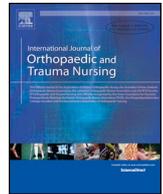




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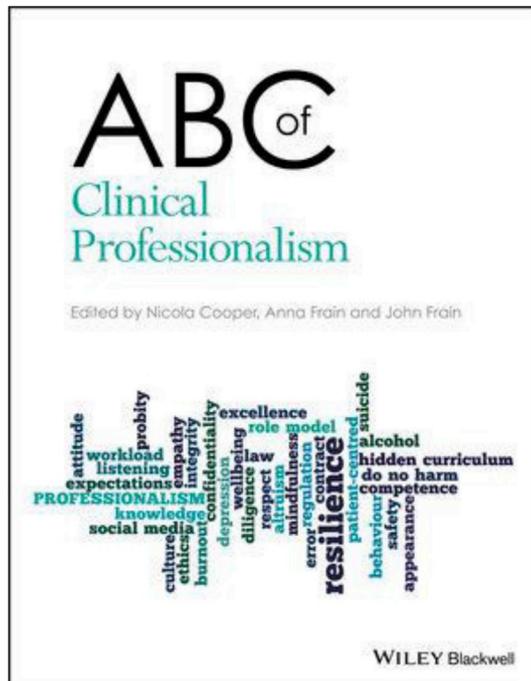
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## Book reviews

N. Cooper, A. Frain, J. Frain. et. al. (Eds.), **ABC of Clinical Professionalism**, first ed. Wiley-Blackwell Publishing (2018). Price £26.99, ISBN 978-1119266662

The ABC of Clinical Professionalism is an interesting book that goes into depth regarding this key area that is commonly overlooked. It is important to have clinical professionalism to support interaction with patients and colleagues, allowing you to deliver the best care possible whilst maintaining high standards. The early chapters establish the importance of clinical professionalism and the impact upon patients and colleagues. It clearly breaks down clinical professionalism into many different sub units and explores them in depth. The chapter on developing professional values highlights, through different cases, several areas where clinical professionalism has been compromised, making it easier to understand and reinforcing important messages. The diagrams and other images explain common theories and ideas in a clear and easily understandable way. Each of the sections is supported with evidence and references to highlight the different aspects of clinical professionalism and provide sources for further reading. The section on ensuring patient safety addresses areas that have been identified as leading to clinical mistakes and are an important aspect Clinical professionalism.

By reading through this text it gave me a better understanding of what clinical professionalism is and allowed me to reflect on areas that I could improve and, in turn, influence my relationship with patients and colleagues.



**Nursing Older People at a Glance**, first ed., J. Tetley, N. Cox, K. Jack, G. Witham, et al., Wiley-Blackwell Publishing (2018), Price £25.99, ISBN 978-1119043867

The management of older adults on a trauma or orthopaedic ward can be challenging due to the complexity of medical issues and care requirements. This book attempts to cover a range of aspects of caring for older people. It is broken up into different sections focusing on their care.

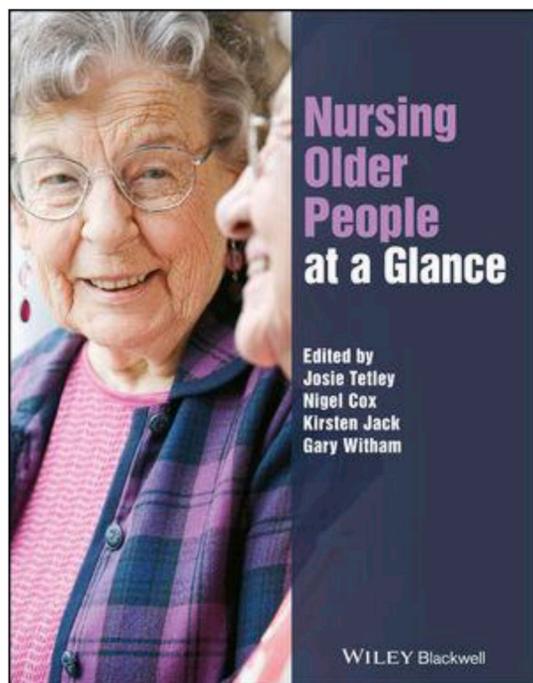
As the environment of care continues to evolve to promote person-centredness, dignity, health, and wellbeing, for nurses working with older people, this can be challenging. *Nursing Older People at a Glance* is a timely publication which provides an overview of key concepts that nurses need to know in order to care for older people in a wide range of settings.

