



The Rationale for Immunotherapy in Myeloproliferative Neoplasms

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Abstract

Purpose of Review The classic, chronic Philadelphia chromosome negative myeloproliferative neoplasms (MPN)—essential thrombocythemia (ET), polycythemia vera (PV), and myelofibrosis (MF)—are clonal malignancies of hematopoietic stem cells and are associated with myeloproliferation, organomegaly, and constitutional symptoms. Expanding knowledge that chronic inflammation and a dysregulated immune system are central to the pathogenesis and progression of MPNs serves as a driving force for the development of agents affecting the immune system as therapy for MPN. This review describes the rationale and potential impact of anti-inflammatory, immunomodulatory, and targeted agents in MPNs.

Recent Findings The advances in molecular insights, especially the discovery of the Janus kinase 2 (JAK2) V617F mutation and its role in JAK-STAT pathway dysregulation, led to the development of the JAK inhibitor ruxolitinib, which currently represents the cornerstone of medical therapy in MF and hydroxyurea-resistant/intolerant PV. However, there remain significant unmet needs in the treatment of these patients, and many agents continue to be investigated. Novel, more selective JAK inhibitors might offer reduced myelosuppression or even improvement of blood counts. The recent approval of a novel, long-acting interferon for PV patients in Europe, might eventually lead to its broader clinical use in all MPNs. Targeted immunotherapy involving monoclonal antibodies, checkpoint inhibitors, or therapeutic vaccines against selected MPN epitopes could further enhance tumor-specific immune responses.

Summary Immunotherapeutic approaches are expanding and hopefully will extend the therapeutic armamentarium in patients with myeloproliferative neoplasms.

Keywords Interferon · JAK inhibitors · Immunotherapy · Myeloproliferative neoplasms

Introduction

The classic, chronic Philadelphia chromosome negative myeloproliferative neoplasms (MPNs), essential thrombocythemia (ET), polycythemia vera (PV), and myelofibrosis (MF), represent a heterogeneous group of stem cell

disorders characterized by clonal myeloproliferation, ineffective hematopoiesis, varying degrees of bone marrow fibrosis, constitutional symptoms, and splenomegaly, with overall survival ranging from months to decades [1]. It has been suggested that these classic MPNs could be different phenotypic presentations of one biological continuum, from ET to PV to MF and ultimately leukemic transformation (acute leukemia, AML) [2].

Central to the pathology of MPNs is a constitutively activated Janus kinase and Signal Transducer and Activator of Transcription proteins (JAK-STAT) signaling pathway, caused by various, mostly mutually exclusive driver mutations, such as *JAK2V617F*, *MPLW515L/K*, *CALR* exon 9 indels, or other less known mutations within the JAK/STAT signaling pathway [3–6]. In addition, several non-driver mutations have been found in patients with MPN (e.g., *ASXL1*, *IDH1*, *IDH2*, *EZH2*, *SRSF2*) [7, 8]. Although the prognostic significance of molecular mutations has been extensively studied, their exact role in disease pathogenesis remains to be fully established.

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There are various reasons to believe that driver mutations are not solely responsible for disease initiation or its phenotype. It has been shown that in a subset of patients, the *JAK2V617F* mutation might be a late event rather than a disease initiating mutation [9, 10]. Furthermore, as further elucidated in this review, there is solid evidence that chronic inflammation and a dysregulated immune system play indisputable roles in the biology of these diseases.

Optimal management of MPN patients includes complex decision-making, considering specific disease type, individualized prognosis, comorbidities, age, and the risks and benefits of available therapies. Reduction of thrombotic risk is the major goal of therapy in patients with PV and ET. Most patients should receive aspirin, and cytoreductive therapy is reserved for those with high-risk disease (e.g., age > 60 years, previous thrombosis, *JAK2* mutation per revised IPSET score [11]). For years, hydroxyurea (HU) and anagrelide (in ET) represented the most frequently used cytoreductive agents. Interferon has been used “off-label” in both diseases (frontline or subsequent line) until recently, when a novel, monopegylated formulation received approval for frontline PV patients in certain countries [12]. In PV, second-line therapy is currently represented by the *JAK2* inhibitor ruxolitinib. Interferon and ruxolitinib both represent unconventional agents with immune-modulatory activity and will be further discussed below. Therapies for MF range from observation and supportive care to medical therapy aimed to relieve symptoms or improve cytopenias to potentially curative allogeneic stem cell transplantation (SCT). SCT is only available for a small subset of fit patients as it is associated with considerable mortality and morbidity [13, 14]. The *JAK1/2* inhibitor ruxolitinib, currently the backbone of medical therapy for MF, will be further discussed below.

Multiple efforts are currently ongoing to identify agents from various therapeutic classes, targeting cellular metabolic and apoptotic pathways, and different phases of the cell cycle, to improve the outcome of patients with MPNs. These approaches were extensively reviewed elsewhere [15•, 16•, 17•]. In this review, we will focus upon the agents targeting the immune system and cytokine milieu in MPN, immunomodulatory agents, and targeted immune therapy.

Rationale for Immune Therapy

Chronic inflammation and chronic oxidative stress are involved in the pathogenesis of a variety of cancer types and likely play significant roles in patients with MPNs [18•, 19•, 20•]. There is a hypothesis that patients with MPN have profound immune dysregulation and defective immune surveillance [21•]; because of which, they are sometimes referred to as “A Human Inflammation Model for Cancer Development” [22•].

In MPNs, cells from all myeloid lineages, including those involved in the immune and inflammatory response, may belong to the malignant clone [23]. This might cause a defective immune response and overexpression of inflammatory cytokines and receptors, further aggravating chronic inflammation.

Upregulation of inflammatory cytokines and growth factors has been reported in MPN, including tumor necrosis factor α , hepatocyte growth factor, platelet-derived growth factor, vascular endothelial growth factor, lipocalin-2, interleukin (IL)-6, IL-8, IL-2R, IL-12, and IL-15. Many of these independently predict inferior survival [24, 25]. Most inflammatory cytokines activate *JAK/STAT3* or *JAK2/STAT5* pathways, enhancing survival of many cell types, including fibroblasts, monocytes, macrophages, endothelial cells, and hematopoietic progenitors, and contributing to disease phenotype and pathogenesis including increased bone formation [26–28]. Activation of the nuclear factor- κ -B (NF- κ -B), *JAK1/STAT*, and HIF- α further enhance production of these cytokines via the same signaling pathways and create an endless vicious cycle [29–31]. Furthermore, inflammatory cytokines are also produced by non-malignant cells in the bone marrow and its microenvironment, such as the stem cell niche, fibroblasts, monocytes, neutrophils, and endothelial cells, thus further promoting the growth of MPN cells [32–36].

