



## Review article

## Frank Beach award winner: Neuroendocrinology of group living

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## ABSTRACT

Why do members of some species live in groups while others are solitary? Group living (sociality) has often been studied from an evolutionary perspective, but less is known about the neurobiology of affiliation outside the realms of mating and parenting. Colonial species offer a valuable opportunity to study nonsexual affiliative behavior between adult peers. Meadow voles (*Microtus pennsylvanicus*) display environmentally induced variation in social behavior, maintaining exclusive territories in summer months, but living in social groups in winter. Research on peer relationships in female meadow voles demonstrates that these selective preferences are mediated differently than mate relationships in socially monogamous prairie voles, but are also impacted by oxytocin and HPA axis signaling. This review addresses day-length dependent variation in physiology and behavior, and presents the current understanding of the mechanisms supporting selective social relationships in meadow voles, with connections to lessons from other species.

## 1. Introduction

All animals engage in social interactions, but in some species, the advantages of social behavior have led to group living (sociality) and/or selective affiliative relationships. There is striking variation in mammalian social behavior, from polar bears that only interact socially with adult conspecifics to mate, to bats living in colonies of thousands. Humans and other social primates live in groups ranging from families to societies. Same-sex social relationships among peers are a common feature of social species, and in many cases form the basis for group living. Despite inroads into the understanding of parent-offspring bonding and monogamy, relatively few studies have explored the factors involved in prosocial behavior outside the context of reproduction (reviewed in Anacker and Beery, 2013; Goodson et al., 2006; Tang-Martinez, 2003). Group-living species offer a valuable opportunity to study a different facet of affiliation: namely social relationships between adult members of a group. Here, I provide a brief overview of comparative approaches to the study of sociality in rodents, then focus on lessons from studies of seasonally social meadow voles. The shift between social and solitary living in this species allows for comparisons of social phenotypes within a single species, not confounded by variation in evolutionary history.

## 1.1. Sociality

Life in social groups carries costs and provides benefits, only some

of which have been quantified in any given species. Some generally recognized benefits of group living include protection from predation, increased foraging efficiency, information exchange, access to mates, thermoregulatory benefits, and access to helpers for infant care. The most profound costs associated with sociality lie in competition for food, mates, and other limited resources. Other potential costs include disease transmission and increased susceptibility to predation (reviewed in Lee, 1994; Krause et al., 2002). Despite these tradeoffs, sociality is widespread, with over 70 documented social species in 39 genera (Lacey and Sherman, 2007).

Sociality is not a uniform trait, and many attempts have been made to classify different types of social groups. Some classifications focus on the complexity and stability of relationships, distinguishing between gregarious species that form unstable associations and social species that form stable associations with complex rules related to kinship, recognition, and past interactions (Goodson, 2013; Lee, 1994; Lidicker and Patton, 1987). Many social groups are based on kinship and family structure in the absence of monogamy, especially same-sex groups comprised of mothers and non-dispersed female offspring (e.g. elephants, horses, lions, prairie dogs, and some human societies). Kinship is not required for social grouping, however, and when the benefits of sociality are high, unrelated individuals may come together, either in loose aggregations, or to form specific and selective social groups.

Even closely related species vary markedly in the manner in which they are social. For example in prairie voles (*Microtus ochrogaster*), family units consisting of bonded breeding pairs and non-dispersed

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offspring form the basis of social groups (Carter and Getz, 1993). In the laboratory, prairie voles exhibit selective preferences for both familiar mates and same-sex peers (Williams et al., 1992; DeVries et al., 1997a; Beery et al., 2018). In meadow voles, both sexes mate promiscuously and females maintain exclusive territories during the summer breeding season. In the Winter and Spring, however, they live in selective groups that rely on selective preference for familiar individuals (described in detail in Section 2.1). Other rodents, such as degus, are social without exhibiting preferences for familiar peers (Shambaugh, Insel, and Beery, *personal communication*). Lab strains of mice and rats are highly inbred, but some studies shed insight on the behavior of their wild conspecifics. Wild Norway rats live in gregarious colonies, where social interactions may be beneficial for predator avoidance (Macdonald et al., 1999). Mice can also be gregariously social, but exhibit distinct social and cognitive behaviors (Ellenbroek and Youn, 2016). Neither mice nor rats appear to form specific social preferences or bonds under normal circumstances (Beery et al., 2018; Schweinfurth et al., 2017), but form stable social hierarchies (Curley, 2016). Many other rodents provide opportunities to assess different aspects of social behavior. For reviews of mechanisms underlying mammalian sociality in a comparative context, see Anacker and Beery (2013) and Beery et al. (2016).

Sociality has evolved on numerous occasions, and the neurobiological pathways underlying it may share a common basis or differ in important ways. The variety of combinations of different social behavior patterns (for example, group living with or without monogamy, biparental care, or familiarity preferences) implies these separable behaviors must be subserved by different underlying circuitry. At the same time, mechanisms underlying specific behaviors show a surprising degree of conservation across broad taxonomic groups—for example, oxytocin and related peptides are involved in muscle contractions and behaviors related to reproduction from *C. elegans* to mammals (Garrison et al., 2012; Althammer et al., 2018). A recent study found that several genes associated with variation in sociality in sweat bees have also been implicated in autism spectrum disorder in humans (Kochoer et al., 2018). By taking advantage of natural variations in social behavior in rodents, as well as in other taxa, it should become possible to determine when such mechanisms represent species-specific approaches to sociality, and when they represent generalizable phenomena.

