested by dispase (Roche, LD4693) and passaged every 5 days. The cultures were free of mycoplasma throughout the experiment.

The neural differentiation was performed using the dual SMAD inhibition differentiation protocol, as previously described (Chambers et al., 2009). In brief, the hESCs medium (1 day after passing) was replaced with neural differentiation medium, including DMEM/F12: neurobasal medium (1:1; Gibco, 21103049), 1 \times GlutaMAX, 1 \times NEAA, 1 \times N₂ (Gibco, 17502048) and 1 \times B₂₇ (Gibco, 12587010) in presence of 2 μ M SB431542 (Stemgent, 040010), 2 μ M DMH1 (Tocris, 4126) for 6 days. The medium was changed every other day and hESCs were induced into neuroepithelial cells. On the 6th day, the neuroepithelial cells were dissociated and split at 1:2 with the same medium. After 12 days, the neural rosettes were mechanically detached by a 1 ml pipette and expanded as free-floating neurospheres for 6 days. For in vitro analysis, the neurospheres were dissociated by Accutase (Innovative Cell Technologies, AT-104) and plated onto poly-ornithine/laminin-coated coverslips in the neurobasal medium supplemented with 1 \times B₂₇ and a set of neurotrophic factors including 10 ng/ml BDNF (PeproTech, 450-02), 10 ng/ml glial-derived neurotrophic factor (GDNF; PeproTech, 450-10), 10 ng/ml insulin-like growth factor 1 (IGF1; PeproTech, 100-11), and 1 μ M cAMP (Sigma-Aldrich, D-0260).

2.2. Animals and middle cerebral artery occlusion (MCAO) model

Male Sprague-Dawley (SD) rats, weighing 230–270 g, (SPF grade; Center of Experimental Animals, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China) were used in the study and maintained at 25 \pm 2 °C under a 12 h light/dark cycle with food and water ad libitum. All procedures were approved by Animal Care and Use Committee of the Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China. The model of cerebral ischemia was generated by transient right MCAO as previously described (Daadi et al., 2009). Besides, reperfusion was initiated by

filament removal after 60 min. All rats suffered from the injury of MCAO, and then were allowed for recovery. Animals (n = 11–15 rats/per group) were randomly divided into four groups as follows: (i) vehicle group, ischemic rats were injected medium; (ii) hNSCs group, ischemic rats were injected hNSCs; (iii) rTMS group, ischemic rats received rTMS treatment following medium injection; (iv) hNSCs + rTMS group, ischemic rats were given hNSCs and rTMS treatment.

2.3. Cell transplantation

Differentiated forebrain hNSCs in suspension were enzymatically dissociated with Accutase and prepared at approximately 100,000 cells/ μ l in medium. Rats were anesthetized and placed in a stereotactic apparatus 4 days after MCAO. The skull was exposed and a small hole was drilled on the hemisphere. A total of 2.5 μ l of cell suspension was transplanted into the striatum site (anterior-posterior (AP) = +1.0 mm, medial-lateral (ML) = +2.0 mm, dorsal-ventral (DV) = –5 mm), using a tipped and sterile glass pipette connected to a microsyringe. The needle was left for 5 min before removal. All rats were injected intraperitoneally with 10 mg/kg of Cyclosporine A (Sandimmune; Novartis Pharmaceuticals) one day before transplantation and daily thereafter.

2.4. rTMS

Animals received rTMS 24 h after recovering from transplantation surgery. rTMS was administered using a magnetic stimulation device (YRD-CCI, Wuhan, China) with a 60 mm figure-of-eight coil. The coil was placed perpendicular to the cortex approximately 0.5 cm to the right of the bregma. The rTMS parameters were as follows: stimulating frequency = 10 Hz, stimulating pulse intensity = 26% of the maximum output of the stimulator, and train duration = 3 s. Ten successive trains of rTMS were applied (300 pulses per day) with a 50 s interval between trains. The rTMS parameter was shown to be effective and safe in our lab (Guo et al., 2014). During stimulation, the rats were restrained by hand. No abnormal symptoms were observed during the experiment.

2.5. Behavioral evaluation

The prehensile traction test and grip strength test were used to assess forepaw power of animals. In the prehensile test, rat's forepaws were hung on a horizontal rope (60 cm in length and 0.5 cm in diameter). Subsequently, the time to fall was recorded (Yoon et al., 2011). For the grip strength test, the rats were allowed to grasp a plastic grid with the left paretic forelimbs while being dragged backwards from the base of tail, and that maximal grip strength was recorded until they loosened their grip (Lee et al., 2017). The tests were repeated three times and the results were averaged.

The elevated body swing test was used to assess the behavior of asymmetric motor (Fujimoto et al., 2012). The ischemic rats were held above the table and the rats tended to turn toward the contralateral side. The number of left-side turns over 10 trials was recorded as well. The tests were repeated three times and the results were averaged.

