



Diffusion-weighted imaging and loco-regional N staging of patients with colorectal liver metastases

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ABSTRACT

Introduction: Diffusion-weighted MRI (DWI) contributes to N staging of rectal cancers and diagnosis of colorectal liver metastases (CLM). About 15% of CLM patients have loco-regional lymph node (LN) metastases that impact prognosis and treatment strategy. This retrospective study is the first one to evaluate quantitative ADC measurement as a tool to identify metastatic LNs in patients with liver metastases from colorectal cancer.

Methods: All consecutive patients undergoing surgery for CLM between 2008 and 2015 were considered. Inclusion criteria were: intraoperative retrieval of at least one LN; LN ≥ 5 mm; DWI performed ≤ 2 months before surgery. The ADC and ADC_{ratio} (ADC_{LN}/ADC_{CLM}) were computed by two radiologists for all the LNs.

Results: Among 555 patients operated for CLM, 32 met the inclusion criteria. Fifty-six LNs were analyzed and 28 were metastatic. ADC and ADC_{ratio} in metastatic LNs were lower than in benign LNs (ADC = 1.37 vs. 1.83×10^{-3} mm²/s, $p < 0.001$; ADC_{ratio} = 1.26 vs. 1.73, $p < 0.001$). The optimal cut-off value for ADC was 1.48×10^{-3} mm²/s (AUC = 0.85, $p < 0.001$, sensitivity/specificity/accuracy 79%/93%/86% in per LN-analysis and 94%/86%/91% in per-patient analysis). The optimal cut-off for ADC_{ratio} was 1.15 (AUC = 0.80, $p < 0.001$, sensitivity/specificity/accuracy 69%/93%/81% and 76%/93%/84%). Excellent inter- and intra-operators' agreements were observed.

Conclusion: In patients with CLM, ADC values $< 1.48 \times 10^{-3}$ mm²/s can be postulated as a cut-off to distinguish metastatic LNs.

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Introduction

Colorectal carcinoma (CRC) is one of the most common tumors affecting western countries, with a lifetime incidence of 6% and an overall survival rate of 40–60% at 5 years, staging dependent [1]. Among patients with CRC, more than 50% have colorectal liver metastases (CLM) at diagnosis (synchronous disease) or will develop it during the follow-up (metachronous) [2]. Liver surgery

in combination with perioperative chemotherapy is their standard treatment and, to date, is indicated whenever a complete resection with adequate residual liver parenchyma is feasible [3–5]. The presence of extrahepatic disease simultaneous with CLM is a negative prognostic factor but is not a contraindication to surgery [6]. Lymph-node (LN) metastases deserve some additional considerations. The surgical indication depends on the site of metastatic LNs: if metastases are confined to the hepatic pedicle (about 10–15% of patients) resection is indicated; if they are extended to the celiac or retropancreatic area the benefits from surgery are doubtful; in presence of inter-aorto-caval LN metastases surgery is contraindicated [7,8].

Magnetic resonance imaging (MRI) is the present gold standard for the local staging of rectal cancers (T staging) [9] and is very

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accurate in the detection of liver metastases (M staging), with 80%–88% sensitivity and 93–97% specificity [10]. The nodal staging remains the major drawback of MRI, with an accuracy ranging from 62% to 85% [11]. Since the main parameter to assess LN status is size, the morphological imaging modalities (computed tomography and MRI) have reduced diagnostic precision in the assessment of upper abdomen LN stations where benign nodes ≥ 10 mm are common. Positron emission tomography with fluorodeoxyglucose (FDG-PET) is more accurate since it depends on metabolic activity rather than morphology, but has limited reliability in small LNs evaluation [12].

Diffusion-weighted magnetic resonance imaging (DW – MRI or DWI) is a recently introduced modality based on the Brownian motion of water molecules. Free water displacement is consistent with a drop of signal in the DWI image and an increase of the apparent diffusion coefficient (ADC); on the contrary, water restriction due to high tissue cellularity and fibrous stroma, typical features of neoplasms, increases the signal in the DWI image and reduces the ADC [13]. DWI is more sensitive and accurate than conventional MRI for the detection of liver metastases [14] and is useful to characterize liver lesion [15]. Considering LNs, DWI has been proposed for the N staging of gastric carcinomas [16], endometrial cancers [17], breast cancers [18,19] and head and neck cancers [20,21] with promising results. Only some of these studies have evaluated DWI with quantitative measurement of ADC with ambiguous and sometimes contradicting results [22]. To date, there are no available studies assessing the role of DWI in the detection of locoregional LN metastases of CLM.