## 2. Meadow voles: behavior

### 2.1. Meadow vole behavior in the wild

Voles have been the focus of population ecology studies for almost a century, based on intriguing boom and bust population cycles that remain incompletely accounted for to this day (DeVries et al., 1997b; Elton, 1924; Krebs, 1996; Krebs and Myers, 1974; Oli, 2003). Radio-telemetry and trapping studies revealed interesting interspecific and seasonal differences in space use and social behavior, ranging from territoriality in females only in meadow voles, to males only in taiga/yellow-cheek voles, to stable family groups in prairie voles (Getz et al., 1981; Madison, 1980; Ostfeld, 1985; Wolff and Lidicker Jr, 1980). These behavioral variations themselves became the focus of new investigations. Early studies on meadow voles identified a surprising number of predation threats, and suggested that behavior related to reproductive energetics might be an important determinant of population size and female territoriality in this species (Dale Madison, *personal communication*).

Meadow voles (Fig. 1A) are promiscuous breeders with multiple paternity within litters (Boonstra et al., 1993; Getz, 1972). Unlike other vole species, females are the more territorial sex, maintaining exclusive territories during the summer breeding season (Madison, 1980; Webster and Brooks, 1981; Fig. 1B). Voles remain active throughout the winter, and the formation of winter social groups likely evolved in part because of its thermoregulatory benefits, which have been demonstrated in voles and other rodents (Andrews et al., 1987; Andrews and Belknap,

1993; Gilbert et al., 2010; Kauffman et al., 2003). In fall and winter non-reproductive season, meadow vole territories collapse and females and males cohabit in groups (Fig. 1C; Madison et al., 1984).

Winter social groups are ordinarily seeded by a female and her undispersed offspring, but predation on overwintering voles is substantial. By late December to early January, migration subsequent to predation leads to social groups that consist of unrelated adults. These mixed-sex groups consist of 3 to 10 voles that sleep in constellations of 2 to 5 (Madison and McShea, 1987). Addition of new members to these groups likely requires unusual social tolerance, which is not long lasting. Tests of dyadic interactions between field-caught voles indicate that males and females are tolerant of both nestmates and strangers during winter months when the gonads are regressed or not yet developed (McShea, 1990). By late winter and spring, social configurations become stable and groups no longer accept new members (Madison et al., 1984; Madison and McShea, 1987). Females may continue to exhibit communal nesting for their first litter, particularly in female-female dyads, suggesting that same-sex affiliation may be particularly important for females. The frequency of this behavior decreases over the Spring and is absent by summer (Madison et al., 1984; McShea and Madison, 1984). Aggression towards strangers also increases in both sexes, concurrent with seasonal gonadal development (McShea, 1990). While both sexes exhibit some seasonal changes in social and aggressive behaviors, these variations are more extreme for females in both the field and laboratory (Boonstra et al., 1993; Beery et al., 2009).

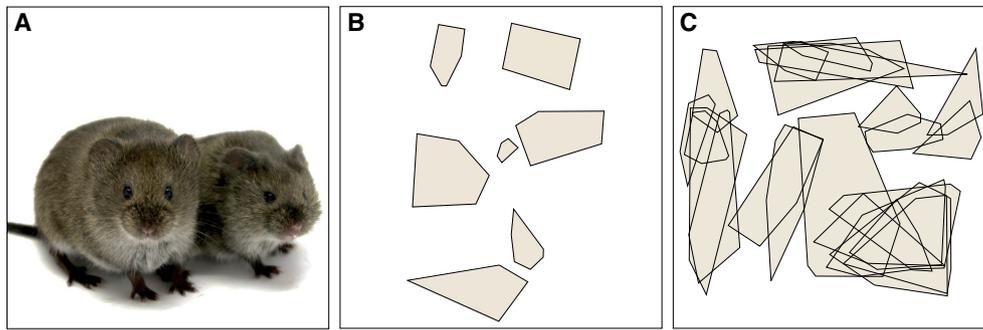
Because meadow voles form selective social groups but mate promiscuously, this species allows for the study of selective peer affiliation that does not rely on substrates supporting reproductive pair-bonds.

### 2.2. Environmental influences on behavior in the laboratory

Laboratory studies have identified effects of photoperiod, temperature, food availability, and micronutrient availability on social and reproductive behaviors in meadow voles. For species that live in high latitudes, the most reliable cue signaling the time of year is day length/photoperiod (Prendergast et al., 2002; Paul et al., 2008). Housing in summer-like long day lengths (LDs) versus winter-like short day lengths (SDs) alters physiological traits in meadow voles including body mass, food intake, reproductive status, brain growth, and sex ratio of offspring (Dark et al., 1990; Dark et al., 1983; Gorman et al., 1994). Photoperiod also induces changes in social and anxiety behaviors in meadow voles in striking parallel to seasonal changes in field behaviors (described below). Laboratory research on seasonal changes in social behavior has thus centered on photoperiodic regulation (see Table 1 for overview), although ecological signals of a milder winter—for example nutrients indicative of new plant growth—may provide an important signal for opportunistic reproduction outside the classic breeding season.