2.6. Tissue processing

Animals were deeply anesthetized with 10% chloral hydrate. The brains were post-fixed in paraformaldehyde (PFA) overnight, and then consecutively transferred to 20% sucrose and 30% sucrose at 4 °C for dehydration. The specimens were embedded in optimum cutting temperature (OCT) compound and cut into 30 μ m tissue sections with a cryostat. The free-floating sections were serially collected into 24-well plates for immunohistochemical analysis.

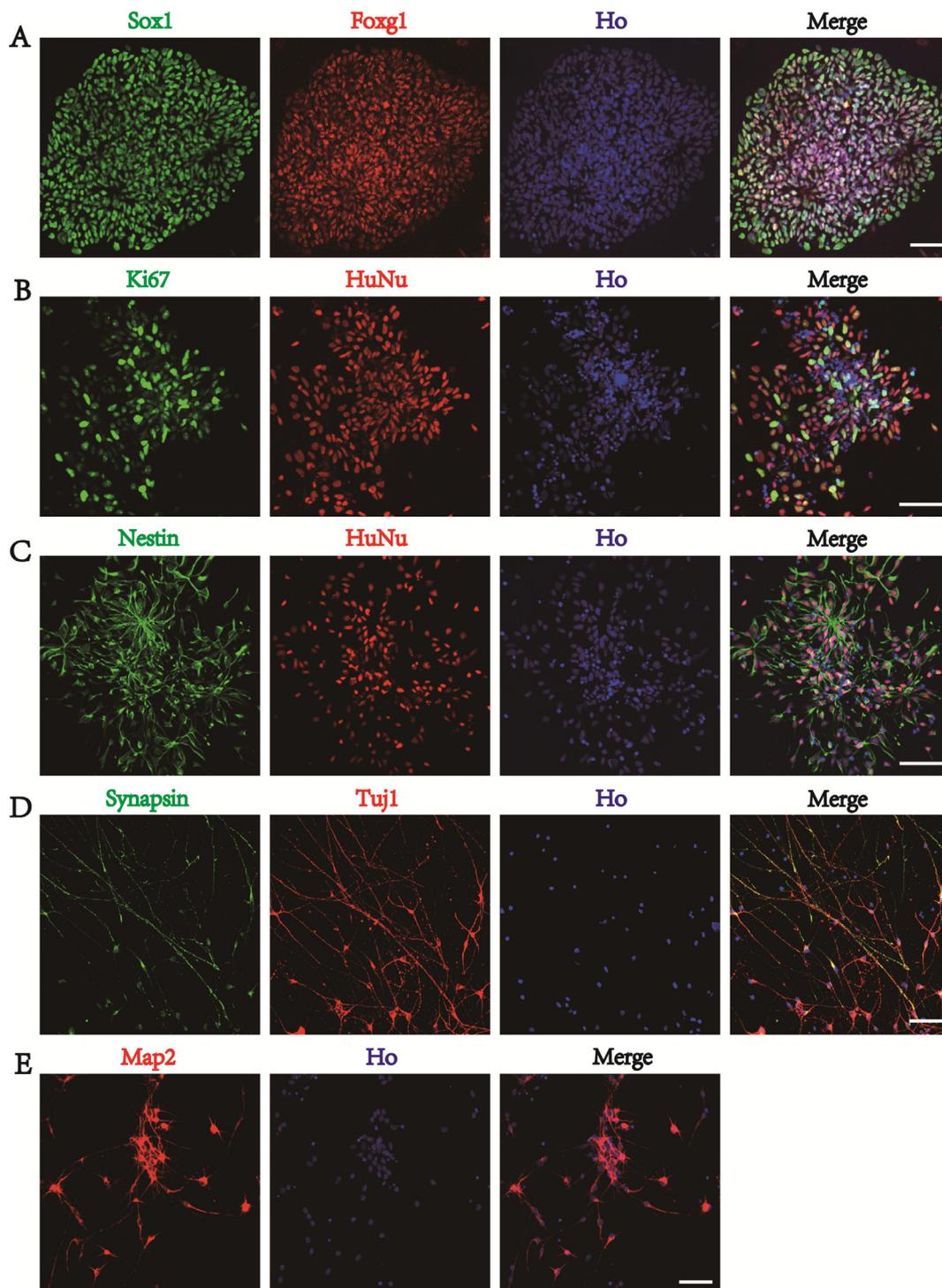


Fig. 1. Generation of hNSCs for transplantation and the phenotype of neural markers during the process of differentiation. (A) Representative images were immunoreactive for forebrain marker Foxg1 and neural stem cell marker Sox1 in the form of neural rosettes at day 10. (B–C) Differentiated hESCs expressed HuNu and demonstrated immunoreactivity for proliferative marker Ki67 (B) and neural stem cell marker Nestin (C) at day 21. (D–E) By 50 days in culture, neurons became mature and were positive for Synapsin (D) and Map2 (E). Scale bars: A, B, C, D, E = 100 μ m. Ho: Hoechst.

