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Original article

# Pristane-induced arthritis in dark Agouti rat is a relevant model for mimicking vascular dysfunction and lipid paradox in rheumatoid arthritis

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## ABSTRACT

**Objectives:** To understand the pathophysiology of cardiovascular (CV) dysfunction in rheumatoid arthritis (RA) is crucial, but limited by the paucity of animal models able to mimic CV impairments. We wanted to determine if the rat model of Pristane-Induced Arthritis (PIA) reproduced cardiometabolic impairments of RA.

**Methods:** Dark Agouti rats received an injection of pristane or saline (controls) at day 0. Reactivity to vasoconstrictors and vasodilators was studied in aortic rings and mesenteric arteries at day 28 (acute) and day 120 post-induction (chronic phase). Circulating markers of inflammation, lipid and glucose levels, arthritis and radiographic scores were assessed.

**Results:** In aortic rings, PIA induced a reduced vasoconstriction to phenylephrine and serotonin in both phases of the model. The relaxant effect of acetylcholine was decreased in PIA in acute ( $P < 0.05$ ) but not in chronic phase. In mesenteric arteries, only the acetylcholine-induced vasorelaxation was impaired in PIA rats in the chronic phase ( $P < 0.001$ ). Serum interleukin-6 levels were higher, total cholesterol and triglycerides levels were lower in PIA in both phases ( $P < 0.001$ ) whereas myeloperoxidase activity and blood glucose were unchanged. Adiponectine levels were lower in PIA in acute ( $P < 0.001$ ) but not in chronic phase. Endothelial function correlated with interleukin-6, total cholesterol levels and arthritis score in aorta but not in mesenteric arteries.

**Conclusions:** As new information, PIA induces endothelial dysfunction in micro-/macro-vascular beds and low lipid levels, like in RA. This model of chronic arthritis might be useful to study CV pathophysiology and to screen new therapeutic options for reducing CV risk in RA.

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## 1. Introduction

Chronic inflammatory rheumatic diseases, including rheumatoid arthritis (RA), are associated with increased cardiovascular (CV) morbidity and mortality [1,2]. In RA, the risk of CV mortality is increased by 50% compared to general population [3], and persists even after adjusting for CV risk factors [4]. The relative increase in risk of myocardial infarction and stroke in RA is 68% and 41%, respectively [3]. The mechanisms linking RA to high CV mortality are still unknown but immune dysregulation, inflammation,

metabolic disturbances, drugs and probably other yet unidentified factors are likely to affect CV health through the development of endothelial dysfunction (ED). ED is a functional and reversible alteration of endothelial cells that leads to a shift in the properties of the endothelium towards reduced vasodilatation, a pro-inflammatory state, and pro-proliferative and prothrombotic properties. In RA, ED can occur in large vessels (such as conduit arteries) where it is an obligatory step for the development of atheroma, and in small vessels of the microvasculature, which are involved in end-organ damages [5]. Clinical evidence indicated that ED is present in early and established RA [6], and suggested that macro-vascular ED is linked to inflammation whereas micro-vascular ED is not [5]. As regards the metabolic impairments, RA is associated with a “lipid paradox” characterized by a paradoxical increased CV risk in patients with decreased lipid levels [7].

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Despite remarkable improvements in RA treatment, the CV mortality gap between patients and general population is not closing [8], indicating that a better understanding of the pathophysiology of CV impairments in RA is required. Thus, there is a need of animal models of arthritis able to mimic the main features of the cardiometabolic dysfunction in RA [9]. Such models would allow to overcome the unavoidable limitations of clinical including heterogeneity in disease severity and duration in RA cohorts, lack of control groups, high level of polymedication including CV drugs which can impact upon endothelial function. Data from the widely-used model of Collagen-Induced Arthritis (CIA) in mice revealed controversial results as regards the presence of ED [10,11]. By contrast, the Adjuvant-Induced Arthritis (AIA) model in rat appeared relevant for mimicking ED in macro- and microvasculature in RA [12]. However, the AIA model do not exhibit dyslipidemia [13], and only develop a “monophasic” arthritis, making this model not totally appropriated for long-term studies on CV impairments.

The aim of this study was to determine if the Pristane-Induced Arthritis (PIA) model in rat is useful for mimicking vascular dysfunction and lipid impairments in RA. This model in rat is a model of polyarthritis characterized by a chronic disease course [14], the presence of rheumatoid factor (RF) [15,16], and a good response to methotrexate, anti-TNF $\alpha$  and glucocorticoids [14,17,18]. Vascular function (endothelial function and response to vasoconstrictive agents) was studied in isolated aortic rings (macro-vascular bed) and in third order mesenteric arteries (micro-vascular bed) in PIA rats in both acute and chronic phases of the model. Blood markers of metabolic impairments such as cholesterol, triglycerides glucose and adiponectin levels were measured. Circulating inflammation was assessed through the measure of interleukin-6 (IL-6) levels and myeloperoxidase activity. The severity of arthritis was evaluated by clinical and radiological scores.

