

delivery model evolution will be discussed, as will use of metrics to demonstrate program value. A panel of experts from mature programs will share their secrets of success. We will explore how key partnerships are essential to sustainability. Finally, a deep dive into reimbursement, including regulatory and compliance considerations and payer/provider relationships completes the conference. Tools and resources will be collected from our faculty and panel to provide each participant with a Playbook for implementing your action plan.

ACHPN[®] Certification Review: Advanced Practice Registered Nurse (P04)



Kerstin Lappen, MS ACNS-BC ACHPN FPCN, Minneapolis Oncology, Minneapolis, MN. Bronwyn Long, DNP MBA ACNS-BC ACHPN AOCNS, National Jewish Health, Denver, CO.

Objectives

- Provide participants with a framework to prepare for Advanced Certified Hospice and Palliative Nursing (ACHPN[®]) Examination.
- Provide participants with a process to assess strengths and weaknesses of content for the ACHPN[®] Examination.

The purpose of this HPNA Endorsed ACHPN[®] Review Course is to promote education of the APRN seeking augmentation of their professional development through specialty hospice and palliative advanced registered nursing certification. This one-day provider-directed, provider-paced live intensive course is designed to assist with preparation for the advanced hospice and palliative nurse certification exam through didactic course presentation with active learner engagement, case study examinations, practice exam questions and self-check/reflection to highlight self-identifying topics that require further preparation and study in advance of sitting for the ACHPN[®] examination. The ACHPN[®] Review Course provides a review of the content areas based upon the Hospice and Palliative Credentialing Center (HPCC) detailed test content outline. The educational content may also be used to increase the hospice and palliative advanced registered nurse's knowledge of palliative nursing. Our HPNA faculty are national subject matter experts with career experience in hospice/palliative care and certified by the Hospice and Palliative Credentialing Center in the specialty of Hospice and Palliative Care.

ACHPN[®] Certification Review course participants require the following adjuvant materials: Core Curriculum for the Advanced Practice Hospice and Palliative Registered Nurse, 2nd edition (order online from the HPNA Shop) and the Hospice and Palliative Credentialing Center ACHPN Candidate Handbook (download and print for free at <http://hpcc>.

advancingexpertcare.org/competence/aprn-achpn/). The participants do not need to have access to these materials during the live review course.

Deprescribing by the Specialists: Best Practices in Drug Therapy in Serious Illness (P05)



Mary Lynn McPherson, PharmD MA MDE BCPS, University of Maryland School of Pharmacy, Baltimore, MD. Kathryn A. Walker, PharmD BCPS CPE, Medstar Health, University of Maryland School of Pharmacy, Baltimore, MD. Vincent Jay Vanston, MD FAAHPM, University of Pennsylvania Health System, Philadelphia, PA. Jean S. Kutner, MD MSPH, University of Colorado School of Medicine, Aurora, CO. Eric Prommer, MD HMDC FAAHPM, UCLA School of Medicine, Los Angeles, CA. Jessica McFarlin, MD, University of Kentucky College of Medicine, Louisville, KY.

Objectives

- Recall best-practice considerations when prescribing and deprescribing medications in serious illness including goals of care, remaining life expectancy and treatment target
- Discern a consistent process to evaluate the appropriateness of medications for a patient with a serious illness, weighing the benefits and burdens of medication therapy
- Use a validated approach and evidence where available to lead critical deprescribing conversations to engaging patients, informal caregivers, and healthcare practitioners about "right sizing" the medication regimen in serious illness.

Patients in hospice or receiving palliative care often are found to be receiving numerous medications. While we all agree that deprescribing, in practice, is a good idea, it can be difficult to discern which medications to stop, and at what point in the disease process. This all-day pre-conference will provide guidance to hospice and palliative care practitioners on deprescribing, as taught by experts in each therapeutic area. Learn about slimming down medications for heart disease, COPD, metabolic syndrome, cancer and more. Discontinuation strategies will be covered, and strategies to have those critical conversations with patients, families and other health care providers, including evidence where available.