Concurrently, patients with MPNs also have dysregulated genes related to the immune system and inflammation, such as interferon-inducible gene [37], regulatory T cells (e.g., Tregs characterized as CD4 + CD25+ FOXP3+ [38]), natural killer cells, human leukocyte antigen (HLA) class I and II molecules, β 2-microglobulin, molecules processing HLA I antigens (such as LMP2, LMP7, TAP1/2, and tapasin) [37, 39], and antioxidative stress genes (*ATM*, *TP53*, *CYBA*, *NRF2*, *PTGS1*, *SIRT2*) [40, 41]. In addition, an increased expression of immunosuppressive cells, such as myeloid-derived suppressor cells (MDSC), contributing to tumor escape from immune surveillance, has been reported [42].

Further, the most common driver mutation in MPN, *JAK2V617F*, was not only implicated in generating reactive oxygen species as an important inflammatory driver [40], but was also found to enhance programmed death receptor 1 (PD-L1) expression via *STAT3/STAT5* phosphorylation on the surface of monocytes, MDSCs, megakaryocytes, and platelets [43•]. Overexpressed PD-1 contributes to inactivation and dysfunction of immune reactive T cells.

Demonstration of the immunogenicity of MPN driver mutations, especially *CALR* exon 9 and *JAK2V617F*, provides the rationale for the development of potential immunotherapeutic targets [44•, 45•, 46•, 47•, 48•]. For instance, Holmstrom et al. identified presence of spontaneous T cell responses against PD-L1–derived epitopes of *JAK2V617F* and *CALR* exon 9 mutant proteins in 71% of patients with MPN. Collaborators from Belgium

(laboratory of Stefan Constantinescu) recently showed that mutant *CALR* acts as a “rogue cytokine,” is secreted from cells, and directly activates neighboring cells expressing MPL at the surface [49••].

Significant disease burden with debilitating symptoms, such as fatigue, pruritus, night sweats, weight loss, bone pain, and/or fever [50••, 51], caused by overexpression of inflammatory cytokines, negatively impacts quality of life of MPN patients. Many scoring tools were developed to better assess this symptom burden, e.g., the Myelofibrosis Symptom Assessment Form (MF-SAF), the Myeloproliferative Neoplasms-SAF (MPN-SAF), or the Myeloproliferative Neoplasms Symptom Assessment Form Total Symptom Score (MPN-SAF TSS), and they have now become essential parts of treatment response assessment [52, 53].

In the context of the above, immune-based therapy able to affect MPN pathology and disease presentation is intuitively attractive, based on sound rationale, and very much needed.

Immune Therapy in MPN

Interferon Alpha

The robust anti-proliferative, anti-angiogenic, and immunomodulatory effects of interferon, particularly interferon alpha (INF- α) have been known for decades. Additional findings suggesting that INF- α might alter MPN biology and maybe restore some components of impaired immune surveillance, making this agent particularly compelling [54].

One of the major mechanisms of action of INF- α on cells includes signaling via JAK-STAT pathway and activating Janus kinase 1, which ultimately leads to expression of anti-proliferative and pro-apoptotic genes (e.g., caspase 4, caspase 8, tumor necrosis-related apoptosis-inducing ligand, death-activating protein kinases, Fas/CD95) [55, 56]. INF- α also impairs thrombopoietin (TPO)-induced intracellular signaling via upregulation of suppression of cytokine signaling -1 (SOCS-1) secretion, thus inhibiting activation of the TPO and MPL receptors, as well as phosphorylation of JAK2, JAK3, and STAT5 [57].

Anti-proliferative and anti-angiogenic properties of INF- α could also be in part attributed to the effect on the bone marrow hematopoietic progenitors and cytokines, e.g., inhibition of pluripotent and lineage restricted circulating hematopoietic progenitor cells, granulocyte-macrophage colony-stimulating factor, fibroblast growth factor, vascular endothelial cell growth factor, IL-1b, IL-8; or stimulation of IL-1 receptor antagonist and transforming growth factor- β [58–62]. In addition, INF- α directly impairs endothelial cell proliferation and upregulates angiostatic chemokines, such as CXCL9, CXCL10, and CXCL11 [63].

INF- α might stimulate and mobilize previously dormant stem cells [64]. In patients with PV, treatment with INF- α increased the rate of apoptosis and the phosphorylation of p38 mitogen-activated protein kinase in PV CD34-positive cells, which might lead to depletion of *JAK2V617F*⁺ MPN-propagating stem cells [65].

Recent studies have also shed light on the impact of INF- α on the immune system. Treatment with INF- α significantly increased the amount of regulatory Tregs and T-effector cells in the circulation, decreased the frequency of circulating myeloid and plasmacytoid dendritic cells [66], improved the proportion of immune-stimulating NK cells, i.e., increased CD56^{bright} NK cells and decreased CD56^{dim} ones [67], and led to rapid differentiation of monocytes into dendritic cells, which are capable of inducing T and B cell immune responses [68]. Treatment with INF- α was also associated with upregulation of the expression of tumor-associated antigens (e.g., MPD6 [69]) and correction of dysregulated HLA genes (e.g., upregulation of *BAT4*, *HCG26/8*, *HCP5*, *HLA-A/B/C*, *HLA-E/F/G*, *HLA-DOB*, etc.; downregulation of *CIITA*, *HLA-DOA*, and *HLA-DPB2* [70]). Furthermore, Skov et al. recently showed that therapy with INF- α might have a major impact upon antioxidative immune defense as it upregulated previously downregulated oxidative stress genes (e.g., *CXCR4*, *TP53*, *NRF2*, *ATOX1*, *SEPP1*, *CYBB*, and *MSRA*) [71].

The impact of INF- α upon the immune system in MPN has been extensively studied, and its benefit has been shown in ET, PV, and early phase MF patients (selected studies are summarized in Table 1 [72, 73–79, 81, 82•, 83••, 84–99]). Herein, we will only briefly discuss the important clinical data from recent phase 3 studies which compared INF- α against HU in the frontline setting.

The DALIAH trial compared recombinant INF- α -2a and r-INF- α -2b to HU. Patients ≤ 60 years were assigned to INF- α -2a vs 2b only (1:1), whereas patients > 60 years were randomized (1:1:1) to all three agents. After 36 months of therapy, overall response rate (ORR), complete hematologic response (CHR), and maintenance of CHR were higher with HU. Drug-related discontinuation was higher in the r-IFN α group (34–45% vs 13% for HU), but the rate of grade ≥ 3 adverse events (AEs) was similar in all groups. Among 70 *JAK2V617F*-mutated patients, the rate of partial molecular response ($\geq 50\%$ decrease in JAK2 allele burden) was between 20 and 30% in all groups; however, the median *JAK2V617F* reduction was greater with r-INF- α ($\sim 70\%$ vs 38% with HU) [80].