## 2. Methods

### 2.1. Animals

Eighty Dark Agouti male rats aged of 9–10 weeks were purchased from Envigo (Gannat, France). Animals were kept under a 12 h–12 h light/dark cycle and allowed free access to food and water. The experimental procedures were approved by the local committee for ethics in animal experimentation No. 2015-001-CD-5PR of Franche-Comté University (Besançon, France), and complied with the “Animal Research: Reporting In Vivo Experiments” ARRIVE guidelines.

### 2.2. Arthritis induction, clinical evaluation, disease course definitions

After anesthesia with isoflurane and application of alcohol at the base of the tail to separate hairs, 150  $\mu$ L of pristane (2,6,10,14-Tetramethylpentadecane, Sigma) were infused intradermally on the dorsal surface of the base of the tail [14]. Control rats received the same volume of saline. Body weight and arthritis score were daily monitored. Arthritis score was determined by monitoring erythema and edema for all paws: every toe/knuckle received a score up to 1 point and every mid-paw or ankle received a score up to 5 points [14,17]. The maximum score for each rat is 60.

The onset of the acute arthritis phase was defined by the first day with an arthritis score greater than or equal to 1/60 [14]. The remission phase corresponded to the period between the end of inflammatory symptoms of acute arthritis phase and the onset of chronic arthritis phase. The onset of the chronic arthritis phase was defined after day 60 by the first day with an arthritis score equal to 5 if the mean arthritis score at the end of the follow-up was greater

than or equal to 5, or by the first day with an arthritis score greater than or equal to 6 during 2 consecutive days minimum if the mean arthritis score at the end of follow-up was not greater than or equal to 5 [14]. Forty rats were studied in acute phase (20 PIA/20 controls) and 40 in chronic phase (20 PIA/20 controls).

### 2.3. Radiological analysis

Hind paws X-rays were completed with the Block Matching Algorithm High Resolution Digital X Ray (40 mV, 10 mA) (D3 A Medical Systems, France). A score of 0–20 was determined for each paw taking into account soft tissues swelling, osteoporosis, loss of cartilage, heterotopic ossification and bone erosions [19]. The following scale was used: 0 (normal), 1 (low), 2 (medium), 3 (moderate), 4 (severe) for each parameters. The maximum score for each rat is 40.

### 2.4. Tissue collection

Twenty-eight (acute phase) or 120 (chronic phase) days after PIA induction, rats were anesthetized with pentobarbital (60 mg/kg, i.p., Ceva Santé Animale, France). Blood was withdrawn from the abdominal aorta to obtain serum and plasma, divided into aliquots and stored at  $-80^{\circ}\text{C}$  until analysis. Thoracic aortas and mesenteric arteries were removed and immediately used for vascular reactivity studies.

### 2.5. Macro-vascular reactivity

Thoracic aorta was excised, cleaned of connective tissue, and cut into rings of  $\sim 2$  mm in length. Rings were suspended in Krebs solution (mM: NaCl 118, KCl 4.65, CaCl<sub>2</sub> 2.5, KH<sub>2</sub>PO<sub>4</sub> 1.18, NaHCO<sub>3</sub> 24.9, MgSO<sub>4</sub> 1.18, glucose 12), maintained at  $37^{\circ}\text{C}$  and pH 7.4 and continuously aerated with 95% O<sub>2</sub>/5% CO<sub>2</sub>, for isometric tension recording in isolated organ baths (emkaBATH4 v2.1, Emka Technologie, data acquisition software IOX v2.8). Rings were gradually stretched from 0.5 g to 2 g (base tension) in 60 min. Then, to test viability, rings were contracted by concentrated KCl Krebs solution (100 mM). To assess the endothelium integrity, rings were contracted with serotonin (5-HT) and then relaxed with acetylcholine (Ach). Endothelium integrity was defined by a relaxation percentage greater than 80%. In some rings, endothelium was mechanically removed. The completeness of endothelial denudation was attested by a relaxation percentage less than 10%. We studied vasoconstriction on endothelium-intact and endothelium-denuded rings with increasing concentrations of different pharmacological agents: phenylephrine (Phe,  $10^{-11}$  to  $10^{-4}$  M) and 5-HT ( $10^{-11}$  to  $10^{-4}$  M). Macro-vascular endothelial function was measured in endothelium-intact aortic rings by measuring the vasorelaxant response to cumulative concentrations of Ach ( $10^{-11}$  to  $10^{-4}$  M) on pre-contracted rings with equipotent concentrations of 5-HT. To determine the sensitivity to nitric oxide (NO) of vascular smooth muscle cells (VSMC), rings were exposed to increasing concentrations of a NO donor, sodium nitroprusside (SNP,  $10^{-11}$  to  $10^{-4}$  M).

