



Inhalation of sodium hydrosulfide (NaHS) alleviates NO₂-induced pulmonary function and hematological impairment in rats

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ABSTRACT

Background: Inhalation of NO₂ leads to a progressive airflow limitation and the development of emphysema-like lesions. We report on the efficacy of hydrogen sulfide (NaHS) for alleviating NO₂-induced pulmonary impairment.

Methods: Sprague Dawley rats were exposed to 20 ppm NO₂ for 6 h over six consecutive days for 75 days. At day 75, rats who had developed NO₂-induced emphysema were then divided into sodium hydrosulfide (NaHS) administered group, placebo (NaCl) group and spontaneous recovery group for about one month (days 76–105). Pulmonary function (PF) and hematological and biochemical indices were measured at days 14, 45, 75, and 105.

Results: NO₂ exposure for 75 days was associated with a significant decrease in FEV₁₀₀/FVC%, an increased in functional residual capacity (FRC), and histologic evidence of emphysema, moreover; NO₂ exposure led to elevated triglyceride (TG), red blood cell (RBC), hemoglobin (HGB), and hematocrit (HCT) levels. Impaired rats treated with NaHS showed no further deterioration in PF compared to rats exposed to ambient air and elevated WBC, granulocyte and lymphocyte counts and HDL-C levels to rats given NaCl.

Conclusions: NO₂ exposure causes emphysema and a decline in PF in rats. NaHS could alleviate the PF decline as possible indicated by an elevation of HDL-C levels and leukocyte. NaHS has therapeutic potential for emphysema caused by air pollutant NO₂.

1. Introduction

Nitrogen dioxide (NO₂) is a common urban pollutant and a major public health concern worldwide. It is a pivotal marker in atmospheric quality monitoring, along with an underlying hazard in adverse effects exploration. Evidences reported that NO₂ was better to characterize the spatial variation of traffic-sourced air pollution than particulate matter with a diameter of 10 μm or less (PM₁₀) or fine particulate matter (particulate matter with an aerodynamic diameter less than or equal to 2.5 μm) (PM_{2.5}). Formed by the oxidation of nitric oxide (NO), NO₂ exposure can impair Pulmonary Function (PF) and cause Premature Respiratory Death [1]. Moreover, studies have shown that NO₂ is associated with elevated respiratory symptoms and decreased PF in

humans [2–4] and emphysema development in animal models [5–8]. Our earlier work also demonstrated the adverse effects of NO₂ on human health, especially among patients with chronic obstructive pulmonary disease (COPD) [9,10]. Notably, a reduction of NO₂ during the 2010 Asian games led to beneficial public health effects [10]. These indicate NO₂ is harmful to human health and may result in emphysema; however, further studies on medical treatments were badly limited.

Gaseous hydrogen sulfide (H₂S) has key roles in numerous physiological and pathological processes. Notably, H₂S can promote vasodilation and reduce blood pressure [11,12], while both endogenous and exogenous H₂S can activate endothelial angiogenesis [13]. As H₂S donors, sodium hydrosulfide (NaHS) protects cells from oxidative injuries caused by glutamate toxicity [14] and is anti-inflammatory [15]. While

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studies have demonstrated that H₂S is involved in respiratory diseases, the underlying mechanisms still remain unclear. Nonetheless, studies have shown that NaHS and H₂S can protect against ventilator-induced acute lung injuries [16,17] and reduce airway inflammation and remodeling in a rat model of asthma [18]. Moreover, serum H₂S levels are reportedly lower in patients with acute exacerbation of COPD (AE-COPD) than those with stable COPD [19].

In addition, it has ever reported that indoor levels of NO₂ could reach up to 4 ppm in power plants, refineries, and ice-skating rinks [20]; evidence indicates that mice exposed to NO₂ for 14 h each day for up to 25 days at a dose of 20 ppm NO₂ have increased mucus production and may develop airspace enlargement and progressive airway obstruction [8]; however, another sub-chronic, moderately high level of NO₂ exposure demonstrated that it could not produce an irreversible emphysematous lesion in the rat model (35 ppm for 25) [7]. Therefore, experiments currently designed in which rats were chronically exposed to 20 ppm NO₂ of practical importance for further study. We first established rat model of emphysema via from chronic NO₂ inhalation. Then, the results of biological effects on PF, hematological and biomedical indices were accordingly presented at different given times. Further, impaired rats were administrated with NaHS. We herein aimed to determine if NaHS can alleviate NO₂-induced pulmonary and hematological impairment in rats. Therefore, in this study, we explored the possibility that NaHS might be an economical and practical choice for emphysema treatment caused by air pollutant NO₂.

2. Methods

2.1. Study design

Rats were exposed to 20 ppm NO₂ or ambient air for 14, 45, or 75 days and thereafter treated daily with 80 mg/kg NaHS aerosol (161527-5, SIGMA, USA) or placebo (NaCl) during days 76–105. NaHS was dissolved in 0.85% NaCl. During treatment, rats receiving NaHS and NaCl were exposed to ambient air.

For each experiment time (days 14, 45, and 75 of NO₂ exposure, and one-month recovery period (days 76–105)), rats were anesthetized with pentobarbital (50 mg/kg body weight) and PF was measured. Immediately upon the onset of complete apnea, blood was drawn via cardiac puncture into vacuum containers containing EDTA as described previously [21]. Peripheral blood was used to measure hematological and biochemical indices. Lungs, heart, liver, spleen, and kidneys were excised and weighed. The remaining whole left lung was used for histology.

2.2. NO₂ exposure and animals

The NO₂ exposure system has been described and validated previously [22,23]. Dimensions of the custom-built Plexiglas chambers were 120 cm by 70 cm by 80 cm (Fig. 1). NO₂ was generated by mixing the gas phase of liquid NO₂ with nitrogen (N₂) in a 40 L Teflon gas cylinder (Special gas-Zhao Qing Gao Neng Da Chemical Industry Co., LTD, Guangdong, China). The mixing ratio of NO₂: N₂ depended on the desired exposure concentrations. For exposure, NO₂ supplied from gas cylinders was piped through Teflon tubing directly into the intake duct of the chamber. The NO₂ flow was controlled by a Panel (Piping) Type Flowmeter (Shanghai, China). However, once the mixture passed into the chamber by BIOLAK-Friox (8 in Fig. 1) after through Flow-ratio/Mass-flow controllers and Check valve, the mixture immediately mixed with air (through holes up in the chamber) to generate a quite homogeneous distribution of NO₂ + N₂ in the box because of the slight negative pressure equipment. Chamber concentrations of NO₂, O₂%, temperature, CO_x, pressure were measured continuously with a sensitive NO_x analyzer (Testo 340, Germany) and kept at a ± 5% tolerance limit. Once beyond the limit, the NO_x analyzer would raise the alarm.