2.7. Immunofluorescence staining

Immunofluorescence staining was performed on *in vitro* coverslip cultures as previously described (Yuan et al., 2015). In brief, cells were fixed with 4% PFA for 30 min, washed with phosphate buffered saline (PBS), and then blocked in 10% donkey serum (Jackson ImmunoResearch, 017-000-121) with 0.2% Triton X-100 for 1 h before being identified using primary antibodies at 4°C overnight. Primary

antibodies included rabbit anti-Foxg1 (Abcam, Ab18259, 1:1000), goat anti-Sox1 (R&D Systems, AF3369, 1:1000), mouse anti-human nuclei (HuNu; Millipore, MAB1281, 1:200), rabbit anti-Ki67 (Invitrogen, PA5-19462, 1:500), rabbit anti-Nestin (Millipore, ABD69, 1:1000), rabbit anti-Synapsin (Millipore, 574777, 1:1000), mouse anti-neuronal class III β -tubulin (Tuj1; Biolegend, 801201, 1:2000), mouse anti-microtubule-associated protein-2 (Map2; Sigma-Aldrich, M1406, 1:1000). The corresponding fluorescently conjugated secondary antibodies were

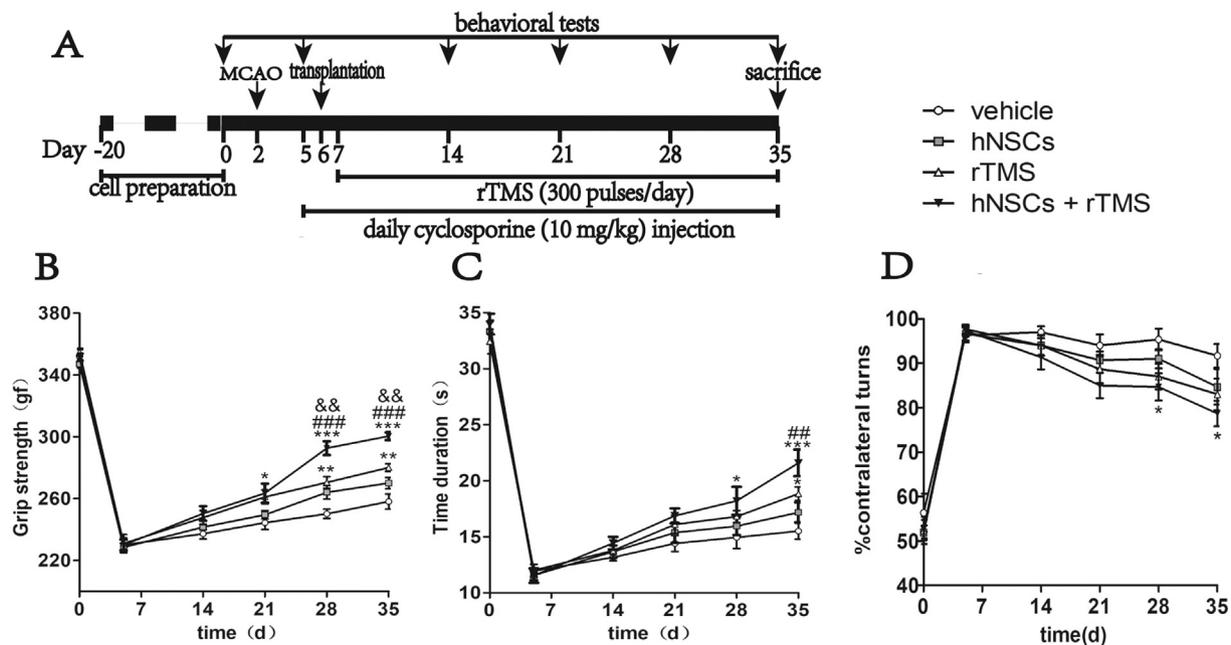


Fig. 2. Combining treatment rTMS with hNSCs improved functional outcomes in post-ischemic rats. (A) Experimental design: hNSCs transplantation was performed 4 days after stroke. Behavioral tests were assessed at the indicated times. Rats were intraperitoneally injected cyclosporine (10 mg/kg) and rTMS was administered from day 7 until animals were sacrificed. (B–C) In the grip strength test (B) and prehensile traction test, behavioral performance was significantly improved in rTMS and hNSCs + rTMS groups. (D) In the elevated body swing test, only the hNSCs + rTMS group had significantly functional recovery compared with the vehicle group. * $p < .05$, ** $p < .01$, *** $p < .001$ versus vehicle group; # $p < .01$, ### $p < .001$ versus hNSCs group; & & $p < .01$ versus rTMS group. $N = 10$ rats/per group. Mean \pm SEM. One-way ANOVA.

applied for 1 h and nuclei were stained with Hoechst 33342 (Invitrogen, H1399). For in vivo immunohistochemical analysis, free-floating tissue sections were processed as above described. Primary antibodies included rabbit anti-Tuj1 (Biolegend, 802,001, 1:1000), rabbit anti-Ki67 (Invitrogen, PA5-19462, 1:500), mouse anti-HuNu (Millipore, MAB1281, 1:200), mouse anti-Nestin (Abcam, ab6142, 1:500).