8–11:45 am

HPM Fellowship Directors Forum: HPM Reporting Milestones and Combined HPM Fellowships—Partnering Among and Within Institutions (P06)



Toluwalase Ajayi, MD, Scripps Health, University of California/Rady Children's Hospital, San Diego, CA. Gary T. Buckholz, MD HMDC FAAHPM, University

of California, San Diego, CA. Laura Edgar, EdD CAE, Milestones Development, ACGME, Chicago, IL. Helen Fernandez, MD MPH, Icahn School of Medicine at Mount Sinai, New York, NY. Jillian Gustin, MD FACP FAAHPM, The Ohio State University Wexner Medical Center, Columbus, OH. Jennifer S. Linebarger, MD MPH FAAP, Children's Mercy, Kansas City, MO.

Objectives

- Perform the critical steps to implementing the new HPM Reporting Milestones.
- Construct a shared mental model around using the HPM Reporting Milestones.
- Explain the beneficial outcomes and logistical challenges of forming a combined HPM fellowship program.

The HPM Fellowship Directors Forum will provide participants with the opportunity to learn about innovative partnerships within the HPM fellowship community and continue to develop connections with other palliative care educators. This year's forum will focus on how to integrate fellowship programs with community and institutional partners in order to build upon or start new robust programs. First, the ACGME Executive Director of Milestones Development will lead an interactive session on implementing the new HPM Reporting Milestones and how to create a shared mental model around using the Milestones. Next, a panel of fellowship and medical directors from integrated pediatric, geriatric, hospice, and community-based programs will describe the specifics related to their unique partnerships and provide learners with suggested processes and procedures to establishing similar successful programs. By the end of this forum, participants will have tools to help them build community and institutional partnerships and perform more accurate and comprehensive assessments.

AAHPM Leadership Forum: Ignite—Using StrengthsFinder Leadership Strategies to Increase the Performance of You and Your Team in Palliative Care and Hospice Settings (P07)



Christina Rowe, MSOL, The Collaborative LLC, Denver, CO.

Objectives

- Distinguish between the 34 Talent Areas of Strengths for self and other team members
- Evaluate where individuals are in their development, and devise plans to encourage growth and improve abilities to apply talents.
- Create actionable solutions to career and team challenges with a strengths-based approach to create consistent positive outcomes.

Would you like to discover what makes you stand out? This half-day session will focus on utilizing a strengths-based approach to create consistent and positive outcomes to every day challenges in hospice and palliative care settings. Strengths are the unique combination of talents, knowledge, and skills that every person possesses. Participants will complete a StrengthsFinder assessment which will help to identify personal strengths to focus on to become a more effective leader. They will also learn how to develop these strengths in order to do what they do best every day. Research will be presented demonstrating strengths-based methods heighten personal and team engagement, clearer communication, understanding, and overall productivity. This session will include both large and small group discussions, self-reflection, and scenario-based activities. Participants will learn strategies and tactics for applying a strengths-based approach to individual and team challenges.

Treating Opioid Use Disorder with Buprenorphine: A Course for Hospice and Palliative Care Clinicians (P08)



Julie Childers, MD MS FAAHPM, University of Pittsburgh, Pittsburgh, PA. William Jangro, DO, Thomas Jefferson University, Philadelphia, PA. Justin Kullgren, PharmD, Ohio State University Wexner Medical Center, Columbus, OH. Zachary Sager, MD MA, BIDMC/Boston VA, Boston, MA.

Objectives

- Discuss the medical and psychiatric comorbidities associated with opioid use disorders.
- Diagnose opioid use disorder.
- Select appropriate patients for treatment of opioid use disorder with buprenorphine.

This session prepares physicians, nurse practitioners, and physician assistants to prescribe buprenorphine to treat opioid use disorder, with a focus on the treatment of individuals in outpatient palliative care clinics and in hospice. Additional team members, such as pharmacists and nurses, would also benefit from the information in this session to provide better care to patients with opioid use disorder and other addictions. The curriculum includes the science of addiction as a brain disorder, the pharmacology of buprenorphine, and the regulatory requirements around prescribing this medication. In addition to addressing the management of buprenorphine treatment in the general population, particular attention will be devoted to the special considerations involved in treating opioid use disorder in patients with a life-limiting illness. Attendees will learn to screen patients for treatment with buprenorphine and be able to choose a model for managing the risk of precipitated withdrawal in initiating buprenorphine. Participants