



Clinical outcomes of advanced stage cancer patients treated with sequential immunotherapy in phase 1 clinical trials

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Summary

Background Given the increasing number of available immunotherapeutic agents, more patients are presenting after failing immunotherapy in need of new treatment options. In this study, we investigated the clinical outcomes of patients treated with sequential immunotherapy. **Methods** We performed a retrospective review of 90 advanced stage cancer patients treated on immunotherapy-based phase 1 clinical trials at Winship Cancer Institute from 2009 to 2017. We included 49 patients with an immune checkpoint inhibitor (ICI)-indicated histology. Patients were analyzed based on whether they had received prior ICI. Clinical outcomes were overall survival (OS), progression-free survival (PFS), and clinical benefit (best response of complete response, partial response, or stable disease). Univariate analysis (UVA) and multivariate analysis (MVA) were performed using Cox proportional hazard or logistic regression model. Covariates included age, liver metastases, number of prior lines of therapy, histology, and Royal Marsden Hospital (RMH) risk group. **Results** The most common histologies were melanoma (61%) and lung/head and neck cancers (37%). More than half of patients ($n = 27$, 55%) received at least one ICI prior to trial enrollment: ten received anti-PD-1, two received anti-CTLA-4, five received anti-PD-1/CTLA-4 combination, and ten received multiple ICI. In MVA, ICI-naïve patients had significantly longer OS (HR: 0.22, CI: 0.07–0.70, $p = 0.010$) and trended towards higher chance of CB (HR: 2.52, CI: 0.49–12.97, $p = 0.268$). Patients who received prior ICI had substantially shorter median OS (10.9 vs 24.3 months, $p = 0.046$) and PFS (2.8 vs. 5.1 months, $p = 0.380$) than ICI-naïve patients per Kaplan-Meier estimation. Within the ICI-naïve group, 78% (7 of 9) of patients who received prior interleukin (IL-2) or interferon gamma (IFN γ) experienced disease control for at least 6 months, compared to a disease control rate of 15% (2 of 13) in patients who had received chemotherapy, targeted therapy, or no prior treatment. **Conclusions** ICI-naïve patients may experience improved clinical outcomes on immunotherapy-based phase 1 clinical trials than patients who have received prior ICI. This may be particularly true for patients who received prior IL-2 or IFN γ . Further development of immunotherapy combination therapies is needed to improve clinical outcomes of these patients. These results should be validated in a larger study.

Keywords Combination therapies · Immunotherapies · Immune checkpoint blockade · Immune response · T cell exhaustion

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Background

The immune checkpoint pathway is an important aspect of the cancer-immunity cycle that allows tumor cells to evade the host immune system [1]. Over the past decade, monoclonal antibodies targeting CTLA-4, PD-1, and PD-L1 have shown to be effective in treating several different solid tumor and hematologic malignancies [2–13]. A total of six immune checkpoint inhibitors (ICI) have gained FDA approval and several others are in development [14]. These agents have become an attractive treatment option for patients given their

tolerable toxicity profile and potential for durable response [15–17]. Given the increased availability of immunotherapeutic agents, more patients are presenting after failure of immunotherapy (IO) in need of new treatment options. This is particularly common in malignancies for which there are already FDA-approved ICI-based regimens in multiple settings such as melanoma, renal cell carcinoma (RCC), non-small cell lung cancer (NSCLC), and urothelial carcinoma. Unfortunately, limited data exists regarding the clinical outcomes of patients who receive multiple IO agents. Hence, this important clinical situation is an unmet need in the field of oncology.

Although ICI have targets in the same pathway, they exert differential effects on the host immune system. Interestingly, the immunologic effects induced in patients treated with ICI are distinct between patients treated with monotherapy, combination therapy, and sequential ICI treatment [18]. More specifically, PD-1 blockade upregulates genes involved in cytotoxicity and natural killer (NK) cell function, while anti-CTLA-4 stimulates proliferation of transitional memory T-cells and combination treatment with anti-PD-1/anti-CTLA-4 ICI induces upregulation of genes involved in chemokine signaling and proliferation [18]. There are even minor structural differences between drugs within the same class, such as the PD-1 inhibitors nivolumab and pembrolizumab, that may impact patients' response to treatment [19]. Furthermore, the clinical activity of sequential IO is not clear.

