



Contents lists available at ScienceDirect

European Journal of Surgical Oncology

journal homepage: www.ejso.com

Surgery and adjuvant radiotherapy for unilateral ductal carcinoma in situ (DCIS) in women aged over 70 years: A population based cohort study[☆]



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ARTICLE INFO

Article history:

Received 7 December 2018

Received in revised form

25 February 2019

Accepted 28 February 2019

Available online 7 March 2019

Association of Breast Surgery conference, Birmingham, June 2018.

Keywords:

DCIS

Breast cancer

Geriatric oncology

ABSTRACT

Background: There is little clinical evidence to guide treatment decisions for ductal carcinoma in situ (DCIS) in older women. This study evaluated how the management of DCIS in women aged 70 or more compared with women aged 50–69 in England and Wales.

Method: The study identified women aged ≥ 50 years with new unilateral DCIS diagnosed between 2014 and 2016 from linked cancer registration and routine hospital datasets for England and Wales. Rates of surgery and adjuvant radiotherapy were examined by age, deprivation, fitness measures (comorbidity and frailty), method of presentation and tumour grade using multilevel logistic regression.

Results: 12,716 women were diagnosed with unilateral DCIS between 2014 and 2016, of whom 2,754 (22%) were aged ≥ 70 years and 74% were screen detected. High grade DCIS was common, irrespective of age and method of presentation. Fewer women aged ≥ 70 had surgery compared to women aged 50–69 (81% vs. 94%), which was only partly explained by poor fitness. Use of radiotherapy following breast conserving surgery was strongly associated with grade, and was received by less than 16% of all patients with low grade tumours. Over 70% of women aged 50–69 with high grade DCIS received radiotherapy, but this fell to 35% among women aged ≥ 80 . Use of radiotherapy was not associated with patient fitness. **Conclusion:** Treatment decisions for women with DCIS varied by age at diagnosis. Lower rates of surgery and adjuvant radiotherapy in older women were only partly explained by patient fitness. Better evidence is needed to aid treatment selection for older women with DCIS.

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Abbreviations: BCS, Breast conserving surgery; CCI, Charlson Comorbidity score; DCIS, ductal carcinoma in situ; eFI, electronic Frailty Index; HES, Hospital Episode Statistics; IMD, Index of multiple deprivation; Mx, mastectomy; NABCOP, National Audit of Breast Cancer in Older Patients; PEDW, Patient Episode Database for Wales; RTDS, Radiotherapy Dataset; OPCS, Office of Population Censuses and Surveys; SNB, sentinel node biopsy.

[☆] Abstract publication: Jauhari Y, Gannon M, Medina J, Clements K, Horgan K, Dodwell D et al. Treatment patterns for unilateral, non-invasive breast cancer in women diagnosed in England: Data from a population-based cohort. *European Journal of Surgical Oncology*. 2018; 44(6).

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Introduction

Ductal carcinoma in situ (DCIS) is typically diagnosed among women aged between 50 and 70 years, as a consequence of their participation in population-level breast screening programmes [1,2]. DCIS accounts for around 6–9% of all breast cancers in women aged ≥ 70 years [3,4] and chronological age remains a significant risk factor [1,2]. A diagnosis of DCIS increases the risk of developing invasive breast cancer [5] but there is uncertainty concerning the natural history, rate of progression [6] and long term survival

outcomes [7]. It has been estimated that between 5 and 30% of all DCIS cases might progress to invasive breast cancer within 10 years [6].

The current recommended treatment for DCIS is surgical resection with or without radiotherapy [8]. Surgery for DCIS can be in the form of breast conserving surgery (BCS) or mastectomy, depending on the size of the tumour relative to the breast, presence of multi-centricity and patient preference. However, the effectiveness of treatments for different patient subgroups is under debate. It is suggested that surgery for low grade DCIS is unlikely to confer a survival benefit [7]. Additionally, although radiotherapy reduces the risk of recurrence, randomised trials have reported that it has no influence on breast cancer specific or overall survival [9–11].

Treatment decisions for older women can also be affected by the higher prevalence of comorbid conditions or frailty because both factors may reduce life expectancy [12,13]. However, clinical guidelines do not provide advice on how treatments for DCIS should be tailored for these women [14]. The current non-stratified approach to the management of DCIS risks under or over-treatment, yet there is a lack of strong evidence to support omission of comprehensive treatment in the older population [14]. This study was undertaken to evaluate clinical patterns of care among women with DCIS in England and Wales, and to determine the extent to which increasing age and patient fitness affected the care received.

Materials and methods

Data sources

The study was undertaken as part of the National Audit of Breast Cancer in Older Patients (NABCOP) [15]. NABCOP uses pseudonymised patient-level datasets provided by the National Cancer Registration and Analysis Service for England, and Wales Cancer Network for Wales. The datasets included national cancer registrations, which provides data on patient demographics and tumour information, and extracts from the routine hospital admission databases for NHS hospitals (the English Hospital Episode Statistics (HES) and the Patient Episode Database for Wales (PEDW)). Use of radiotherapy was reported in the Radiotherapy Dataset (RTDS) for English patients and as part of the cancer registration dataset for Welsh patients. The methodology used to identify patients who received radiotherapy within the two datasets was equivalent.

Study population and definitions

Full details of the NABCOP cohort are detailed in the annual report [15]. For this analysis, the study cohort included all women aged 50 and over, diagnosed with a new unilateral DCIS (ICD-10 code: D05.1) from 1 January 2014 to 31 December 2016 in NHS hospitals in England and Wales. Women with synchronous invasive breast cancers (defined as cancers diagnosed within six months of the DCIS diagnosis [16]) were not included (Appendix A). Each woman was allocated to an NHS trust (England) or local health board (Wales) based on their hospital of diagnosis. These are referred to as NHS organisations in this study.