#### 2.2.1. Photoperiodic control of olfactory preferences

The olfactory preferences of female meadow voles change seasonally in the field, and this effect is recapitulated in response to photoperiod cues in the laboratory. Meadow vole females in summer (in the field) or housed in long day lengths (in the lab) prefer the scents of males over the scents of other females or their own scent, consistent with their reproductive and territorial state. In winter and in short day lengths, this preference reverses and females prefer the odors of other females to their own or male odors. Males showed no odor preferences in SDs (Ferkin and Gorman, 1992; Ferkin and Seamon, 1987; Ferkin and Zucker, 1991). These season and photoperiod changes are likely mediated at least in part by exposure to melatonin — a hormone that is secreted at night, and thus for longer durations during the winter — as melatonin treatment changed both the attractiveness of the odors produced by voles housed in LDs, and their preferences for other odors (Ferkin and Kile, 1996; Ferkin et al., 2007).



**Fig. 1.** Meadow vole spatial ecology. A) Adult female meadow voles. B) In summer, females maintain exclusive territories, demonstrated by the non-overlapping home range perimeters of individual females on a sample day in July. C) Space use on a December day illustrates collapsed territories and existence of social groups including males and females. Telemetry data redrawn from [Madison \(1980\)](#) and [Madison et al. \(1984\)](#) and used with permission.

### 2.2.2. Photoperiodic control of affiliative behavior

In voles, social behavior is most often assessed using the partner preference test (PPT) ([Williams et al., 1992](#)) in which a focal vole is free to move throughout a three-chambered apparatus with stimulus voles. A familiar social partner/cagemate and an unfamiliar stranger are tethered in opposite chambers ([Fig. 2A](#)). The PPT allows the focal vole to come in direct contact with the tethered stimulus voles, permitting huddling. The three-hour duration of the test allows habituation to the test configuration and further promotes resting and social contact. This test was originally developed to assess opposite-sex mate preferences in prairie voles, but has since been extended to same-sex partner preferences in prairie voles ([DeVries et al., 1997b](#); [Beery et al., 2018](#)) and meadow voles ([Anacker et al., 2016a, 2016b](#); [Beery et al., 2009](#); [Beery et al., 2008](#); [Beery and Zucker, 2010](#); [Ondrasek et al., 2015](#); [Parker and Lee, 2003](#)), as well as other rodents (degus: [Shambaugh, Insel and Beery personal communication](#); mice: [Beery et al., 2018](#)).

Female meadow voles housed in short day-lengths in the laboratory form enduring social preferences for same-sex social partners (cagemates) in PPTs, and these preferences persist after three weeks of separation ([Parker and Lee, 2003](#)). Preferences form within 24 h of cohabitation with related or unrelated females, and preferences of equivalent magnitude can be formed between multiple cohoused individuals at the same time ([Beery et al., 2009](#)). In comparison to short-day housed individuals, long-day housed females huddled significantly less ([Beery et al., 2008, Fig. 2B](#)), mirroring seasonal differences in social behavior in the field. Males displayed intermediate levels of huddling, consistent with less dramatic shifts in field social behavior in males ([Madison, 1980](#); [Madison and McShea, 1987](#)).

Long-day housed female meadow voles also sometimes prefer partners over strangers ([Ondrasek et al., 2015](#), [Goodwin et al., in press](#)). This may reflect particularly low tolerance of unfamiliar strangers by females in LDs. SD housed females prefer known social partners, but spent significantly longer in the cage of an unfamiliar stranger than do LD voles; although overall huddling with strangers is low, it can be  $> 80\times$  longer than in LDs ([Beery et al., 2008, Fig. 2B](#)). SD females also appear to be responsive to increased incentive of a social group. While LD females prefer their partner to a trio of unrelated individuals, SD female meadow voles huddle with an unfamiliar group at a level equivalent to the partner ([Ondrasek et al., 2015](#)). In field settings, winter social groups maintain semi-flexible membership ([Madison et al., 1984](#)), which may result from increased interaction with, and tolerance of strangers.

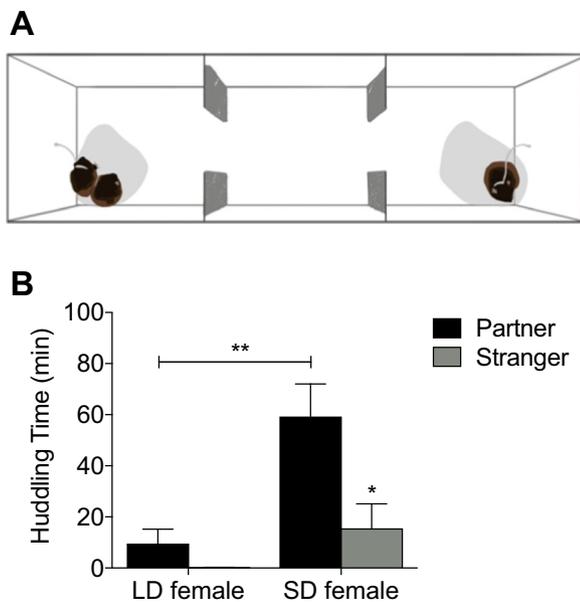
### 2.2.3. Photoperiod and aggressive social interactions

Photoperiodic variation in affiliative behavior may build on day length-dependent changes in aggressive and anxiety behaviors. Field variation in aggression has been documented in male meadow voles, with more aggressive interactions between unfamiliar males during the breeding season, and more males first trapped with missing tails during this season ([Turner and Iverson, 1973](#)).