2.8. Western blot analysis

Under deep anesthesia, rats were sacrificed and brain tissue encompassing the transplant site was immediately collected. Total protein was isolated by homogenization and supernatants were collected after centrifuging at 12,000 rpm for 15 min. Next, a total of 40 μ g protein was subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE), and then transferred onto polyvinylidene difluoride (PVDF) membranes. Membranes were incubated at 4 °C overnight with primary antibodies: rabbit anti-BDNF (Abcam, ab108319, 1:1000, 15 kDa), rabbit anti-TrkB (Abcam, ab18987, 1:500, 92 kDa), rabbit phosphorylated-TrkB (p-TrkB; Millipore, ABN1381, 1:500, 140 kDa), followed by incubation with appropriate horseradish peroxidase conjugated secondary antibodies. Blots were detected using the ECL Western Blotting Substrate. The intensity of protein band was quantified using Gel-Pro Analyzer 4.0 software (Media Cybernetics, USA).

2.9. Microscopical analysis and cell quantification

Images were captured with an Olympus fluorescence microscope or an Olympus FV1000 confocal microscope. Three sections taken from similar positions in each rat.

were chosen. The number of positively Nestin⁺/Ki67⁺ double labeled cells in the SVZ were manually counted using ImageJ software in a blind manner. For analysis of differentiation of transplanted cells, all nuclei of grafted cells were identified based on HuNu immunostaining. The ratio of Ki67 and Tuj1 were determined by counting Ki67⁺/HuNu⁺ and Tuj1⁺/HuNu⁺ double labeled cells, and then dividing by

the total number of HuNu cells. The images were taken from areas where HuNu-labeled cells were located. The ratio of Ki67 and Tuj1 was averaged for each subject. At least 1000 cells per animal were counted.

2.10. Statistical analysis

All data were expressed as mean \pm standard error of the mean (SEM). For multiple comparisons, data were analyzed by one-way analysis of variance (ANOVA) followed by Tukey's multiple comparison tests between different groups. For comparison between two groups, the differences were compared by Student's unpaired *t*-test. GraphPad Prism 5 and SPSS 18.0 software were used for statistical analyses. *P*-value $< .05$ was statistically considered significant.

3. Results

3.1. Characterization of hNSCs in vitro

To obtain a high quantify of hNSCs for transplantation, the dual SMAD inhibition-based adherent culture was applied. Neural rosettes emerged evidently after 10 days of differentiation and the cells expressed the forebrain marker Foxg1 and neural stem cell marker Sox1 (Fig. 1A), showing forebrain identity. The differentiated hNSCs labeled with HuNu, a human specific antigen that detects transplanted cells, were positive for proliferative marker Ki67 and neural stem cell marker Nestin (Fig. 1B, C). Subsequently, these neurons expressed pre-synaptic marker Synapsin (Fig. 1D) and mature neural cell marker Map2 (Fig. 1E).

3.2. hNSCs transplantation combined with rTMS enhanced functional recovery

In the acute phase of stroke, the microenvironment is hostile for the survival of hNSCs and transplantation may not be practical in clinical settings at this time. Therefore, we transplanted hNSCs 4 days after