Characterizing the clinical outcomes of patients treated with sequential ICI is of significant clinical importance. Increasing numbers of patients are presenting as candidates for subsequent ICI-based regimens. Given the limited data available in this subset of oncology patients, we investigated the outcomes of advanced stage cancer patients who were treated with IO-based regimens as part of phase 1 clinical trials after previously receiving an ICI. The results of this study are hypothesis-generating and useful for practicing oncologists in the academic and community settings.

Patients and methods

Patient selection and data collection

We gathered clinical information for 90 patients treated on IO-based phase 1 clinical trials at Winship Cancer Institute of Emory University between 2009 and 2017. All patients ($n = 49$) with an ICI-indicated histology (melanoma, lung cancer, head and neck cancer, and bladder cancer) were included in the study. Patients were then characterized based on whether they had received an ICI prior to enrollment onto the trial. Data collected included demographic information, medication allergies, sites of metastases, prior lines of systemic therapy in the

metastatic setting, start and stop date of IO on trial, date of death or hospice referral, best response to IO, Royal Marsden Hospital (RMH) risk group (albumin <3.5 , lactate dehydrogenase (LDH) $>$ upper normal limit, and >2 sites of metastatic disease). Response to the IO-based trial regimen was determined by Response Evaluation Criteria in Solid Tumors v1.1 [20].

Statistical methods

Overall survival (OS) and progression-free survival (PFS) were calculated in months from IO initiation to date of death or hospice referral and clinical or radiographic progression, respectively. Clinical benefit (CB) was defined as complete response (CR), partial response (PR), or stable disease (SD). Univariate analysis (UVA) and multivariate analysis (MVA) were carried out using Cox proportional hazard or logistic regression model. Covariates included histology, RMH risk group, number of prior lines of systemic treatment, age, and presence of liver metastases. The significance level was set at 0.05 by two-sided test.

Results

Baseline disease characteristics and demographics

The baseline demographic and disease characteristics are shown in Table 1. The median age was 67 years and most patients (78%) were men. The most common histologies were melanoma (61%) and lung and head and neck cancers (37%). The majority of patients (81%) had good RMH risk status.

Prior systemic treatment

The majority of patients ($n = 29$, 59%) had received at least 2 lines of prior systemic treatment before receiving IO on trial. More than one-half of patients ($n = 27$, 55%) had received at least one ICI prior to trial enrollment. Of these 27 patients, ten received anti-PD-1, two received anti-CTLA-4, five received anti-PD-1/CTLA-4 combination therapy, and ten received multiple ICI. Of the 22 patients who had not received prior ICI, three were treatment-naïve, seven received high-dose interleukin-2 (IL-2), one received only interferon-gamma (IFN γ), one received IFN γ and IL-2 sequentially, and ten were previously treated with chemotherapy, targeted therapy, or both.

IO treatment regimens

Of the ten patients who had received a prior PD-1 inhibitor, three subsequently received anti-CTLA-4 combined with an experimental agent, four were subsequently treated with anti-

Table 1 Baseline patient information

Variable	Category	<i>n</i> (%)	
Gender	M	38 (77.6)	
	F	11 (22.4)	
Race	White	43 (87.8)	
	Black	4 (8.2)	
	Asian/unknown	2 (4.1)	
ECOG PS	0	19 (39.6)	
	1+	29 (60.4)	
	Missing	1 (2.0)	
Histology	Melanoma	30 (61.2)	
	Lung/Head & Neck Cancer	18 (36.7)	
	Urothelial Carcinoma	1 (2.0)	
RMH Risk Group	Good	39 (81.3)	
	Poor	9 (18.8)	
	Missing	1 (2.0)	
Liver Metastases	Yes	15 (30.6)	
	No	34 (69.4)	
Prior ICI	Yes	Anti-PD-1	10 (20.4)
		Anti-CTLA4	2 (4.0)
		Anti-PD-1/CTLA-4 Combination	5 (10.2)
		2+ prior ICI	10 (20.4)
	No	22 (44.9)	
IO Regimen on Trial	Experimental IO Monotherapy	10 (20.4)	
	Anti-PD-L1 Monotherapy	15 (30.6)	
	FDA-Approved ICI + Experimental IO Combination	24 (49.0)	