Information on patient demographics (age, deprivation), date of diagnosis, method of presentation and tumour characteristics were obtained from cancer registration datasets. Molecular markers such as hormone receptor status are not routinely collected for DCIS in many NHS organisations in the UK [17]. Area-level socioeconomic deprivation was measured using the Index of Multiple Deprivation (IMD), with the IMD values for the relevant geographical area in Wales [18] and England [19] converted to

quintiles. Patient fitness was assessed using comorbidity and frailty measures. Comorbidity burden was measured using the Royal College of Surgeons of England Charlson Comorbidity Index (CCI) excluding malignancy [20]. This index was calculated based on the presence of specific medical problems, identified using ICD-10 diagnostic information in HES and PEDW in the two years prior to the date of cancer diagnosis [21]. The study also used a measure of frailty [22], a distinct concept from comorbidity that describes the dynamic and heterogeneous manifestation of age-related decline in physiological reserve and increased vulnerability to stressors [23–25]. Frailty was measured by adapting the electronic Frailty Index (eFI) [26] for use within routine hospital databases. This involved mapping each of the 36 eFI frailty deficits (excluding polypharmacy) to appropriate ICD-10 diagnosis codes and counting how many were recorded in HES and PEDW records in the two years prior to the date of diagnosis [15].

Primary surgery was defined by the first type of surgical procedure performed within six months of the date of diagnosis as recorded in HES or PEDW. Surgical procedures were described in the datasets using Office of Population Censuses and Surveys (OPCS) procedure codes, from which we distinguished between BCS (OPCS codes: B28.1, B28.2, B28.3, B28.5, B28.7, B28.8 and B28.9), mastectomy (any B27 code) with or without reconstruction (OPCS codes as per Mennie et al. [27]), sentinel node biopsy (SNB)(T86.2, T87.3 and T91.1) and axillary node dissection (T85.2). Subsequent reoperations within six months of primary surgery were identified by the aforementioned mastectomy and BCS codes (with the inclusion of B28.4: re-excision of margins), with the same laterality code (Z94) as the primary surgery. Re-excision of margins was not limited to the specific OPCS code (B28.4) because it was inconsistently used across NHS organisations. Surgery performed within one week of the primary procedure was not considered to be a subsequent procedure because this was likely to have been performed for post-operative complications. Adjuvant radiotherapy was defined as the receipt of radiotherapy within six months of the last reoperation procedure.

Statistical analysis

Older women were defined as those aged ≥ 70 years to reflect the current national cut-off age of 70 years for invitation to the NHS Breast Screening programme and Breast Test Wales. The differences between categorical variables were statistically assessed using chi-square tests.

Multilevel logistic regression was used to investigate the relationships between the rates of breast surgery, SNB and adjuvant radiotherapy, respectively, and patient and tumour characteristics (level 1), and to evaluate whether the treatment rates differed between NHS organisations (level 2). Patient factors included in the regression models were age, deprivation quintile, (nuclear) grade, method of tumour detection, CCI and eFI. Additionally, the model for radiotherapy included the number of reoperations and the model for SNB included the type of breast surgery performed. These models included a random intercept for each NHS organisation and evidence of between-organisation variation is described by the variance of the random intercepts. The c-statistic (a measure of discrimination i.e. how well the model can distinguish between patients according to whether they experienced the outcome of interest or not) was used to assess how well the regression models fitted the data. Missing values were imputed using the multiple imputation by chained equations (MICE) method and model estimates produced from the 20 imputed datasets were combined using Rubin's rules [28]. Missing data (grade, CCI and eFI) were assumed to be "missing at random". Analysis for this study was

conducted using Stata 15.1 (StataCorp LP, College Station, Texas USA). All statistical tests were two sided, and p values < 0.05 were considered to be statistically significant.

Results

Between 1 January 2014 and 31 December 2016, 126,111 women aged ≥ 50 years in England and Wales were diagnosed with breast cancer. Among these, 12,716 women were diagnosed with unilateral DCIS – 11,807 (92.9%) in England and 909 (7.2%) in Wales. The median age was 63.5 years (range: 50–101) and 2,752 (21.6%) women were aged ≥ 70 years. Mammographic (screen) detection was the mode of presentation in 9,414 (74.0%) women, but the proportion varied among women of different ages. The clinical and pathological characteristics of the study cohort are summarised by age group and method of presentation in Table 1.

Primary treatment for DCIS

In total, 11,554 (90.9%) women had a surgical resection; this differed by age with fewer women aged ≥ 70 having surgery compared to women aged 50–69 (80.5% vs. 93.7%). The observed rate of surgery decreased with increasing age (Fig. 1) and among women with lower grade DCIS (Fig. 2). BCS was the most common surgical procedure (79.0%). Among the remaining 21.0% of women having mastectomy, immediate breast reconstruction was rarely

utilised among women aged ≥ 75 years (Table 1).

Table 2 describes the proportion of women not receiving surgery in relation to patient and tumour characteristics. In addition to age and grade, the proportion of women who did not have surgery also varied by method of presentation and patient fitness. The associations between not having surgery and individual variables were attenuated after adjustment for potential confounding, but remained statistically significant. In particular, the adjusted odds ratios for the older age categories were much closer to one, and only for women aged ≥ 80 years was the increased likelihood of not having surgery statistically significant.

