

Trends in Endocrinology & Metabolism

May 2019, Volume 30, Number 5, pp. 283–328

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Trends in Endocrinology & Metabolism



Winding up the Clock:
The Rewards of Eating
Cell Press

On The Cover: It has long been accepted that what one eats can have a significant effect on an individual's health. More recently, however, interest has emerged in understanding how the timing of food intake can play a significant role in health and disease as well. On pages 299–311 of this issue, Dr. Jorge Mendoza discusses the interplay between eating behavior and the metabolic and hedonic networks in the brain and how this relationship interacts with the central circadian clock. Cover image from istock.

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REVIEWS