M Male, *F* Female, *ECOG PS* Eastern cooperative oncology group performance status, *RMH* Royal Marsden Hospital, *ICI* Immune checkpoint inhibitor, *PD-1* Programmed cell death protein-1, *CTLA4* Cytotoxic T lymphocyte-associated protein 4

PD-1 and an experimental agent, and three received experimental IO monotherapy on trial. Six of the ten patients who had received multiple prior ICI received experimental IO monotherapy on trial, while the other four received an experimental agent plus either anti-PD-1 ($n = 2$) or CTLA-4 ($n = 2$). Of the five patients who had received a prior PD-1/CTLA-4 combination, three received anti-PD-1 with an experimental agent, one received an experimental IO agent, and one anti-CTLA-4 combined with an experimental agent. Both patients who had received prior anti-CTLA-4 monotherapy received an experimental agent plus either anti-PD-1 ($n = 1$) or anti-CTLA-4 ($n = 1$).

All nine patients who had received high dose IL-2 or IFN γ received anti-PD-L1 monotherapy on trial. The three patients who had not received any prior treatment were treated with a regimen of anti-PD-1 plus an experimental agent. Of the ten patients who had received chemotherapy and/or targeted therapy, six received anti-PD-L1 monotherapy and four received anti-PD-1 with an experimental agent.

Prior ICI vs ICI-naïve clinical outcomes

In multivariate analysis, patients who had not received a prior ICI had significantly longer OS than patients who had (HR: 0.22, CI:

0.07–0.70, $p = 0.010$, Table 2). These patients also trended towards a higher chance of CB (HR: 2.52, CI: 0.49–12.97, $p = 0.268$). The CB rate was much lower for patients who had received prior ICI (52%), compared to patients who had not (77%). ICI-naïve patients also had substantially longer median OS (24.3 vs 10.9 months, $p = 0.046$, Fig. 1) and PFS (5.1 vs. 2.8 months, $p = 0.3796$, not shown) than patients who had received a prior ICI per Kaplan-Meier estimation. Within the ICI-naïve cohort, patients who had received prior IL-2 or IFN γ gamma had improved clinical outcomes (Table 3) compared to patients who had received chemotherapy or targeted therapy prior to treatment with IO on trial (Table 4). Seven out of the nine (78%) patients who had received prior IL-2 or IFN γ experienced disease control for at least 6 months on treatment, compared to a disease control rate of 15% (2 of 13) for patients who had received chemotherapy, targeted therapy, both, or no treatment at all. The median OS ($p = 0.1728$) and PFS ($p = 0.0014$) were also substantially longer for patients who had received prior IL-2 or IFN γ (26.2 months and 8.2 months, respectively) compared to patients who had not (13.5 months and 3.6 months, respectively) per Kaplan-Meier estimation (Figs. 2–3).

Discussion

As of May 2018, six ICI agents are approved for the treatment of several malignancies including NSCLC, RCC, urothelial carcinoma, and melanoma. In addition to the approved regimens, several other immunotherapeutic agents are currently being investigated in ongoing clinical trials. The increasing number of available immunotherapeutic agents has led to an increasing population of patients who have failed previous ICI and are candidates for treatment with a subsequent IO regimen. Despite this common clinical situation, few studies have investigated the effectiveness of sequential IO. In this study, we showed that immunotherapy-naïve patients had improved clinical outcomes on immunotherapy-based phase 1 clinical trials compared to patients who had previously received at least one immune checkpoint inhibitor. The difference in clinical outcomes between these two subsets of patients was mainly due to our finding that patients who had received prior IL-2 or IFN γ had significantly longer OS and PFS than patients who had been treated with chemotherapy, targeted therapy, or no therapy at all.