The multilevel regression model results showed that, after taking case mix into account, the rates of surgery differed between NHS organisations (Appendix B). The variation in the rate of surgery between NHS organisations was substantial among women aged ≥ 70 years, with the 10th and 90th centiles of the adjusted organisational rates being 74% and 90%, respectively. In comparison, for the cohort of women aged 50–69 years, these rates were 94% and 98%, respectively (see Appendix B. for funnel plots).

Axillary surgery in women having primary surgery for DCIS

In the group of 11,540 women who received primary surgery, 3,597 (31.2%) also underwent axillary surgery; 97.7% of these axillary procedures were SNB. Over 85% of women who underwent mastectomy had a SNB (50–69 years: 88.8% vs. ≥ 70 years: 85.1%).

Table 1
Baseline clinical and pathological characteristics, and type of recorded treatment for unilateral DCIS in women diagnosed in NHS Hospitals in England and Wales between January 2014 and December 2016, by screen detected status.

	Screen detected				Total	P-value (group)
	Yes		No			
	50–69 years	≥ 70 years	50–69 years	≥ 70 years		
Total number of women	8134 (86%)	1280 (14%)	1828 (55%)	1474 (45%)	12716	
Non-invasive grade						
High	5042 (65%)	727 (61%)	914 (56%)	574 (47%)	7257	<0.001
Intermediate	2019 (26%)	355 (30%)	492 (30%)	462 (38%)	3328	
Low	637 (8%)	119 (10%)	236 (14%)	196 (16%)	1188	
Unknown	436	79	186	242	943	
Tumour size (cm)						
0– ≤ 1	1135 (50%)	180 (51%)	176 (41%)	141 (42%)	1632	<0.001
>1 – ≤ 2	847 (38%)	124 (35%)	175 (41%)	141 (42%)	1287	
2+	273 (12%)	52 (15%)	78 (18%)	50 (15%)	616	
Unknown	5879	924	1399	1142	9344	
Charlson Comorbidity Index (CCI)						
0	7125 (91%)	1064 (85%)	1447 (85%)	966 (71%)	10602	<0.001
1	577 (7%)	143 (11%)	191 (11%)	248 (18%)	1159	
2+	137 (2%)	39 (3%)	62 (4%)	149 (11%)	387	
Unknown	295	34	128	111	568	
Number of frailty deficiencies (eFI)						
0	6452 (82%)	843 (68%)	1208 (71%)	660 (48%)	9163	<0.001
1	717 (9%)	168 (13%)	232 (14%)	170 (12%)	1287	
2	367 (5%)	131 (11%)	142 (8%)	180 (13%)	820	
3+	303 (4%)	104 (8%)	118 (7%)	353 (26%)	878	
Unknown	295	34	128	111	568	
IMD quintile						
1 - most deprived	1080 (13%)	268 (15%)	136 (11%)	216 (15%)	1700	0.005
2	1383 (17%)	321 (18%)	204 (16%)	265 (18%)	2173	
3	1646 (20%)	387 (21%)	260 (20%)	317 (22%)	2610	
4	1952 (24%)	404 (22%)	326 (25%)	326 (22%)	3008	
5 – least deprived	2073 (25%)	448 (25%)	354 (28%)	350 (24%)	3225	
Type of treatment						
No surgery	255 (14%)	445 (30%)	373 (5%)	89 (7%)	1162	<0.001
BCS	1134 (62%)	722 (49%)	6312 (78%)	962 (75%)	9130	
Simple mastectomy	226 (12%)	282 (19%)	686 (8%)	177 (14%)	1371	
Mx + reconstruction	213 (12%)	25 (2%)	763 (9%)	52 (4%)	1053	

(* Note: p-values from analysis of the overall group).

