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Letter to the Editor

Non-infective endocarditis: Expanding the phenotype of giant cell arteritis



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A 80-year-old European woman, with no remarkable medical history, was referred in October 2013 for pain in the hips, shoulders, and unusual headaches. She was diagnosed with polymyalgia rheumatica. Prednisone was started at a dose of 0.3 mg/kg/day. The pain disappeared quickly, and three months later, the patient discontinued her therapy, with no more follow-up. In October 2015, she consulted for dyspnoea, and faintness, without symptoms of polymyalgia rheumatica or giant cell arteritis (GCA). A CT-scan revealed an ascending thoracic aorta aneurysm (ATAA) measuring 60 mm in diameter. The patient was referred to a thoracic surgery centre. Trans-thoracic echocardiography confirmed ATAA, associated with aortic insufficiency. The three aortic valve cusps were thin, with no additional imaging. Aortic insufficiency was due to an annular dilation. Bentall surgery was performed, associated with aortic valve replacement through bioprosthesis. Pathological examination of operative pieces showed an aortitis with giant cells in the media associated with a fragmentation of the internal elastic membrane, which led to the diagnosis of GCA (Fig. 1). The aortic valve examination showed no macroscopic abnormalities,

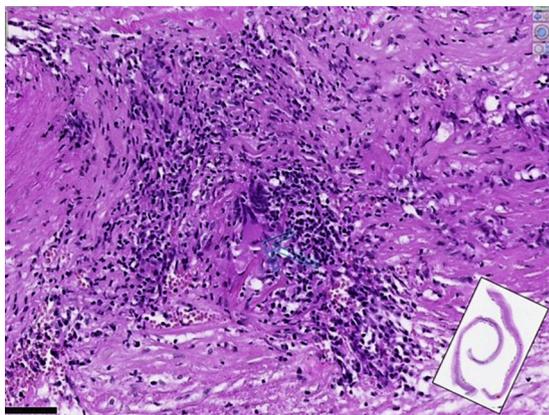


Fig. 1. A microscopic examination of the aorta showing the inflammatory infiltration of the media. The blue arrow shows a giant cell in contact with a fragmented elastic fibre, which is partially destroyed. It also shows a perivascular lymphocytic infiltration around the vasa-vasorum.

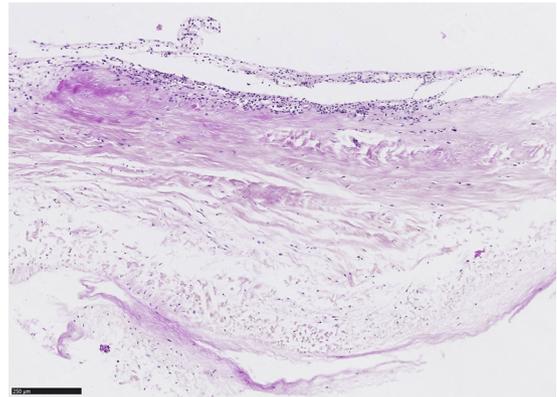


Fig. 2. A microscopic examination of the aortic valve showing a polymorphonuclear infiltration in contact with the endothelial cells of the intima. There is no sign of necrosis, however fibrous remodeling.

however, endocarditis lesions with intimal infiltration of polymorphonuclear and lymphoplasmacytic cells were observed. Gram and Giemsa stains were negative (Fig. 2). Blood cultures were negative. Searches for HIV, HCV, HBV, *Rickettsia*, *Treponema*, *Bartonella*, and *Brucella* were negative. Anti-nuclear antibodies, and anti-neutrophil cytoplasmic antibodies were negative. There were no arguments for an antiphospholipid syndrome. Diagnosis of non-infective endocarditis (NIE), associated with GCA, was then retained. The short-term outcome was notable for a long postoperative stay in intensive care unit due to bilateral diaphragm palsy, transiently needing mechanical ventilation, potentially related to GCA [1]. Prednisone was restarted at 0.7 mg/kg/day in January 2016. Evolution was good. In May 2017, she did not have any signs of GCA or polymyalgia rheumatica after being treated with 5 mg of prednisone per day. An incomplete bilateral diaphragm palsy was still present with a dyspnoea, however, she did not need respiratory assistance. The patient did not present with any heart complications.

To the best of our knowledge, this patient presents with the second case of pathologically proven non-infective endocarditis associated with GCA [2]. Aetiologies of NIE include systemic lupus erythematosus, antiphospholipid syndrome, ANCA vasculitis, spondylarthritis [3–5]. Association between NIE and GCA has been described in three cases, in which endocarditis was defined by vegetation images on echocardiography [6–8], however one of the cases had prostatic cancer, known to be a cause of marantic endocarditis [8]. In our case, as well as in the other pathologically proven one [2], there was no sign of vegetations. Inflammation of the aortic valve could be secondary to the aortitis, however in the other pathologically proven case [2] there was no sign of aortitis. Therefore, NIE could be a specific complication of GCA, even

without aortitis. Further observations are needed to confirm this association, and to assess its prognostic value.

Disclosure of interest

The authors declare that they have no competing interest.

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