

Introduction

The First Georgian Urological Association (GUA) – Caucasus/Central Asia (CCA) Urological Meeting (GUA-CCA19) took place on October 4–5, 2019 in Tbilisi, Georgia. After years of successful cooperation within the EAU, CCA decided to widen its activity through regional cooperation and representatives of 8 regional urological associations have decided to organize the first meeting in Tbilisi, Georgia.

The meeting was held under umbrella of the European Association of Urology (EAU). Urological Associations from the following regional countries took active part in the congress: Armenia, Azerbaijan, Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, and Uzbekistan.

It was a multidisciplinary meeting with very busy and interesting program. The first day was devoted to the European speakers. ESU session opened the program discussing current management of invasive bladder cancer and principles of urinary derivation. Profs. Arnulf Stenzl (Tubingen, Germany) and Levent Turkery (Istanbul, Turkey) updated the audience on current principles of invasive bladder cancer management. For the first time in the region, a session of the International Continence Society (ICS) was held on the contemporary management of BOO and male LUTS. Profs. Sakineh Hajebrahimi (Tabriz, Iran) and Rizwan Hamid (London, UK) spoke about the role of urodynamics in the diagnosis of BOO and optimal management of post-surgical male SU1.

The EAU lecture was presented by Prof. Hendrik van Poppel (Lueven, Belgium) speaking about tips and tricks in NSS for RCC.

The second day started with live surgery. The following surgeries were performed in two different, separately located, urological departments of the city:

3 D Laparoscopic Radical Prostatectomy: J-U Stolzenburg (Leipzig, Germany)

3 D Laparoscopic Lymphadenectomy: D. Nikoleishvili (Tbilisi, Georgia)

3 D laparoscopic NSS: A. Alcaraz (Barcelona, Spain)

3 D Laparoscopic Radical Nephrectomy: E. Liatsikos (Patras, Greece)

The operations were transmitted live to the conference hall. The delegates were actively involved in the session by asking questions to the surgeons and discussing important steps of the procedures.

Three poster sessions were held with 60 poster presentations from 9 countries.

Each CCA urological association was given opportunity to present a State-of-the-Art lecture during the CCA session on October 5.

The meeting was attended by 334 delegates from 20 countries. Urologists, Medical Oncologists, Radiation Oncologists, Pathologists, Nephrologists, Transplant Physicians, Physicists, etc. took part in the congress.

Overall, the meeting was extremely successful in expanding activity of the CCA to a new and higher level – interregional cooperation. According to the unanimous position of the delegations' chairmen, this congress will be a strong step forward in the development of urology in participating countries. It will make closer relationships between the regional associations and enhance their future cooperation.

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