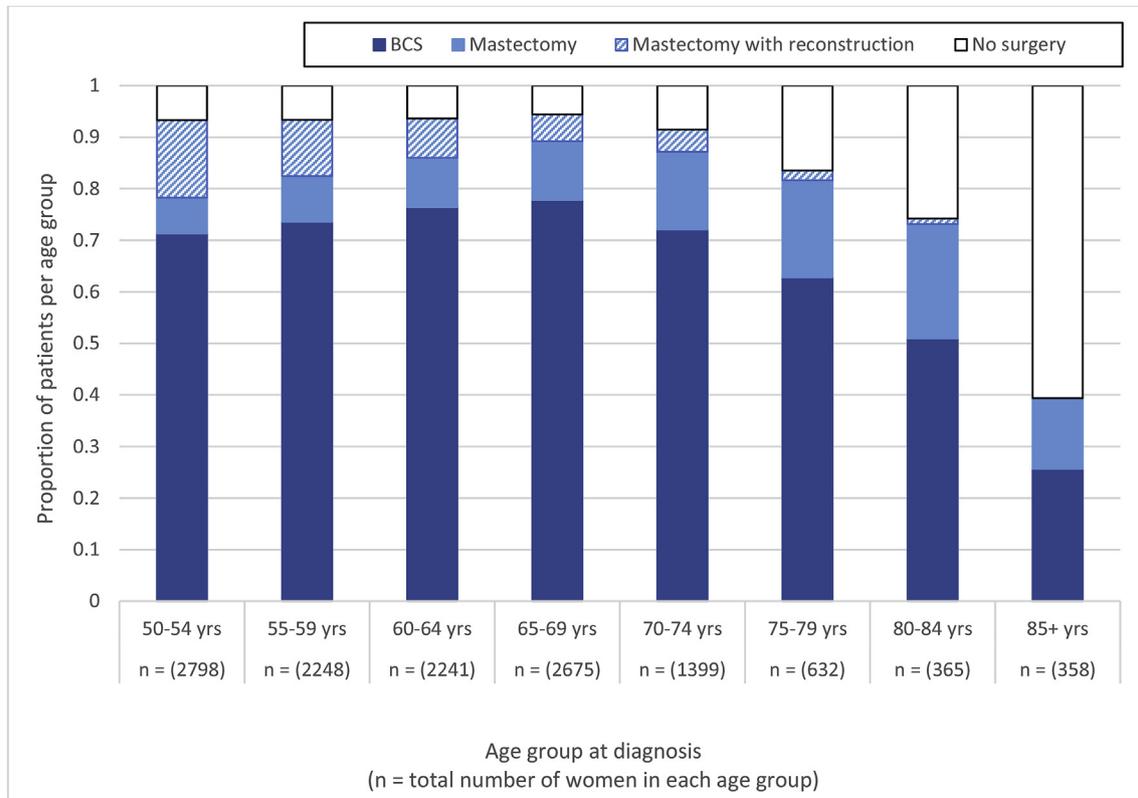


Fig. 1. Type of surgical treatment for DCIS by age group at diagnosis, in women in England and Wales.

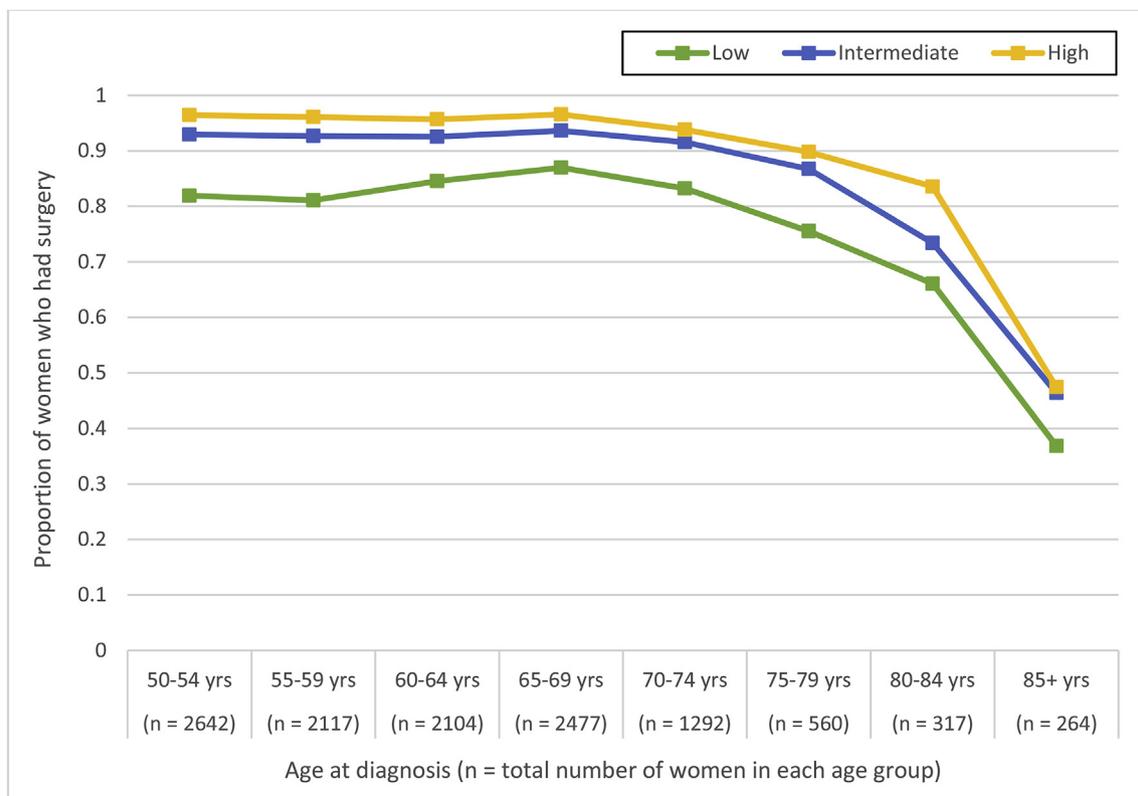


Fig. 2. Proportion of women recorded to have received primary surgery for DCIS in NHS organisations in England and Wales, by age group at diagnosis and DCIS grade.

Table 2

Proportion of women recorded to have no surgery for DCIS in NHS organisations in England and Wales between January 2014 and December 2016.

	Total number of women	% receiving no surgery	Unadjusted OR	Adjusted OR	95% confidence interval	P-value
Age at diagnosis (years)						
50 - 54	2798	7%	1	1		<0.001
55 - 59	2248	7%	0.99	1.07	0.85 to 1.36	
60 - 64	2241	6%	0.96	0.98	0.78 to 1.25	
65 - 69	2675	6%	0.84	0.78	0.61 to 0.98	
70 - 74	1399	9%	1.32	1.00	0.77 to 1.29	
75 - 79	632	16%	2.91	1.32	0.99 to 1.77	
80 - 84	365	43%	5.10	1.98	1.43 to 2.74	
85 +	358	61%	24.03	8.81	6.49 to 11.97	
Non-invasive grade						
High	7750	6%	1	1		<0.001
Intermediate	3646	11%	2.06	1.74	1.47 to 2.05	
Low	1320	21%	4.24	3.64	2.99 to 4.44	
Screen detected status						
Yes	9414	7%	1	1		<0.001
No	3302	18%	5.36	2.73	2.34 to 3.2	
Charlson comorbidity Index						
0	11072	6%	1	1		0.003
1	1226	11%	2.87	1.36	1.01 to 1.83	
2 +	418	17%	5.96	1.99	1.35 to 2.94	
Number of frailty deficiencies						
0	9551	6%	1	1		0.001
1	1351	11%	1.72	1.25	0.96 to 1.62	
2	874	17%	2.90	1.53	1.12 to 2.08	
3 +	940	30%	6.32	2.11	1.47 to 3.02	
IMD quintile						
1 - most deprived	1700	11%	1	1		0.193
2	2173	9%	0.72	0.79	0.62 to 1.01	
3	2610	10%	0.82	0.95	0.76 to 1.20	
4	3008	8%	0.70	0.85	0.67 to 1.07	
5 - least deprived	3225	9%	0.79	0.98	0.78 to 1.24	