The aim of the present study was to elucidate the contribution of DWI with ADC measurement to the N staging of CLM, a completely unexplored issue.

Methods

The Institutional Review Board of our hospital approved this retrospective study and the requirement of informed consent was waived. All patients undergoing surgery for CLM from January 2008 to December 2015 at the author's institution were considered. The retrospective research was performed on 555 patients and inclusion criteria were as follows:

- 1) intraoperative retrieval of at least one LN in one of the following stations classified according the “Japanese classification for Gastric Cancer” [23]: hepatic pedicle (stations 12a, b, and p), common hepatic artery (station 8), celiac trunk (station 9), retropancreatic area (station 13), lesser gastric curvature (station 3), paraortic (station 16);
- 2) a minimal LN size of 5 mm;
- 3) availability of an MRI examination with DWI performed ≤ 2 months before surgery.

Overall, 34 patients fulfilled the inclusion criteria. Two patients had low-quality MRI studies (excessive artifacts in the DWI) and were excluded. Finally, 32 patients were included in this study.

Imaging protocol

MRI examinations were performed with 1.5 or 3 tesla (T) scanners (Magnetom Symphony or Verio, Siemens AG, Erlangen, Germany), with phased array coils. The protocol included T2 axial and coronal sequences, T1 axial breath-hold in-phase and opposed-phase sequences, dynamic contrast-enhanced axial sequences at 0, 35, 90, 120 and 240 s and late acquisitions with liver-specific contrast medium, obtained after 20 min for Gd-E0B-DTPA (Primovist, Bayer Schering Pharma, Berlin, Germany) and after 90 min for Gd-DTPA (MultiHance, Bracco Imaging SpA, Milan, Italy).

Diffusion-weighted images were acquired in free breathing in the axial plane, always including at least the whole liver and the kidneys. The following parameters were used for DWI: inversion recovery spin echo, echo planar imaging, TR 11500 ms, TE 73 ms, TI 180 ms (1.5 T) or 201 ms (3 T), slice thickness 6 mm, averages 6, b values: 0, 50, 650, 1000, diffusion directions 3.

Preoperative patient management and surgical procedures

The preoperative management of patients with CLM has been previously reported [24,25]. In brief, standard preoperative staging included thoracoabdominal CT, hepatic MRI, and PET-CT. Only patients amenable to complete resection were considered for surgery. A multidisciplinary tumor board discussed the management of every patient. The preoperative diagnosis of metastatic LN was managed according to their site, as follows: patients with LN metastases confined to the hepatic pedicle (station 12) were candidate to surgery after preoperative chemotherapy; patients with LN metastases in the celiac and/or retropancreatic area (stations 8, 9, and 13) were discussed on a case-by-case basis and candidate to surgery in few cases after a good response to chemotherapy; patients with LN metastases in other stations (3 or 16) were usually excluded from surgery independently from their response to chemotherapy. Patients undergoing preoperative chemotherapy were restaged after treatment (4–6 cycles) and surgery was scheduled in case of tumor response or stabilization.

The surgical technique for patients with CLM was previously reported [26]. Specifically considering the LN status, two scenarios were possible. First, patients with preoperative diagnosis of LN metastases. In this scenario, paraortic LNs were systematically sampled after laparotomy and sent to the pathologist for the frozen section: if LNs were metastatic, the planned surgical procedure was canceled; if not, the liver resection was performed together with a LN dissection of the hepatic pedicle, the celiac and the retropancreatic area. Second, patients with intraoperative suspicion of metastatic LN (N0 at preoperative imaging). The suspected LN was systematically sampled and sent to the pathologist for the frozen section: if positive, the authors adopted the same policy of the first scenario; if negative, the liver resection was performed without LN dissection.

During the LN dissection, every single LN station (12a, 12p, 12b, 8, 9, and 13) was separately sent to the pathologist for the final examination.