These results build upon previous data investigating the clinical outcomes of cancer patients receiving sequential immunotherapy. A retrospective study that explored outcomes in 84 melanoma patients who failed anti-PD-1 therapy and subsequently received ipilimumab ($n = 47$) or ipilimumab and nivolumab ($n = 37$) found that patients in the ipilimumab group fared much better (disease control rate = 42%) than patients who received ipilimumab and nivolumab (disease control rate = 33%) [21]. A phase 1/2 study in melanoma ($n = 91$) also found that 62% of patients treated with nivolumab after

Table 2 UVA and MVA* of prior ICI and clinical outcomes

	OS			PFS			CB			
	UVA	MVA		UVA	MVA		UVA	MVA		
	HR (CI)	p value	HR (CI)	HR (CI)	p value	HR (CI)	OR (CI)	p value	OR (CI)	p value
No Prior ICI ($n = 22$)	0.44 (0.19–1.01)	0.052	0.22 (0.07–0.70)	0.76 (0.42–1.40)	0.385	0.86 (0.39–1.87)	3.16 (0.90–11.03)	0.072	2.52 (0.49–12.97)	0.268
	Median: 24.3 months		Median: 5.1 months				Rate: 77% (4 PR, 13 SD, 3 PD, 2 NE)			
Prior ICI ($n = 27$)			Median: 10.9 months				Rate: 52% (1 CR, 2 PR, 11 SD, 10 PD, 3 NE)			

*Controlled for cancer type, RMH risk group, number of prior lines of treatment, age, and presence of liver metastases

**statistically significant

UVA Univariate analysis, MVA Multivariate analysis, OS Overall survival, PFS Progression-free survival, CB Clinical benefit, ICI Immune checkpoint inhibitor, PR Partial response, SD Stable disease, PD Progressive disease, NE Not evaluable, CR Complete response

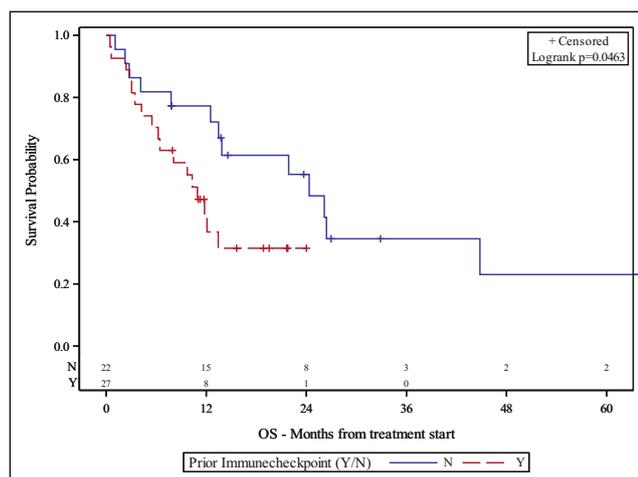


Fig. 1 Kaplan-Meier plot of prior ICI and overall survival

failed ipilimumab had maintained a best response of CR, PR, or SD 24 weeks after treatment initiation [22]. A case series of two RCC and one melanoma patient reported progressive disease as best response on nivolumab after failing anti-PD-L1 combination therapy (RCC) or pembrolizumab (melanoma) [23]. Taken together, the current literature suggests that patients who received prior anti-CTLA-4 may be more likely to have improved clinical outcomes than patients who received prior anti-PD-1 when treated with sequential immunotherapy.

Current data regarding the efficacy of sequential immunotherapy are likely explained by the differential effects that ICI regimens exert on the host immune system. Anti-CTLA-4 therapy targets priming and activation of T-cells, an earlier step in the cancer immunity cycle than that targeted by anti-PD-1 therapy, which aims to induce the final step of the cycle: killing of cancer cells [1]. Furthermore, treatment with anti-CTLA-4 monotherapy or anti-CTLA-4/PD-1 combination therapy upregulates coding genes involved in the cell cycle

and proliferation of T-cells [18]. Anti-PD-1 treatment, on the other hand, induces a genomic signature involved in cytolysis and regulation of effector T and NK cells [18]. Thus, it is possible that prior treatment with anti-CTLA-4 causes proliferation and activation of T-cells, which increases the number of tumor infiltrating lymphocytes and leads to a “hot” phenotype. Moreover, the presence of intra-tumoral T-cells has been associated with a significantly higher likelihood of response to immunotherapy [24, 25].