In social interaction tests of female meadow voles across day lengths, we found that SD-housed females interacted with novel conspecifics more than LD housed females, including both affiliative social contact and aggressive interactions ([Lee et al., 2017](#)). Increased social interaction between voles in winter may be further facilitated by social experience, as pair-housed SD meadow voles sniff, groom, and huddle

**Table 1**  
Laboratory variation in meadow vole physiology and behavior by day length.

Endpoint	Finding	References
Olfactory preferences	LD females prefer male odor > own odor > female odor SD females prefer social odors (female odor > male odor > own odor)	<a href="#">Ferkin and Zucker, 1991</a>
Partner preferences	LD Males prefer female scents; no sex-specific preferences in SD PP are formed in SD females in pairs and trios in the laboratory.	<a href="#">Ferkin and Gorman, 1992</a> <a href="#">Parker and Lee, 2003</a> <a href="#">Beery et al., 2008</a> <a href="#">Beery et al., 2009</a> <a href="#">Ondrasek et al., 2015</a>
Stranger interaction	SD females huddle more than LD females Males form PP in both LD and SDs SD females spend more time huddling with strangers in PPT SD females interact more during social interaction tests	<a href="#">Beery et al., 2008</a> <a href="#">Beery et al., 2009</a> <a href="#">Lee et al., 2017</a>
Anxiety behavior	SD females spend more time in the open portion of a light/dark box	<a href="#">Ossenkopp et al., 2005</a>
Reproductive steroids	Estradiol/uterine mass is higher in LD housed females Estradiol and testosterone are higher in voles captured during the breeding season vs. the nonbreeding season	<a href="#">Beery et al., 2008</a> <a href="#">Galea and McEwen, 1999</a>
CORT secretion	Higher total CORT in LD (vs. SD) females Higher free and total CORT in LD (vs. SD) males	<a href="#">Anacker et al., 2016b</a> <a href="#">Pyter et al., 2005</a>
CRF <sub>1</sub> receptor density	Higher in LD voles in the hippocampus	<a href="#">Beery et al., 2014</a>
CRF <sub>2</sub> receptor density	Higher in SD voles in cingulate cortex and hippocampus	<a href="#">Beery et al., 2014</a>
Oxytocin receptor density	Higher in SD voles in multiple regions including central amygdala, nucleus accumbens, and hippocampus	<a href="#">Parker et al., 2001</a> <a href="#">Beery and Zucker, 2010</a>
Brain growth	LDs promote faster brain growth in male meadow voles Higher markers of neurogenesis in fall vs. summer	<a href="#">Dark et al., 1990</a> <a href="#">Spritzer et al., 2017</a>



**Fig. 2.** Social behavior variation in the lab. A) Partner preference test apparatus. To assess huddling time and selectivity of social behavior among peers, a same-sex cagemate is tethered on one end of the apparatus, and an unfamiliar same-sex vole is tethered at the opposite end. Tests are video-recorded for 3 h and scored for time in each chamber, time huddling with each tethered subject, and activity. B) Variation in social huddling by day length. SD voles huddled more with their partners than LD voles. In this and other studies, SD meadow voles prefer familiar peers in PPTs, but still spend time huddling with strangers. Data excerpted from Beery et al. (2008).

with novel conspecifics more than individually-housed meadow voles (see Section 2.2.6). Increased interaction, particularly affiliative interaction, with novel voles is likely an important precursor to the formation of winter social groups.

#### 2.2.4. Photoperiod and anxiety behaviors

Anxiety behavior may change with photoperiod because predation threats are somewhat mitigated in winter. Seasonal change in anxiety behavior may also contribute to changes in social tolerance and the capacity for affiliation with known individuals. In meadow voles, anxiety-like behavior has been assessed in terms of willingness to enter and spend time in bright, open arenas, presumed to be more threatening. Relative to LD meadow voles, voles housed in SDs spend more time in the light portion of a light-dark box—an apparatus in which subjects can spend time in a dark, sheltered space or explore a brightly lit and uncovered area. This effect was particularly large for females (Ossenkopp et al., 2005). A field study of male meadow voles found seasonal variation in open field exploration (Turner et al., 1983). Congruent with these findings, SD meadow vole females are more active in an open field, and spend more time in the center than do LD females (Reitz, 2014). Time spent investigating a novel conspecific in the social interaction test is classically used as a measure of anxiety (File and Seth, 2003), and SD meadow vole females are more interactive than LD females in this test (Lee et al., 2017).

#### 2.2.5. Abiotic factors: food availability, food content, and ambient temperature

Whereas photoperiod is the dominant cue for seasonal transitions in high latitude mammals, additional cues such as food availability, food content, and temperature may enhance responsiveness to varying conditions, potentially to great advantage. For this reason, many seasonal rodent populations sustain a small number of photic non-responders, and photo-responsiveness may be enhanced by other conditions. For instance, male prairie voles exposed to short day lengths and

low temperatures undergo complete gonadal regression, while males exposed to short day lengths alone exhibit a range of reproductive phenotypes (Kriegsfeld et al., 2000).

In meadow voles, *low ambient temperature* (10 °C versus 21 °C) enhanced huddling with an unfamiliar stranger vole in both long and short day lengths. Intriguingly this increased tolerance of the stranger occurred despite no significant increase in overall huddling levels (Ondrasek et al., 2015). *Food restriction* also leads to increased stranger huddling, but only in SD voles. This increase in stranger huddling occurred in addition to, rather than in place of, partner huddling (Ondrasek et al., 2015).