Imaging analysis

Two radiologists blinded to the final pathology reports reviewed the abdominal MRI examinations focusing on the LN station removed at surgery (CB with a 13-year experience and PF with a one-year experience in abdominal MRI). The LN size was measured as the longest LN diameter on transaxial T2-weighted images. The software Intellispace Portal (Philips Healthcare, Amsterdam, The Netherlands) was used to analyze the DWI trace images and to calculate the ADC maps, obtained using all the b-values. Only LNs univocally referable to those depicted by the surgical report were analyzed. The selection was based on the anatomical localization of the nodes, as described in “Japanese classification for Gastric Cancer”. LNs were identified at anatomical sequences and a circular region of interest (ROI) with a diameter between 15 and 20 mm² was placed at the center of the selected LN in order to obtain an ADC value. The first measure obtained by the software was recorded. ADC values of one liver metastasis were also collected in order to calculate the ratio ADC node/ADC liver metastasis (ADC_{ratio}). In case of necrotic lesion, the ROI was placed within the solid

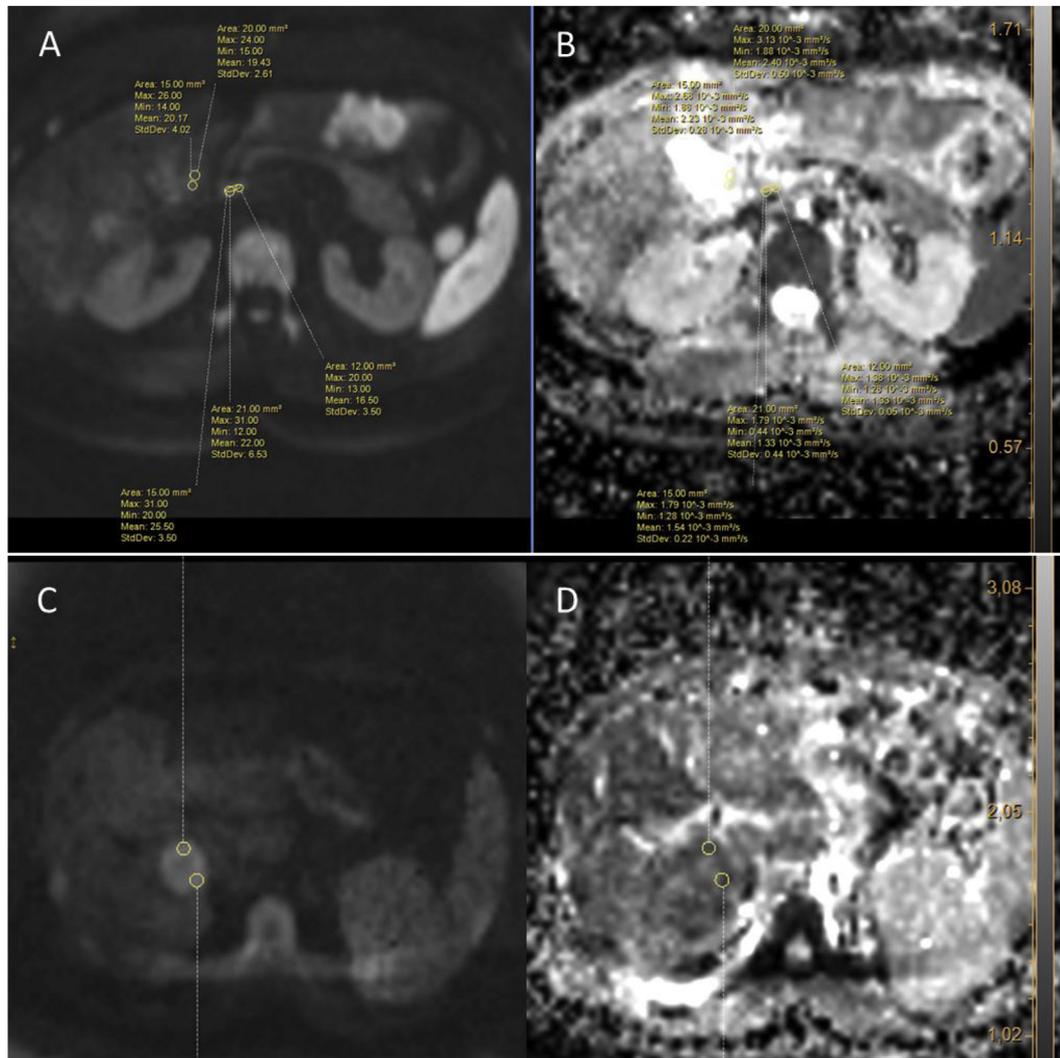


Fig. 1. Examples of ADC measurements in the DWI and ADC maps images. **A-B.** Measurement of nodes in the hepatic pedicle and retropancreatic area (stations number 12 and 13 according to the “Japanese classification for Gastric Cancer” [23]). On the left the trace image with low B0 is used to place the ROI of 15–20 mm² diameter in the center of the node, the software automatically matches the ROI in the ADC maps (right) and the measure of ADC is recorded. **C-D.** A measure of ADC taken in a liver metastasis. The ROI is placed on the rim of the node with the aim to avoid the liquefied central part of the lesion.

component. Fig. 1 is an example of measurement of ADC value in hepatic pedicle and retropancreatic LNs.

Statistical analysis

All statistical analyses were performed with MedCalc (MedCalc Software, Ostend, Belgium). Gaussian distribution of the continuous variables was assessed graphically and parametric (unpaired *t*-test) or nonparametric tests (Mann-Whitney *U* test) were used accordingly. Receiver Operating Characteristic (ROC) curves were plotted to identify the best cut-off of ADC and ADC_{ratio} for LN metastases prediction. Then we calculated the number of true-positive, true-negative, false-positive and false-negative with respect to our reference standard (histology). Sensitivity, specificity, negative and positive predictive values (NPV and PPV), positive likelihood ratio (+LR), negative likelihood ratio (-LR), and accuracy were computed. Finally, the Bland-Altman analysis with 95% limits of agreement was used to assess inter and intra-operators’ agreements. *P* values < 0.05 were considered statistically significant for all the analyses.