The MPN-RC-112 trial (MPD-RC 112) compared frontline pegylated INF- α -2a (PEG-INF) to HU. After a median follow-up of 89.9 weeks (in patients treated > 24 months), PEG-INF provided non-significantly higher rate of ORR (60% vs 41% for HU, respectively, $p = 0.22$). Interestingly, treatment with HU was associated with a higher rate of bone

Table 1 Selected studies of interferon in MPN

	Regimen	No of pts	Median follow-up	Responses (type, %) [¶]	Ref.
MPNs	r-INF- α -2	63 [31 MF, 12 PV, 17 ET]	4 years	MF: PR 3%; spleen CI 26% ET: CR 6%, PR 82% PV: CR 8%, PR 34%	[72]
	PEG-INF- α -2a	75 [19 MF, 36 PV, 20 ET]	3.8 years	[IWG-MRT/ELN] MF: PR 10.5%, CI 21% ET: CR 25%, PR 20%, CR/PR 20% PV: CR 8.3%, PR 39%, CR/PR 39%	[73]
	PEG-INF- α -2a	118 [17 MF, 55 PV, 46 ET]	17 months	[IWG-MRT/ELN] MF: PR 12%, CI 18%, SD 41%; ET CR 63%, CI 18%, SD 41% PV CR 54%, PR 33%	[74]
	r-INF- α -2b/PEG-INF- α -2a/PEG-INF- α -2b	102 [4 MF, 74 PV, 19 ET]	42 months	CHR: ET 95%, PV 68%, 50% MF w/ normalization plt and WBC PMR 50%, CMR 11%	[75, 76]
	PEG-INF- α -2a	115/77 eval. [42 ET, 35 PV]		[IWG-MRT/ELN] ORR [24 mos]: ET 74%, PV 74%; Morph BM CR 11%	[77]
	PEG-INF- α -2a	83 [43 PV, 40 ET]	83 months	[IWG-MRT/ELN] CHR 75%, CMR 18%; morph BM CR 22%	[78, 79]
	r-INF- α -2 vs HU (DALIAH)	205 [41 MF, 90 PV, 72 ET]	3 years	[IWG-MRT/ELN] ORR ET and PV and preMF 41% INF- α vs 71% HU; in PMF ~25% INF- α vs 57% HU; ORR (all) 58% INF- α vs 66% HU PMR 28% INF- α vs 23% HU	[80]
	PEG-INF- α to HU	168 [81 ET; 87 PV]	90 weeks	[IWG-MRT/ELN] ORR 81.7%—non-inferiority 24 months; morph BM CR: ET 32%, PV 6%	[81]
	PEG-INF- α -2a/ α -2b + RUX (COMBI)	50 [18 MF, 32 PV]	12 months	[IWG-MRT/ELN] MF: CR 9%, PR 22% CHR 92%, sust. 58%, PMR 20%; PV: PR 9%, CHR 88%, sust. 44%, PMR 19%	[82•]
PV	r-INF- α	55	13 years	CHR 100% by 2 years, 100% spleen RED 77%, > 50% spleen RED 90%	[83••]
	PEG-INF- α -2a (PVN1)	37	31.4 months	CHR 94.6%, MR 72.4%, CMR 24%	[84, 85]
	Ropeg (PEGINVERA)	40	77.4 months	CHR 82%, MR 83%, CMR 28%	
		51	5.1 years	CHR 64.3%, MR 74%, CMR 28.6%	[86, 87]
		18.5 months	CHR 47%, CMR 21%		
PV	PEG-INF vs HU (PROUD-PV - > CONT-PV)	254 (83 analyzed Cont-PV)	12 months	CHR 43%, median spleen RED by 21.3% -PEG-INF non-inferior to HU- CHR 53%, 70.5% durable; MR 66% -PEG-INF superior to HU- CHR 67%, CMR 6%	[88••, 89]
			36 months		
ET	PEG-IFN- α -2a	31	142 months	CHR 67%, CMR 6%	[90]
MF	r-INF- α -2b/PEG-INF- α -2a	17	3.3 years	[IWG-MRT] CR 12%, PR 41%, spleen CI 76%; PMR 16%; Morph BM CR 27%	[91]
	r-INF- α -2b/PEG-INF- α -2a	30	80.3 months	[WG-MRT] CR 7%, PR 30%, CI 14%; spleen CI 50%; morph BM reticulin grading impr 25%	[92]
	PEG-INF- α -2a	62	26.3 months [mean]	[IWG-MRT/EUNMET] Hgb CI 64%; WBC CI 100%, PRBC-I 38.5%; CI plt 63% TSS CI 83%, spleen CI 46.5%	[93]
			58 months	[EUNMET] PMR 37%, CMR 7%	[94]
	Ropeg	25	24 months	[IWG-MRT] Hgb and plt CI 50% No disease progression	[95]

[¶] Refer to original studies for unspecified criteria (individual criteria per authors)

r-INF = recombinant interferon, dose range: 1–5.0 × 10⁶ IU/D (most studies used 3.0 × 10⁶ IU/D); PEG-INF dose: 0.5–3.0 μg/kg/week; PR partial remission, CR complete remission, CI clinical improvement, SD stable disease, CHR complete hematologic remission, molecular responses = decrease in JAK2 V617F allele burden in % (PR > 50% decrease in JAK2 allele burden, CMR undetectable JAK2V617F); Hgb hemoglobin, plt platelets, WBC white blood cells, PRBC-I red blood cells independence, TSS total symptom score,

PMR partial molecular remission, > 50% decrease in JAK2 allele burden, CMR complete molecular remission, undetectable JAK2 allele burden, ORR overall response rate, Morph BM CR morphologic bone marrow complete remission, RED reduction

marrow best response (33% vs 17% PEG-INF, *p* = 0.05). PEG-INF was associated with a higher incidence of grade ≥ 3 AE (46.3% vs 27.5% for HU) [81].

Ropeginterferon α -2b (Ropeg, *Besremi*®), novel, monopegylated isoform, was compared against HU in the phase 3, randomized, multicenter PROUD-PV study

(continuing after 12 months as CONTINUATION-PV) in PV patients, who were either treatment naïve or who had already been treated with HU for <3 years and were neither intolerant nor complete responders. The study met its primary endpoint of non-inferiority for CHR rate at 12 months (43% vs 46% for HU, *p* = 0.003). The change in median spleen length was

similar for both arms (21% for Ropeg vs 28% for HU; $p = 0.22$). Treatment-related AEs were higher on HU (76% vs 60% on Ropeg); and 12-month discontinuation rates were similar (13% HU vs 16.5% Ropeg) [89]. Recently updated data on 83 (Ropeg) and 70 (HU) patients who completed 36 months on the CONTINUATION-PV trial showed that the rate of CHR with Ropeg (vs HU) increased over time (70.5% vs 51%; $p = 0.012$), as did the rates of CHR plus symptom improvement (53% vs 38%; $p = 0.04$), and molecular response (66% vs 27%, $p < 0.0001$). Furthermore, Ropeg was able to reduce non-JAK allele burden (e.g., *TET2*), while HU only suppressed *JAK2V617F*. The incidence of AEs (90% for Ropeg, 91% for HU) and treatment-related AEs (75% for Ropeg, 79% for HU) was similar [88•]. Following these results, in February 2019, Ropeg (*Besremi*®) received approval in Europe as a monotherapy in PV patients without symptomatic splenomegaly, independent of previous HU exposure [12].