N was 4 for 14 and 45 days of exposure except 75 and 76–105 days

where n was or > 5. Experiments were done on Sprague Dawley male rats with an initial body weight of 180–200 g (Southern Medical University, Guangzhou, China). Subjects were held at the Central Animal Facility of Guangzhou Medical University. Rats were exposed to NO₂ continuously from 8 a.m. until 2 p.m., 6 consecutive days per week for 14, 45, or 75 days. Control rats whom were exposed to ambient air were housed in identical conditions and housing (equal or < 4 rats per cage). During the exposure, rats could freely move and had unlimited access to water and food. During rest periods, rats breathed for ambient air. The experiments protocol was approved by the institutional review board at the Guangzhou Medical University. Experiments were conducted in accordance with institutional guidelines on the Care and Use of Laboratory Animals (National Institutes of Health (China)).

2.3. Hematological indices

Peripheral venous blood samples were drawn after each ending point and measurements of hemoglobin (HGB), hematocrit (HCT), red blood cell (RBC) count, and total & differential leukocyte counts were made using a Mindray BC-2800 animal exclusive automated hematological analyzer. Leftover samples were centrifuged and aliquots of serum were kept at –80 °C until biochemical measurements of blood high-density lipoprotein cholesterol (HDL-C), low-density lipoprotein cholesterol (LDL-C), total cholesterol (TC), triglyceride (TG) levels using an auto-analyzer (Chemray 240, RaytoInc, Shenzhen, China).

2.4. Pulmonary function

Spirometry was performed using a forced pulmonary maneuver system in accordance with the manufacturer's protocol (Buxco Research Systems, Wilmington, North Carolina, USA). Rats anesthetized with pentobarbital were given a tracheotomy, intubated, and then placed in the system body chamber. When the average breathing rate was 150 breaths per min, the functional residual capacity (FRC), total lung capacity (TLC), forced vital capacity (FVC), forced expiratory volume in 1 ms (FEV₁₀₀), forced expiratory volume in 0.5 ms (FEV₅₀), and chord compliance (C_{chord}) were measured. All relevant pulmonary function values were measured at least for three times.

2.5. Histopathology

The remaining left whole lung was infused, washed with phosphate-buffered saline, fixed with 4% paraformaldehyde, embedded in paraffin, sectioned to 4-μm thickness, and stained with hematoxylin and eosin (H&E). Slides were viewed with microscopy.

2.6. Statistical analyses

Quantitative data were expressed as the means and standard deviations (means ± SD) if normally distributed and median and interquartile range (IQR) if otherwise. At each given time (days 14, 45, or 75), pulmonary functions, hematological and biochemical indices, Δweight, and the ratio of different organs were compared between rats exposed to NO₂ and ambient air using the *t*-test. The One-way ANOVA with Bonferroni correction was used to compare pulmonary function, hematological and biochemical indices, Δweight, and the ratio of different organs among impaired rats administered NO₂ + NaHS or NO₂ + NaCl or spontaneous recovery group during the recovery period (76 to 105 days). All analyses were done with GraphPad Prism 5 software, using two-sided *P* values. Statistical significance was set at *P* < 0.05.

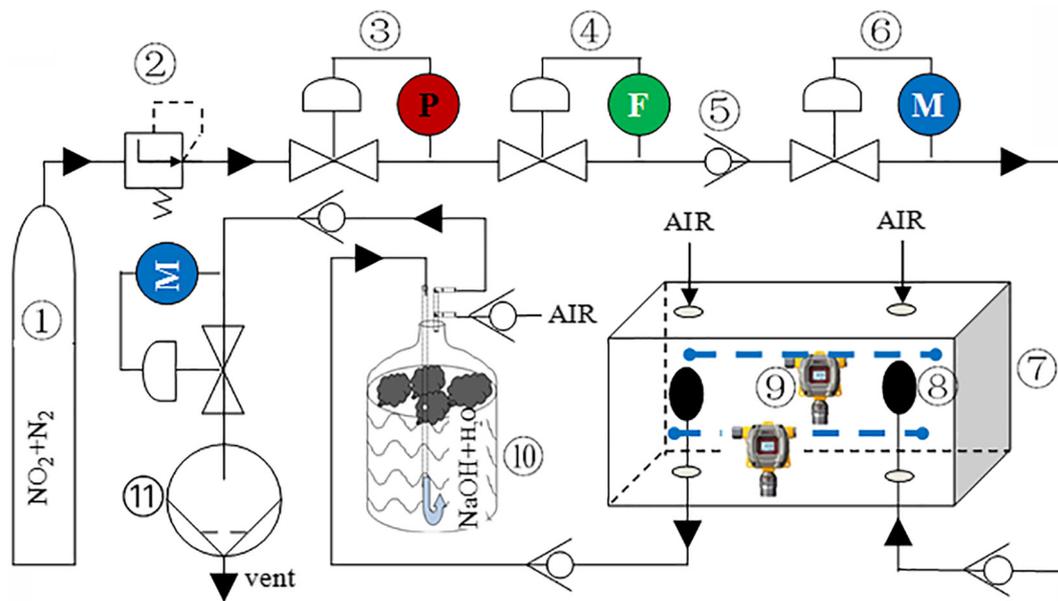


Fig. 1. Schematic diagram of the NO₂ generator and exposure equipment (schematic diagram provided by Professor Nan Sang, Shanxi University and drawn by the authors). 1: a 40-liter Teflon gas sampling container; 2: relief pressure valve; 3: gas pressure controller; 4: flow-ratio/mass-flow controller and check valve; 5: check valve; 6: mass-flow controller; 7: custom-built Plexiglas chambers (672L); 8: BIOLAK-Friox; 9: mobile monitor (showing values of NO₂, O₂, CO₂, temperature, pressure, and relative humidity etc.); 10: exhaust absorption bottle; 11: vacuum pump.

