

## Book review

**Thomas Muehlberger. *Migraine surgery: a clinical guide to theory and practice*. Springer**

There are increasing numbers of clinicians, predominantly plastic surgeons, who are offering surgical treatment to patients with migraine. This concept reached the public media arena over a decade ago, when the London *Evening Standard* published a review of the topic in 2008. The US news network CNN produced a documentary on it in 2016, but the technique is still regarded as controversial, and an option of last resort by its opponents.

Most publications on migraine surgery are by plastic surgeons, and this book is written by a German plastic surgeon, Thomas Muehlberger, who practiced in the USA for a period. After many years of conventional plastic surgery, Muehlberger has focused his sole practice on migraine surgery for over a decade.

The book was published in 2018, and the 16 chapters, comprising 300 pages of text, are presented in a logical

order. The introductory chapter is followed by a discussion about the challenges and heterogeneous diagnostic criteria for migraine. The history of migraine surgery is covered in chapter 5. To address sceptics, chapter 3 covers “Myths & Misperceptions”, and chapter 8 addresses controversies. The surgical techniques for each anatomical area are covered in chapters 10–14.

The book comes with a price tag of £80, and has the potential to add a powerful tool to the armamentarium of surgical practice. There is now enough evidence for the maxillofacial fraternity to learn more about this technique, which falls within our anatomical area of practice.

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