Fewer women who received BCS had a SNB (50–69 years: 14.6% vs. ≥ 70 years: 17.3%). Overall, less than 0.5% of all women who had a SNB proceeded to have an axillary node dissection. There were found to be differences in the average adjusted rates of SNB across NHS organisations ([Appendix B](#)).

Rate of radiotherapy within six months of primary BCS

The proportion of women who had radiotherapy within six months of primary BCS was 55.6%. Women rarely received radiotherapy following mastectomy (2.5%). Women aged ≥ 70 years were less likely to undergo post-BCS radiotherapy compared to those aged 50–69 years (respectively, 43.1% vs. 58.4%). Over 70% of women aged 50–69 years with high grade tumours received radiotherapy, but this fell to 35% among women aged ≥ 80 years ([Fig. 3](#)).

Radiotherapy following BCS was received less commonly in older women, those with lower grade DCIS, screen detected presentation and those undergoing reoperations ([Table 3](#)). Deprivation and burden of comorbidity or frailty were not found to be associated with non-receipt of radiotherapy. Differences in the use of radiotherapy following BCS among the NHS organisations were more than expected from random variation alone ([Appendix B](#)).

Discussion

Between 2014 and 2016, DCIS was diagnosed in over 4,000 women aged ≥ 50 years annually in England and Wales. One in five of these women were aged 70 and over. Despite the cessation of inclusion into national breast screening programmes, almost half of the women aged ≥ 70 years presented with DCIS through screening. This may be an effect of self-referral for mammographic screening

or involvement in the AgeX trial on extending the NHS breast screening age to women over 70 in England [[29](#)].

Breast cancer clinicians have insufficient evidence on which to base decisions about the management of DCIS in older women. The principal treatment decision focuses on whether or not a woman has surgery. This study found that while most women are receiving surgery, these decisions appear to be influenced by several factors. In particular, lower rates of surgery were observed among women aged ≥ 70 years. The effect of increased age on rate of surgery was mitigated when grade, comorbidity and frailty were taken into account but was still apparent among women aged 80 years or more.

We observed that one in three women who had surgery also had an axillary procedure, despite the lack of evidence to support this practice [[30](#)]. However, the majority of women who received SNB underwent mastectomy, which is in accordance with UK guidelines [[8](#)] and is likely to reflect the proportion of women who were considered to be at high risk for invasive disease e.g. with a palpable mass. Among the women who underwent BCS, less than one in five received SNB.

Fewer older women received adjuvant radiotherapy following BCS. However, this was not found to be related to burden of comorbidity or frailty, possibly because women in poorer physical health had not undergone surgery and consequently, were not candidates for radiotherapy. Additionally, older women who received surgery may have been offered but declined radiotherapy due to other factors (that could not be accounted for in this study). For example, the travel time to radiotherapy centres [[31](#)] may have deterred some older women from post-BCS radiotherapy.

The results from multilevel regression models showed that there was significant variation across NHS organisations in their adjusted rates of surgery, SNB and adjuvant radiotherapy post-BCS.