### 2.6. Micro-vascular reactivity

Third order mesenteric artery was excised, cleaned of connective tissue, and cut into rings of  $\sim 2$  mm in length, suspended in Krebs solution, maintained at  $37^{\circ}\text{C}$  and pH 7.4, and continuously aerated with 95% O<sub>2</sub>/5% CO<sub>2</sub>. Rings were stretched between two 25  $\mu$ m tungsten wires for isometric tension recording in isolated organ baths (MultiWire Myograph System 610 M and 620 M, DMT, data acquisition software Labchart7). Mesenteric rings were gradually stretched to a transmural pressure at 90% of 100 mmHg

(base tension) after 30 min of rest. Then, to test viability, rings were contracted by concentrated KCl Krebs solution (100 mm). Endothelium integrity was evaluated by the relaxation of segments contracted with Phe and relaxed with Ach. Vasoconstrictive reactivity to Phe ( $10^{-8}$  to  $10^{-4}$  M) and 5-HT ( $10^{-8}$  to  $10^{-4}$  M) was studied. Endothelial function was evaluated by the vasorelaxant response to cumulative concentrations of Ach ( $10^{-8}$  to  $10^{-4}$  M) on segments pre-contracted with Phe ( $3 \times 10^{-6}$  M). The response to SNP ( $10^{-8}$  to  $10^{-4}$  M) was evaluated by exposure of pre-constricted rings.

### 2.7. Blood measurements

Levels of IL-6 and adiponectin were measured in serum by using ELISA kits (PromoKine/PromoCell, Germany and Assaypro, USA, respectively). The limits of detection provided by the manufacturer were 31.2 pg/mL and 1.1 ng/mL, respectively. Total cholesterol and triglycerides were measured in serum by using assay kits (abcam, England, detection limits: 20  $\mu$ g/mL and 40 nmol/mL, respectively) and glucose was measured in blood by using glucometer (FreeStyle Papillon Vision, Abbott, France). Plasma myeloperoxidase (MPO) activity was determined by O-dianisidine  $H_2O_2$  method as previously described [20] with some modifications. Briefly, 50  $\mu$ L of plasma were added to 100  $\mu$ L of 50 mm potassium phosphate buffer (pH 6.0) containing 0.5% hexadecyltrimethylammonium bromide, chilled in an ice bath for 10 min and then incubated at 25 °C for 20 min. MPO activity was measured spectrophotometrically ( $\lambda$ : 460 nm) after addition of  $H_2O_2$  and expressed as nmol O-dianisidine oxidized/min $^{-1}$ .

### 2.8. Statistical analysis

Values are presented as means  $\pm$  SEM. Data were analyzed by using GraphPad Prism (version 5.3) and SigmaStat (version 3.5)

software. Contractile responses to Phe and 5-HT were expressed as the percentage of the maximum response to KCl 100 mm. Vasorelaxant responses to Ach and SNP were expressed as the percentage of relaxation of the contractile response to Phe or 5-HT. Effect-concentration curves to each pharmacological drug were compared by 2-way analysis of variance (ANOVA) for repeated measures. Comparisons between two values were assessed by unpaired Student *t*-test or Mann-Whitney *U* test when data were not normally distributed. The analysis of the relationship between two parameters was determined by linear regression analysis and Spearman correlation coefficient was calculated between these variables.  $P < 0.05$  was considered statistically significant.

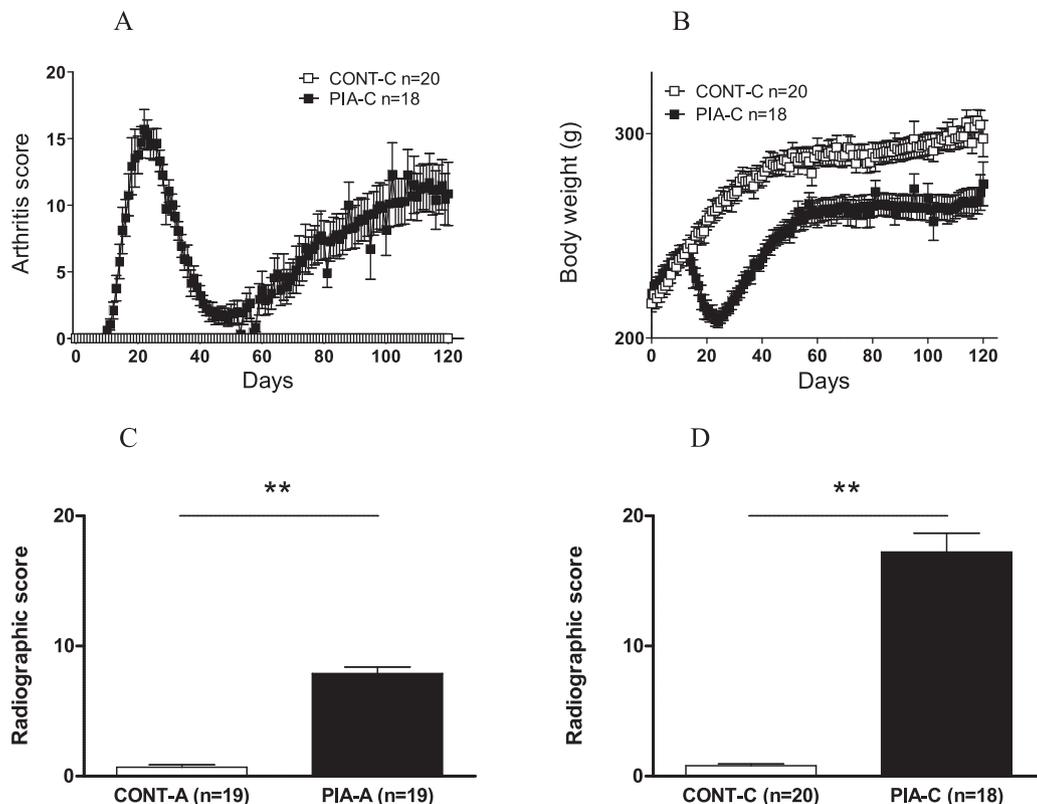
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## 3. Results