Specific plant compounds have been associated with both inhibition and stimulation of reproduction in voles, altering the reproductive period under natural conditions. Compounds in senescent grasses such as paracoumaric acid and ferulic acid decrease female fertility in voles (Berger et al., 1987), whereas green vegetation and the compound 6-MBOA isolated from new growth increases fertility and fecundity (Berger et al., 1981; Sanders et al., 1981). This is also the case in meadow voles, in which seminal vesicle and testicular weights in males, and ovarian and uterine weights in females were larger in individuals injected with 6-MBOA than in matched controls (Cranford, 1983). Implants containing 6-MBOA have also been associated with increased female sex ratio in montane voles (Berger et al., 1987). The interaction between developmental photoperiod and plant nutrients has been tested in meadow voles, indicating that photoperiodic history and grains containing 6-MBOA interact to influence gonadal development. A potential role for 6-MBOA or vegetation type on seasonal social variation is therefore plausible, but has not been examined.

#### 2.2.6. Biotic factors: social history

In addition to the physical environment, social history strongly impacts social behavior towards unfamiliar individuals: in 10 min tests of social interaction with strangers in a neutral arena, female meadow voles housed alone exhibited more aggression and less affiliative social contact than pair-housed voles (Lee et al., 2017). Many important effects of social environment variables including weaning age, litter size, and extent of maternal care have been documented on later social behavior in voles and other rodents (e.g. Seitz, 1954; McGuire, 1988; Curley et al., 2009; Starr-Phillips and Beery, 2014).

### 3. Proximate factors influencing peer social behavior in meadow voles

#### 3.1. Gonadal steroids

Seasonal changes in territory structure and social behavior coincide with changes in reproduction, and with circulating levels of the hormones that support capacity to reproduce (Galea and McEwen, 1999). The concentrations of gonadal steroids are thus natural candidates for the modulation of these behavioral changes. Multiple studies of day length and estradiol exposure in the laboratory demonstrate that gonadal steroids produce some but not all seasonal behavioral changes.

Consistent with seasonal differences in social behavior in the field, gonadally intact meadow voles housed in long day lengths show little huddling relative to voles housed in short day lengths. As expected, the same is true for ovariectomized, estradiol treated LD voles who experience a similar hormonal profile to intact LD voles. Ovariectomy without hormone replacement in LD females lowers estradiol exposure and uterine mass, but is insufficient to increase social huddling. In short day lengths, intact and ovariectomized females share a low estradiol profile and both groups huddle extensively; in contrast, ovariectomized/estradiol treated meadow voles exhibit reduced huddling (Beery et al., 2008). Thus, estradiol reduces social huddling in winter phenotype voles, but the absence of estradiol is insufficient to promote social huddling in summer day lengths.

Estradiol also plays an important role in the regulation of seasonal

changes in olfactory preferences. In long day lengths, intact females prefer the odors of males, but this preference is eliminated by ovariectomy. In short day lengths, neither ovariectomy nor supplementation with estradiol alter olfactory preferences (Ferkin and Zucker, 1991). Together these studies indicate that changing levels of estradiol induce some of the seasonal changes in social preference.

### 3.2. Stress, anxiety, and HPA Axis regulation

Prior research has established important bidirectional links between anxiety and social behavior; for example, social contact can buffer stress responses in rodents, and social withdrawal is a symptom associated with long-term stress and PTSD (e.g. Williams and Eichelman, 1971; Kiyokawa et al., 2004; reviewed in Beery and Kaufers, 2015). In rats, increased anxiety behavior is associated with decreased social contact with a novel peer (Starr-Phillips and Beery, 2014), and social interaction testing with unfamiliar conspecifics is used as an assessment of both social and anxiety behaviors (File and Seth, 2003). We hypothesize that reduction in social anxiety and the ability to tolerate other individuals without becoming territorial or stressed may be a necessary permissive factor for sociality in winter months. As described in Section 2.2.4, anxiety behaviors are lower in meadow voles housed in short (vs. long) photoperiods.

Anxiety, hypothalamo-pituitary-adrenal (HPA) axis regulation, and social behavior are interconnected in many ways, and high levels of anxiety may prevent social behavior (Stowe et al., 2005; Hostetler and Ryabinin, 2013; Beery and Kaufers, 2015). Thus the HPA axis presents an interesting target for exploration of the mechanisms involved in permitting social tolerance and exploration in short day lengths. In meadow voles, photoperiod alters anxiety-like behaviors in addition to social behaviors, as detailed in Section 2.2.4: females housed in short day lengths exhibit more exploratory behavior and less avoidance in classically anxiogenic situations.

We tested the effects of experience of stress on same-sex partner preferences in SD female meadow voles in new and established relationships. CORT was significantly elevated in response to a brief stress exposure (3 min forced swim test), and this stressor impaired the formation of a partner preference for a peer introduced immediately following the stressor. Partner preference in established partnerships was unaffected by stress exposure (Anacker et al., 2016b). Thus same-sex preference formation in meadow voles was altered in a similar fashion to opposite-sex preference formation in female prairie voles: female prairie voles exposed to a stressor or CORT show reduced formation of partner preferences for a mate, opposite effects in males (DeVries et al., 1995, 1996).