Interestingly, all but one of the patients in this study who received IL-2 or IFN γ prior to IO experienced SD or better as their best response on trial and 78% of these patients experienced disease control for at least 6 months. This may be explained by the crucial immunoregulatory roles of IL-2, including the maintenance of CD4⁺ regulatory T cells and differentiation of naïve CD4⁺ T cells into T helper-1 (Th1) and T helper-2 (Th2) cells [26]. IL-2 also promotes differentiation of B and NK cells and clonal expansion after T cell exposure to antigen [27]. Pre-clinical data suggests that there may be a synergistic effect of IL-2 and anti-PD-L1 via exhausted T cell reactivation [28], which has led to the development of several ongoing clinical trials investigating the efficacy and safety of IL-2 and ICI combination therapy (NCT02983045, NCT02989714). Unfortunately, there is sparse data available regarding sequential IL-2 and ICI therapy. There is an ongoing clinical trial of 29 melanoma patients treated with sequential IL-2 and ipilimumab (NCT01856023). Early results from this trial indicate a tolerable toxicity profile as well as significantly prolonged 1-year OS (77%) and higher objective response rate (not reported) [29]. Our findings build upon the early results of this trial. Larger studies are needed to validate these preliminary findings.

Biomarkers are particularly useful in early phase clinical trials in which the investigational treatments may be effective only for a select population of patients. Biomarkers can be

Table 3 Clinical outcomes of ICI-naïve patients who received prior IL-2 or IFN γ

ID#	Histology	Prior Treatment	Trial Treatment	BR	PFS (months)	OS (months)
1	BRAF WT melanoma	IL-2	PD-L1	SD	6.90	7.82+
2	BRAF V600E mutant melanoma	IL-2	PD-L1	SD	9.82	21.88
3	BRAF V600E mutant melanoma	IFN γ , IL-2	PD-L1	PD	4.07	44.81
4	NRAS variant melanoma	IL-2	PD-L1	SD	5.26	24.35
5	BRAF V600E mutant melanoma	IL-2	PD-L1	SD	8.15	13.87
6	BRAF WT melanoma	IL-2	PD-L1	SD	8.21	14.59+
7	BRAF and NRAS WT melanoma	IL-2	PD-L1	SD	12.02	26.15
8	Melanoma	IL-2	PD-L1	PR	72.84+	72.84+
9	Melanoma	IFN γ	PD-L1	PR	19.25	101.13+

BR Best response, PFS Progression-free survival, OS Overall survival, WT Wild-type, IL-2 Interleukin-2, IFN γ Interferon gamma, PD-L1 Programmed death-ligand 1, SD Stable disease, +: Ongoing

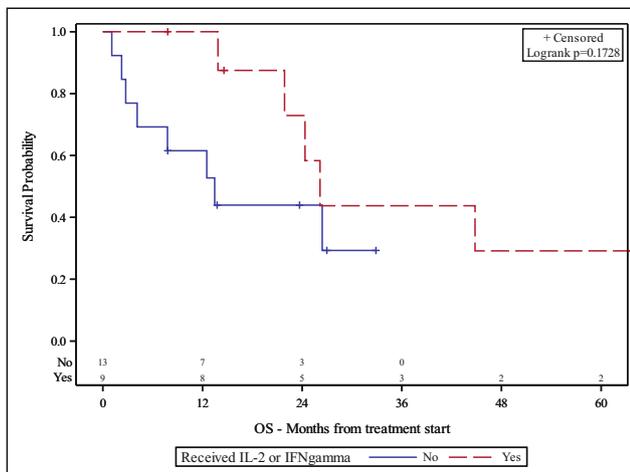
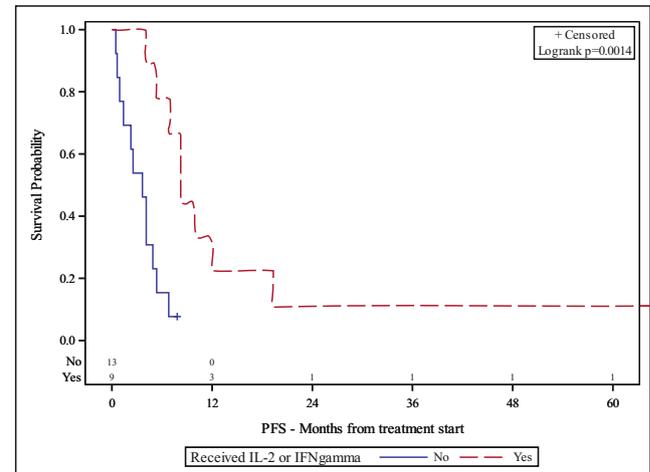
Table 4 Clinical outcomes of ICI-naïve patients who did not receive prior IL-2 or IFN γ