The biggest limitation of INF- α , including PEG-INF, has been treatment-related toxicity which lead to treatment discontinuation in more than one third of all patients [78]. This shortcoming might be mitigated by the use of Ropeg, which showed similar toxicity rates and overall tolerability as observed with HU, and could finally allow us to exploit the full potential of interferon in clinical practice.

IMIDS

The group of immunomodulatory drugs collectively known as IMIDs has been used in MF patients with anemia, due to their known anti-inflammatory, anti-angiogenic, anti-proliferative effects, and cytokine modulatory properties [100]. Via inhibition of NF- κ -B pathway, IMIDs inhibit various pro-inflammatory and apoptotic cytokines (e.g., IL-2R, IL-6, IL-10, IL-15, TGF- β , TNF- α) and upregulate anti-inflammatory cytokines (e.g., IL-2, INF- γ). IMIDs also directly enhance cytotoxic T cells and NK-cell activity and strongly inhibit the suppressor functions of regulatory T cells [101, 102]. Heterogeneity of responses treated with different IMIDs: thalidomide (*Thalomid*®) and its more potent derivatives lenalidomide (*Revlimid*®) and pomalidomide (*Pomalist*®), may be attributed to various treatment schedules, doses, combinations with steroids, and different response criteria. Although some approaches resulted in anemia response as high as 70%, the average response rate with IMIDs was about 30% (selected trials are summarized in Table 2) [103–117]. The only IMID evaluated in a phase 3 trial was pomalidomide which, when randomized 2:1 to placebo, failed to meet the primary endpoint of transfusion (PRBC) independence (16% vs 16%, $p = 1.00$).

JAK Inhibitors

The discovery of the *JAK2V617F* mutation has led to the development of a number of JAK1/JAK2 inhibitors, and

although ruxolitinib (*Jakafi*®, *Jakavi*®) still remains the only approved one, much effort is ongoing to bring more agents into clinic.

In this session, we will provide a brief overview of the most relevant JAK2 inhibitors evaluated in clinical trials and further discuss immune-related aspects of these agents. Table 3 summarizes clinical data from the largest studies of selected JAK inhibitors, and Table 4 outlines ongoing clinical trials with the agents discussed (monotherapy and combinations).

Ruxolitinib, a type I inhibitor of JAK1 and JAK2, stabilizes the active conformation of the tyrosine kinase and is approved for intermediate- and high-risk MF [2011] and PV refractory or intolerant to HU [2014]. In MF, approval followed the results from two randomized, phase 3 (COMFORT I and II) studies, which demonstrated ruxolitinib's ability to substantially alleviate symptoms, reduce splenomegaly, and improve OS (Table 3). These results were subsequently confirmed in another trials (ROBUST, JUMP) [118•, 119•, 120–123]. In PV refractory or intolerant to HU, ruxolitinib in two phase 3 (RESPONSE I and II) trials showed improved control of spleen and symptoms and also resulted in superior control of blood counts and decreased need for phlebotomies as also shown in another trials (Table 3; Extended Treatment Phase, RELIEF) [124•, 125•, 126–129]. In HU-resistant or intolerant ET, where ruxolitinib is not approved for clinical use, the agent showed similar control of counts and spleen size as best available therapy (BAT), but significantly better symptom reduction (Table 3, MAJIC-ET) [130, 131].

Pacritinib is a JAK2 and FLT3 (fms-like tyrosine kinase 3) inhibitor with limited myelosuppression [132] and was evaluated in two phase 3 randomized (PERSIST I and II) trials in comparison to best available therapy (PERSIST II allowed ruxolitinib as BAT) [133, 134]. In both PERSIST trials, pacritinib failed primary endpoint of $\geq 50\%$ symptom reduction on intention to treat analysis (Table 3). Moreover, PERSIST-2 accrual was temporarily closed after the Food and Drug Administration (FDA) imposed a full clinical hold on the pacritinib development program because of concerns over excess mortality.

Momelotinib is a dual JAK1/JAK2 inhibitor with ability to improve anemia, possibly via direct inhibition of the type I activin A receptor and subsequent reduction of hepcidin production in the liver [135]. This agent failed to meet the predefined endpoints in the phase 3, randomized SIMPLIFY I and II trials (SIMPLIFY-II allowed ruxolitinib as BAT and was conducted in ruxolitinib-pretreated patients; Table 3) [136, 137].

Febratinib is a JAK2-selective inhibitor that showed encouraging results in the phase 3 JAKARTA trials in ruxolitinib-naïve and ruxolitinib-pretreated MF patients (Table 3) [138, 139]. Development of this agent was also

Table 2 Selected studies of IMiDs in MPN

Regimen, dose daily [mg]	No of Pts	Response (%) [¶]	Ref.
THAL 200	15	Hgb 25%, Plt 21%, spleen 25%	[103]
THAL 50–100	21, 63	[Dupriez]: Hgb 26%, PRBC-I 39%, Plt 22%, spleen 19% [Modified Dupriez]: Hgb 29%, PRBC-I 30%, Plt 38%, spleen 41%	[104, 105]
THAL 50 – PRED	15, 15, 21	[Dupriez]: Hgb 62%, PRBC-I 40%, Plt 75%, spleen 19% [EUNMET]: Hgb 43%, PRBC-I 29%, spleen 31% [IWG-MRT]: Hgb 37.5%, spleen 35%, PR 1, CI 10	[106–108]
LEN 10	68	Hgb 22%, Plt 50%, spleen 33%	[109]
LEN 10 – PRED	40, 48	[IWG-MRT]: Hgb 19–32%, spleen 10–42%	[110, 111]
POM > 0.5–3	19, 58, 50	[IWG-MRT]: Hgb 10–37%, PRBC-I 7–16%, Plt 3–50%, spleen 1–29%	[112–114]
POM 0.5–3 +/- PRED	29, 84, 94	[IWG-MRT]: Hgb 16–39%, PRBC-I 20%, Plt 2–8%, spleen 1–8%	[112, 114, 115]
POM 0.5 – PRED	58	[IWG-MRT]: Hgb 5%, PRBC-I 10%, spleen 3%, ORR 16%	[116]
POM vs placebo	252	Hgb 16%, PRB-I 16%, plt 22%	[117]

[¶] Refer to original studies for unspecified criteria (individual criteria per authors)

THAL thalidomide, PRED prednisone, LEN lenalidomide, POM pomalidomide, Hgb hemoglobin (refers to response in anemia), *plt* platelets (refers to response in thrombocytopenia), PRBC-I red blood cells independence, PR partial remission, CI clinical improvement, ORR overall response rate

temporarily halted by the FDA because of concerns for Wernicke's encephalopathy (potentially caused by inhibition by fedratinib of thiamine neuronal uptake [140]).