Seasonal variation in HPA activity has been documented in several species (reviewed in Romero, 2002). In meadow voles, factors influencing HPA axis signaling and CORT circulation in particular have been studied in both field and laboratory settings. In spring/summer populations of meadow voles, CORT relates to both population density and reproductive status. High population density is correlated with increased free and total CORT in both males and females (Boonstra and Boag, 1992). CORT in females is higher than in males during the breeding season in both field and laboratory, and highest in pregnant or lactating females (Boonstra and Boag, 1992; Galea and McEwen, 1999; Klein et al., 1997).

CORT levels vary with day length in females in the laboratory and likely in the field. Fecal glucocorticoid metabolites (reflecting free CORT) in female meadow voles were significantly higher in subjects housed in long day lengths (Anacker et al., 2016b) while in male meadow voles, long day lengths have been associated with lower free and total CORT (Pyter et al., 2005). In field samples, female meadow voles had higher (presumed total) CORT in summer than winter, but this difference was not significant (Galea and McEwen, 1999). Ongoing work is characterizing the relationship between seasonal changes in CORT, corticosterone binding globulin, and social behavior (K. Reitz, C.

Freschlin, and A. Beery personal communication).

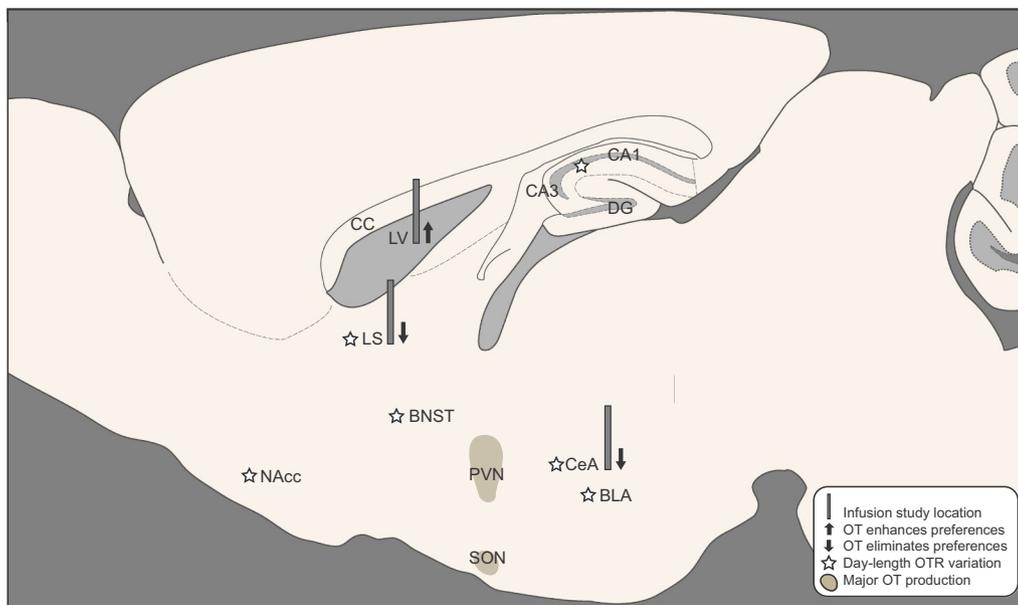
Increasing evidence suggests that the corticotropin-releasing factor system, encompassing multiple peptides and two receptor subtypes (CRF<sub>1</sub> and CRF<sub>2</sub>), may be important in regulating social behaviors. CRF receptor density also alters negative feedback on CORT secretion and may contribute to seasonal changes in CORT regulation. In female meadow voles housed in LDs (vs. SDs), CRF<sub>1</sub> receptor binding was greater, particularly in the hippocampus (Beery et al., 2014). CRF<sub>2</sub> was greater in short day-lengths in the cingulate cortex and hippocampus. The hippocampus undergoes substantial seasonal decrease in size and cell count in many species including meadow voles (Galea and McEwen, 1999; Jacobs, 1996; Yaskin, 2011). Winter involution may play a role in changing CRF receptor densities, but concomitant increase and decrease in different receptor subtypes indicate that the change is not merely reflective of cell loss. Opposing changes in CRF<sub>1</sub> and CRF<sub>2</sub> receptor densities are particularly interesting because the actions of CRF<sub>2</sub> often counter those of CRF<sub>1</sub>. Knockouts of CRF receptor subtypes 1 and 2 have opposite effects on anxiety behaviors (Bale and Vale, 2004). Thus, upregulation of CRF<sub>2</sub> receptors with concomitant downregulation of CRF<sub>1</sub> receptors in short day lengths is consistent with opposing roles of these receptors, and decreases in behavioral anxiety.

Individual differences in CRF receptor densities were correlated with the amount of time each individual spent huddling with stimulus voles, suggesting that CRF receptor density may be functionally related to pathways promoting huddling behavior. In particular, animals that huddled more showed more CRF<sub>1</sub> receptor binding and less CRF<sub>2</sub> receptor binding in subregions of the lateral septum, again highlighting the opposition between these systems (Beery et al., 2014). CRF production is known to increase with estradiol exposure, with estrogen response elements in the 5' flanking region of the gene (Haas and George, 1989; Vamvakopoulos and Chrousos, 1993). Treatment with exogenous estradiol also had major effects on CRF subtype 1 and 2 receptor binding densities in multiple brain regions, suggesting that seasonal change in estradiol and CRF receptor regulation may be linked (Beery et al., 2014).