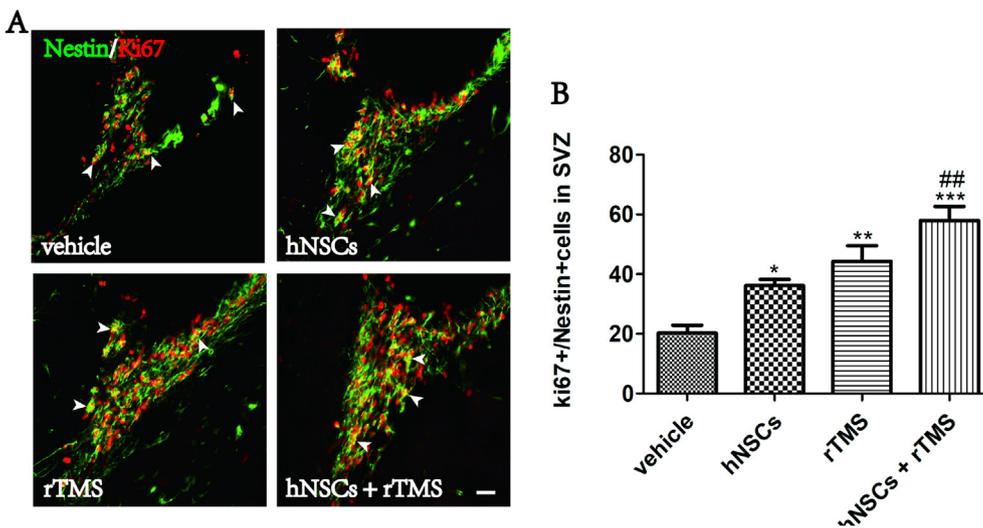


Fig. 3. Effects of hNSCs and rTMS treatment on neurogenesis in SVZ 33 days after MCAO. (A) Fluorescence photomicrographs of Ki67⁺/Nestin⁺ positive cells from vehicle, hNSCs, rTMS, hNSCs + rTMS group. White arrows indicate examples of colocalized cells. Scale bar = 50 μ m. (B) Quantification of Ki67⁺/Nestin⁺ positive cells in each group. * p < .05, * p < .01, * p < .001 versus vehicle group; # p < .01 versus hNSCs group. N = 5 rats/per group. Mean \pm SEM. One-way ANOVA.

ischemic stroke, and then followed by treatment with rTMS (Fig. 2A). In the prehensile traction and grip strength tests, there were no significant differences among the four groups at 14th day. Thereafter, forepaw power was significantly improved in rTMS group compared with the ischemic rats receiving medium, and improvements were earlier observed with notably significant differences in hNSCs + rTMS group (Fig. 2B, C). The elevated body swing test revealed that only animals treated with hNSCs + rTMS showed significantly enhanced functional recovery compared with other three groups (Fig. 2D). These results suggest that hNSCs transplantation combined with rTMS rapidly promotes functional recovery in post-ischemic rats.

3.3. hNSCs transplantation combined with rTMS promoted neurogenesis in the SVZ

To investigate the neurogenesis of ipsilateral SVZ in response to combined treatment of hNSCs and rTMS, the proliferative marker Ki67 and neural stem cell marker Nestin were employed for double immunofluorescence (Fig. 3A). The Nestin⁺/Ki67⁺ double-positive cells were significantly higher in number in hNSCs and rTMS groups. We found that rats treated with rTMS and hNSCs exhibited a significant increase in double positive cells compared with rats treated with medium or hNSCs. There were no significant differences between rTMS and hNSCs + rTMS rats (Fig. 3B). These findings suggest that rTMS and hNSCs could synergistically enhance neurogenesis in the SVZ.

3.4. hNSCs transplantation combined with rTMS increased BDNF and p-TrkB expression

To examine whether the beneficial effects of rTMS and hNSCs treatment on functional recovery and neurogenesis were related to BDNF, we investigated the protein expression of BDNF, TrkB and p-TrkB. We found that the expression of BDNF and p-TrkB were significantly higher in the rTMS and hNSCs + rTMS groups than in the vehicle group. Compared with the hNSCs group, the expression of BDNF and p-TrkB in the hNSCs + rTMS group were significantly increased (Fig. 4A, B, C). The expression of total TrkB revealed that there were no significant differences among the four groups (Fig. 4A, D). The ratio of p-TrkB/TrkB was significantly increased in the rTMS and hNSCs + rTMS groups compared with the vehicle group. Particularly, significantly higher ratio was observed in the hNSCs + rTMS group (Fig. 4E). The results indicate that hNSCs transplantation combined with rTMS significantly activates BDNF/TrkB signaling pathway compared to the vehicle group or hNSCs group.

3.5. rTMS promoted the neural differentiation of hNSCs after transplantation in MCAO rats

To study whether rTMS had an influence on the proliferation and differentiation of hNSCs, we next examined the grafts in transplanted animals. Reflective of the proliferative ability of grafted cells, double immunostaining for Ki67 and HuNu were performed (Fig. 5A). A significantly higher proliferation rate for hNSCs animals was observed compared to hNSCs + rTMS group (Fig. 5C). Next, we found more neuronal cells, which were identified by the marker Tuj1, differentiated from grafted cells in the presence of rTMS (Fig. 5B) and the proportion of Tuj1/HuNu in the hNSCs + rTMS group was > 2 times higher than in the hNSCs group (Fig. 5D). The results demonstrate that rTMS stimulates neural production from grafted hNSCs in vivo.

4. Discussion

After stroke, multiple types of brain cells are lost and stem cell therapy is considered as a potential regenerative strategy for stroke (Boese et al., 2018). Basic studies and ongoing clinical studies have demonstrated that stem cell therapy is effective (Andres et al., 2011; Bang, 2016; Hess et al., 2017). Though some advancements have been made, there are still many difficulties to overcome in regenerative medicine, such as the production of cells for transplantation, low survival rate of grafted cells and limited differentiation of transplanted cells. This highlights the importance of seeking an effective treatment strategy when using exogenous stem cell treatment (Le Fric et al., 2017). rTMS may be an appropriate option to enhance stem cell therapy on the basis of effectiveness and safety of human treatment. In the present study, the grafted cells could be differentiated into mature neurons in vitro and survive 1 month after transplantation. We investigated the effects of combination therapy on neurological recovery in ischemic rats and examined the effects of rTMS as a post-stroke rehabilitation on the hNSCs after transplanted into the brain.