After the resolution and/or clarification of the aforementioned developmental issues affecting these newer JAK inhibitors, they have either already resumed (pacritinib, fedratinib) or plan to enter clinical testing in the near future (momelotinib) (Table 4).

The effect of JAK inhibitors is mostly explained by their strong anti-proliferative and anti-inflammatory properties. JAK inhibitors have robust immunomodulatory activity and significantly reduce circulating pro-inflammatory cytokines (e.g., C-reactive protein, IL-1RA, macrophage inflammatory protein 1 β (CCL4), TNF α , IL-6) [33••, 141] via JAK-STAT pathway inhibition. In studies with ruxolitinib, the levels of inflammatory cytokines significantly decreased in patients on therapy and have been correlated with an improvement in constitutional symptoms and clinical response [118••]. Additionally, a clinical trial with fedratinib showed that decrease in inflammatory cytokines was also correlated with improvement in splenomegaly [138].

As mentioned previously, the significant symptom burden in patients with MPN negatively impacts their quality of life and life expectancy [50••, 51] and requires attention even in otherwise well-controlled disease. Despite different symptom assessment tools used in various JAK2 inhibitor studies [118••, 119••, 124••, 125••, 131], treatment with these agents

significantly improved total symptom score (TSS; Table 3 for individual studies), as well as individual symptom scores, and overall quality of life measures. These improvements occurred regardless of baseline characteristics and disease severity [142–146].

The ability of JAK inhibitors to reduce symptom burden and improve performance status and disease-associated cachexia [147] has been postulated to be the major mechanism underlying the survival benefit of these drugs [148]. Although with longer follow-up, there is increasing evidence of improvement in bone marrow morphology (up to 50% of patients might achieve some regression in marrow fibrosis after 60 months) [149], complete molecular remissions are rare (3 and 6 patients in RESPONSE-I and COMFORT-I trials, respectively) [150, 151], and true disease-modifying activity of these agents is debatable.

Another limitation of ruxolitinib includes the likelihood of losing response over time (median duration of spleen response 3 years), development of treatment resistance, on-target anemia and thrombocytopenia stemming from JAK2 inhibition frequently limiting optimal dosing [152], and potent immunosuppression with increased risk of infections. Ruxolitinib via inhibition of cytokine signaling leads to impaired immune response. Ruxolitinib markedly reduces the production of cytokines (IL-12, IL-23, INF- λ , IL-2, TNF- α) important for dendritic cell differentiation, migratory activity, and stimulatory functions, thus impairing their effective ability to activate T cells. Ruxolitinib also reduces antigen-specific T cell

Table 3 Selected studies of JAK inhibitors in MPN

Trial	Drugs	Diagnosis	Response	Toxicity/comments
RUXOLITIB (RUX)				
COMFORT I, phase 3	RUX (155) vs placebo (154)	MF, \geq int-2 risk, plt \geq 100, blasts \leq 10%	At 24 wks: \geq 35% SVR 41.9% vs 0.7%; \geq 50% TSS \downarrow 45.9% vs 5.3% At 5 years: 27.7% on RUX; DoR spleen: 168.3 wks OS NR vs 200 wks (HR 0.69; 95% CI, 0.50–0.96; $p = 0.025$). No new Gr \geq 3 hem AE after 42 months. NMSC similar in both (2.7 vs 3.9 per 100 P-Y) At 48 wks: \geq 35% SVR 28% vs 0%	RUX AE Gr \geq 3: HGB 45%, plt 13%, ANC 7% ANC; fatigue 5%
COMFORT II, phase 3	RUX 146 vs BAT 73	MF, \geq int-2 risk, plt \geq 100, blasts \leq 10%	At 5 year: 26.7% on RUX; DoR spleen: 3.2 years OS NR vs 4.1 yrs. (HR, 0.67; 95% CI, 0.44–1.02; $p = 0.06$ /w/ crossover: OS NR vs 2.7 years (HR 0.44; 95% CI, 0.18–1.04; $p < 0.05$), Gr \geq 3 HGB 8.8%, plt 5.9%, NMSC rate \uparrow RUX (6.1 vs 3.0 per 100 P-Y) At 32 wks: Hct and \geq 35% SVR 22.7% vs 0.9%; Hct 60.0% vs 19.6%; and \geq 35% SVR 38.2% vs 0.9%; CHR 23.6% vs 8.9%, \geq 50% TSS \downarrow 49% vs 5%	RUX AE Gr \geq 3: diarrhea 23%, edema 22%, HGB 34%, Plt 6%
RESPONSE, phase 3	RUX 110 vs BAT 112	PV requiring PHL, splenomegaly, R/I to HU	At 5 years: 66% on RUX; probability of maintaining Hct and \geq 35% SVR 74% (for 224 wks), median duration NR. OS 91.9% vs 91.0% (HR = 0.95; 95% CI 0.38, 2.41). The most frequent AEs ($< 10\%$) anemia, pruritus, diarrhea. RUX: TEE rate \downarrow (1.2 vs 8.2 per 100 P-Y), NMSC rate \uparrow RUX (7.0 vs 2.1 per 100 P-Y) At 28 wks: Hct 62% vs 19%; CHR 23% vs 5%, \geq 50% TSS \downarrow 45% vs 23%	RUX AE Gr \geq 3: dyspnea 2.7%, HGB 1.8%, Plt 5.4%
RESPONSE 2, phase 3	RUX 74, BAT 75 (HU 49%)	PV requiring PHL, no splenomegaly, R/I to HU	At 156 wks: 88% on RUX; Hct, CHR, and \geq 50% TSS \downarrow maintained in 42%, 24%, and 48%, resp. Median duration of Hct and CHR: NR and 35.9 wks, resp. No new Gr \geq 3 AEs. RUX: TEE \downarrow (2.6 vs 3.7 per 100 P-Y), NMSC \uparrow RUX (3.4 vs 1.1 per 100 P-Y) At 24 wks: Hct 45.3%; CHR 18%, \geq 50% TSS \downarrow 33.8%. At any time: \geq 50% spleen length reduction 86.7% At 16 wks: \geq 50% \downarrow TSS-C (cytokine symptom cluster; tiredness, itching, muscle aches, night sweats, sweats while awake) 43.4% vs 29.6% ($p = 0.14$)/in post hoc: 47% vs 25% ($p = 0.035$) At 12 wks: 55% plt response \leq 600 \times 10 ⁹ /L; \geq 50% \downarrow TSS majority pts., 100% SVR $>$ 50% At 1 year: CHR 47% vs 44%, \geq 50% TSS 32% vs 0%	No Gr \geq 3 HGB. Overall Gr \geq 3 AE \downarrow on RUX (25.6 vs 45.4 per 100 P-Y)
RESPONSE ETP, phase 2	161 RUX	RESPONSE 1 expansion (PV with splenomegaly, R/I to HU)		The most frequent AE: HGB 32%, headache 24.5%, diarrhea 14.5%.
RELIEF, phase 2	RUX 54 vs HU 56	PV on HU with symptoms		No unexpected RUX safety signals.
RUX in ET, phase 2	RUX 39	ET R/I HU		RUX Gr \geq 3 AEs: infection (2 pts)
MAJIC-ET, phase 2	RUX 58 vs BAT 52 (71% HU)	ET R/I HU		RUX Gr \geq 3 HGB 19%; ~ rate of discontinuation, TEE
PACRITINIB				
PERSIST 1	Pacritinib (400 mg QD) 220 vs BAT 107	MF, \geq int risk, spleen \geq 5 cm, ANC $>$ 0.5, blasts \leq 10%, RUX naïve	At 24 wks: \geq 35% SVR 19% vs 4.7%; \geq 50% TSS \downarrow 19% vs 10% per ITT ($p = 0.24$)/36% vs 14% ($p = 0.03$) in evaluable population; PRBC-125% vs 0% At 24 wks: \geq 35% SVR 18% vs 3%; \geq 50% TSS \downarrow 25% vs 14% ($p = 0.08$)/PacR BID: \geq 35% SVR 22% vs 3% and \geq 50% TSS \downarrow 32% vs 14% (both $p < 0.05$)	plc $<$ 100 were in 32% pts with similar benefit in SVR; PacR: Gr \geq 3 HGB 17%, plt 12%, diarrhea 5%. PacR: cardiac AEs 13% (QD) and 7% (BID) vs 9% BAT: Gr \geq 3 AEs: Plt 31%, HGB 27%. D/c due to AEs 14% (QD), 9% (BID) vs 4% BAT. Enrolled stopped [FDA].
PERSIST 2	Pacritinib 211 (400 mg QD in 104; 200 mg BID in 107) vs BAT 100 (45% RUX)	MF, \geq int risk, spleen \geq 5 cm, ANC $>$ 0.5, blasts \leq 10%, plt \leq 100, incl RUX exposed (48%)		
MOMELOTINIB (MMTB)				
SIMPLIFY-1	MMTB (200 mg QD) 215 vs RUX 217	MF \geq int-2 risk, spleen \geq 5 cm, ANC $>$ 0.75, blasts \leq 10%, plt \geq 50, RUX naïve	At 24 wks: \geq 35% SVR 26.9% vs 29%; \geq 50% TSS \downarrow 28.4% vs 42.2% ($p > 0.05$), PRBC-1 66.5% vs 49.3%, PRBC-d 30.2% vs 40.1%. Post hoc: \geq 50% TSS \downarrow 26% vs 6% ($p = 0.0006$)	MMTB: peripheral neuropathy 10% (5% RUX), Gr \geq 3 HGB 5.6% (23% RUX), Plt 7% (4.6% RUX). D/c due to AEs 13% (5.6% RUX)
SIMPLIFY-2	MMTB 104 vs BAT 52 (89% RUX)	MF \geq int-2 risk, spleen \geq 5 cm, ANC $>$ 0.75, blasts \leq 10%, plt \geq 50, RUX failed	At 24 wks: \geq 35% SVR 7% vs 6%, \geq 50% TSS \downarrow 26.2% vs 5.9%, PRBC-1 43% vs 21%, PRBC-d 60% vs 52%	MMTB: peripheral neuropathy 11% (0% BAT); Gr \geq 3 HGB 14% (14% BAT), Plt 7% (6% BAT).