Together these findings suggest that season and photoperiod trigger changes in behavioral anxiety profile (see Section 2.2.4) and HPA axis regulation — including CRF receptor density and CORT circulation. Variation in these elements predicts individual differences in social behavior, indicating that non-sexual social behavior is shaped in important ways by these pathways.

### 3.3. Oxytocin

Across the animal kingdom, oxytocin (OT) and oxytocin-like neuropeptides mediate sexual and social behaviors from egg-laying to affiliation (Insel and Young, 2000). Since the initial discoveries of behavioral influences of OT and arginine vasopressin (AVP) in mammals, these neuropeptides have been implicated in several social behaviors, including individual recognition (Bielsky et al., 2005; Ferguson et al., 2001; Veenema et al., 2012), maternal attachment and aggression (Bosch and Neumann, 2012), and partner-preference formation (Johnson and Young, 2015). Oxytocin has also been the subject of studies of group living and social preferences among same-sex peers in birds and mammals (reviewed in Anacker and Beery, 2013; Goodson, 2012). Studies of the role of oxytocin in opposite-sex partner preferences laid the foundation for studies of same-sex social behavior in peers. Decades of work on this topic have been reviewed extensively elsewhere (Beery et al., 2016; Carter, 1998; Johnson and Young, 2015). Select findings include the discovery of a critical role for OT signaling in formation of female preferences for a mate. Blockade of the OTR decreased time spent huddling with the mate, while infusion of OT into the brain hastened pair-bonding (Cho et al., 1999; Williams et al., 1992). Targeted infusions of OT or an OT antagonist directly to the nucleus accumbens were sufficient to induce or prevent pair-bond



**Fig. 3.** Oxytocin signaling pathways are implicated in meadow vole affiliative behavior. Stars indicate regions with significant day-length dependent variation in OTR density reported in one or more publications: CeA (Parker et al., 2001; Beery and Zucker, 2010), LS and BLA (Parker et al., 2001), NAcc, BNST, Anterior hippocampus (Beery et al., 2014). In all cases, OTR density was higher in short day lengths. Canulae indicate the location of OT infusion studies. Up arrows indicate that oxytocin infused to the lateral ventricle enhances partner preferences, while down arrows indicate elimination of partner preferences by oxytocin (Beery and Zucker, 2010, Anacker et al., 2016a, Christensen and Beery, 2018). Major sites of oxytocin production (PVN, SON of the hypothalamus) are indicated with shading.

formation in females (Young et al., 2001), and infusions of AVP or a V1aR antagonist had corresponding effects when infused into the ventral pallidum of male prairie voles (Lim and Young, 2004; Winslow et al., 1993).

In female meadow voles, we have examined the effects of day length on oxytocin and oxytocin receptor production/distribution, relation of receptor density to behavior, effects of social manipulations on oxytocin, and effects of acute and chronic manipulations of neural oxytocin on social behaviors (see Fig. 3 for overview).

Regions in which oxytocin may act to influence social behaviors have been identified by receptor autoradiography. OTR distribution and density vary with day length in meadow voles (Beery and Zucker, 2010; Parker et al., 2001), with higher overall OTR expression in short day lengths. Oxytocin receptor density is associated with functional differences in social behavior at an individual level in meadow voles. Variation in OT receptor binding in meadow voles is correlated with huddling behavior, most notably in the lateral septum where more binding is associated with less huddling (Beery and Zucker, 2010). While oxytocin is typically thought of as enhancing prosocial behaviors, multiple converging lines of evidence suggest that the social effects of oxytocin are circuitry- and context-specific, at times enhancing agonistic behaviors (reviewed in Beery, 2015). Increased aggression may be related to the selectivity of oxytocin's prosocial effects. For instance, formation of partner preferences for mates in prairie voles involves concomitant increases in aggression and aversion towards unfamiliar individuals (Getz et al., 1981; Gobrogge and Wang, 2011; Resendez and Aragona, 2013). In humans, one study found that oxytocin facilitates social behavior towards in-group members at the expense of an out-group (De Dreu et al., 2011). Oxytocin may thus play important roles in both prosocial and antisocial aspects of social selectivity.

Oxytocin administration influences social preferences and huddling behavior in female meadow voles. Infusion of oxytocin into the cerebral ventricles enhances preferences for a partner over a stranger, indicating a role for oxytocin in the specificity of huddling behavior. Interestingly, blockade of oxytocin receptors does not reduce preferences below the unmanipulated baseline, suggesting that oxytocin is not necessary for this level of preference and that other mechanisms also promote this social behavior (Beery and Zucker, 2010).

While chronic central administration of oxytocin enhances preferences, administration of oxytocin to specific brain regions during pairing can have the opposite effects, underscoring the complexity of oxytocin-social behavior interactions. For instance, oxytocin

administration to the lateral septum completely eliminated selective partner preferences without reducing huddling time, acting principally via V1a receptors (Anacker et al., 2016a). Oxytocin infusion to the central nucleus of the amygdala similarly abolished same-sex partner preferences, acting via oxytocin receptors (Christensen and Beery, 2018). These studies underscore the different roles nonapeptides play on peer social behavior in multiple brain regions within the so-called social behavior network or social decision-making network (Goodson, 2005; Newman, 1999; O'Connell and Hofmann, 2012).