### 3.1. Disease course in PIA

PIA rats developed an acute arthritis phase at day 13 post-induction. A body weight loss was concomitant to the first arthritis symptoms. Then, arthritis progressed to a Maximal Score on day 20. The remission phase was observed between day 45 and day 73 with a low arthritis score. The chronic arthritis phase began on day 74 with a high heterogeneity for the day of beginning (between day 48 and day 116) and the severity of arthritis (Scores between 7 and 27). No further remission phase was observed up to the end of follow-up (day 120) (Fig. 1, Table 1). Interestingly, there was no correlation between the Maximum Arthritis Score in acute phase



**Fig. 1.** Clinical and radiological features in the PIA model. Evolution of Arthritis Score (A) and body weight (B) in PIA compared to control rats. Radiographic score in acute phase (C) and chronic phase (D). PIA-A: PIA group in acute phase; CONT-A: control group in acute phase; PIA-C: PIA group in chronic phase; CONT-C: control group in chronic phase; \*\* $P < 0.001$ .

**Table 1**  
Description of arthritis phases in the PIA model.

	Acute phase		Chronic phase	
	PIA-A	PIA-C	PIA-A	PIA-C
% <sup>a</sup>	100	95	n.a.	77.8
Onset (day) <sup>b</sup>	12.4 ± 1.9	13.3 ± 3.3	n.a.	73.8 ± 19.2
Maximal Arthritis Score (day) <sup>c</sup>	18.7 ± 2.7	21.4 ± 2.5	n.a.	120
Maximal Arthritis Score (score) <sup>d</sup>	20.1 ± 5.0	17.3 ± 4.6	n.a.	15.5 ± 6.5
Weight loss (%) <sup>e</sup>	17.5 ± 3.1	16.7 ± 3.5	n.a.	n.a.
Radiographic Score (score)	7.9 ± 2.2	n.a.	n.a.	17.2 ± 6.1

n.a.: not applicable; PIA-A: PIA group in acute phase; PIA-C: PIA group in chronic phase. Values are means ± SEM ( $n = 14$  to 20 rats per group).

<sup>a</sup> percentage of rats presenting an arthritis phase.

<sup>b</sup> Mean day of onset.

<sup>c</sup> Mean day of maximal arthritis score.

<sup>d</sup> Mean maximal arthritis score.

<sup>e</sup> Mean maximum weight loss compared to maximal weight at onset.

and the minimum score in remission phase ( $r = -0.105$ ,  $P = 0.715$ ), neither between the minimum score in remission phase and the Maximum Score in chronic phase ( $r = 0.427$ ,  $P = 0.121$ ), and nor between the Maximum Score in acute phase and the Maximum Score in chronic phase ( $r = 0.194$ ,  $P = 0.492$ ). Finally, the Maximum Score in acute phase was not different between rats that developed a chronic phase and those who did not ( $P = 0.073$ ).

### 3.2. Structural course in PIA

In both arthritis phases, the radiographic score was higher in PIA compared to controls (Fig. 1, Table 1). In acute phase, swelling of soft tissues was predominant and there was also heterotopic ossification in front of tarsus [Appendix A, Figure S1; See the supplementary material associated with this article online]. Tarsus and tibio-talus joints were the most affected joints, although there was no high bone or cartilage destruction. Osteoporosis was minimal or non-evident. The radiographic score was positively correlated with the Arthritis Score ( $r = 0.843$ ,  $P < 0.0001$ ). In chronic phase, the Radiographic Score was higher compared to acute phase ( $P < 0.001$ ) and correlated with the Arthritis Score ( $r = 0.899$ ,  $P < 0.0001$ ). Damages were destructive and constructive with a predominance at tarsus (Appendix A, Figure S1). Tibio-talus joint may also be affected. Metatarsophalangeal and interphalangeal joints seemed to be spared. There was a calcaneal involvement with a calcaneus of greater volume and bone density. In addition to tarsal heterotopic ossification, extra-articular new bone formation can be observed in main body of Achilles tendon.