ID#	Histology	Prior Treatment	Trial Treatment	BR	PFS (months)	OS (months)
1	NSCLC adenocarcinoma	Carboplatin/pemetrexed/bevacizumab	PD-L1	SD	3.65	26.42+
2	EGFR/ALK negative NSCLC	Carboplatin/paclitaxel//bevacizumab, experimental targeted therapy regimen	PD-L1	SD	5.36	32.89+
3	Squamous NSCLC	Carboplatin/paclitaxel/pemetrexed/ gemcitabine/erlotinib, experimental regimen	PD-L1	SD	2.27	2.27
4	Squamous NSCLC	Carboplatin/paclitaxel, gemcitabine, docetaxel	PD-L1	NE	0.46	1.08
5	NSCLC adenocarcinoma	Carboplatin/paclitaxel/ bevacizumab, pemetrexed, erlotinib	PD-L1	SD	4.11	12.52
6	SCC of lung	Unspecified chemotherapy regimen, carboplatin/paclitaxel, carboplatin/vinorelbine	PD-L1	SD	4.11	4.14
7	Melanoma	N/A	PD-1 + Experimental	PD	0.92	7.79
8	Rectal melanoma	N/A	PD-1 + Experimental	PR	4.90	13.77+
9	EGFR mutant NSCLC	Carboplatin/paclitaxel, gefitinib, pemetrexed, experimental targeted therapy regimen, gefitinib	PD-1 + Experimental	NE	0.62	23.69+
10	L858R and T790 M EGFR mutant NSCLC	Erlotinib, carboplatin/pemetrexed/erlotinib, pemetrexed/erlotinib, experimental targeted therapy regimen	PD-1 + Experimental	SD	6.80	13.47
11	Exon 19 deletion and T790 M mutant NSCLC	Erlotinib, carboplatin/paclitaxel/bevacizumab, experimental targeted therapy regimen, pemetrexed	PD-1 + Experimental	SD	2.53	26.97+
12	Urothelial	N/A	PD-1 + Experimental	PR	7.82+	7.82+
13	TSC-1 mutant NSCLC	Cisplatin/erlotinib, erlotinib, cisplatin/erlotinib, carboplatin/erlotinib, everolimus	PD-1 + Experimental	PD	1.38	2.76

BR Best response, PFS Progression-free survival, OS Overall survival, NSCLC Non-small cell lung cancer, WT Wild-type, IL-2 Interleukin-2, PD-L1 Programmed death-ligand 1, SD Stable disease, +: Ongoing, NE Non-evaluable, SCC Squamous cell carcinoma, PR Partial response, N/A Not applicable, PD-1 Programmed cell death protein-1

used to identify patients who are more likely to derive clinical benefit from treatment. This may lead to personalized treatment regimens for patients, which is now recognized as the optimal way to treat oncology patients [30]. Several biomarkers have been implicated in predicting clinical responses to immunotherapy such as PBRM1, angiopoietin-2, PD-L1 staining, and inflammatory markers [31–34]. The best-studied biomarker of response to immunotherapy is PD-L1 [34]. The PD-1/ PD-L1 pathway is a critical junction in tumor evasion of immune attack, and thus increased expression of PD-L1 may indicate a poor prognosis. However, some studies