3. Results

3.1. Macroscopic examination

Lung tissues were first observed macroscopically. Rats exposed to NO₂ for 75 days showed the development of emphysema-like lesions, including a pale tan to grey appearance, pulmonary bullous, and elasticity attenuation (Fig. 2B) which control rats exposed to ambient air did not (Fig. 2A).

3.2. Histopathology

The effects of prolonged NO₂ exposure are observable in H&E-

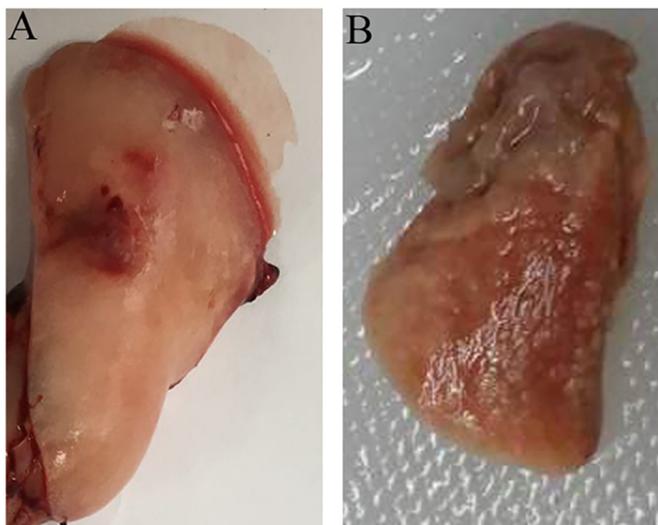


Fig. 2. B was NO₂-induced lung tissues of emphysema rats confirmed by macroscopic examination. Lung tissues of rats exposed to NO₂ for 75 days showed the development of emphysema-like lesions, including a pale tan to grey appearance, pulmonary bullous, and elasticity attenuation which control rats exposed to ambient did not (A).

stained lung tissues (Fig. 3). B, D, and F were NO₂ exposure for 14, 45, and 75 days under sight fields of 100 \times , respectively, and A, C, and E were respective concurrent controls. H was 200 \times for H&E staining at 75 days of NO₂ exposure and G was control under a similar situation. Sections of lung tissue showed fragmented and free-floating alveolar septa (arrow) characteristic of an emphysema-like phenotype at H.

3.3. Pulmonary function

Dynamic spirometry was evaluated at after 14, 45 or 75 days of NO₂ exposure. The FEV₁₀₀/FVC%, FEV₅₀/FVC%, and VC (Vital Capacity) were significantly lower at 45 days of NO₂ inhalation compared to ambient air rats ($P < 0.05$), and the same patterns were also exhibited at 75 days' ending point ($P < 0.05$); Furthermore, the FRC was significantly greater after 75-days NO₂ exposure relative to rats exposed to ambient air for an equivalent duration (Figs. 4 and S1 and Table S1). After a one month recovery period (76–105 days) wherein NO₂ exposure ceased, FRC impairment was alleviated by NaHS ($P > 0.05$) (Figs. 5 and S2 and Table S2). Comparisons between NO₂ + NaHS and NO₂ + NaCl showed no significant changes on these items ($P > 0.05$).

3.4. Hematological indices

Of the biochemical measurements, TG was elevated after 75 days NO₂ exposure compared with air exposure ($P < 0.05$) (Fig. 6 and Table S1). Meanwhile, of the hematological tests, levels of RBC, HGB, and HCT were elevated and PDW decreased after NO₂ exposure at 75 days ($P < 0.05$, for all) (Fig. 7 and Table S1). During days 76–105, emphysema like rats treated with NaHS, had greater HDL-C levels to that of rats treated with NaCl ($P < 0.05$) (Fig. 8 and Table S2); meanwhile, WBC, granulocyte, and lymphocyte counts also had somewhat increased ($P < 0.05$, for all) (Fig. 9 and Table S2).

3.5. Ratio of different organs and Δ weight changes

Δ Weight also was evaluated at 14, 45 and 75 days of NO₂ exposure. Especially at 45 and 75 days of NO₂ inhalation, Δ weight has already shown statistically significant decreased compared to ambient air rats

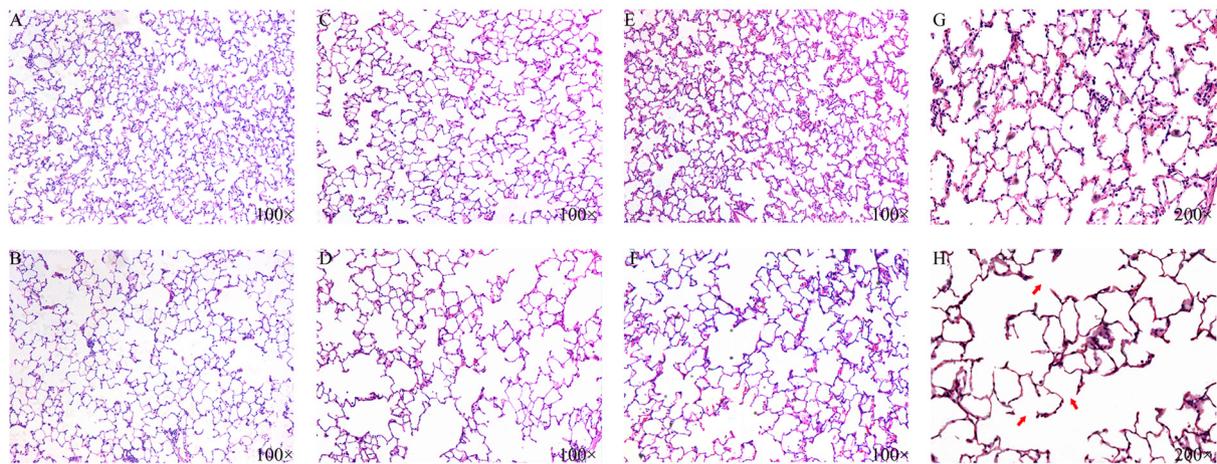


Fig. 3. Histologic features of H&E staining (A–F: 100-times magnification; G and H: 200-times magnification) in the lung of rats exposed to ambient air or 20 ppm NO₂. B, D, and F were NO₂ exposure for 14 days, 45 days and 75 days, respectively. A, C, and E were respective concurrent controls. H was 200-times magnification of H&E-stained tissues after 75 days of NO₂ exposure and G was control under similar situation. Sections of lung tissue showed fragmented and “free-floating” alveolar septa (arrow) characteristic of emphysema at H. N = 4 for 14 and 45 days of NO₂ exposure, and n = 5 for 75 days of inhalation.