rTMS has been applied to stroke to alleviate neurological impairments (Dafotakis et al., 2008). Previous studies have shown that rTMS exerts a neurotrophic effect on the neurogenesis, promoting functional recovery (Luo et al., 2017). It has also been demonstrated that hNSCs have a neuroprotective effect on brain through secretion of trophic factors (Redmond et al., 2007; Ryu et al., 2004), among which BDNF is one of the most important neurotrophins (Lee et al., 2010). BDNF can bind to the receptor TrkB and then is induced autophosphorylation (Ohira and Hayashi, 2009). BDNF/TrkB signaling pathway plays an important role in endogenous ischemic-induced neurogenesis (Luo et al., 2017). Our behavioral results suggest that combined therapy can

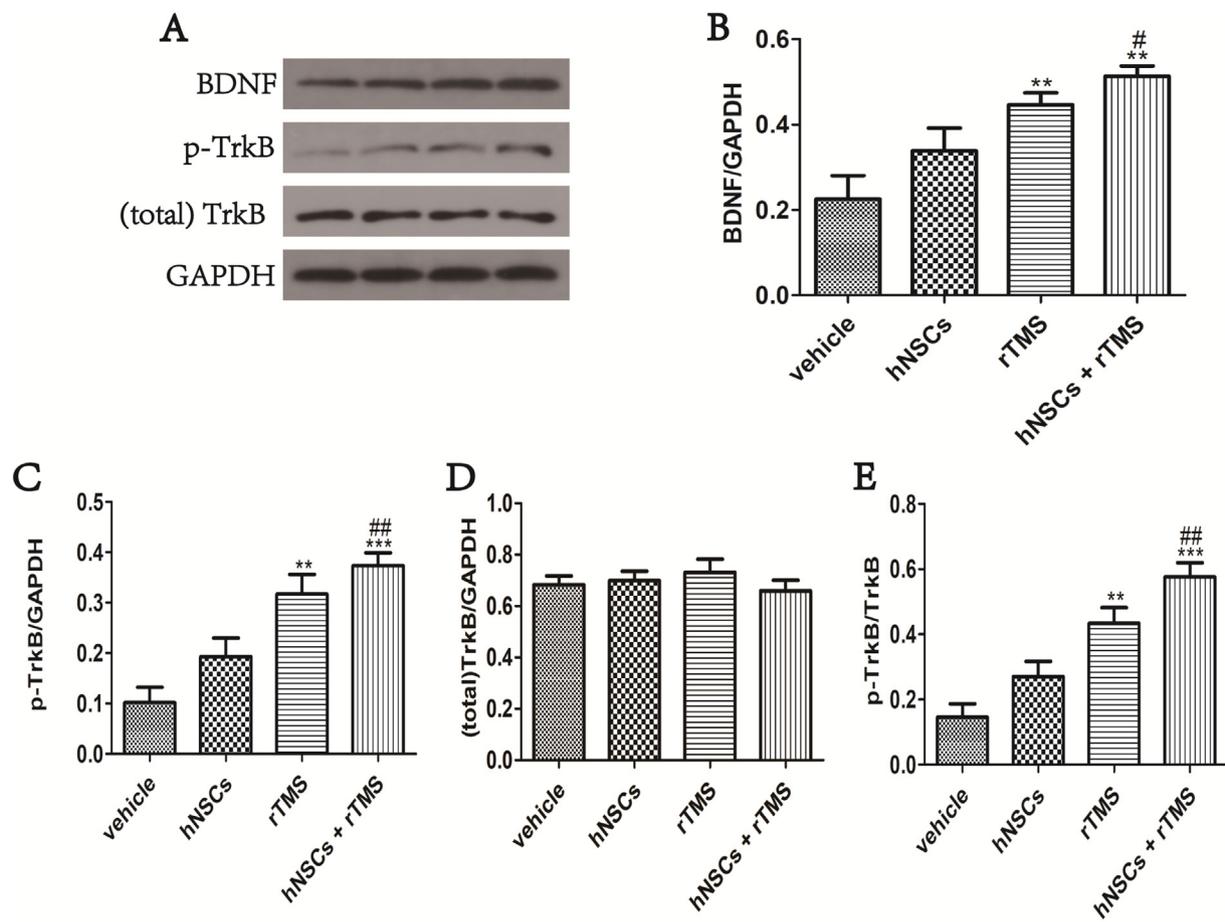


Fig. 4. Effects of hNSCs and rTMS treatment on the expression of BDNF, TrkB, p-TrkB were evaluated by western blot 33 days after MCAO. (A–D) Gel electrophoresis (A) and the densitometric analyses of BDNF (B), p-TrkB (C) and TrkB (D). (E) Combination treatment of hNSCs and rTMS increased p-TrkB/TrkB expression. * $p < .01$, ** $p < .001$ versus vehicle group; # $p < .01$ versus hNSCs group. $N = 6$ rats/per group. Mean \pm SEM. One-way ANOVA.

lead to better functional improvements than hNSCs or rTMS treatment alone. In addition, rTMS and hNSCs can synergistically enhance endogenous neurogenesis and increase BDNF levels that may directly contribute to functional recovery. There may be some interactive communications and signaling cross talk between rTMS and hNSCs for this synergistic enhancement.