Table 3 (continued)

Trial	Drugs	Diagnosis	Response	Toxicity/comments
FEDRATINIB Ph 2	FEDR (400 mg QD) 83	MF ≥ int-2 risk, spleen ≥ 5 cm, RUX preRX	≥ 35% SVR 55% ≥ 50% reduction in TSS 26%	Gr ≥ 3 HGB 38%, plt 22%. Early termination [FDA].
JAKARTA Ph 3	FEDR (400 mg QD in 96, 500 mg QD in 97) vs placebo 96	MF ≥ int-2 risk, spleen ≥ 5 cm, blasts ≤ 10%, plt ≥ 50, RUX naive	At 24 wks: ≥ 35% SVR 36%/40% (F 400 mg/500 mg QD) vs 1%; ≥ 50% ↓ TSS 36%/34% vs 7%	Gr ≥ 3 HGB 43–60% (400–500 QD); 8% d/c due to AEs. Early terminated [FDA].

BAT best available therapy, *plt* platelets, *PHL* phlebotomy, *wks* weeks, *SVR* spleen volume reduction, *TSS* total symptoms score, *HGB* hemoglobin (refers to anemia), *Hct* hematocrit, *PRBC-I* red cell independence, *PRBC-d* red blood cells dependence, *CI* clinical improvement, *AE* adverse event, *Gr* grade, *ANC* absolute neutrophil counts, *DoR* duration of response, *OS* overall survival, *NR* not reached, *R/I to HY* refractory/intolerant to hydroxyurea, *NMSC* non-melanoma skin cancers, *HVZ* herpes zoster, *P-Y*, person-years, *TEE* thrombo-embolic events, *QD* once daily, *BID* twice daily, *D/c* discontinuation, *BM* bone marrow, *P2RD* phase 2 recommended dose

proliferation and induction of response mediated by cytotoxic T cells [153, 154]. Patients treated with JAK inhibitors (ruxolitinib, fedratinib) were also found to have long-lasting decrease and “functional silence” of Tregs, T helper (Th)-17 cells [155–157] and decreased number as well as reduced killing activity of natural killer (NK) cells [158]. This observed immune suppression might be responsible for the increased incidence of certain infections reported in patients treated with ruxolitinib (e.g., reactivation of tuberculosis and hepatitis B, herpes zoster, cryptococcal pneumonia, toxoplasma retinitis, progressive multifocal leukoencephalopathy [159–163]). With regard to this important issue, however, the overall incidence of infectious AEs noted in the ruxolitinib pivotal studies was acceptably low and higher incidence of serious infections was not observed with longer follow-up. The most frequent new grade ≥ 3 AEs in MF patients were pneumonia (~15%), sepsis (~6.5%), and urinary tract infections (~6%). Incidence of herpes zoster occurred at higher rates in MF and PV patients treated with ruxolitinib (~11% in COMFORT studies, and 5.4% in RESPONSE) as compared to placebo or BAT, although most events were only grade ≤ 2.

In contrast to the above data, an interesting report was published on the role of ruxolitinib in a child with an inherited immunodeficiency disorder with a gain-of-function mutation in *STAT1* (characterized by severe T cell dysfunction and immunodeficiency). In this patient, therapy with ruxolitinib led to improvement of T cell differentiation (normalization of Th1 and T helper responses, and improved Th17 differentiation) and decreased the rate of infections [164].