($P < 0.05$) (Fig. 10 and Table S1). There were no significant changes to the ratio of organ (Heart, Liver, Spleen, and Kidney) to body weight and Δ weight between NO₂-exposed rats treated with NaHS or NaCl during the recovery period ($P > 0.05$) (Fig. 11 and Table S2).

4. Discussion

The present study established a rat model of emphysema induced by chronic exposure to NO₂ and thereafter we firstly investigated the effects of NO₂ on PF, hematological and biochemical indices and attempted to explore the (protective) effects of NaHS on the NO₂-induced lung impairment. The findings suggest that prolonged exposure to 20 ppm NO₂ causes emphysema and a decline in PF in rats, which could be alleviated by NaHS treatment.

Measurements of PF and lung histology have offered a general insight into the overall response of the respiratory system to NO₂ exposure. At 45 days of exposure, rats exhibited a significant decrease in FEV₁₀₀/FVC%. However, the effect was not accompanied with a corresponding severe response on lung histology. We therefore prolonged exposure to the same levels of NO₂ until 75 days, at which histological and functional changes consistent with the diagnosis of emphysema were observed. After a one month of rest, reversibility of the

impairment on PF was identified in the recovery rats, even if there was not a statistically significant improvement. We speculate that it is possible that the mitigation effects observed in the recovery rats would develop into a change after stopping exposure to NO₂. For instance, if the rest periods prolonged long enough, the situation might be improved largely on PF values for showing progressively better conditions while compared to the controls group.

NO₂ is relatively insoluble (0.037 mL per mL H₂O at 35 °C), and thus a large fraction of inhaled NO₂ is deposited in the pulmonary alveoli [24]. NO₂ inhalation can subsequently be delivered via lung tissue absorption and transferred across the blood-gas interface to the blood, potentially leading to systemic effects on biochemical and hematological indices, especially, the previous related studies never comprehensively investigated these systemic effects of NO₂ [5,25,26]. We currently found that levels of RBC, HGB and HCT were elevated after 75 days of NO₂ exposure. This could be caused by numerous factors. First, impaired PF could cause hypoxemia in rats, which could lead to elevated RBC, HGB, and HCT levels in response. Second, erythropoietin (EPO) is the main hematopoietic hormone acting on progenitor red blood cells via stimulation of cell growth, differentiation, and anti-apoptosis. In view of the plausible link shown between EPO and diesel exhaust particles (DEPs) by Kim HJ [27], it may, therefore, be possible

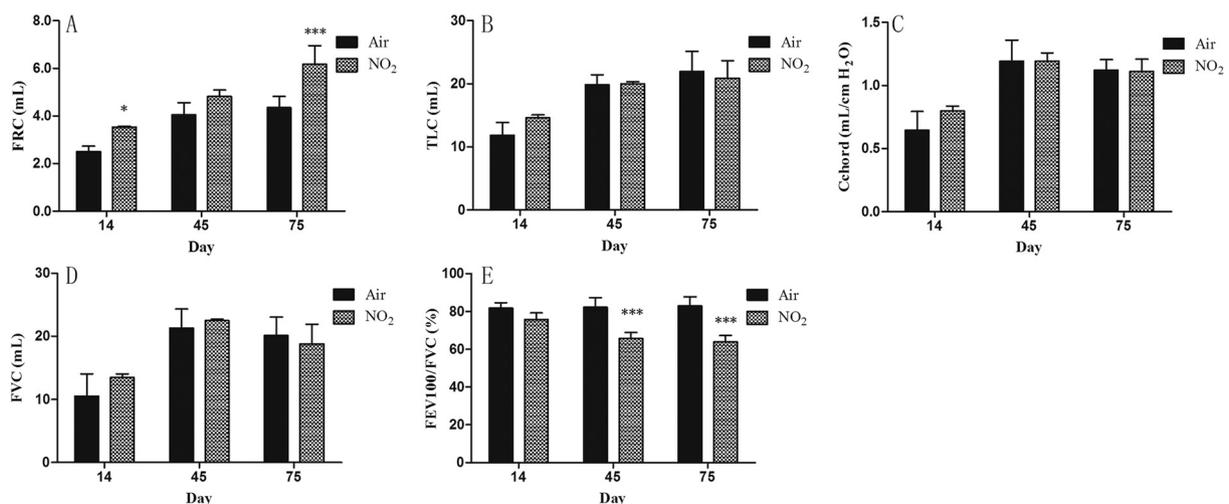


Fig. 4. Histogram (A–E) were pulmonary function index in rats at different given time (14, 45, and 75 days, respectively) exposed to NO₂ or ambient air. For NO₂ exposure (fine grid) vs ambient air (black color), $P < 0.05$. N = 4 for 14 and 45 days of NO₂ exposure, and n = 5 for 75 days of inhalation.