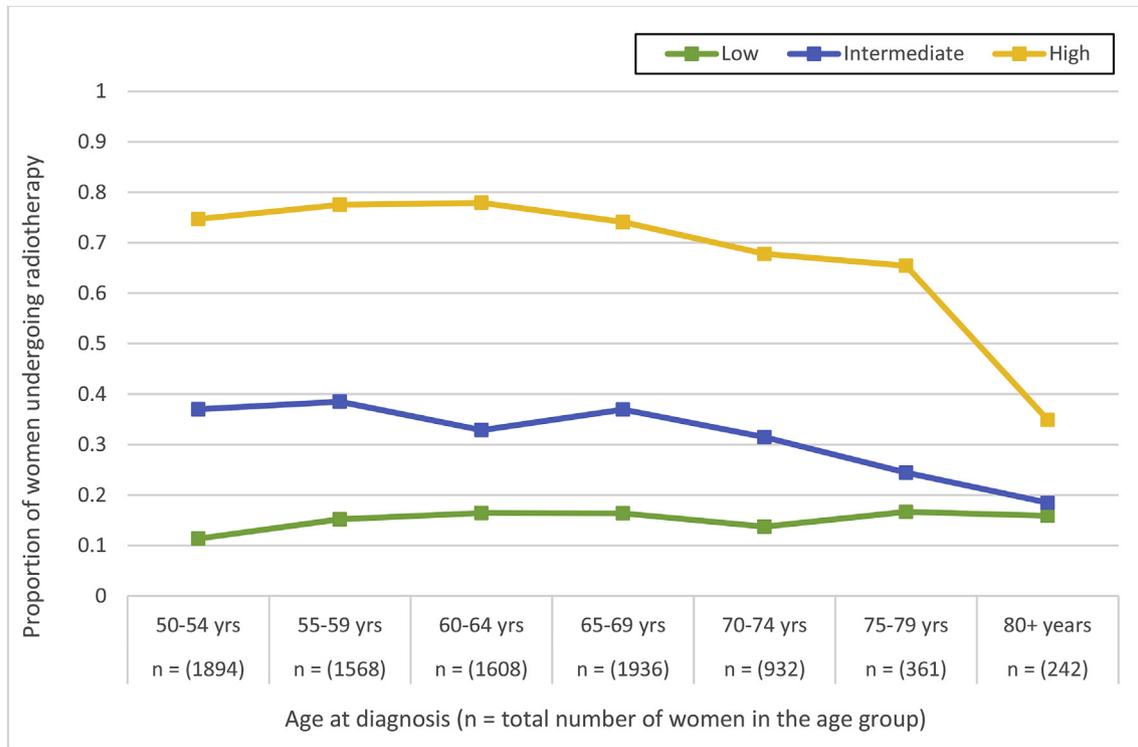


Fig. 3. Proportion of women recorded to have received adjuvant radiotherapy following breast conserving surgery for DCIS in NHS organisations in England and Wales, by age group at diagnosis and DCIS grade.

Table 3

Proportion of women recorded to have no radiotherapy following breast conserving surgery for DCIS in NHS organisations England and Wales between January 2014 and December 2016.

	Total number of women	% receiving no radiotherapy	Unadjusted OR	Adjusted OR	95% confidence interval	P-value
Age at diagnosis (years)						
50 - 54	1984	44%	0	1		<0.001
55 - 59	1643	38%	0.78	0.89	0.76 to 1.04	
60 - 64	1699	40%	0.80	0.99	0.85 to 1.16	
65 - 69	2063	43%	0.83	1.04	0.90 to 1.21	
70 - 74	997	51%	1.21	1.35	1.12 to 1.62	
75 - 79	392	58%	1.96	1.40	1.07 to 1.85	
80 +	274	76%	6.63	3.81	2.69 to 5.39	
Non-invasive grade						
High	5403	27%	1	1		<0.001
Intermediate	2713	66%	3.20	6.19	5.52 to 6.94	
Low	907	85%	9.51	19.67	15.77 to 24.55	
Screen detected status						
Yes	7220	41%	1	1		<0.001
No	1832	57%	2.81	1.49	1.29 to 1.71	
Charlson comorbidity Index						
0	8072	43%	1	1		0.21
1	773	52%	1.61	1.16	0.91 to 1.47	
2 +	204	50%	2.14	0.84	0.54 to 1.31	
Number of frailty deficiencies						
0	7033	42%	1	1		0.263
1	960	50%	1.32	1.16	0.97 to 1.39	
2	563	50%	1.53	1.00	0.78 to 1.29	
3 +	493	54%	2.26	1.24	0.89 to 1.71	
Number of reoperations						
0	6546	43%	1	1		<0.001
1	2101	43%	0.45	1.14	1.01 to 1.28	
2 +	405	72%	1.60	7.07	5.47 to 9.14	
IMD quintile						
1 - most deprived	1157	47%	1	1		0.525
2	1551	41%	0.76	0.86	0.71 to 1.04	
3	1837	44%	0.87	0.98	0.81 to 1.18	
4	2178	44%	0.83	0.94	0.79 to 1.13	
5 - least deprived	2329	45%	0.84	0.93	0.78 to 1.12	

This is perhaps to be expected given the limited evidence available to guide clinicians [14]. This study could not account for the influence of patient preferences on treatment decisions, but a study by Bleicher et al. reported patient age to have minimal influence on DCIS treatment choices and level of involvement in decision making [38].

Strengths and limitations

The study has several strengths. Women were identified using the national cancer registries in England and Wales, reducing the risk of selection bias, and a focus on unilateral DCIS improved the homogeneity of the patient cohort. The use of national hospital datasets also ensures complete capture of all NHS hospital admissions for these patients reducing the risk of underreporting surgery rates. Lastly, this study utilised measures of comorbidity and frailty which are known to influence the patterns of care for older women. Whilst there is no “gold-standard” measure of frailty, the study adapted the eFI frailty measure [32] based on the concept of frailty being an accumulation of deficits [33]. The eFI was incorporated into general practitioner patient care records in 2017 [34] and, although this adaptation requires further evaluation, the increasing prevalence of frailty in older women observed in this study is consistent with other studies [32,35].

The study has some limitations. Routinely collected hospital data are subject to potential inaccuracies in coding and data entry, which could influence the estimated treatment rates. However, validation work has shown HES to be an accurate data source with 90–93% agreement with data provided by surgeons [36]. Additionally, the linkage of several datasets allowed a series of checks to be performed for consistency across shared data items, in order to minimise the effect of coding errors. The incomplete data on tumour size meant that this factor could not be taken into account during the analyses of primary surgery patterns and use of radiotherapy. However, it was reassuring to observe that, where recorded, the majority of tumour sizes were 2 cm or less (irrespective of age) as would be expected from published evidence [37]. Moreover, the logistic regression models demonstrated a good fit with the data (c-statistics between 0.75 and 0.80) and so the absence of tumour size is unlikely to influence our conclusions about the impact of age on treatment patterns. Lastly, 1,162 women in this study did not have surgery and so the diagnosis of DCIS was not confirmed by the pathology results from the resected tissue. Mammographic lesions may harbour foci of invasive cancer in up to 20% of instances [5], thus there is some uncertainty in the accuracy of the diagnosis among these patients. Nonetheless, this affects a small proportion of the overall cohort.

