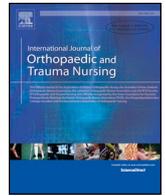




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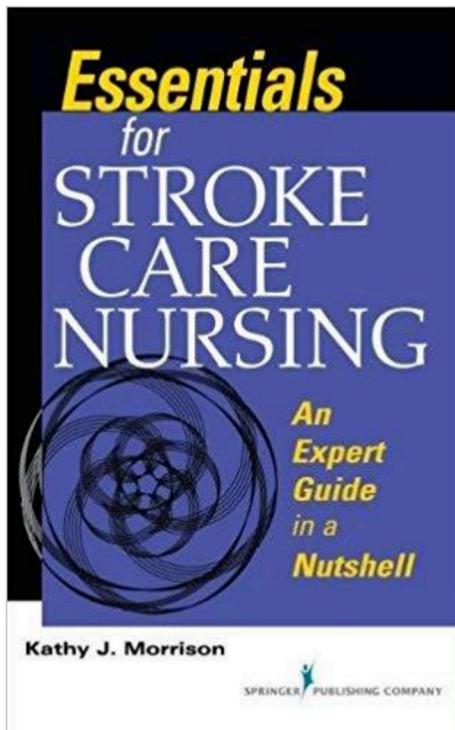
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International Journal of Orthopaedic and Trauma Nursing

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Book review

Essentials for Stroke Care Nursing; An Expert Guide in a Nutshell, K.J. Morrison. 1st Edition Springer Publishing (2017). Price £24.99, ISBN 978-0826191199



Caring for patients who have suffered a stroke can be both challenging and deeply rewarding. Having a reference book to access would be invaluable if your role involves caring for this patient group. Orthopaedic patients are often those who have previously had a stroke because of the link between stroke, falls and fractures. The 'Essentials for Stroke Care Nursing' is an easy to pick up reference book that covers a range of material related to the subject. It begins by explaining the anatomy of the brain and why certain areas if affected by a stroke produce certain symptoms. Although Anatomy tends to put most people off their approach is clear making it easy to understand. Using diagrams, it demonstrates key anatomical parts of the brain and consolidates key points from the text. The chapters follow on to outline the different stroke types and the physiology of the stroke. These areas are not explored in great depth, but are designed to provide an overview of the subject material. The chapter on the diagnosis of a stroke covers common tests that are used and briefly explains the basics principles of them.

The sections on nursing of stroke patients goes into greater depth exploring the unique patient challenges and the role of a stroke unit. Through this increased exploration an understanding of the modern method of stroke care, nursing becomes apparent.

The structure of the book is designed to provide an easy to read quick reference for the care practitioner. The format involves bullet points, small paragraphs and highlighted text boxes to bring your attention to key points. The text and images are presented in black and white with no use of colour. This does make it a little less engaging, however the format they have adopted does make it easy to read. If you are involved with caring for patients who have suffered a stroke - perhaps those who also sustain a fracture or require orthopaedic surgery - then this is a quick and easy to read reference book including up to date national stroke care guidelines.

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