In this study, rTMS treatment seems to be more effective than hNSCs transplantation. It may be due to the limited number of grafted cells that survive in ischemic rats. Although there is no report concerning detailed quantification of survival grafted cells after transplantation in post-ischemic animals (Hicks et al., 2009; Ishibashi et al., 2004), some studies have demonstrated that the survival of transplanted stem cells is poor owing to the hostile environment after stroke (Watanabe et al., 2016), which is consistent with our results as well. Because in our study, only a minority of surviving grafts was detected in some animals. A subtherapeutic dose of grafted cells may not improve functional outcomes (Daadi et al., 2013), while the survival of grafted cells is not proportional to functional recovery (Oki et al., 2012). Whether a higher dose of surviving grafts lead to a better outcome is still ambiguous. Many factors can affect the survival of transplanted cells, such as cerebral microenvironment, glia scar, and the donor cell type for transplantation (Kim et al., 2006; Molcanyi et al., 2007; Tom et al., 2017). As such it is difficult to draw a conclusion about the quantification of graft survival because of variability between different studies and it is not our aim of the present investigation. The results confirmed that rehabilitation was necessary for early functional improvements.

Our findings showed that rTMS decreases the proliferation of hNSCs about 1 month after transplantation in post-ischemic rats, which is

contradictory to previous studies. Abbasnia et al. demonstrated that rTMS increased the proliferation and neural differentiation of NSCs (Abbasnia et al., 2015). Consistently, a recent research has also shown that high frequency rTMS reduced death of neural cells by increasing cell proliferation as well as reducing apoptosis in vitro (Baek et al., 2018). This discrepancy could be attributed to origin of the cells and the environment in which the cells are situated. In our research, the grafted hNSCs were differentiated from hESCs rather than animal origin. rTMS had been shown to activate cAMP-responsive element-binding protein (cAMP-CREB) pathway in human-derived neuronal cells by increasing the expression of BDNF (Hellmann et al., 2012; Ma et al., 2013). Furthermore, the beneficial effect of rTMS in brain was correlated with the enhancement of BDNF levels (Wang et al., 2011). It is known that BDNF plays an important role in the neuronal differentiation of stem cells (Leschik et al., 2013). Our results suggested that rTMS could promote the neural differentiation of hNSCs in ischemic rats, which may partially result from the up-regulation of BDNF levels. Interestingly, increased neuronal production from grafted hNSCs has been documented to promote functional recovery and the beneficial effects of neurological recovery could be abolished after ablating the role of neuronal production from hNSCs (Wang et al., 2016). The beneficial effects of rTMS through the neurotrophin BDNF to enhance neuronal differentiation implied that rTMS might be a potential intervention to treat stroke when applying stem cell therapy. To our knowledge, there were rare studies that assessed the effects of rTMS on the proliferation and differentiation of exogenous neural stem cells in vivo. Previous studies were mainly constructed in vitro (Baek et al., 2018; Grehl et al., 2015; Hellmann et al., 2012; Ma et al., 2013). Only one research showed that

