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In reply



We thank you for your interest in our article.¹ We agree that the ability to accurately measure blood pressure in low-, medium- and high-resource settings is crucial. It is also important to be able to measure both low and high blood pressure accurately. On page 67 of the published manuscript¹ we state that “...five of 14 of the devices intended for clinic use (as opposed to home blood pressure monitoring use) were validated according to approved protocols and were without protocol violations.” This is a citation of the 2018 paper by Bello et al.² which was published in the journal *Hypertension*.

Consistent with our citation, Bello et al.² concluded that the validation process applied in the manuscripts published by Nathan et al.^{3,4} contained minor protocol violations, which they define in their online supplementary materials. For these studies, they attributed the minor protocol violations to the systolic and diastolic blood pressure ranges.

The purpose of describing the findings of Bello et al.² in our manuscript was to highlight the difficulties faced in validating blood pressure measurement devices in pregnant women, even before the issues of obesity and very large arm circumference are considered. We did not intend to list all the devices evaluated by Bello et al.²

As the title suggests, our manuscript is a review of blood pressure measurement in obese pregnant women. The Microlife 3AS1-2™ was validated in women with an arm circumference of up to 36 cm (in women with low blood pressure⁴) and in women with a mean arm circumference of 31 cm (including women with preeclampsia,

no range or standard deviation published). It is therefore reasonable that this device was not a focus of our review.

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Are high-risk obstetric patients properly identified and managed?



Maternal morbidity and mortality are epidemics that are on the rise world-wide, with maternal morbidity and pregnancy-related mortality rates more than doubling in the United States in the last 30 years. The causes are widespread and multivariant, however, before we can address the issue of preventable harm, we must firstly develop a valid measure of assessing and identifying those at risk. Once identified, appropriate triage to higher levels of care or resource allocation can be assessed, to appropriately prepare for potentially complicated deliveries or antepartum or postpartum management. In addition, coordinated care plans specifically designed to address

risk, preventable harm and negative outcomes can then be developed and communicated with providers in the antepartum, intrapartum and postpartum periods.

Our institution's Division of Obstetric Anesthesia, in conjunction with the Department of Obstetrics and Gynecology, has established an innovative high-risk antenatal care coordination program. The goal of the program is to improve patient outcomes and satisfaction, while decreasing total hospital cost, length of stay and intensive care unit admissions. We're in the process of analyzing our data and will be submitting for publication shortly, however, based on our experiences, the program has improved early identification and optimization of high-risk patients and collaboration of care amongst providers.

In order to properly manage high-risk parturients, they first need to be accurately identified and triaged. The National Institute of Child Health and Human Development (NICHD) has defined high-risk as anyone with existing health conditions, overweight or obese, multiple gestations or young or old maternal age.¹ The American Society of Anesthesiology (ASA) originally had six classifications to describe a patient's physical status, but this was later modified in 1961 to the five classifications that are used today.^{2,3} Pregnancy classifies one as an ASA II patient. The physiologic changes of pregnancy can complicate and exacerbate underlying disease states dramatically, changing risk stratification and anesthetic management. Both the NICHD definition and the ASA classification system provide a broad overview of the issue but neither stratifies risk according to the severity of disease in the pregnant state or takes into account how an underlying disease affects overall morbidity and mortality and the potential for adverse outcomes. It has been noted that being pregnant also results in more inconsistencies when it comes to assigning ASA status by physicians.^{4,5} In recent years, some anesthesiologists have proposed the idea of either adding 'E' or 'P' modifiers to pregnant patients.⁶⁻⁸ While this method identifies the patient as pregnant, it does not stratify risk and we have yet to reach a consensus in terms of classifying and stratifying risk based on the severity of disease and risk of adverse outcome in obstetric patients. Our system of risk classification will take into account not just the comorbidities present but their severity; and how they affect functional status throughout the peripartum period. With this method, a patient with corrected uncomplicated severe congenital heart disease may be classified as at lower risk than someone with asymptomatic aortic root dilation, a condition that, although asymptomatic, has the potential for significant harm. We believe that this new system of classification will aid obstetricians and anesthesiologists to properly triage high-risk patients and arrange for further resource allocations if needed.

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Antenatal anaesthetic assessment clinics: a survey of United Kingdom practice



A survey of United Kingdom (UK) practice in 2005 showed that only 30% of obstetric units ran a regular anaesthetic pre-assessment clinic for obstetric patients. The remaining 70% saw patients only on an ad hoc basis.¹ In light of these findings, we conducted a survey to look again at the provision of antenatal anaesthetic assessment clinics in the UK, in order to establish if the provision of such a service has improved since 2005. The Obstetric Anaesthetists' Association (OAA) survey subcommittee approved this survey and it was subsequently sent via email to the lead obstetric anaesthetist in all obstetric units registered with the OAA.

Replies were received from 110 of the 191 units contacted (60%). Ninety-three percent of units who responded have an anaesthetic antenatal assessment clinic with a structured referral process. Of those that do have a clinic, over 90% utilised a referral mechanism