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**On the Cover:** This month’s cover image is entitled Tough Decision. It was created by Edi Matsumoto, FNP, MSN, MFA, APRN, CDE, BC-ADM. She has been working in healthcare for more than 20 years and has witnessed up close the stresses and struggles of healthcare professionals (HCPs). This painting is part of her current project called Lives in Our Hands that focuses on the joy and difficulties of HCPs. It was chosen to be part of the Popup Gallery of the National Academy of Medicine, as noted below. Her hope is to increase the visibility of the serious burnout issues confronting physicians, nurses, NPs, PAs and others and to promote well-being, through connections, and self-expression among HCPs.

She divides her time between managing diabetic patients and educating them in a busy outpatient endocrinology clinic, painting as a professional artist, and coaching fellow HCPs to prevent burnout as a certified wellness coach. The model of this painting is her husband, Alfred M. Sadler Jr., MD, a noted internist, educator, and author who has also lived through the ups and downs of healthcare practice.

Her artwork can be seen at [www.EdiMatsumoto.com](http://www.EdiMatsumoto.com) and the collection of her artwork on HCPs Lives in Our Hands can be purchased at [blurb.com](http://blurb.com) or [eBay.com](http://eBay.com). She can be reached at [Edi@EdiMatsumoto.com](mailto:Edi@EdiMatsumoto.com).

The image is part of Expressions of Clinician Well-Being, a nationwide art project conducted by the National Academy of Medicine (NAM), a nonprofit research organization in Washington, DC. The Academy called on artists of all skills and abilities to express what clinician burnout and clinician resilience/well-being looks, sounds, and feels like to them. The purpose was to promote greater awareness and understanding of barriers to clinician well-being—and solutions that promise a brighter future. To learn more about the project, visit [nam.edu/ExpressClinicianWellBeing](http://nam.edu/ExpressClinicianWellBeing).