Given the immunosuppressive effect of ruxolitinib, the most worrisome consequence of prolonged therapy is increased incidence of secondary malignancies. The incidence of non-melanoma skin cancers has been similar between ruxolitinib and placebo in COMFORT -I, but it has been higher with ruxolitinib in all subsequent studies (Table 3, [120, 123, 126]). However, there is no solid evidence of increased risk for other cancers ([165, 166]) or serious autoimmune disorders with ruxolitinib. Clinical consequences, if any, of long-term therapy with ruxolitinib require longer follow-up. Considering the immune dysfunction of patients with MPN, accurate screening, prophylaxis, and effective treatment of infections remain an indispensable part of clinical management of these patients regardless of the therapy used.

Combinations

Combination of immune-modulating drugs appears promising as it could result in an additive, if not synergistic effect and decreased toxicity. Here, we will review the available clinical data with the combination of ruxolitinib with INF-α and ruxolitinib with IMiDs.

The most appealing combination is the use of ruxolitinib and INF-α. Downregulation of cytokines by ruxolitinib might

Table 4 Ongoing studies in MPN (immune-based trials)

Therapeutic class	Drug [study]	Eligible diagnosis (MPNs) [¶]	Phase	Clinicaltrial.gov identifier
PEG-INF	PEG-INF- α 2a and α 2b [DALIAH]	PV, ET, MF	3	NCT01387763**
	PEG-INF- α -2b (P1101)	MF	2	NCT02370329
	PEG-INF- α 2a	ET, PV	2	NCT00452023**
PEG-INF + JAK inhibitor	PEG-INF- α -2a and 2b + Ruxolitinib [COMBI]	PV, MF	2	EudraCT2013-003295-12**
	PEG-INF- α -2a + Ruxolitinib [RUXOPEG]	MF	1/2	NCT02742324
Ropeg-INF vs BAT (all)	Pegylated-Proline-INF- α -2b (AOP2014) vs BAT [CONTINUATION-PV]	PV (cont of PROUD-PV)	3	NCT02218047**
JAK inhibitor (s)	Fedratinib [FREEDOM]	MF	3	NCT03755518
	Pacritinib	MF	2	NCT03165734
	Itacitinib (INCB039110) +/- Ruxolitinib	MF	2	NCT03144687
	INCB050465 + Ruxolitinib	MF	2	NCT02718300
JAK inhibitor vs anagrelide	Ruxolitinib vs. Anagrelide [RESET-272]	ET	2	NCT03123588
JAK inhibitor vs BAT	Ruxolitinib vs Anagrelide vs PEG-INF [RUXBETA]	ET	2/3	NCT02962388**
	Ruxolitinib vs Standard BAT [Ruxo-BEAT]	ET, PV	3	NCT02577926
	KRT-232 vs Ruxolitinib	PV	2	NCT03669965
MDM2 inhibitor vs JAK inhibitor	Azacitidine + Ruxolitinib	MF (MDS/MPN)	2	NCT01787487
Hypomethylating agent + JAK inhibitor	Navitoclax (ABT-263) + Ruxolitinib	MF	2	NCT03222609
BCL2 inhibitor + JAK inhibitor	Pevonedistat + Ruxolitinib	MF	1	NCT03386214
NEDD-8 inhibitor (ubiquitin) + JAK inhibitor	PIM447 + LEE011 + Ruxolitinib	MF	1	NCT02370706**
PIM and LEE kinase inhibitor + JAK inhibitor	PU-H71 + Ruxolitinib	MF	1	NCT03373877
Hsp90 inhibitor + JAK inhibitor	PI3K delta inhibitor (TGR-1202) + Ruxolitinib	MF, MDS/MPN	1/2	NCT02493530
BET inhibitor + JAK inhibitor	BET inhibitor (CPI-0610) +/- Ruxolitinib	MF	1	NCT02158858
IMiDs + JAK inhibitor	Thalidomide + Ruxolitinib	MF	2	NCT03069326
IMiDs + JAK inhibitor	Pomalidomide + Ruxolitinib (POMINC)	MF	1/2	NCT01644110
MDM2 inhibitor +/- PEG-INF	Idasanutlin (RG7388) +/- PEG-INF- α	PV, ET	1	NCT02407080 **
PD-1 inhibitor	Pembrolizumab	MF	2	NCT03065400
	Durvalumab	MF	1	NCT02871323 **
PD-1/CTLA4 inhibitor	Nivolumab or Ipilimumab	MF after SCT	1	NCT01822509
Anti CD123 MoAb	SL-401	MF (SM, HES)	1/2	NCT02268253
Peptide vaccine	CALR Exon 9 Peptide Vaccine	MF, ET -CALR (+)	1	NCT03566446**

[¶] Only eligible diagnoses among MPNs; ** active, but currently not recruiting studies; SCT stem cell transplant

not only potentiate efficacy of INF- α , but also reduce its toxicity. Similarly, INF- α might increase efficacy of ruxolitinib by depleting dormant *JAK2V617F* MPN stem cells [167, 168•]. The feasibility of ruxolitinib and PEG-INF in MF has been shown in phase 1 study ($n = 15$), with no dose-limiting toxicity observed at the highest tested dose of ruxolitinib 15 mg twice daily + PEG-INF 135 mcg/week. Among 10 patients, 7 achieved hematologic clinical improvement (CI) and 3 achieved partial response [169]. The combination is currently being evaluated in PV and MF patients in the phase 2 COMBI trial in Denmark (Table 4). Recently reported results after the median follow-up of 12 months are promising. The study enrolled 32 PV and 18 MF patients of low/intermediate-risk; 94% of them were previously treated with PEG-INF monotherapy. Overall CHR and sustained CHR (≥ 3 months) was achieved in 81% and 44% of PV, and 92% and 58% of MF patients, respectively. Complete remission was observed in 17% of MF patients. A decline in *JAK2V617F* allele burden was noted in 88% and 50% of PV and MF patients, respectively. Although the most frequent AEs were hematologic, there was only one instance of grade ≥ 3 thrombocytopenia. Non-hematologic AEs (arthralgia 48%, flu-like symptoms 48%, and gastrointestinal symptoms 54%) and discontinuation rates (20%) were similar to those reported with single agents [82•].

Another combinatorial approach includes IMiDs. Although lenalidomide with ruxolitinib ($n = 31$) showed clinical improvement in 55% of MF patients, this study failed to meet predetermined efficacy, and the combination was very myelosuppressive [170]. Currently, thalidomide is being evaluated with ruxolitinib in a phase 2 study in MF patients, either ruxolitinib-naïve or on ruxolitinib for at least 3 months but not in complete or partial remission (43% pretreated with JAK inhibitors). Among 12 evaluable patients, the ORR was 59.3% ($n = 7$) with CI in anemia, symptoms, spleen, and major response in platelets observed in 3, 4, 2, and 6 patients, respectively. Furthermore, there was a significant increase in platelet count and hemoglobin in those with baseline thrombocytopenia and anemia [171].