### 3.3. PIA is associated with increased levels of circulating markers of inflammation and lipid disorders but not with glycemic disorders

As shown in Table 2, compared to controls, circulating IL-6 levels were higher in PIA whatever the phase. A trend towards higher

**Table 2**  
Effects of PIA on circulating markers.

	Acute phase		Chronic phase	
	Control	PIA	Control	PIA
IL-6 (pg/mL)	107.1 ± 26.4	210.0 ± 63.5 <sup>a</sup>	114.5 ± 73.2	243.0 ± 76.0 <sup>a</sup>
Myeloperoxidase activity (UI/mL)	3.2 ± 1.3	3.9 ± 1.6	3.0 ± 0.9	3.7 ± 1.3
Blood glucose (g/L)	1.1 ± 0.1	1.1 ± 0.1	1.0 ± 0.1	1.0 ± 0.1
Triglycerides (mmol/mL)	1.4 ± 0.3	1.0 ± 0.2 <sup>a</sup>	1.4 ± 0.4	0.8 ± 0.2 <sup>a</sup>
Total cholesterol (mg/mL)	1.6 ± 0.1	1.4 ± 0.1 <sup>a</sup>	1.5 ± 0.1	1.3 ± 0.1 <sup>a</sup>
Adiponectin (μg/mL)	8.1 ± 2.0	4.7 ± 1.6 <sup>a</sup>	8.3 ± 1.8	8.0 ± 1.8

Values are means ± SEM ( $n = 14$  to 20 rats per group).

<sup>a</sup> ( $P < 0.001$ ) versus corresponding control.

MPO activity was observed in PIA at both phases, but the difference did not reach significance. Blood glucose was unchanged in PIA whatever the phase. By contrast, triglycerides and total cholesterol levels were decreased in PIA at both phases. Adiponectin levels were lower in PIA in acute phase whereas no more difference was observed in chronic phase.

### 3.4. PIA induces a vascular dysfunction

#### 3.4.1. Reactivity to vasoconstrictors is impaired in macro-vascular but not in micro-vascular bed

In both phases, the vasoconstrictive effect of Phe was dramatically lower in PIA compared to controls in aortic rings (Figs. 2A–B). Likewise, the response to 5-HT was lower in PIA but the difference was less marked than for Phe (Figs. 2C–D).

To understand the origin of the altered response to Phe and 5-HT in PIA, the effect-concentrations curves of the two drugs were repeated on endothelium-denuded aortic rings (Appendix A, Figure S2). In both phases, the vasoconstrictive effect of Phe was lower in PIA rats compared to controls, indicating that this abnormal response to Phe originated from an impairment of both VSMC and endothelial cells. Conversely, the vasoconstrictive effect of 5-HT was not different between groups in both phases.

Contrary to macro-vascular bed, in both phases, the vasoconstrictive effects of Phe and 5-HT on mesenteric arteries were no different in PIA compared to controls (Figs. 2E–H).

#### 3.4.2. Macro-vascular endothelial dysfunction is present in acute but not in chronic phase of PIA

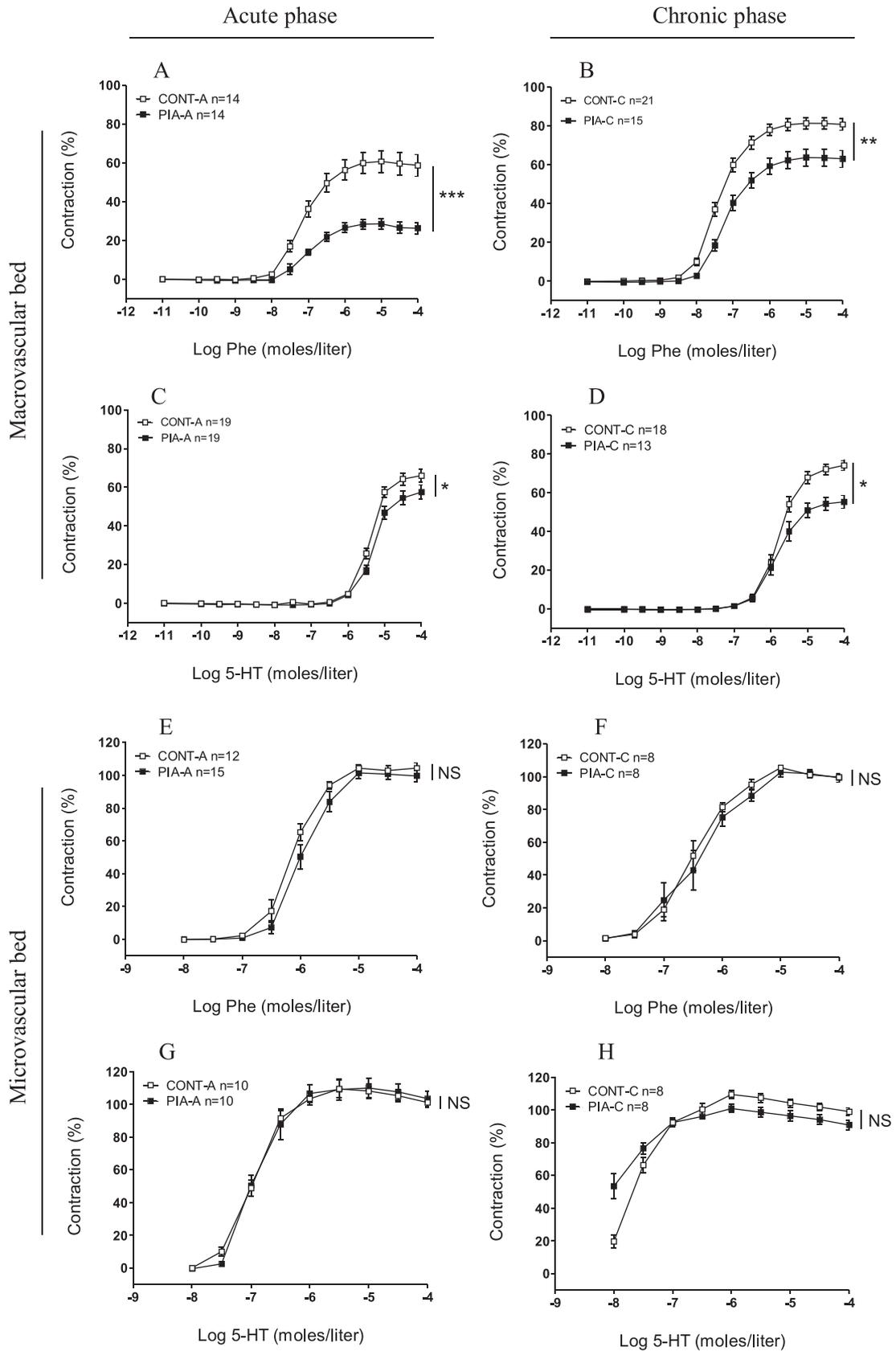
In aortic rings, as a reflection of ED, the Ach-induced vasorelaxation was lower in PIA compared to controls in acute phase (Fig. 3A). By contrast, no difference was observed between PIA and controls in chronic phase (Fig. 3B). To exclude an altered response of the VSMC to NO produced after Ach stimulation, the effect of SNP was studied. The vasorelaxation induced by SNP was not different between groups in both phases (Figs. 3C–D).