Comparison with other studies

The finding that older age was an independent risk factor for not receiving primary surgery or radiotherapy for DCIS is consistent with published studies in both invasive [38,39] and non-invasive breast cancer [4,7]. As the regression models demonstrated, age is only one of many factors that influence treatment decisions. Indeed, the higher rate of surgery and radiotherapy in women with high grade DCIS compared to those with intermediate and low grade suggests a risk-stratified approach to managing DCIS in women aged ≥ 70 [40–42]. However, the variation in the adjusted rate of surgery and radiotherapy in women aged ≥ 70 years between NHS organisations suggests local factors are contributing to different practices between organisations. A small number of women in this study will have been part of the randomised trial comparing surgery with active monitoring for low risk DCIS (LORIS) [43]. This is unlikely to have significant impact on the study

findings as LORIS trial recruitment only commenced in July 2014 and 75% of women in this study do not meet the inclusion criteria of having low or intermediate, screen-detected DCIS. Nonetheless, the results of LORIS and other similar ongoing trials [44,45] will provide important contributions to the evidence base on the effectiveness of treatments for women with DCIS, and the enrolment of eligible patients into these trials is encouraged.

In older women, the risk of mortality due to poor fitness can outweigh the benefit of comprehensively treating DCIS, but there is an absence of studies which report on survival using patient fitness measures [7,14]. Health professionals can be inconsistent in their estimation of life expectancy in older frail women [46]. Furthermore, it is estimated that fewer than 30% of cases progress to an invasive cancer within 10 years [6]. Further research is therefore essential to determine how patient fitness affects treatment decisions and survival after a diagnosis of DCIS.

Conclusion

In conclusion, between 2014 and 2016, 12,716 women aged 50 and over presented with DCIS in England and Wales. One in five of these women were aged 70 and over, despite the cessation of invitations to the NHS breast screening programme at age 70. Treatment decisions for women with DCIS vary by age at diagnosis, with older women having lower rates of surgery and adjuvant radiotherapy. The differences in treatment decisions across age groups is only partly explained by patient fitness. There is a need for in depth review of age-based clinical decision making and better evidence to aid treatment selection for older women with DCIS.

Ethics approval

The study is exempt from UK National Research Ethics Committee approval as it involved secondary analysis of an existing dataset of anonymised data. The NABCOP has approval for processing health care information under Section 251 (reference number: 16/CAG/0079) for all NHS patients aged 50 years and over diagnosed with breast cancer in England and Wales.

Data sharing

No additional data available. Data on English cancer registrations can be accessed via the Office for Data Release at Public Health England. <https://www.gov.uk/government/publications/accessing-public-health-england-data/about-the-phe-odr-and-accessing-data>.

Role of the funding source

This study was undertaken as part of the work by the National Audit of Breast Cancer in Older Patients. The Audit is commissioned by the Healthcare Quality Improvement Partnership (HQIP) as part of the National Clinical Audit and Patient Outcomes Programme, and funded by NHS England and the Welsh Government (www.hqip.org.uk/national-programmes). Neither HQIP nor the funders had any involvement in the study design; in the collection, analysis, and interpretation of data; in the writing of the report; or in the decision to submit the article for publication. The authors had full independence from the Healthcare Quality Improvement Partnership.

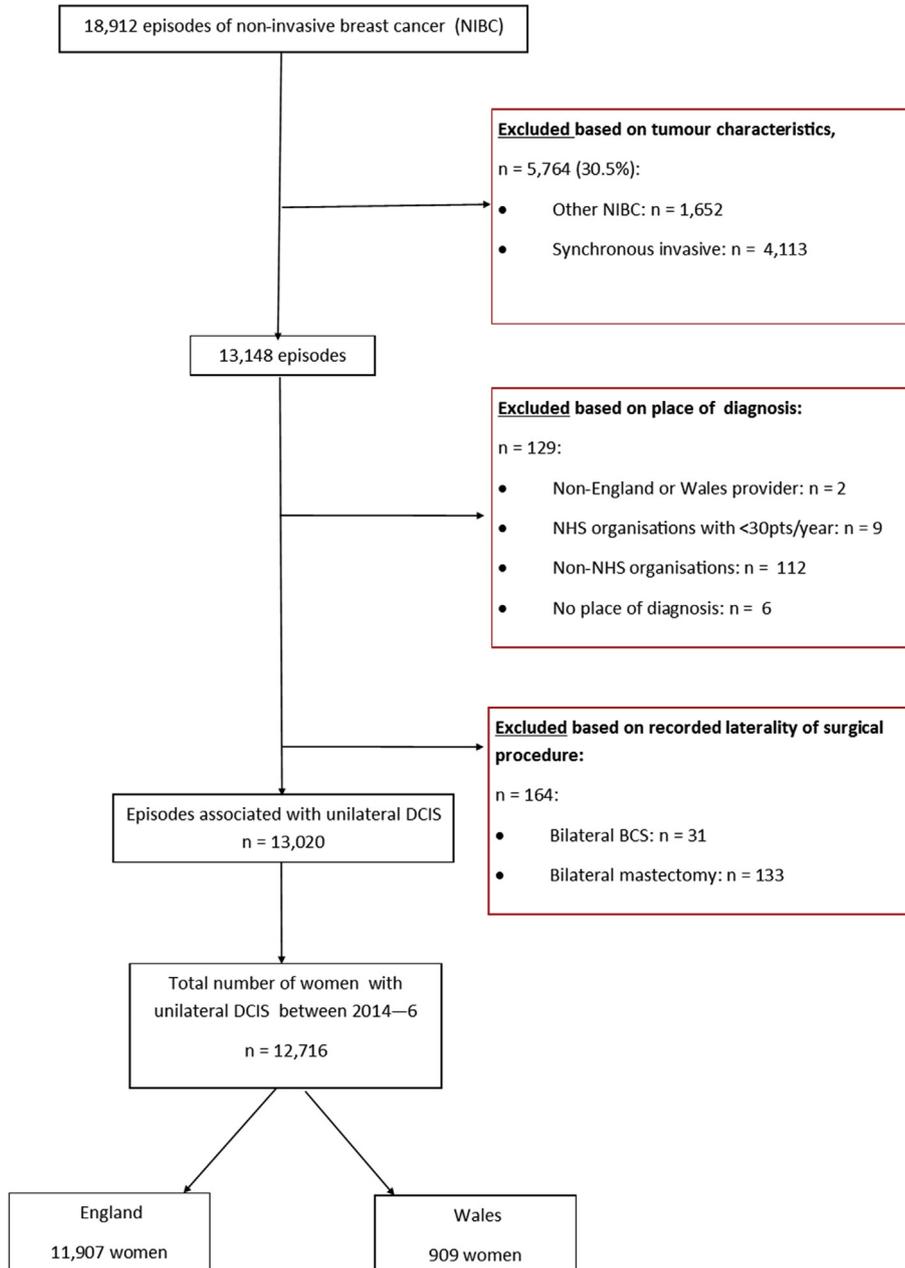
The aim of NABCOP is to evaluate the care of older women with breast cancer in England and Wales, and support NHS providers to improve the quality of hospital care for these women. More information can be found at: www.nabcop.org.uk.