Results

A total of 32 patients (18 males, 14 females, mean age 60 ± 11.8, range 35–79) undergoing liver resection for CLM and simultaneous regional LN dissection were analyzed. Seventeen patients had LN metastases (53.1%). Patients’ characteristics are summarized in Table 1.

LN data

Overall, 56 LNs >5 mm were retrieved, 28 (50%) of which were metastatic. The mean diameter of malignant and benign LNs was similar (15 ± 10 mm, range 6–45 vs. 15 ± 6 mm, range 6–40, *p* = 0.954). LN size was not a reliable criterion to distinguish malignant and benign LNs (accuracy 50% if a cut-off of 10 mm was used; 52% if a cut-off of 20 mm was used). LN sites are summarized in Table 1, being the pedicle and the common hepatic artery the commonest (22 and 16, respectively).

Table 1

Patient characteristics and lymph node status. Lymph node stations are classified according to the “Japanese classification for Gastric Cancer” [23].

	n (%)
Patient characteristics	
Age >70 years	9 (28.1)
Male sex	18 (56.3)
Primary tumor	
Rectal cancer	6 (18.8)
T3-4	25/28 (89.3)
N+	23/28 (82.1)
Liver metastases	
Synchronous	18 (56.3)
Bilobar metastases	18 (56.3)
Number of nodules, median	4 (1–32)
>3	17 (53.1)
>10	6 (18.8)
Largest diameter >50 mm	9 (28.1)
CEA>200 ng/mL	1 (3.1)
Preoperative chemotherapy	21 (65.6)
Lymph node stations	
Status	N+ N-
Overall	28 28
3 (lesser curvature)	2 2
8 (common hepatic artery)	9 7
9 (celiac trunk)	3 0
12 (hepatic pedicle)	8 14
13 (retropancreatic head)	4 4
16 (paraortic)	3 0

Table 2

Mean diameter, ADC and ADC_{ratio} values of the malignant and the benign nodes.

	N+	N-	p
Diameter (mm)	15 ± 10	15 ± 6	0.954
ADC (x 10 ⁻³ mm ² /s)	1.37 ± 0.41	1.83 ± 0.37	<0.001
ADC _{ratio}	1.26 ± 0.58	1.73 ± 0.43	<0.001

LN and DWI

Mean ADC value of the malignant LNs was $1.37 \times 10^{-3} \text{ mm}^2/\text{s} \pm 0.41$ while mean ADC of the benign ones was $1.83 \times 10^{-3} \text{ mm}^2/\text{s} \pm 0.37$ ($p < 0.001$). ADC_{ratio} of the malignant LNs was also significantly lower than that of benign ones (1.26 ± 0.58 vs. 1.73 ± 0.43 , $p < 0.001$) (Table 2). The difference of ADC values between the benign and the malignant LNs was independent from the LN size (Table 3). ADC_{ratio} of the malignant LNs was also lower than that of the benign ones for all LNs size (≤ 10 , $10-20$, and ≥ 20 mm), but the difference was less pronounced in LNs larger than 20 mm (Table 3).