#### 3.4.3. Micro-vascular endothelial dysfunction is present in chronic but not in acute phase of PIA

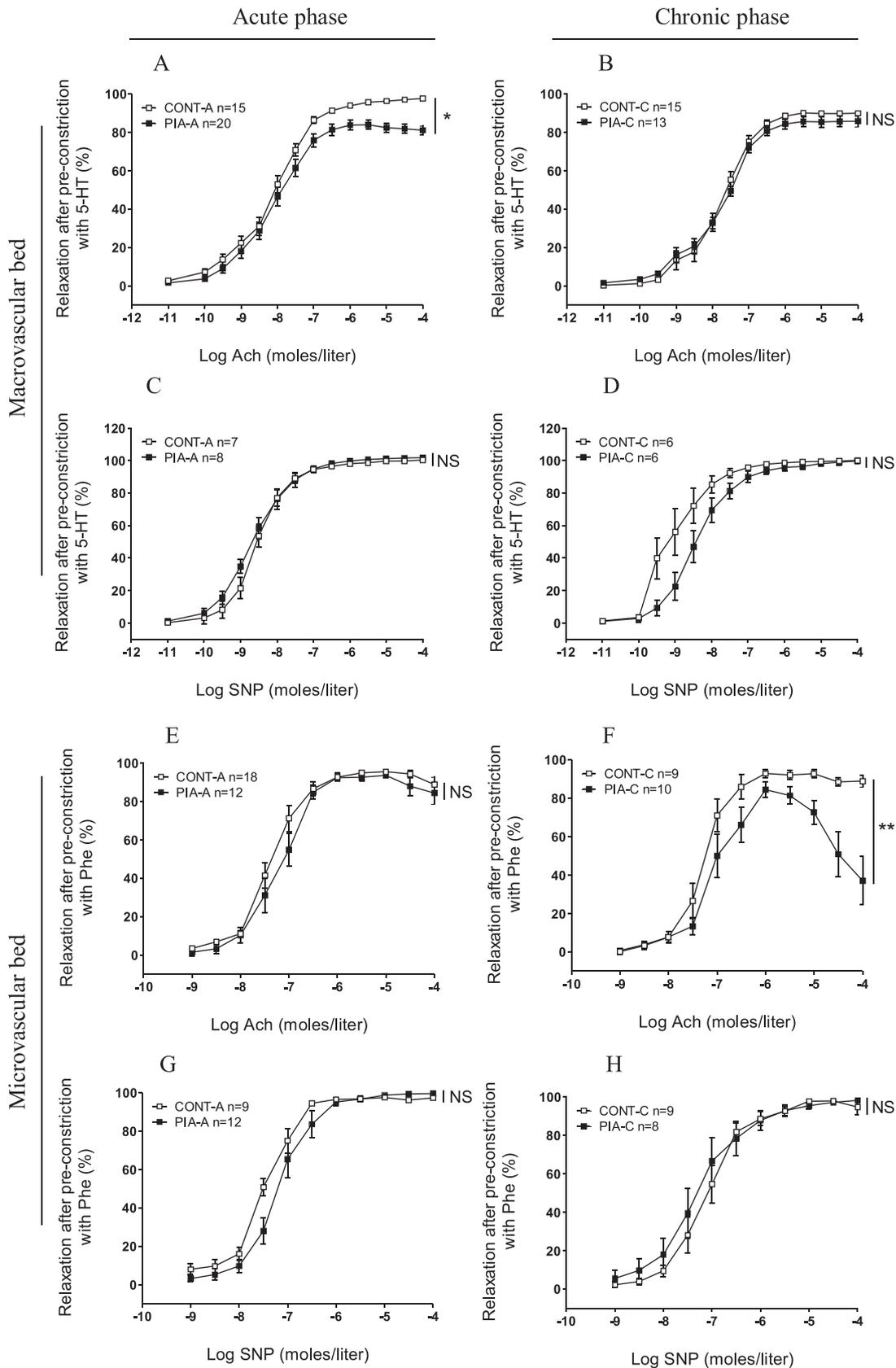
In mesenteric arteries, the Ach-induced vasorelaxation was not different between PIA and controls in acute phase (Fig. 3E), whereas it was significantly lower in PIA compared to controls in chronic phase (Fig. 3F). The response to SNP was not different between groups in both phases (Figs. 3G–H).