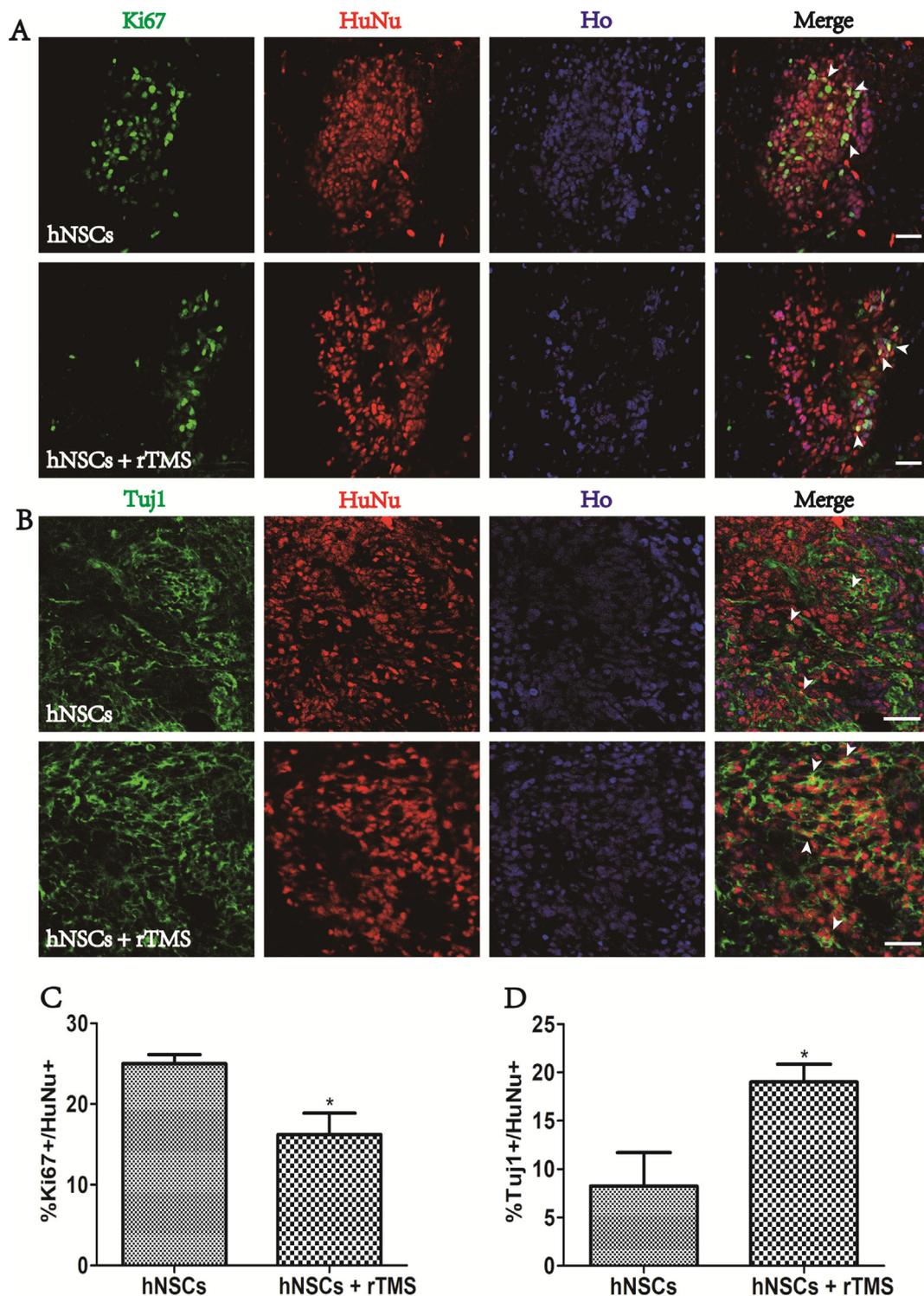


Fig. 5. rTMS promoted the differentiation of hNSCs after transplantation in MCAO rats 33 days after MCAO. (A) Confocal photomicrographs showing Ki67 and HuNu co-immunostaining in rats treated with hNSCs and hNSCs + rTMS. (B) Confocal photomicrographs showing Tuj1 and HuNu co-immunostaining in rats treated with hNSCs and hNSCs + rTMS. White arrows indicate examples of colocalized cells. Scale bars: A, B = 50 μ m. Ho: Hoechst. (C-D) The percentage of Ki67⁺/HuNu⁺ (C), Tuj1⁺/HuNu⁺ (D) positive cells in hNSCs and hNSCs + rTMS groups. **p* < .05 versus hNSCs group. *N* = 5 rats/per group. Mean \pm SEM. Student's unpaired *t*-test.

rTMS provided an unfavorable environment for human dental pulp stem cells in vivo, which was conducted in normal rats (Kremer et al., 2016). The complexity of stem cells and large scale of rTMS parameters may cause this situation. The ultimate purpose of cellular-based therapy is to reconstruct lost neural circuit and promote the functional repair of the injured brain. Interestingly, we observed that rTMS promotes the differentiation of hNSCs and decreases their proliferation. The higher

rate of successful differentiation from rTMS-mediated grafts suggests that rTMS could be used as a new approach to promote exogenous hNSCs to differentiate into mature neural cells, ultimately integrating into existing neural circuits in the injured brain. To increase the therapeutic potential of cell transplantation therapy, rTMS may provide an effective way of optimizing neural stem cell transplantation.

In summary, we show for the first time that a combination of rTMS

and hNSCs treatment significantly improved functional recovery, promoted neurogenesis, and increased the expression of neurotrophin BDNF. We also find that rTMS promoted the neural differentiation of hNSCs, which may partially result from the up-regulation of BDNF and then contribute to functional recovery. This observation may indicate that the combination of hNSCs with rTMS might be an effective approach to the treatment of stroke. However, further studies and long-term observation will be required to determine whether rTMS-based clinical rehabilitation can enhance stem cell therapy, and clarify the specific mechanisms of action of rTMS/hNSCs treatment.

Conflict of interest

The authors declare no conflict of interest.

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Authors' contributions

H.C. and X.L.H. conceived and designed the project. J.J.P., R.S., and L.T.C. carried out the experiment. M.X.L., X.H.H., and F.G. analyzed the data. J.J.P. drafted the manuscript.

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