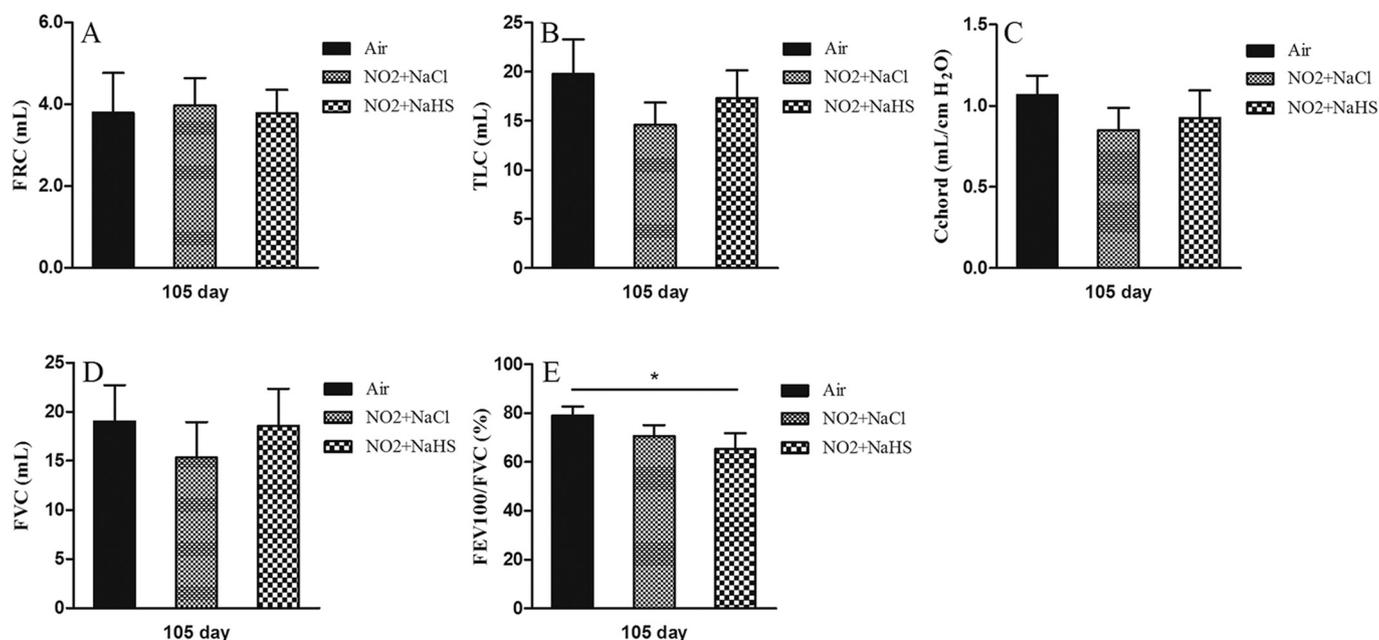


Fig. 5. Histogram (A–E) were pulmonary function index in rats with different treatments exposed to ambient air during the recovery periods (76–105 days). NaCl (fine grid), NaHS (coarse grid), and ambient air (black color) were included, $P < 0.05$, $n \geq 5$ for each group.

that NO₂ exposure could lead to an increase in RBC, HGB, and HCT levels by upregulation of EPO. Third, Hypoxia Inducible Transcription factor- α (HIF- α), which adapts cellular hypoxia condition, can regulate the expression of many downstream genes including the EPO gene [28]. Thus, NO₂ might also play a vital role on the expression of HIF- α . Polycythemia would deteriorate pulmonary perfusion due to increased blood viscosity in lungs with decreased vascular beds, and the early damage of lungs was very common with enhanced EPO production, with time increased, emphysema might be possible. Secondary polycythemia is usual in serious COPD patients. It may be indicative of a compensatory physiologic response to hypoxemia. Polycythemia can contribute to pulmonary hypertension, reduced cerebral blood flow, and increase the risk of venous thromboembolic disease [29,30]. Furthermore, the detrimental effects on lipid metabolism by NO₂ inhalation also have been identified with elevated TG levels. This impaired

effect could become no significant change without NO₂ exposure for a month. According to the literature, 70% of NO₂ absorbed in the lung is converted nitrite (NO₂⁻), and it is thought that the toxicity of NO₂ was mainly due to the reaction of oxidizing acids with readily oxidizable pulmonary and extra-pulmonary tissues instead of water [31]. It could bind to lung tissue components and spread into circulation medium. Nonetheless, the underlying mechanisms remain unclear.

The protective effects of NaHS on the NO₂-induced lung impairment were found. Treatment with NaHS following after exposure to 20 ppm NO₂ improved PF, though the effect was not notable. Evidence suggests that NaHS could protect against cigarettes smoke-induced pulmonary injuries, airway inflammation and remodeling, and thereby prevent the development of emphysema and pulmonary hypertension [32]. However, its roles in the pathogenesis of NO₂-induced emphysema remain unclear. Our findings suggest that NaHS have therapeutic potential for

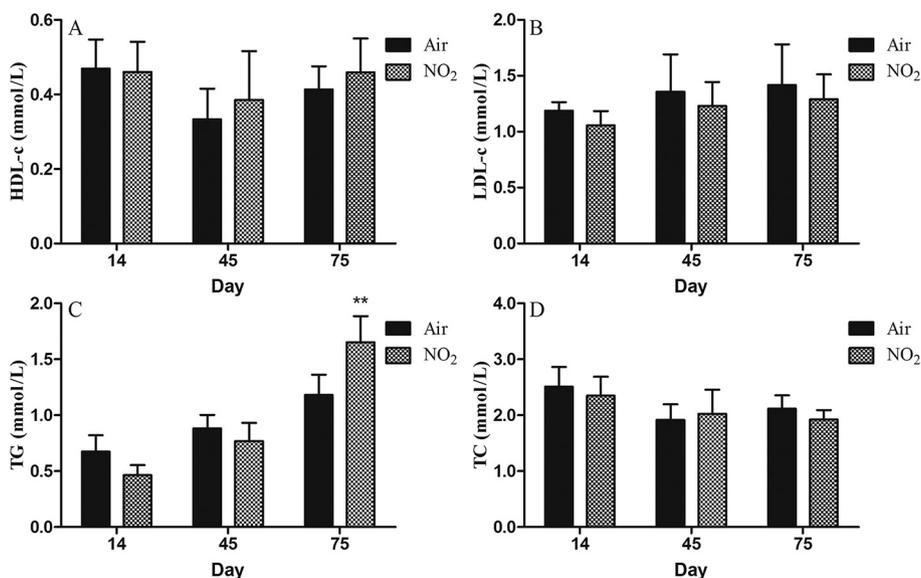


Fig. 6. Histogram (A–D) were biochemical index (HDL-C, LDL-C, TG, and TC, respectively) in rats exposed to NO₂ or ambient air at different time point (14, 45, and 75 days). For NO₂ exposure (fine grid) vs ambient air (black color), $P < 0.05$. $N = 4$ for 14 and 45 days of NO₂ exposure, and $n = 5$ for 75 days of inhalation.

