

The Annual Assembly of Hospice and Palliative Care: Education Schedule With Abstracts

March 13-16, 2019 • Orlando, FL

Wednesday, March 13

8 am–5 pm

AAHPM & HPNA Preconference Workshops

VitalTalk: Intensive Small Group Training—Addressing Goals of Care (P01)



Renee Claxton, MD MS, University of Pittsburgh, Pittsburgh, PA. Lyle Fettig, MD, Eskenazi Health, Indianapolis, IN. Anthony L. Back, MD, University of Washington, Seattle, WA. Robert Arnold, MD FACP FAAHPM, University of Pittsburgh, Pittsburgh, PA. James A. Tulsky, MD FACP FAAHPM, Dana-Farber Cancer Institute, Boston, MA.

Objectives

- Respond empathetically to the patient's expression of emotion.
- Elicit details about the patient's values.
- Make a recommendation about the treatment plan that best meets the patient's values.

As a palliative care consultant from any professional background, discussing goals of therapy when things are not going well is the most common reason for an inpatient consult. Discussing goals of care is difficult because it requires the consultant to accomplish a number of interrelated, emotional tasks in a short period of time: deliver bad news, assess what is important to the patient, and make a recommendation about how to best proceed. Using a mix of short didactic talks and experiential practice, this workshop will help participants develop a toolkit of skills useful for handling these difficult conversations. This workshop will be unique in that learning will occur predominantly in small groups (one faculty member: eight to ten participants) to allow participants to practice the skills, observe others, and give feedback. The groups will be multidisciplinary, led by faculty with experience in facilitation, and teach skills appropriate for all palliative care clinicians.

8 am–5:30 pm

Hospice Medical Director Update and Exam Prep (P02)



Ronald J. Crossno, MD FAFAP FAAHPM, Kindred Healthcare, Rockdale, TX. Kathleen Faulkner, MD

FAAHPM, Good Shepherd Community Care, Newton, MA. Earl Quijada, MD HMDC FAAHPM, Kaiser Permanente Home Health, Riverside, CA. Patrick White, MD HMDC FACP FAAHPM, BJC Hospice, St. Louis, MO.

Objectives

- Employ the clinical, regulatory, leadership, and administrative skills and ethical knowledge required in the role of hospice medical director.
- Describe the hospice medical director's role on the interdisciplinary care team and within the hospice organization.
- Analyze regulatory issues affecting the hospice medical director and find strategies to fulfill these requirements.

Join peers and national experts to explore and further develop the skills needed to successfully navigate today's hospice environment. This intensive review will serve as part of your preparation for the Hospice Medical Director Certification Board exam and is based on the exam blueprint (www.hmdcb.org). The workshop also serves as a great orientation for those new to the hospice field or as a critical update for all hospice practitioners and managers.

Community Based Palliative Care: Beyond the Business Case—Operationalizing and Sustaining (P03)



Bob Parker, DNP RN CENP CHPN CHP, Intrepid USA, Dallas, TX. Lori Bishop, MHA BSN RN CHPN, National Hospice and Palliative Care Organization, Alexandria, VA. Kathleen Kerr, BA, Kerr Healthcare Analytics, Mill Valley, CA. Jean Acevedo, LHRM CPC CHC CENTC AAPC, Acevedo Consulting, Delray Beach, FL.

Objectives

- Analyze the value of revisiting the business case.
- Identify one action to evolve your care model for sustainability.
- List three metrics that can be leveraged to demonstrate value.
- List two “successful practices” when providing community-based palliative care services.

This fast paced and interactive program focuses on operationalizing and sustaining a community-based palliative care program. Whether you are just beginning or a mature program, the content is applicable. Program

delivery model evolution will be discussed, as will use of metrics to demonstrate program value. A panel of experts from mature programs will share their secrets of success. We will explore how key partnerships are essential to sustainability. Finally, a deep dive into reimbursement, including regulatory and compliance considerations and payer/provider relationships completes the conference. Tools and resources will be collected from our faculty and panel to provide each participant with a Playbook for implementing your action plan.