Table 3

Mean ADC and ADC_{ratio} values of the benign and the malignant nodes according to their size.

Lymph node size	ADC (x 10 ⁻³ mm ² /s)		p	ADC _{ratio}		p
	N+	N-		N+	N-	
≤ 10 mm	1.33	1.61	<0.001	1.10	1.66	0.006
10–20 mm	1.21	1.95	<0.001	1.40	1.85	0.002
≥ 20 mm	1.38	1.88	0.092	1.35	1.65	0.203

In a per-LN analysis, ROC curve analysis for the ADC values showed an area under the curve (AUC) of 0.85, $p < 0.001$. The optimal cut-off value for ADC was $1.48 \times 10^{-3} \text{ mm}^2/\text{s}$ with a sensitivity of 79% and a specificity of 93% (Fig. 2a). For the ADC_{ratio}, the AUC was 0.80 ($p < 0.001$). The optimal cut-off value for the ADC_{ratio} was 1.15 with a sensitivity of 69% and a specificity of 93% (Fig. 2b).

In a per-patient analysis, the ADC cut-off value of 1.48 had a sensitivity of 94% and a specificity of 86%. ADC_{ratio} of 1.15 had a sensitivity of 76% and a specificity of 93%.

Twenty-one patients (36 LNs) had preoperative chemotherapy, including 9 patients (14 LNs) receiving less than 6 cycles of chemotherapy and 12 patients (22 LNs) receiving 6 cycles or more. The median ADC value in the malignant LNs progressively increased in the three groups ($1.16 \times 10^{-3} \text{ mm}^2/\text{s}$ if no chemotherapy, $1.21 \times 10^{-3} \text{ mm}^2/\text{s}$ if < 6 cycles, and $1.39 \times 10^{-3} \text{ mm}^2/\text{s}$ if ≥ 6 cycles), but in all groups the malignant LNs had lower ADC values than the benign LNs (ADC values in benign LNs were $1.86 \times 10^{-3} \text{ mm}^2/\text{s}$ if no chemotherapy, $1.66 \times 10^{-3} \text{ mm}^2/\text{s}$ if < 6 cycles, and $1.63 \times 10^{-3} \text{ mm}^2/\text{s}$ if ≥ 6 cycles, respectively). ADC cut-off value of $1.48 \times 10^{-3} \text{ mm}^2/\text{s}$ had a sensitivity, specificity and accuracy of 100%, 90%, and 95% in patients without preoperative chemotherapy; 100%, 86%, and 93% in patients receiving less than 6 cycles of chemotherapy; and 64%, 100%, and 82% in patients receiving 6 cycles or more of chemotherapy.

In the present series, 19 LNs in 12 patients were removed because of an intraoperative suspicion of metastasis. Twelve of 19 LNs were malignant, and all but one had an ADC value $< 1.48 \times 10^{-3} \text{ mm}^2/\text{s}$. On the opposite, all the 7 LNs removed for suspicion of metastasis but benign at final pathology had an ADC value $> 1.5 \times 10^{-3} \text{ mm}^2/\text{s}$. Accordingly, the ADC cut-off value of $1.48 \times 10^{-3} \text{ mm}^2/\text{s}$ would have correctly classified all but one LNs.