The region(s) in which *icv* OT infusion acts to enhance peer social preferences are thus currently unknown. The nucleus accumbens is a logical candidate, but prior studies have found that local infusions do not enhance opposite-sex mate preferences in meadow voles (in contrast to prairie voles), and accumbens OTR density is not correlated with same-sex peer huddling behavior (Ross et al., 2009; Beery and Zucker, 2010). Additional OT infusion studies in meadow voles—targeted to the prefrontal cortex, and perhaps nucleus accumbens—should prove useful in determining regions important for mediating peer social preferences.

#### 3.4. Future directions in meadow and prairie voles

Social preferences may be driven by *prosocial* tendencies, including motivation to be with another individual, and by *antisocial* tendencies that keep individuals apart (e.g. territoriality, aggressiveness, and/or fear of unfamiliar individuals) (Hofmann et al., 2014). These alternative explanations for social behavior can be difficult to distinguish in most behavioral tests, as antisocial factors can nonetheless lead to selective social behavior—for instance, one might be less afraid of a well-known individual. Research to date suggests SD-phenotype meadow voles prefer group members, but are more interactive with and tolerant of unfamiliar individuals than are LD voles. Assessment of the reward value of social contact, of motivation to work for different social stimuli, and of the role of dopamine in mediating peer relationships in meadow voles will contribute to our understanding of the underlying forces that lead to the specific social preferences that underlie peer relationships. In our initial work on this topic, it appears that peer relationships are not strongly reinforcing for female meadow voles, in that they do not condition place preferences for a cue associated with social housing (Goodwin et al., *in press*). We are currently assessing the extent to which meadow and prairie voles will press a lever to gain access to a chamber housing a familiar or unfamiliar conspecific;

preliminary findings suggest that female prairie voles work harder to access familiar (vs. unfamiliar) peers or mates, while male prairie voles work harder to access females (vs. males) of any familiarity (S. Lopez and A. Beery, *personal communication*).

Another important aspect of future inquiry will be the comparison of peer relationships in meadow voles and prairie voles. Lack of monogamy in meadow voles means that same-sex affiliative relationships are not maintained by the same mechanisms as monogamy. Prairie voles also exhibit peer partner preferences (Beery et al., 2018; DeVries et al., 1997b), and have been used to study social buffering, emotional contagion, social influences on drinking, and other social behavior topics (Anacker et al., 2011; Grippo et al., 2011; Lieberwirth and Wang, 2016; Burkett et al., 2016). While peer relationships are clearly of functional importance to prairie voles, it remains unknown whether they are mediated in a similar manner to mate relationships (e.g. requiring dopamine signaling in the nucleus accumbens), or whether they will be more similar to same-sex relationships in meadow voles, indicating common pathways across species. Comparisons of peer affiliation in meadow vs. prairie voles, and of peer vs. mate affiliation in prairie voles, will therefore isolate the aspects of peer affiliation that generalize across species independent of mating system, or that vary in a species-specific manner.

In addition to these specific avenues, research on peer relationships in voles should improve our understanding of social behaviors involving social specificity, including differences in response to social peers and novel individuals, and much more.

#### 4. Additional species, additional avenues

Sociality takes many forms, from temporary mating aggregations to stable societies. For example, one species may be considered “social” because it displays biparental care, social monogamy, and occasional cohabitation with additional adults (prairie voles). In another (gelada baboons), groups exist at multiple organizational scales from breeding groups to bands of groups, with additional, fluid levels of structure in between (Snyder-Mackler et al., 2012). The existence of diverse group types, and of distinct constellations of social behaviors within social species (Lukas and Clutton-Brock, 2018), provides both opportunities and challenges. Evolution of different combinations of social behaviors suggests they are mediated by distinct underlying mechanisms that can be mixed and matched “cafeteria style” (Goodson, 2013), and this provides valuable opportunities to dissociate mechanisms underlying different behaviors. One challenge is that sociality encompasses many different group types, such that no species is representative of group living in a general sense. In order to understand factors underlying groups of multiple kinds, perspectives from multiple species and multiple research areas will be critical. Important work on mechanisms supporting the evolution of group living in particular has been conducted in a variety of non-human primates (e.g. Dunbar and Shultz, 2007), rodents (reviewed in Anacker and Beery, 2013; Beery et al., 2016), birds (Goodson, 2013; Goodson and Kingsbury, 2011; Wilson et al., 2016; Ondrasek et al., 2018), fish (Gonzalez-Voyer and Kolm, 2010; Weitekamp and Hofmann, 2014), and insects (e.g. Shpigler et al., 2017; Kocher et al., 2018). Both surprising similarities and differences across species have been identified. Many other specific social behaviors (monogamy, paternal care, social hierarchy) have also been investigated.

As the field moves forward, one important goal will be to study the neurobiology of sociality in species for which adequate field data have been collected on social behavior and ecology (Taborsky et al., 2015), as in meadow voles. Comparisons of neural traits currently performed in two or three related species must be expanded to include multiple independently evolved origins of behaviors and consideration of phylogenetic signal (Garland Jr and Adolph, 1994; Hofmann et al., 2014). To date, a few genetic studies of social behaviors have used this approach, but the only neural trait compared across broad taxonomic

groups is the relative volume of major brain regions (e.g. Bendesky et al., 2017; Hofmann et al., 2014; Turner et al., 2010). More detailed, phylogenetically informed analysis of the neural features of social and solitary species (e.g. OTR distribution across a phylogeny; A. Beery *personal communication*) and new laboratory techniques that allow manipulations of non-standard model organisms will play an important role in enhancing understanding of the neurobiology of diverse social behaviors.

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