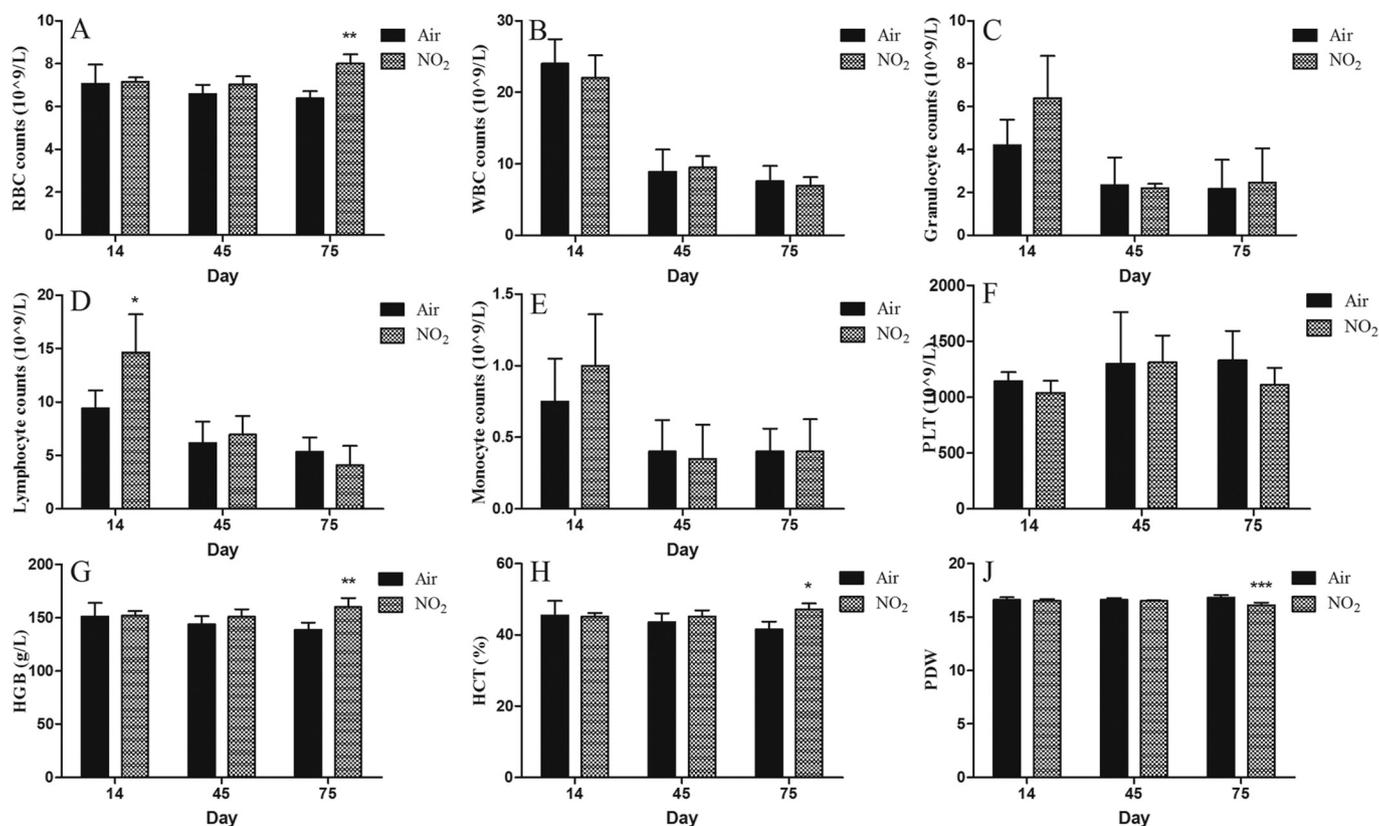


Fig. 7. Histogram (A–J) were hematological index (RBC, WBC, lymphocyte, monocyte, and granulocyte, PLT, HGB, HCT, and PDW, respectively) in rats at different given time (14, 45, and 75 days) exposed to NO₂ or ambient air $P < 0.05$. $N = 4$ for 14 and 45 days of NO₂ exposure, and $n = 5$ for 75 days of inhalation.

emphysema caused by NO₂. Examinations of hematological parameters found that NaHS treatment could result in relatively higher significant productions of WBC, lymphocyte, granulocyte, as well enhanced HDL-C level compared to NO₂ exposure with untreated. It might be that slightly elevated levels of these indices are associated with immune functions. Although NaHS mainly plays a pivotal role in vasodilation and endothelial angiogenesis and protects against oxidative injuries and inflammation [13], its protective effects on lung impairment caused by NO₂ firstly identified and should be considered in future studies. The

exact mechanism would be deeply studied in the next work.

5. Conclusions

The present findings suggest that a 20 ppm NO₂ chronic exposure causes emphysema and a decline in PF in rats. NaHS could alleviate the PF decline as probably by an relative elevation of HDL-C levels and leukocyte. NaHS have therapeutic potential for emphysema caused by air pollutant NO₂.