The Bland-Altman method applied to ADC measurements demonstrated an intra-individual mean difference of 0.02 (limits of agreement -0.30 to 0.33) and an inter-individual mean difference of -0.02 (limits of agreement -0.42 to 0.38); both the mean

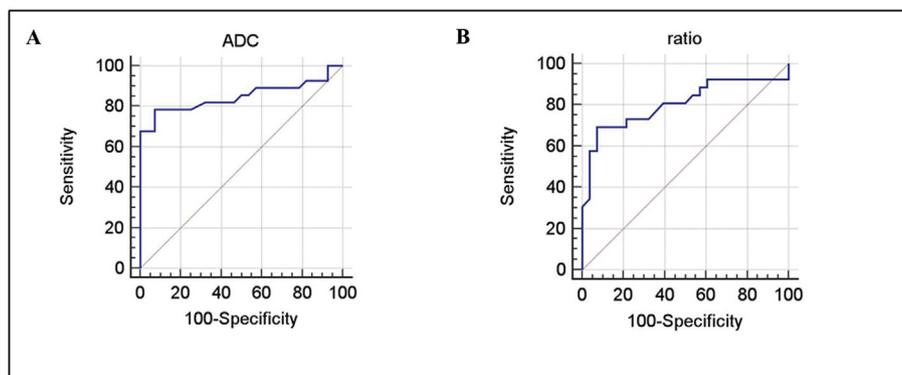


Fig. 2. Receiver Operator Characteristic (ROC) curves demonstrating the diagnostic performance of ADC and ADC_{ratio} for detecting metastatic lymph nodes. **A.** ROC curve of the absolute values of ADC. Area under the curve (AUC) 0.85 C.I. 0.73 to 0.93 $p < 0.001$. **B.** ROC curve of the values of ADC_{ratio}. AUC 0.80 C.I. 0.67 to 0.90 $p < 0.001$.

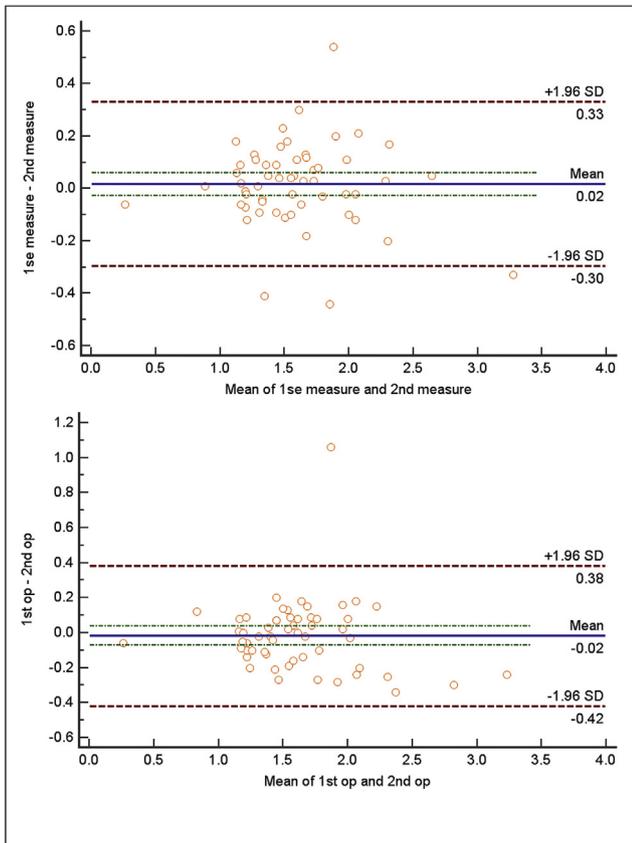


Fig. 3. Bland-Altman plots for the intra- and inter-observer agreements. In the first graph, the difference of the ADC values observed by the first operator is plotted on the y-axis against their mean on the x-axis. In the analogous second graph, the difference of the ADC values observed by the first and the second operator is plotted against their mean. The continuous line represents the mean absolute difference of the observations (bias). The dashed lines represent the limits of agreement (± 1.96 SD of the mean difference). The bias is not significant because the line of equality is within the confidence interval of the mean difference (dotted lines).

differences of the measurements fell within their confidence interval, consisting with not significant differences and not significant bias between the measurements (Fig. 3).

Discussion

The present study is the first one to assess the role of DWI in detecting metastatic LNs in patients with CLM. We found a straightforward reduction of the ADC and ADC_{ratio} values in metastatic LNs compared to non-metastatic LNs. Evaluating each of the LNs as a distinct outcome (per-LN analysis), the accuracy was 86% for ADC (cut-off $1.48 \times 10^{-3} \text{ mm}^2/\text{s}$) and 81% for ADC_{ratio} (cut-off 1.15). Considering the individuals as an outcome, being N+ or N- (per-patient analysis), the tests were even more accurate (91% and 84% for ADC and ADC_{ratio}, respectively). The size of LN did not impact ADC values, while prolonged chemotherapy slightly impaired performances of DWI.