Declarations of interest

None.

Appendix A

A flow diagram on the processes of defining the study population from the datasets provided by English and Welsh cancer registries.



Appendix B. Statistical results related to variation between NHS organisations

Multilevel logistic regression were fitted to account for the clustering of women treated within NHS organisations; such models enabled evaluation of the variance of treatment rates at NHS organisation level. Between organisation variation is described by the variance of the random intercepts, with evidence for there being significant differences between NHS organisations if the 95% confidence interval for the variance does not include 0.

All the regression models used to analyse the relationship between the rates of surgery, SNB (in all surgery) and radiotherapy following BCS, and patient factors; found evidence of differences between NHS organisations in England and Wales. This is demonstrated by the estimated variances of the random intercepts shown in the table below.

	Variance of random intercept (95% confidence interval)	c-statistic
Primary surgery for DCIS	0.16 (0.09–0.30)	0.80
SNB in women having surgery for DCIS	0.36 (0.28–0.46)	0.76
Post-BCS radiotherapy	0.68 (0.50–0.80)	0.79

The table also contains the values of the c-statistic, a measure of the ability of the model to discriminate between women who did and did not have the outcome of interest. All of the multilevel logistic regression models demonstrated a good fit with the data.

Funnel plots describing the variation in the adjusted rates of primary surgery for DCIS between NHS organisations in England and Wales are shown below.

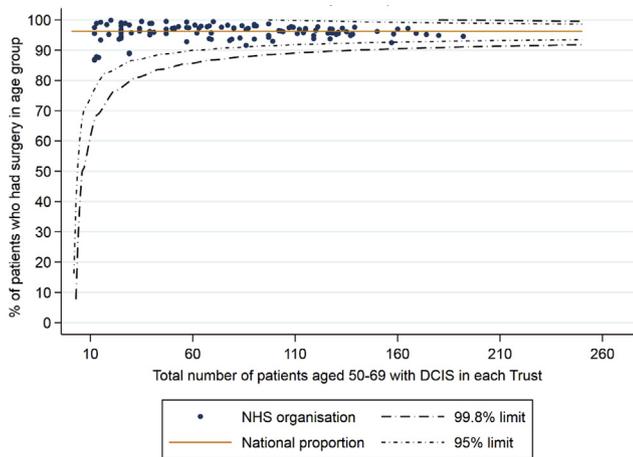
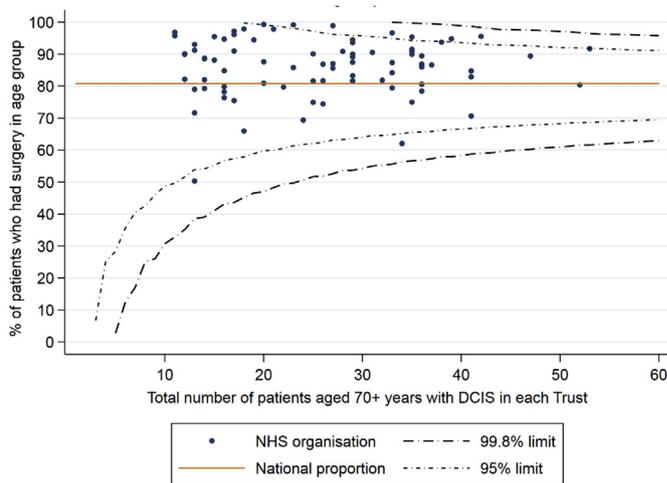


Fig. A2. Risk adjusted rates for surgical treatment of DCIS in women aged 50–69 years in NHS organisations in England and Wales between 2014 and 2016.



Risk adjusted rates for surgical treatment of DCIS in women aged ≥70 years in NHS organisations in England and Wales between 2014 and 2016.

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