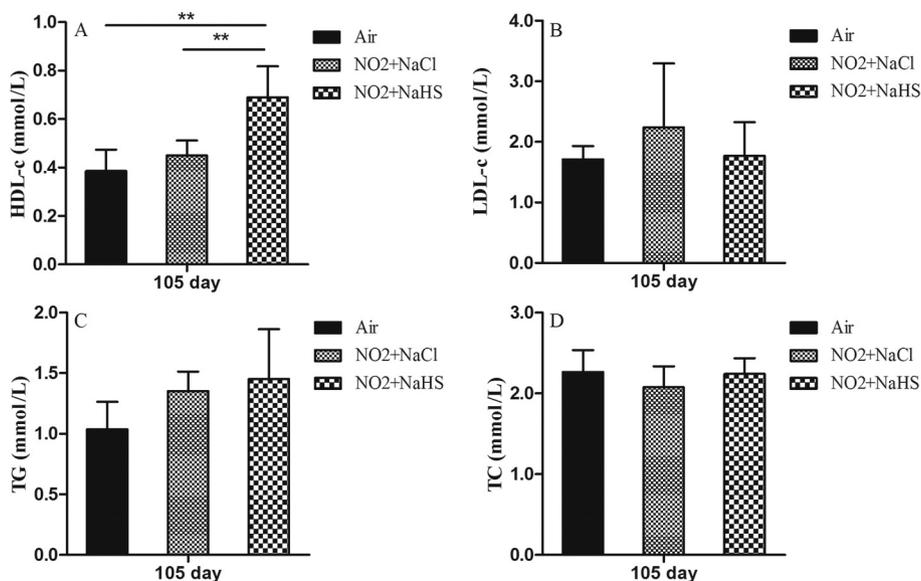


Fig. 8. Histogram (A–D) were biochemical index (HDL-C, LDL-C, TG, and TC, respectively) in rats with different treatments at one-month recovery period exposed to ambient air (76 to 105 days). NaCl (fine grid), NaHS (coarse grid), and ambient air (black color) were included, $P < 0.05$, $n \geq 5$ for each group.

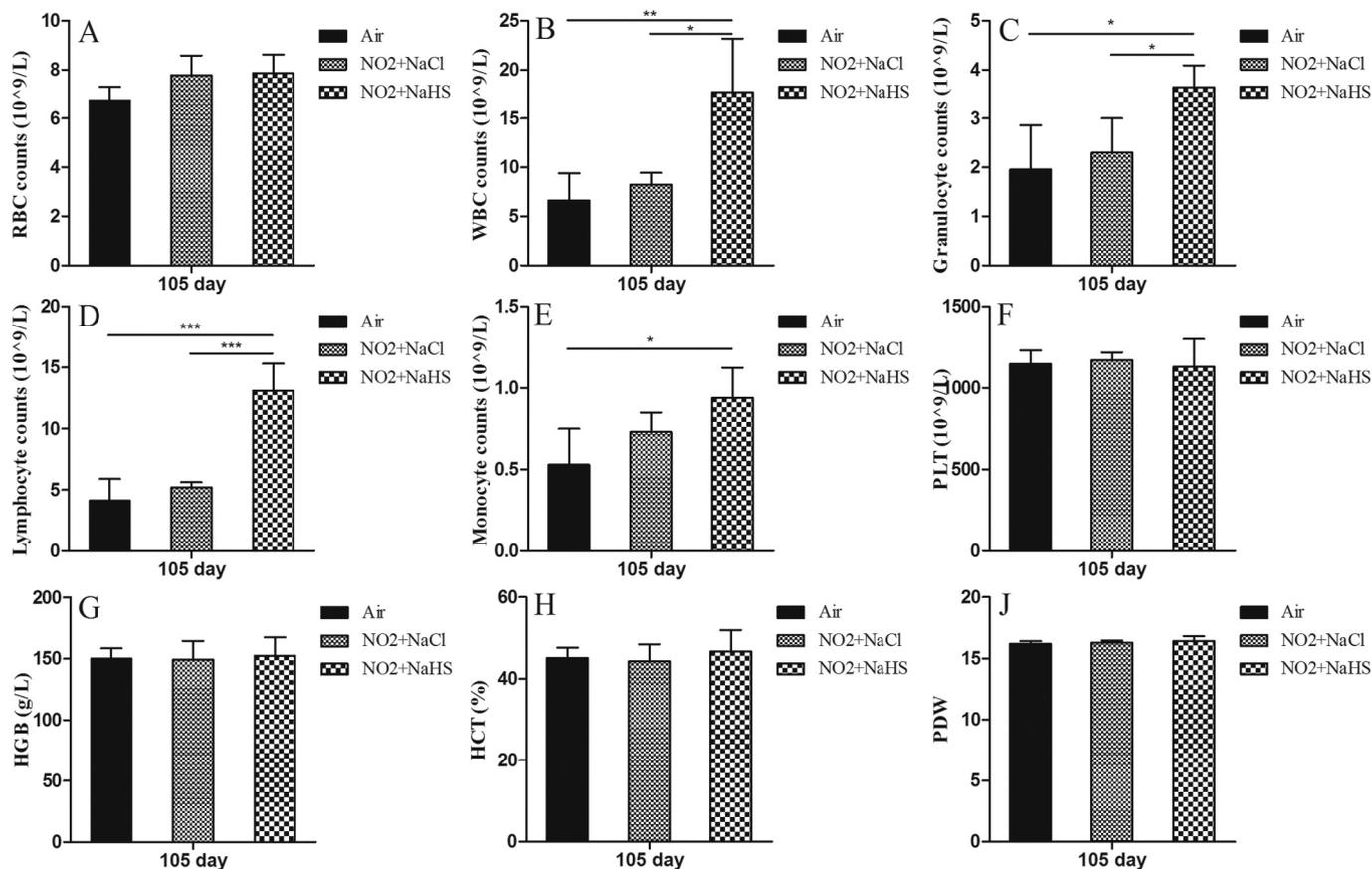


Fig. 9. Histogram (A–J) were hematological index in rats with different treatments during the recovery periods (76 to 105 days). NaCl (fine grid), NaHS (coarse grid), and ambient air (black color) were included, $P < 0.05$, $n \geq 5$ for each group.

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.lfs.2019.116650>.