#### 3.4.4. Correlations between endothelial function, arthritis Score, radiographic score, and circulating markers

A correlation analysis between endothelial function, assessed by the response to Ach (Emax), and other parameters was made in all the PIA rats studied in acute and chronic phases (Appendix A, Figure S3). Arthritis score negatively correlated with macro-vascular endothelial function ( $r = -0.557$ ,  $P < 0.001$ ,  $n = 33$ ) but



**Fig. 2.** Reactivity to vasoconstrictors in macro- and micro-vascular bed in the PIA model. Endothelium-intact aortic rings were constricted with cumulative concentrations of Phe in acute (A) and chronic (B) phases, and of 5-HT in acute (C) and chronic (D) phases of the PIA model. The same experiments were conducted in mesenteric arteries vasoconstricted with Phe in acute (E) and chronic (F) phases, and with 5-HT in acute (G) and chronic (H) phases of PIA. PIA-A: PIA group in acute phase; CONT-A: control group in acute phase; PIA-C: PIA group in chronic phase; CONT-C: control group in chronic phase; n: number of vessels; NS: non-significant; \* $P < 0.05$ ; \*\* $P < 0.001$ ; \*\*\* $P < 0.0001$ .



**Fig. 3.** Reactivity to endothelium-dependent and -independent vasodilators in macro- and micro-vascular beds in the PIA model. Endothelium-intact aortic rings pre-constricted with 5-HT were dilated with cumulative concentrations of acetylcholine (Ach) in acute (A) and chronic (B) phases, or with the NO donor sodium nitroprussiate (SNP) in acute (C) and chronic (D) phases of the PIA model. Likewise, endothelium-intact mesenteric arteries pre-constricted with Phe were dilated with cumulative concentrations of Ach in acute (E) and chronic (F) phases, or with SNP in acute (G) and chronic (H) phases of the PIA model. PIA-A: PIA group in acute phase; CONT-A: control group in acute phase; PIA-C: PIA group in chronic phase; CONT-C: control group in chronic phase; n: number of vessels; NS: non-significant; \* $P < 0.05$ ; \*\* $P < 0.001$ .

not with micro-vascular endothelial function ( $r = -0.039$ ,  $P = 0.86$ ,  $n = 22$ ). Likewise, IL-6 levels negatively correlated with endothelial function in macro-vascular ( $r = -0.501$ ,  $P < 0.05$ ,  $n = 25$ ) but not in micro-vascular bed ( $r = -0.261$ ,  $P = 0.249$ ,  $n = 21$ ). Total cholesterol levels also correlated with endothelial function in macro-vascular ( $r = 0.417$ ,  $P < 0.05$ ,  $n = 30$ ) but not in micro-vascular bed ( $r = 0.071$ ,  $P = 0.747$ ,  $n = 22$ ). By contrast, no correlation was found between macro- and micro-vascular endothelial functions and circulating MPO activity, adiponectin and triglycerides levels or Radiographic Score.

#### 4. Discussion

Although CV disease is acknowledged as the leading cause of death in RA patients, only a few animal models exist to mimic the features of CV dysfunction in this disease. This study provides the new information that the PIA model reproduces some important features of RA including the presence of an ED in both macro- and micro-vascular beds, a difference among vascular beds with respect to the course of ED and the link with inflammation, as well as disturbances in lipid levels mimicking the “lipid paradox”.

Developed in 1990s [21], the PIA model in rat is a model of polyarthritis [14,21] characterized by a chronic disease course [14], the involvement of CD4+ T cells and also B cells, reflected by the presence of RF [15,16]. This last feature is important for the study of CV dysfunction because RF could be a predictor of CV events in RA [22]. In this study, induction of the PIA model leads to three characteristic phases, as previously described [14,17]. While the acute phase was reproducible in terms of frequency, day of beginning and severity, there was a heterogeneity for the beginning and the severity of arthritis in chronic phase, consistent with previous results [14]. We determined that the heterogeneity in chronic phase was not related to the disease activity in acute nor in remission phases. To our knowledge, this work is the first to carry out a specific radiographic study of hind paws in PIA at different phases. Interestingly, joint damages observed in PIA in acute phase (Radiographic Score at 20% of Maximum Score) were lower than those observed in other arthritis models such as AIA (Radiographic Score at 60% of Maximum Score at day 33) [23], or CIA in mice (Radiographic Score at 40% of Maximum Score at day 27) [24]. As observed in other models, bone neof ormation is important in PIA, which makes it different from RA, which is mainly erosive. However, the correlation between arthritis and radiographic scores at both phases in PIA mimics RA in which persistent joint inflammation leads to its destruction [25]. Moreover, a progression of radiological damages occurs between the acute and chronic phase of PIA, like in RA where radiographic progression can follow a linear or a sigmoid curve [25].