The contribution of DWI to N staging was mainly analyzed for rectal cancers, but with controversial results. Yasoui et al. [27], in a limited series of 46 consecutive patients, found a reduction in ADC and ADC_{ratio} values in metastatic LNs with an accuracy of 75% (cut-off $1.44 \times 10^{-3} \text{ mm}^2/\text{s}$) and of 79% (cut-off 1.46), respectively. Cho et al. [28], in a study on 34 patients, demonstrated lower ADC values in metastatic LNs with an accuracy of 72% (cut-off of $1.0 \times 10^{-3} \text{ mm}^2/\text{s}$). Heijnen et al. [29], in another small series of 21

patients, did not find a statistical difference in ADC values between normal and malignant mesorectal LNs, though they used a clear-cut lesion-by-lesion matching, mapping the nodes in anatomical specimens and comparing them with the relative MRI image. Lambregts et al. [30], previously found different results in a limited series of 30 patients affected by advanced rectal cancer. Authors underlined that preoperative chemo-radiation may result in nodal necrosis and a paradoxical increase in the ADC values (due to increased diffusivity in a liquefied tissue). The problem is not trivial, because many patients affected by CLM are treated with chemotherapy before surgery. In the present series, two-third of patients had preoperative chemotherapy. ADC performances were not altered after a short chemotherapy (<6 cycles, accuracy 93%), while they were slightly impaired after a prolonged treatment (≥ 6 cycles, accuracy 82%).

To the best of our knowledge, this is the first study on upper abdominal LN stations in CLM. In expert consensus statements about CLM, the contribution of DWI to N staging has never been considered [5,31]. The absolute ADC value achieved good performances in LN metastases detection, better than the ADC_{ratio}. Of note, we identified the same cut-off reported by Yasoui et al. [27] for mesorectal LNs. The proposed ADC cut-off value had an accuracy of 86% and correctly classified all but one LNs removed because of an intraoperative suspicion of metastasis. In two studies on mesorectal LNs, the ADC_{ratio} performed better than the absolute ADC [27,29]. The ADC_{ratio} is a normalized parameter that relates the ADC of a LN to the ADC of the primary neoplasm and should be able to reduce inter-subject variability. Our study was focused on patients with liver metastases and therefore the reference for the ADC_{ratio} was chosen among liver metastases. This choice is flawed by several limitations, the major being related to the fact that CLMs have major modifications after preoperative chemotherapy, including the presence of some necrotic parts that may lead to an overestimation of the metastases ADC.

The present study has some significant drawbacks, the majors being its retrospective design and that it is based on a small series of consecutive patients. These limitations are amplified by the fact that patients were studied on two different MRI scanners, using different protocols. Moreover a minimum LN size was required for the analysis (diameter at least of 5 mm), therefore approximately half of the total amount of LNs with histologic diagnosis were excluded. Second, the ROI was placed on a single slice, but it is well known that tissues can be heterogeneous in terms of their internal structure and signal intensity. Especially for LNs in the upper abdominal stations, with a mean size of 15 mm, a volumetric ROI might have been more appropriate [22]. Nevertheless, the greater mean size of the LNs of our population, compared to the mesorectal nodes (mean size 6 mm) [28], facilitated our measurements and might be one of the reasons of the better accuracy we found, compared to the previous studies. Further, in the present study ADC values were not associated with LN size. As a final remark, the influence of chemotherapy before surgery must be carefully taken in consideration when considering the clinical value of DWI in patients affected by CLM.

Conclusions

We found significant differences in ADC and ADC_{ratio} values between metastatic and benign LNs, supporting the commonly described relationship that relates malignancy with reduction of diffusivity. DWI performances were even better than those previously reported for mesorectal LNs. In patients with CLM, locoregional LNs with ADC values $< 1.48 \times 10^{-3} \text{ mm}^2/\text{s}$ should be considered as metastatic. Our report stands among others based on small retrospective series of patients. Although the perspective

of DWI in assessment of LNs in colorectal cancers is promising, a prospective clinical trial able to generate robust data is warranted.

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