NO_x nitrogen oxides
 NaHS sodium hydrosulfide
 SD Sprague-Dawley
 WBC white blood cell
 RBC red blood cell
 HGB hemoglobin
 HCT hematocrit

Abbreviations

PF pulmonary function
 NO₂ nitrogen dioxide

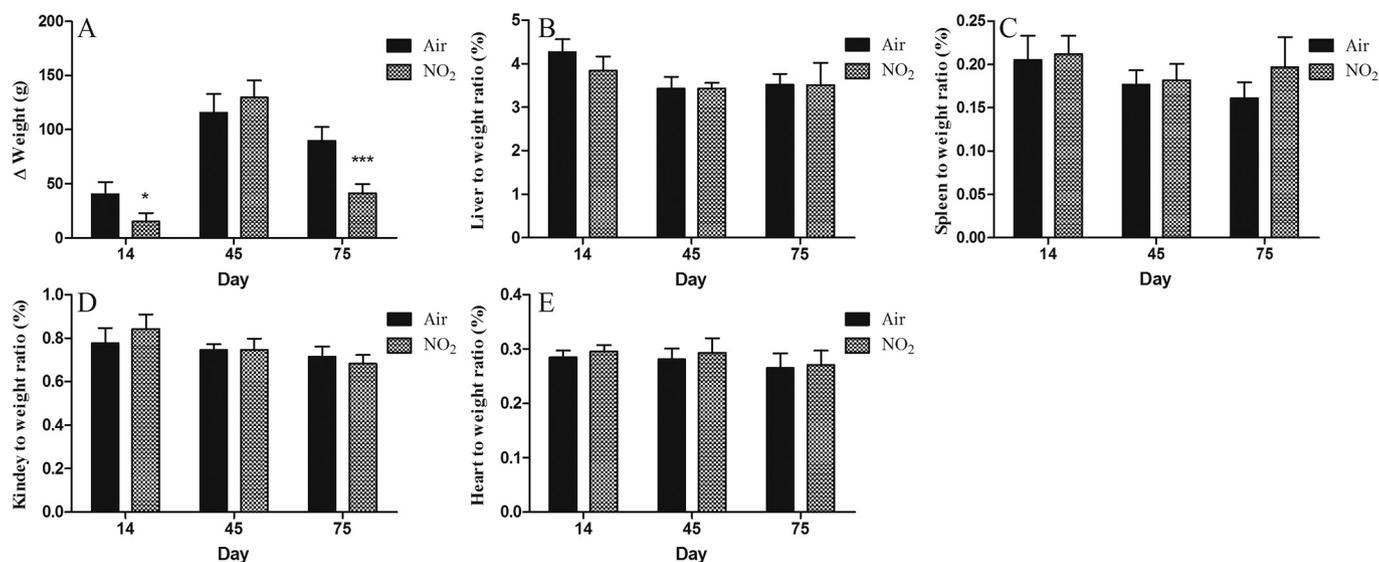


Fig. 10. Histogram (A–E) were Δ weight and ratio of different organs (Liver, Spleen, Kidney, and Heart, respectively) to their own weight at different given time (14, 45, and 75 days) exposed to NO₂ or ambient air. For NO₂ exposure (fine grid) vs ambient air (black color), $P < 0.05$. $N = 4$ for 14 and 45 days of NO₂ exposure, and $n = 5$ for 75 days of inhalation.

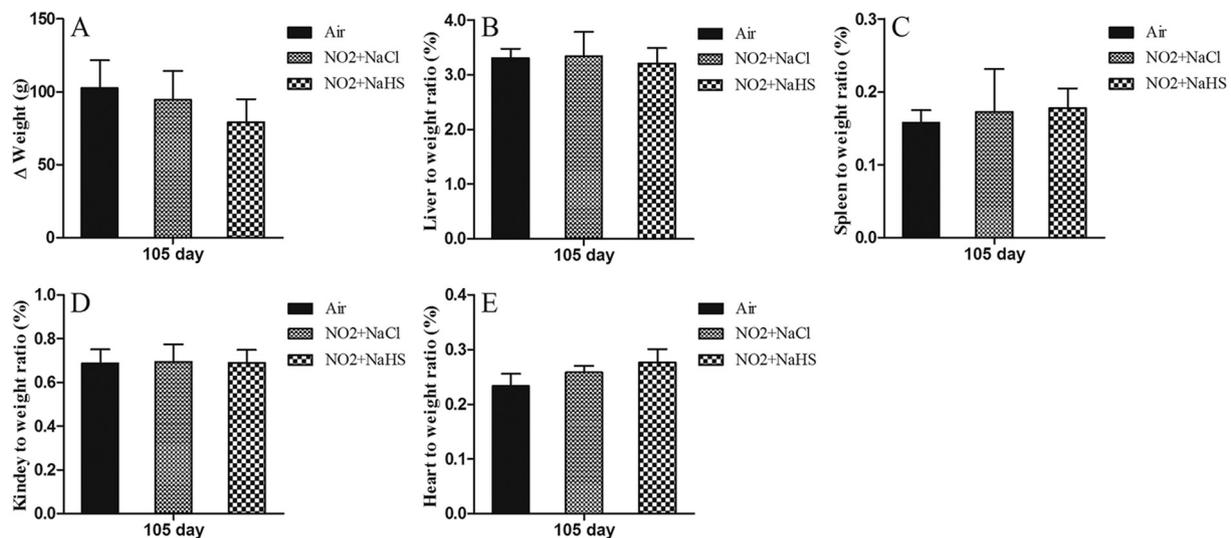


Fig. 11. Histogram (A–E) were Δ weight and ratio of different organs (Liver, Spleen, Kidney, and Heart, respectively) to weight in rats with different treatments during the recovery periods (76 to 105 days). NaCl (fine grid), NaHS (coarse grid), and ambient air (black color) were included, $P < 0.05$, $n \geq 5$ for each group.

HDL-C	high-density lipoprotein cholesterol
LDL-C	low-density lipoprotein cholesterol
GLU	glucose
TC	total cholesterol
PLT	platelets
TG	triglyceride
GSP	glycated serum protein
FRC	functional residual capacity
TLC	total lung capacity
FVC	forced vital capacity
FEV ₁₀₀	forced expiratory volume in 1 ms
FEV ₅₀	forced expiratory volume in 0.5 ms
Cchord	chord compliance
Ti	inspiratory time
Te	expiratory time
VC	vital capacity
PEF	peak expiratory flow

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Author contributions

Conceived and designed the experiments: WJL, JW and ZLZ; performed the experiments: ZLZ, DJS, GHX, MJD, FL, LY, TW and JYX; analyzed the data: ZLZ; contributed reagents/materials/analysis tools: ZLZ, JYX and DJS; the paper was written by ZLZ; reviewed and revised by WJL TW, DJS, XHX and BXD.

Ethics approval and consent to participate

The experiments protocol was approved by the institutional review boards of Guangzhou Medical University and conducted in accordance with our institutional guidelines on the Care and Use of Laboratory Animals (National Institutes of Health).

Declaration of Competing Interest

None.

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