Divided into six sections, it explores a range of themes such as person-centred care, health and wellbeing, health promotion, and the complexity of older people's care, encompassing mental wellbeing, diverse communities and learning disability.

With a strong focus on dignity in care throughout, *Nursing Older People at a Glance* will readily equip undergraduate and post-qualification nurses with the knowledge and skills required to care for older people in a competent and compassionate manner.

There are sections that cover major topics such as: person centred care, health and well-being, health promotion and the complexity of care for older people and also includes consideration of mental wellbeing, diverse communities and learning disabilities. All of these topics are relevant to orthopaedic and trauma care. The book covers a vast amount of information on the patient care issues in short topics that provide information 'at a glances' as the title of the book suggests. There is clear referencing and a full list at the end of each section, allowing the reader to find further material if desired.

The book touches on some key aspects of caring for this complex patient group that includes capacity, consent and safe guarding. The topics are covered in limited depth but each are meant as a summary. This brief review of these key areas would hopefully stimulate the reader to read further on the subject material. The areas of skin care and pressure ulcers are particularly comprehensive and are complemented nicely with images. The 'at a glance' series style presents a vast amount of information in an easily readable and colourful format that makes reading it a pleasure.



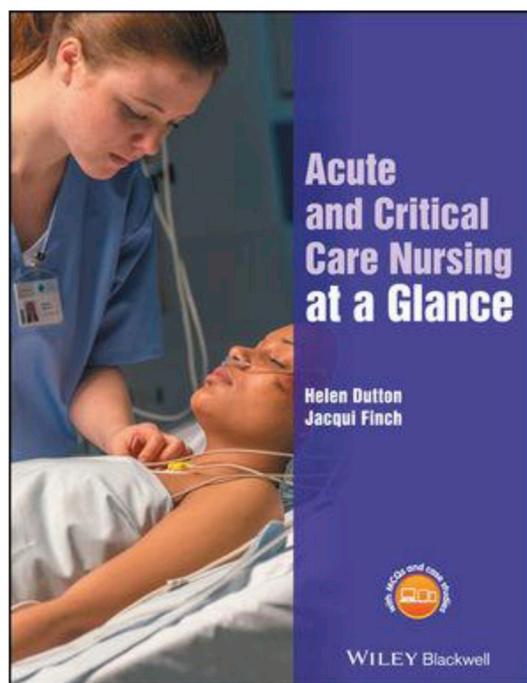
**Acute and Critical Care Nursing at a Glance, first ed., H. Dutton, J. Finch, Wiley-Blackwell Publishing (2018), Price £34.99, ISBN 978-1118815175**

The acute and critical care of a patient is no longer confined to the intensive care unit and occurs throughout the acute setting, including orthopaedic and trauma units. The early identification of an unwell patient and the instigation of early appropriate care is vital in delivering the best care possible to our patients. This book explores a comprehensive range of the acute management of a patient and is themed around the ABCDE approach commonly adopted in life support training. The first chapter highlights the evolution of critical care, the development of early warning tools and how to approach an unwell patient. It explores infection control and pain management with relation to a critical care patient. As the chapters progress, the book goes through the ABCDE approach, breaking it into the different sections. The airways chapter covers, in detail, the different techniques for assessment and the different adjuncts available.

The layout of the book is purposely designed to be easy to read and to engage the reader. On the left page of each section are the salient points demonstrated in a pictorial or tabular form and highlighting

clearly what you need to know. The body of text on the right page goes into more detail regarding the different areas that are highlighted. This approach allows reinforcement and focusing on key issues, making the material easy to read and digest. There is high quality in the pictorial production with use of vibrant colour, making illustrations and figure, eye catching and engaging. In some sections the authors expand on topics by exploring certain areas that are appropriate to the care of critical care patients. An example of this is the section on the principles of thoracic surgery, with an interesting accompaniment to the chest injury section as it gives a brief overview of aspects of the speciality that the reader may need to know about.

Overall, this is a well presented and easy to read textbook that nurses and other healthcare professionals should be made aware of who are interested in the management of acutely unwell patients. It would also make a good accompaniment to someone participating in a life support course and who would like to know more.



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