Immunotherapy

Given the fact that immune dysregulation and a pro-inflammatory state are central features of MPNs, immunotherapy targeting disease-specific antigens or immune regulating cells should represent one of the most effective treatment approaches. Enhancement of antitumor immunity represents one of the most exciting areas in oncology. However, data on immunotherapy in patients with MPN are very limited and its role remains to be defined [172]. Tumors have evolved many mechanisms by which they avoid immune recognition; thus, the role of immunotherapy is to activate the patient's immune system to recognize and attack the tumor cells—by

either increasing the function of immune effector cells or reducing the capacity of tumors to suppress the immune response. Antigen-specific immunotherapies include monoclonal antibodies (MoAb; directed against disease specific antigens or immune checkpoints), tumor-specific vaccines, or chimeric antigen receptor-modified T cells (CAR-T cells).

Proper T cell-mediated immune response is a stepwise process involving initial presentation of antigen, peptide bound to major histocompatibility complex on antigen-presenting cells, to T cells, and a co-stimulatory signal between CD80 or CD86 on antigen-presenting cells and CD28 on T cells. All the steps of this pathway are carefully regulated by numerous co-stimulatory (e.g., CD28, 4-1BB/CD137, CD27, CD80, CD86) and co-inhibitory (e.g., lymphocyte activation gene-3 [LAG-3], cytotoxic T lymphocyte-associated protein 4 [CTLA4], and programmed cell-death protein [PD-1]; called the immune checkpoints) signals and receptors [173].

Under normal circumstances, immune checkpoints regulate self-tolerance and protect tissues from immune-mediated destruction. Upregulation of negative co-stimulatory receptors or downregulation of positive co-stimulatory receptors represent an important mechanism of tumor-mediated immune evasion and T cell anergy [174, 175].

Targeting immune checkpoints by using MoAb against CTLA4 and PD-1/PD-L1 has become a major breakthrough in cancer therapy in numerous solid tumors, and more recently in hematologic malignancies. Data suggest the susceptibility of MPN to immune checkpoint inhibition (especially PD-1/PD-L1). Chronic inflammation typical for MPN patients has been shown to facilitate activation of T cells and upregulation of inhibitory checkpoint molecules, particularly PD-1 and PD-L1 in tumor cells and the tumor microenvironment [173]. The overexpression of the immune checkpoints PD-1 and CTLA4 have been connected to a more aggressive type of leukemia [176]; and PD-1 positive T cells were shown to be significantly increased in the splenic hematopoietic cells (including megakaryocytes and myeloid cells) of patients with MF [177]. Furthermore, Prestipino et al. recently reported that the *JAK2V617F* mutation enhances the expression of PD-L1 via STAT3 activation and that patients with this mutation display increased levels of PD-L1 on *JAK2V617F*-mutated cells and in the bone marrow [43•].

Despite the obvious rationale for using immunotherapeutic approaches relying on checkpoint inhibition in patients with MPN, only a few studies so far have evaluated this option in these patients. As of the date of this writing, no data from these studies were reported, although one study (clinicaltrials.gov identifier NCT02421354) evaluating the PD1 inhibitor nivolumab (*Opdivo*®) in patients with MPN was terminated for lack of efficacy (unpublished data). Ongoing trials are summarized in Table 4 and include the PD1 inhibitor pembrolizumab

(*Keytruda*®) and the PDL1 inhibitor durvalumab (*Imfinzi*®), and the combination of the PD1 inhibitor nivolumab with the CTLA4 inhibitor ipilimumab (*Yervoy*®) in patients with relapsed MF following allogeneic SCT.

Another MoAb currently evaluated in patients with MF with existing preliminary clinical data is anti-CD123 MoAb tagraxofusp conjugated to diphtheria toxin (*Elzonris*™; SL-401). This is a MoAb directed to the interleukin-3 receptor- α (CD123), which has been shown to be overexpressed in myeloid malignancies, including MPNs, and was associated with enhanced cell survival [178]. In a phase 1/2 trial in 23 patients with MF refractory or intolerant to ruxolitinib, tagraxofusp showed $\geq 29\%$ and $\geq 45\%$ spleen reduction in 43% and 21% of patients with palpable splenomegaly, respectively. Safety was acceptable with grade ≥ 3 hematologic toxicity (thrombocytopenia) in 2% of patients [179].

The use of MPN mutations as targets for personalized vaccines and adoptive cell-based therapy represents an exciting therapeutic approach. As mentioned previously, Holmstrom et al. showed the presence of spontaneous T cell responses against PD-L1-derived *JAK2V617F* or *CALR* exon 9 mutation epitopes in 71% of MPN patients [46••, 47••] and launched a clinical trial with an anti-mutant *CALR* peptide vaccine (Table 4). Similarly, Schischlik et al. [180] identified 149 unique neo-antigens in 62% of MPN patients (*CALR*, *MPL*, and *SF3B1* mutations). Lately, the laboratory of Constantinescu et al. [49••] revealed groundbreaking research that mutant *CALR* also acts as a “rogue cytokine”—secreted outside of cells, thereby directly activating neighboring MPN cells via the STAT5 pathway, promoting progression of the malignant clone. Therefore, vaccination against mutant *CALR* and other targetable antigens appears highly intriguing and might represent an effective way to enhance tumor-specific immune responses.

Conclusions

Over the past years, tremendous progress has been made in our understanding of the pathogenesis of the Philadelphia chromosome negative MPNs. Disease phenotype is not only driven by the effect of the malignant clone but also by chronic inflammation and significant immune dysfunction. From this perspective, treatment with agents targeting the immune system and/or having anti-inflammatory effect appears rational.

Interferon has been used in MPNs for decades and robust data support its ability to alter MPN stem cells. So far, interferon use in broad clinical practice has been hampered by significant toxicity, which might be overcome by the novel monopegylated isoform just recently approved for PV patients in Europe.

JAK1/JAK2 inhibitors, particularly ruxolitinib, significantly reduce inflammatory cytokines in MF patients, which result in clinical improvement of symptoms, spleen size, and quality of life and ultimately prolongation of survival.

More potent and selective JAK inhibitors, some of them “resurrected” after their failure for various reasons, are under clinical investigation. Significant work still remains to be done to fully understand the potential and proper use of immunotherapy and cancer-directed vaccines within MPNs. A severely deregulated immune system, defective surveillance, and dysfunctional effector immune cells, which could even originate from the malignant clone itself, represent just a few challenges to be addressed in the years ahead. Combinatorial approaches of various agents may lower toxicity and provide more effective disease control, yet more preclinical data are needed to define the most effective and synergistic combinations.

In summary, our success in treating MPNs is increasing, and the current pace of drug development is exciting. The phenotypic heterogeneity of MPNs necessitates a more individualized, risk-adapted treatment approach. Development of more effective and targeted medical therapies, which could prolong survival and alter the natural history of these diseases, will lead MPN research in the near future. The entire potential of immunotherapy has not yet been utilized in MPN, but it is clear that the next few years will bring further developments in this rapidly expanding field.

Compliance with Ethical Standards

Conflict of Interest Lucia Masarova reports no conflict of interest.

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