In RA, ED was observed both in macro- and in micro-circulation [26] but to date, the course of these two impairments is still debated. In this study, endothelial function was explored by measuring the vasorelaxant response of isolated vessels to acetylcholine, an endothelium-dependent vasorelaxant agonist. The data showed impaired response to Ach reflecting ED both in macro- (aorta) and micro-circulation (mesenteric arteries) in PIA, the course of ED being vascular bed-dependent. Whereas ED in macro-circulation was present in acute phase but reversible in chronic phase, the opposite observation was made for micro-circulation. These results are congruent with a few studies in RA that compared micro-/macro-vascular endothelial function in the same patient, at the same time, and that did not find any correlation [26,27]. From a diagnosis perspective, these data indicate that the presence of ED in micro-circulation cannot be used for predicting ED in large arteries at a given time. This dissociation in the courses of ED among vascular beds suggests that pathophysiological mechanisms are distinct, that deserve to be elucidated. In mesenteric arteries harvested in the chronic phase of PIA, Ach-induced a biphasic response show-

ing relaxation at the lower concentrations and contractions at the higher concentrations (Fig. 3F). This vascular response is identical to that observed in vessels from spontaneously hypertensive rats [28], and in aortic rings from rats with mono-arthritis [29] in which it has been attributed to the endothelial production of cyclooxygenase (COX)-derived contracting factors and superoxide anion generation. Thus, it would be interesting to explore whether the same mechanisms are involved in PIA model to determine if the production of endothelium-derived constricting factors is a common feature of the arthritis-associated vascular dysfunction. An interesting result of our study is that vascular dysfunction was not restricted to the endothelium but also targeted the sensitivity of VSMC to vasoconstrictive mediators. Indeed, our results showed the presence of a decreased vasoconstrictive response, mainly to adrenergic agonists, restricted to macro-vascular bed, predominant in acute phase, and resulting from both abnormalities of VSMC reactivity and ED. To note, such impairments have already been observed in the early stage of the mice CIA model with 5-HT [10] and in the rat AIA model with norepinephrine [30]. The clinical relevance of such dysfunction remains to be understood, as well as whether such dysfunction is specific to animal models or could also occur in RA patients.

The link between clinical inflammation (assessed by disease activity scores) and biological inflammation (assessed by blood levels of C-reactive protein, pro-inflammatory cytokines or erythrocyte sedimentation rate) and ED in RA, albeit highly suspected, has not been demonstrated, and conflicting results have been obtained. From our study in PIA, it appears that one hypothesis for this controversy might be that macro- and micro-circulation respond differently to inflammation. Indeed, we demonstrated that macro-vascular ED correlated with disease activity and systemic inflammation whilst micro-vascular ED did not. This result is consistent with previously observed associations between the improvement in macro-vascular endothelial function and the reduction in disease activity after treatment with biologic agents [31,32]. Moreover, the lack of association between disease activity and micro-vascular ED was already described [33]. Again, these data suggest that mechanisms involved in ED at both vascular levels are distinct. In support of this are the results showing that treatment with abatacept transiently improved micro-vascular endothelial function while progressively deteriorating macro-vascular endothelial function [34]. To date, no valuable biomarker of ED has been identified in RA [35,36]. A few studies suggested that circulating lipids [37], adiponectin [38] or MPO levels [37] correlated with endothelial function. In our study, none of these markers correlated with endothelial function whatever the vascular bed except levels of total cholesterol that were positively correlated with macro-vascular endothelial function. As cholesterol levels are dependent on the inflammatory burden in RA [7], this result is consistent with the positive correlation observed between macro-vascular endothelial function and systemic inflammation and suggest a deleterious effect of inflammation on macro-vascular endothelial function. Our data revealed that the PIA model is associated with a sustained altered lipid profile, indicating that this model mimics the “lipid paradox” in RA [7]. Only a few studies investigated lipid levels in animal models of arthritis. Whereas the AIA model did not exhibit lipid impairments [13], low cholesterol levels were measured in rat [39] and mice CIA [40] models. However, compared to these “acute” monophasic models, the longstanding alteration in lipid profile from the acute to the chronic phase makes of PIA a relevant model for long-term studies on lipid disorders in RA.

In conclusion, the novel finding provided by this study is that the PIA model reproduces several features of the CV alterations occurring in RA: ED in micro- and macro-circulation with independence of course and mechanisms among these vascular beds, a

link between inflammation and macro-vascular ED, and low lipid levels. These data suggest that this model would be very useful for long-term pharmacological studies as well for deciphering the complex pathophysiology of increased CV risk in RA. Further studies are needed to determine whether this model might also mimic the cardiac dysfunction associated with RA.

### Disclosure of interest

The authors declare that they have no competing interest.

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### Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, <https://doi.org/10.1016/j.jbspin.2018.12.001>.

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