report that PD-L1 negativity may not prevent tumor proliferation. Thus, while the biological framework implies that increased PD-L1 may correlate with poor prognosis, this implication is inconclusive at this point [34]. There are several challenges to using biomarkers for prediction of responses to immunotherapy. First, there is no standardized approach for PD-L1 testing, which limits the clinical utility of this biomarker [35]. Additionally, there are no widely accepted biomarkers that can be used across multiple malignancies. These challenges highlight the critical importance of identifying optimal biomarkers in patients treated with immunotherapy.

**Fig. 2** Association of prior IL-2 or IFN γ with OS**Fig. 3** Association of prior IL-2 or IFN γ with PFS

The findings of this study are hypothesis-generating and several limitations should be considered when evaluating the results of this study. First, this is a retrospective study and it is inherently subject to selection bias. We attempted to mitigate this by including all patients with an ICI-indicated histology, regardless of their disease characteristics or prior treatments. The study population was a small, heterogeneous patient population and types of IO that patients received on trial varied significantly, which limits our ability to generalize our findings to the larger population. Furthermore, it is possible that the worse clinical outcome observed in patients treated with prior ICI may be due to a poorer prognosis of these patients, given that we cannot control for all possible confounders. Additionally, the difference in clinical outcomes between patients who received prior IL-2 or IFN γ and those that did not may be at least partially explained by the differences in primary histology between the two groups, since most of the patients who received IL-2 or IFN γ had melanoma while the majority of the patients who did not receive IL-2 or IFN γ had NSCLC. Finally, we did not perform any tissue analysis and, therefore, were unable to explore the biological mechanisms underlying our clinical observations in these patients.

Conclusions

The results from this study suggest that patients who receive a second IO-based regimen may have worse clinical outcomes than patients who are ICI-naïve prior to receiving IO in a phase 1 clinical trial. We also present data that may suggest that treatment with IL-2 or IFN γ has a priming effect for subsequent treatment with IO by activating T-cells. Further development of immunotherapy combination therapies is needed to improve clinical outcomes for patients who have failed ICI previously. The results from this study should be validated in a larger, prospective study.

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Authors' contributions DJM was involved in study design and methodology, identification and selection of patients, construction of the database, data acquisition, interpretation and analysis of study results, writing the manuscript, and administrative support. MAB was involved in the identification and selection of patients, construction of the database, caring for the patients included in the study, study design and methodology, interpretation and analysis of study results, and writing the manuscript. YL was involved in the design and methodology of the study, all statistical analysis, interpretation and analysis of study results, and writing of the manuscript. JMS was involved in interpretation and analysis of study results, editing the manuscript, and administrative

support. MRK was involved in editing the manuscript and administrative support. MAB and RDH supervised the study. All remaining authors were involved in the care of the patients in this study, interpretation and analysis of study results, and editing the manuscript. All authors reviewed and accepted the final version of the manuscript.

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Compliance with ethical standards

Conflict of interest Author M.A. Bilen has a consulting/advisory role with Exelixis, Nektar, and Sanofi and receives research funding from Bayer, Bristol-Myers Squibb, Genentech/Roche, Incyte, Nektar, AstraZeneca, Tricon Pharmaceuticals, Peleton, and Pfizer.

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Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Abbreviations ICI, immune checkpoint inhibitor; OS, overall survival; PFS, progression-free survival; UVA, univariate analysis; MVA, multivariate analysis; RMH, Royal Marsden Hospital; PD-1, programmed cell death protein-1; CTLA4, cytotoxic T lymphocyte-associated protein 4; CB, clinical benefit; IL-2, interleukin 2; IFN γ , interferon gamma; FDA, US Food and Drug Administration; IO, immunotherapy; RCC, renal cell carcinoma; NSCLC, non-small cell lung cancer; NK, natural killer; LDH, lactate dehydrogenase; HR, hazard ratio; CI, confidence interval; RCC, renal cell carcinoma; SD, stable disease; Th1, T helper-1; Th2, T helper-2

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