ACHPN[®] Certification Review: Advanced Practice Registered Nurse (P04)



Kerstin Lappen, MS ACNS-BC ACHPN FPCN, Minneapolis Oncology, Minneapolis, MN. Bronwyn Long, DNP MBA ACNS-BC ACHPN AOCNS, National Jewish Health, Denver, CO.

Objectives

- Provide participants with a framework to prepare for Advanced Certified Hospice and Palliative Nursing (ACHPN[®]) Examination.
- Provide participants with a process to assess strengths and weaknesses of content for the ACHPN[®] Examination.

The purpose of this HPNA Endorsed ACHPN[®] Review Course is to promote education of the APRN seeking augmentation of their professional development through specialty hospice and palliative advanced registered nursing certification. This one-day provider-directed, provider-paced live intensive course is designed to assist with preparation for the advanced hospice and palliative nurse certification exam through didactic course presentation with active learner engagement, case study examinations, practice exam questions and self-check/reflection to highlight self-identifying topics that require further preparation and study in advance of sitting for the ACHPN[®] examination. The ACHPN[®] Review Course provides a review of the content areas based upon the Hospice and Palliative Credentialing Center (HPCC) detailed test content outline. The educational content may also be used to increase the hospice and palliative advanced registered nurse's knowledge of palliative nursing. Our HPNA faculty are national subject matter experts with career experience in hospice/palliative care and certified by the Hospice and Palliative Credentialing Center in the specialty of Hospice and Palliative Care.

ACHPN[®] Certification Review course participants require the following adjuvant materials: Core Curriculum for the Advanced Practice Hospice and Palliative Registered Nurse, 2nd edition (order online from the HPNA Shop) and the Hospice and Palliative Credentialing Center ACHPN Candidate Handbook (download and print for free at <http://hpcc>.

advancingexpertcare.org/competence/aprn-achpn/). The participants do not need to have access to these materials during the live review course.

Deprescribing by the Specialists: Best Practices in Drug Therapy in Serious Illness (P05)



Mary Lynn McPherson, PharmD MA MDE BCPS, University of Maryland School of Pharmacy, Baltimore, MD. Kathryn A. Walker, PharmD BCPS CPE, Medstar Health, University of Maryland School of Pharmacy, Baltimore, MD. Vincent Jay Vanston, MD FAAHPM, University of Pennsylvania Health System, Philadelphia, PA. Jean S. Kutner, MD MSPH, University of Colorado School of Medicine, Aurora, CO. Eric Prommer, MD HMDC FAAHPM, UCLA School of Medicine, Los Angeles, CA. Jessica McFarlin, MD, University of Kentucky College of Medicine, Louisville, KY.

Objectives

- Recall best-practice considerations when prescribing and deprescribing medications in serious illness including goals of care, remaining life expectancy and treatment target
- Discern a consistent process to evaluate the appropriateness of medications for a patient with a serious illness, weighing the benefits and burdens of medication therapy
- Use a validated approach and evidence where available to lead critical deprescribing conversations to engaging patients, informal caregivers, and healthcare practitioners about "right sizing" the medication regimen in serious illness.

Patients in hospice or receiving palliative care often are found to be receiving numerous medications. While we all agree that deprescribing, in practice, is a good idea, it can be difficult to discern which medications to stop, and at what point in the disease process. This all-day pre-conference will provide guidance to hospice and palliative care practitioners on deprescribing, as taught by experts in each therapeutic area. Learn about slimming down medications for heart disease, COPD, metabolic syndrome, cancer and more. Discontinuation strategies will be covered, and strategies to have those critical conversations with patients, families and other health care providers, including evidence where available.

8–11:45 am

HPM Fellowship Directors Forum: HPM Reporting Milestones and Combined HPM Fellowships—Partnering Among and Within Institutions (P06)



Toluwalase Ajayi, MD, Scripps Health, University of California/Rady Children's Hospital, San Diego, CA. Gary T. Buckholz, MD HMDC FAAHPM, University